Welcome

Find Your Center.

You have probably seen these three words printed on a JCC staff t-shirt or noticed that we have been using this phrase a lot lately, but what do you think it means? Is it FIND Your Center like a scavenger hunt or is it Find Your CENTER like being in a Pilates class and focusing on your core? I think the beauty is it could be either, but I also want you to think about it as a component of your unique relationship with the JCC - Find YOUR Center. How does the JCC play a part in your life and the life of your family?

YOUR Center can be a place; in time, in geography, or in mind. Maybe you find your center at camp or volunteering at the Jewish Community Pantry. YOUR Center can be a physical state, or emotional strength, or the continuation of a spiritual journey that you have found in a specific class or program. You can Find YOUR Center in a specific moment in time or phase of life — or maybe you have found it for the duration, at every turn for every unique need.

As a center for our Jewish Community and for the entire Community, I see this finding of center around us everywhere and it is inspiring. As we prepare for the High Holidays and the start of a new Jewish year, I invite you to share with me how you have found YOUR Center. Join me this year in continuing to challenge and grow how our JCC can be a Center for you and for everyone in our community. A year that we all find a center filled with hope, filled with Kehillah (community) and filled with inspiration. May we all go from Strength to Strength.

B’Shalom,

Mark Shapiro
President & Chief Executive Officer

Patron priority registration begins Monday, August 5
Member priority registration begins Monday, August 12
Community registration begins Monday, August 19
Fall session classes begin the week of Sunday, September 8

Register online at jccmilwaukee.org

Follow Us

@JCCMilwaukee
Take a Class

OUR COMMUNITY

The JCC is for everyone! Most all of the classes and programs found on these pages are open for community registration. There are classes for toddlers and teens, artists and athletes. Adults can explore everything from Pilates to political science. Try us out, take a class, and find your center at the J.

OUR MEMBERS

In addition to having access to all of the state-of-the-art facilities listed below, JCC members receive discounted Member Value class pricing, a week of priority class registration, and the knowledge that they are supporting an organization that makes a difference in our community.

Class Pricing Guide:  COMM = Community Rate  |  MEM = Member Value  |  PTRN = Patron Value
See page 58 to learn more about JCC membership.

JCC MEMBERSHIP VALUE

HABUSH FITNESS CENTER
State-of-the-Art Fitness floor
WIRED Heart Rate Training
Private Personal Training studio
Isawall functional training space
Two group exercise studios
Dedicated cycling studio
Pilates studio
Yoga Studio
Cardio & strength machines
Free weight area
Stretch space
Renovated locker rooms
Family locker rooms
Over 65 free group exercise classes on page 35-36

PECK AQUATIC CENTER
Ozone-filtered (minimal chlorine)
25-yard lap pool with diving board
Family pool
Co-ed whirlpool
American Red Cross Learn to Swim Program (add’l fee)
Complimentary water fitness classes
Lap swim
American Red Cross certified lifeguards

HY & RICHARD SMITH JCC WATER PARK
JUNE - AUGUST
Zero-entry splash pad
Activity island with water cannons & slides
Lily pad jumping activity
Aqua Climbing wall
Diving board
Water basketball hoops
Sand playground
Dry play area with Basketball, Volleyball, Gaga pit
Full-service snack shop

MARCUS GYM
Regulation-size gym
6 basketball hoops
2 full-size courts
Cushioned jogging track
Smaller Family Gym with lowered hoops
Small climbing wall
Adult & Youth Basketball leagues
Available for open play

YOUR MEMBERSHIP SUPPORTS

Jewish Community Pantry serving the near west side
Inclusion Services for Youth & Adults with Special Needs
Senior Adult Programs
Scholarships for individuals & families
Inclusive Community Events
Milwaukee’s Jewish community is vibrant and diverse, and the JCC is right at the center of the action. Creating an inclusive Jewish gathering space means celebrating the values and traditions that unite us. No matter if you grew up Jewish or are new to the community, you always have a home here. Family programs, youth education, and holiday celebrations fill our calendar and make Jewish tradition, practice, and exploration accessible to all families.

jccmilwaukee.org/programs/jewish-life

Chai-Five: 5 Fun Facts about the High Holidays

Rosh Hashanah and Yom Kippur are known as the High Holidays and are sometimes referred to as the Days of Awe. This 10-day period, which begins this year at sundown on September 29 and continues through Yom Kippur on October 9, is a time of personal reflection, family gathering, and communal engagement for Jews throughout the world. As an inclusively Jewish community center that welcomes people with varying degrees of knowledge on Jewish holidays, we put together some fun information you may or may not know about the High Holidays to get you to start thinking about the holiday season.

1. The ‘80s are back!
   On Rosh Hashanah, we will end the Hebrew year 5779 and begin the year 5780. Does this mean you should dust off your neon legwarmers and go get a perm? Only you can decide, but since high-waist jeans and fanny packs are already back, anything can happen.

2. Rosh Hashanah is only 1 of 4 Jewish New Years on the Hebrew calendar.
   Rosh Hashanah is literally translated to mean the head of the year. But there are three more dates on the Hebrew calendar that are considered new years as well. In the Book of Exodus, the beginning of the year was set as the 1st of Nisan, the month in spring that contains Passover. Jewish tradition also marks Tu Bishvat, the 15th day of the Hebrew month of Shevat, as the new year for trees and the 1st of Elul, usually in late summer, as the new year for the tithing of animals.

3. A shofar doesn’t always smell so good.
   The key commandment of Rosh Hashanah is to hear the sounding of the shofar. A shofar is an instrument made out of an actual ram’s horn, so it is going to have a certain natural aroma to it. If someone tells you that they can sell you a shofar that doesn’t have any smell, then you are probably not getting a genuine ram’s horn shofar. How can you make a new shofar less stinky? Rinsing it out with a solution of baking soda and vinegar should do the trick.

4. Kol Nidre is translated to mean “All Vows.”
   On Yom Kippur evening, in synagogues all over the world (and by Neil Diamond in “The Jazz Singer”) the Kol Nidre prayer is chanted 3 times. This prayer cancels any oaths that were made directly with God in the prior year so that we can start over and have a clean slate. For example, if you promised to do a better job at controlling your temper, and then continued to lose it repeatedly over the past year, you will annul that oath so that you aren’t starting the new year with that same broken promise in place. Kol Nidre does not, however, cancel out promises made with other people. To make peace with others, you need to seek forgiveness directly.

5. Eating a big meal before you fast is not the best idea.
   Traditionally, the meal eaten before sundown on Erev Yom Kippur is large and festive. However, eating extra food — particularly in one last-minute feast — will not keep you going for 24 hours. Nutritionists suggest eating small amounts of carbohydrates (bread, potato, rice, pasta), some protein like fish or chicken, and fruit before beginning your fast on Yom Kippur.

As you prepare for the holidays, be sure to check the JCC’s holiday hours and special events on the next two pages. We wish you all a Shanah tovah um’tukah, a good and sweet new year, and g’mar chatimah tovah, may you be inscribed for good in the Book of Life!
**HOLIDAYS AND SPECIAL EVENTS**

**SEPTEMBER**
- Monday, September 2: Labor Day, Building open 8:00 AM-3:00 PM
- Tuesday, September 3: Water Park open 10:30 AM-6:30 PM
- September 15 – 19: Milwaukee Jewish Film Festival
- Tuesday, September 3: First day for Kids Center Before & After School Programs
- Tuesday, September 3: All Staff Professional Conference, Building closes at 5:00 PM
- Erev Rosh Hashanah (New Year) Building closes at 4:00 PM
- Rosh Hashanah (New Year) Building closed

**OCTOBER**
- Tuesday, October 1: Rosh Hashanah (New Year) Building closed
- Tuesday, October 8: Erev Yom Kippur (Day of Atonement) Building closed
- Wednesday, October 9: Yom Kippur (Day of Atonement) Building closed
- Saturday, October 12: Sukkot (Festival of Booths) Building closes at 6:00 PM
- Tuesday, October 15: Sukkot (Festival of Booths), Building open, No session classes
- Sunday, October 20: Erev Shemini Atzeret Building closes at 6:00 PM
- Monday, October 21: Shemini Atzeret/Simchat Torah, Building closed
- Tuesday, October 22: Simchat Torah (Rejoicing in the Torah), Building open, No session classes

**NOVEMBER**
- November 27-29: Thanksgiving Break, No session classes
- Thursday, November 28: Thanksgiving, Building open 8:00 AM-3:00 PM
- December 16: Community-wide Hanukkah Celebration, 4:00-6:30 PM
- December 22 – 30: Hanukkah, open as usual
- Tuesday, December 24: Christmas Eve, Building closes at 6:00 PM
- Wednesday, December 25: Christmas, Building open 8:00 AM – 3:00 PM
- Tuesday, December 31: Member Appreciation Pancake Breakfast
- New Year’s Eve, Building closes at 6:00 PM

**DECEMBER**
- Monday, December 16: Community-wide Hanukkah Celebration, 4:00-6:30 PM
- Hanukkah, open as usual
- Tuesday, December 24: Christmas Eve, Building closes at 6:00 PM
- Christmas, Building open 8:00 AM – 3:00 PM
- Member Appreciation Pancake Breakfast
- New Year’s Eve, Building closes at 6:00 PM

*Erev, Hebrew for Eve. As in “evening of”.

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**Building Hours:**
- Monday-Thursday: 5:00 AM - 10:00 PM
- Friday: 5:00 AM - 6:00 PM*
- Saturday: 8:00 AM - 7:00 PM
- Sunday: 8:00 AM - 8:00 PM**

*After daylight savings time ends on November 3, the building will close on Fridays at 5:30 PM.
**Prior to Labor Day, the building will close on Sundays at 6:00 PM.

The Fitness Center and Gym will close 5 minutes prior to closing time. The Pool will close 1/2 hour prior to closing time.

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**Free Books and Music to Nurture Jewish Families**

Reading stories and listening to music with your child are among the most powerful and nurturing early childhood learning experiences. Milwaukee area families raising Jewish children ages 6 months through 8 years old receive free books and CDs for each child on a monthly basis. Over 580 children in Milwaukee are enrolled. The PJ Library is a gift that will nourish a Jewish life from the start.

**Visit pjlibrary.org to register a child in your life.**

PJ Library is partially funded through a generous grant from the Harold Grinspoon Foundation. If you are interested in helping this vital literacy and family engagement program, please contact Elyse Cohn at ecohnr@jccmilwaukee.org, 414-967-8188. Your financial support will ensure the continuation of this program for each eligible child in Milwaukee.

Get involved with Shabbat Among Friends, a series of home-based Shabbat programs for families raising Jewish children in Milwaukee. Connect with other families and create lasting friendships.

Contact Andrea Kitsis at akitis@jccmilwaukee.org.

This program made possible through a grant from PJ Library, a program of the Harold Grinspoon Foundation.
Sukkot (the festival of booths) is a festive fall holiday. Join us on the patio by the West entrance for pizza and fun activities designed to help young families celebrate and learn more about Sukkot. Lulav and etrog shaking included!

Cost: $15/family
RSVP to Lisa Kulakow by 10/14
lkulakow@jccmilwaukee.org | 414-967-8173
Education & Families

Discovery is an amazing thing. We encourage our members and the community to expand their horizons, grow together, and try new things with experiences that let all ages, stages, and abilities learn from each other and the world around us. Meet new friends in parent-child classes or enroll your little one in one of the best early childhood education programs in southeast Wisconsin. Let your kids hop on the JCC bus after school knowing that they will have the space to release their boundless energy and expand their learning through swim lessons, sports, and explorations in the arts and sciences.

jccmilwaukee.org/programs/education-families

A Whitefish Bay Native Takes on a New Role

As soon as school supplies start appearing in the aisles, parents and educators alike find their thoughts turning to fall. For Ronna Ruffin, the sight of new notebooks and folders brings a wonderful new opportunity. This fall will be Ronna’s first school year as the Director of Youth Programs at the JCC. In this role she will be overseeing Kids Center Before & After School Care and many other programs for families with school-age children like Saturday Night Live (SNL) evening programs, Big Chill winter break camp, and Big Thaw spring break camp.

She has already jumped in and spent the second half of the summer working with the leadership team of the specialty day camps on the JCC campus in Whitefish Bay. Having this transition time in the summer has allowed Ronna to work alongside Aaron Stern, the outgoing Youth Program Director, who will be returning to school to pursue a Master’s in Social Work at UWM.

“She is well-prepared to deepen our commitment to, and deepen our impact in the lives of, the families we are blessed to serve,” says Sarah Siegel, JCC Engagement Director. “Her enthusiasm for working with school-age kids paired with her professional experience and personal connections to our community made her the ideal candidate.”

Taking on this role has a sense of coming full circle for Ruffin. Born and raised in Whitefish Bay with her 4 siblings, which include a twin sister, Ronna Sadowsky grew up at the JCC after it moved from the east side. She then spent 17 years living in San Diego where she earned her Bachelor of Science Degree in Biology from San Diego State University and met her husband, Rickey Ruffin. In California, Ronna spent 15 years training dolphins and sea lions, much of this time working for the US Navy. She also spent some time teaching science programs to elementary school children.

In 2015, her family, which now included young sons Garin and Levi, moved back to the North Shore Milwaukee area. Ronna took this opportunity to reconnect with the JCC and began working as a 3-year-old teacher at Gan Ami Early Childhood Education. She also taught after school STEM classes at the JCC to share her love of science with elementary age kids. Ronna’s time in Gan Ami gave her a chance to share her love of the natural world with the preschoolers in her care and to create a sense of wonder in her classroom.

“Being back in the community I have run into many people I’ve grown up with, who know my family - or who happen to be family! Jewish geography seems to be the name of the game lately,” says Ruffin.

Ronna’s goals for this fall in Kids Center are to create a smooth transition from summer day camp to school starting for the many children who engage with youth programs year-round. She looks forward to welcoming new and returning families to Kids Center and other youth programs and to make this a memorable experience for all.

“As a mom of two boys ages 9 and almost 5, I know how important it is for parents to have a place where their kids can go to be engaged and active at the end of a long school day while also knowing they are safe and well cared for by adults who have their best interests at heart.”

To learn more about Kids Center or any of the Youth Programs at the JCC, see page 14 of this Journal and reach out to Ronna to make your fall game plan now.
Gan Ami Early Childhood Education

Gan Ami partners with families to provide children from 6-weeks old to 4-year-old Kindergarten with:

- A progressive early childhood program led by passionate and caring professional educators
- A values-based curriculum that explores and discovers a child’s full potential
- Modern, bright classrooms and beautiful outdoor play spaces
- Professional faculty which includes Music, Art and Hebrew Specialists
- Family Shabbat Sing on Friday mornings and holiday programming throughout the year
- Opportunities for the entire family to access JCC programs and classes

Call Today to Schedule a Tour

WHITEFISH BAY CAMPUS
6255 N. Santa Monica Blvd.
414-967-8241

MEQUON CAMPUS
Linda & Fred Wein Family Center
10813 N. Port Washington Road
262-242-9871

jccmilwaukee.org/GanAmi
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<td>Tuesdays</td>
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<td>Movers and Shakers Yoga 9:30-10:15 AM</td>
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<td>Intro to Hip Hop 4:30-5:15 PM</td>
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<td>Baseball Clinic 4:15-5:00 PM</td>
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<td>Fridays</td>
<td>Gym with Lenny &quot;T&quot;nuah&quot; 9:15-9:55 AM</td>
<td>Family Open Gym 4:00-5:00 PM</td>
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<td>Advanced Art 4:00-5:30 PM</td>
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<td>Indoor Track Running 4:15-5:00 PM</td>
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<td>Saturdays</td>
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<td>STARS Move to the Beat! 5:15-6:00 PM</td>
<td>Indoor Track Running 5:15-6:00 PM</td>
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</tbody>
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**PARENTS!** Save the Date & Assemble Your Team  
**JCC Trivia Night • November 9 • 6:30 PM**  
Suggested team size 8-10 people. Saturday Night Live for kids in 1st-6th gr held on the same night.
PARENT-CHILD CLASSES

Morning parent child classes are inclusive for children of all abilities (S.T.A.R.S. friendly).

Baby Ballet
*Adults and children 2 yrs-3 1/2 yrs*
Baby Ballet is a first step in a dancer’s journey. The curriculum includes props such as scarves, spots and music which encourage the children to learn music and dance concepts in a warm and playful environment.
**Instructor:** Hannah Marquardt
**Location:** 1M50 - Yeladim Playroom

**SESSION I**
4 Mondays, Sep 9-Oct 7
No class: 9/30
9:30-10:15 AM
MEM $44 / COMM $64

**SESSION II**
8 Mondays, Oct 28-Dec 16
No class: 10/14, 10/21
9:30-10:15 AM
MEM $88 / COMM $128

There will be an open house on 12/9 at 5:00 PM

Baby Ballet 2
*Adults and children 3 1/2 yrs-4 1/2 yrs*
Baby Ballet 2 continues the basics of dance with a target of older preschooler’s and those who have completed Baby Ballet 1. Walking on the balance beam and basic ballet positions will combine with props and music to make the dancing experience one of fun and warmth.
**Instructor:** Hannah Marquardt
**Location:** 1M50 - Yeladim Playroom

**SESSION I**
4 Mondays, Sep 9-Oct 7
No class: 9/30
10:20-11:05 AM
MEM $44 / COMM $64

**SESSION II**
8 Mondays, Oct 28-Dec 16
No class: 10/14, 10/21
10:20-11:05 AM
MEM $88 / COMM $128

There will be an open house on 12/9 at 5:00 PM

Art for Lil Ones
*Adults and children 18 mos-4 yrs*
What can you create together? This parent/child art class facilitates creativity and play. In this art class you’ll have the chance to explore different kinds of art, projects and styles.
**Instructor:** Art teacher
**Location:** 1J16 Art Studio

**SESSION I**
4 Tuesdays, Sep 10-Oct 8
No class: 10/1
9:30-10:15 AM
MEM $44 / PTRN $22 / COMM $64

**SESSION II**
8 Tuesdays, Oct 29-Dec 17
9:30-10:15 AM
MEM $88 / PTRN $44 / COMM $128

Intro to Gymnastics
*Adults and children 2 yrs-4 yrs*
We are excited to partner with Flips4All to offer Intro to Gymnastics. Is your child a climber? Do they love to run and jump and roll? This first gymnastics class incorporates songs, games and movement to teach basic gymnastics skills.
**Instructor:** Flips 4 All
**Location:** Yoga Studio

**SESSION I**
4 Tuesdays, Sep 10-Oct 8
No class: 10/1
10:20-11:00 AM
MEM $48 / PTRN $24 / COMM $68

**SESSION II**
8 Tuesdays, Oct 29-Dec 17
10:20-11:00 AM
MEM $96 / PTRN $48 / COMM $136

Movers and Shakers Yoga
*Adults and children ages 3 mos-18 mos*
What happens when Yoga combines with movers and shakers? You get a class that encourages parents/caregivers to focus on themselves and their kids. Learn breathing, stretching and how to incorporate yoga for little ones. There will also be songs and props to establish a class that allows children to have a feeling of familiarity and continuity each class. Please come ready to move!
**Instructor:** Hannah Marquardt
**Location:** 1M50-Yeladim Playroom

**SESSION I**
6 Wednesdays, Sep 11-Oct 23
No class: 10/9
9:30-10:15 AM
MEM $66 / COMM $96

**SESSION II**
7 Wednesdays, Oct 30-Dec 18
No class: 11/27
9:30-10:15 AM
MEM $77 / COMM $112

Active Kids
*Adults and children ages 2-4 1/2 yrs*
This class is all about play! It’s structured play that reinforces large and small motor growth and development. Through games, songs, dances and more children get to do what they do best... move, play and have fun!
**Instructor:** Hannah Marquardt
**Location:** 1M50-Yeladim Playroom

**SESSION I**
6 Wednesdays, Sep 11-Oct 23
No class: 10/9
10:20-11:05 AM
MEM $66 / COMM $96

**SESSION II**
7 Wednesdays, Oct 30-Dec 18
No class: 11/27
10:20-11:05 AM
MEM $77 / COMM $112

There will be an open house on 12/9 at 5:00 PM.
Toddlin Tykes Jr.
Adults and children 10 mos-3 yrs
This well-loved movement class is an excellent opportunity for your child to use their natural energy to develop large muscle and gross motor skills through the use of imaginative play, musical games, and more.
Instructor: Lenny Kass
Location: 2W45 Family Gym
SESSION I
7 Thursdays, Sep 12-Oct 24
9:45-10:25 AM
MEM $77 / COMM $112
SESSION II
7 Thursdays, Oct 31-Dec 19
No class: 11/28
9:45-10:25 AM
MEM $77 / COMM $112

Toddlin Tykes Sr.
Adults and children 2 yrs-5 yrs
Growing bodies acquire new skills in this continuation of our well-loved movement classes featuring imaginative play, musical games, and more.
Instructor: Lenny Kass
Location: 2W45 Family Gym
SESSION I
7 Thursdays, Sep 12-Oct 24
10:30-11:10 AM
MEM $77 / COMM $112
SESSION II
7 Thursdays, Oct 31-Dec 19
No class: 11/28
10:30-11:10 AM
MEM $77 / COMM $112

Gym with Lenny “T’nuah”
Adults and children 18 mos-2 1/2 yrs
T’nuah is Hebrew for movement and that’s what this class is all about. Children will have an opportunity to jump, climb, play games and more while developing gross motor and large muscle skills.
Instructor: Lenny Kass
Location: 2W45 - Family Gym
SESSION I
7 Fridays, Sep 13-Oct 25
9:15-9:55 AM
MEM $77 / COMM $112
SESSION II
7 Fridays, Nov 1-Dec 20
No class: 11/29
9:15-9:55 AM
MEM $77 / COMM $112

Advanced Gym with Lenny “T’nuah”
Adults and children 2 1/2-4 yrs
T’nuah is Hebrew for movement and that’s what this class is all about. This advanced class offers more independent activities which require less assistance.
Instructor: Lenny Kass
Location: 2W45 - Family Gym
SESSION I
7 Fridays, Sep 13-Oct 25
10:00-10:40 AM
MEM $77 / COMM $112
SESSION II
7 Fridays, Nov 1-Dec 20
No class: 11/29
10:00-10:40 AM
MEM $77 / COMM $112

Challah and Community
Ages 3 mos-5 yrs
A chance each month to braid challah and meet special guests including Milwaukee’s rabbis, cantors, and educators. Contact Rabbi Shari Shamah for more details ss shamah@jccmilwaukee.org 414-967-8229.
Instructor: Rabbi Shari Shamah
Location: JCC Café
4 Fridays, Sept 20, Oct 11, Nov 15, Dec 13
10:00 AM
FREE

Parent-Child Swim Program
Adults and children ages 6 mos - 3 yrs
Find dates, times, and details on page 26

Family Fun Nights
Open to the Community
Saturday, December 7
5:30-7:30 PM
Each Family Fun Night holds a different surprise. There will be a movie night, bounce house fun and swimming or music. $8/family.
Food available for purchase.

Family Fun Nights are a great chance to bring your kiddos to the JCC for different adventures.

Register for classes online at jccmilwaukee.org | Fall 2019
**Yoga Yeladim**  
**Ages 3-5 yrs**  
The first part of the Yoga/Art combo stands alone in this class that incorporates yoga games, songs and activities, in an engaging, Jewish-infused environment. Children learn yoga poses, breathing practices, moral behavior, how to meditate, and so much more through this unique high energy class.  
**Instructor:** Katie Reitman  
**Location:** Yoga Studio  
**SESSION I**  
4 Mondays, Sep 9-Oct 7  
No class: 9/30  
1:00-1:45 PM  
MEM $40 / PTRN $20 / COMM $60  
**SESSION II**  
8 Mondays, Oct 28-Dec 16  
No class: 10/14, 10/21  
1:00-1:45 PM  
MEM $80 / PTRN $40 / COMM $120  

**Yoga Yeladim / Art Combo**  
**Ages 3-5 yrs**  
Children learn yoga poses, breathing practices, moral behaviors, how to meditate and so much more with this unique high energy class. Then, they'll continue their creativity with Print Making where they can become the next Picasso.  
**Instructors:** Katie Reitman and Art Teacher  
**Location:** Yoga Studio / 1J16 Art Studio  
**SESSION I**  
4 Mondays, Sep 9-Oct 7  
No class: 9/30  
1:00-2:30 PM  
MEM $60 / PTRN $30 / COMM $80  
**SESSION II**  
8 Mondays, Oct 28-Dec 16  
No class: 10/14, 10/21  
1:00-2:30 PM  
MEM $120 / PTRN $60 / COMM $160  

**Print Making**  
**Ages 3-5 yrs**  
Are you the next Warhol or Picasso? Print with marbles, teabags, Legos and more. In this class you will make and use your own homemade stamps.  
**Instructor:** Art Teacher  
**Location:** 1J16 Art Studio  
**SESSION I**  
4 Mondays, Sep 9-Oct 7  
No class: 9/30  
1:45-2:30 PM  
MEM $40 / PTRN $20 / COMM $60  
**SESSION II**  
8 Mondays, Oct 28-Dec 16  
No class: 10/14, 10/21  
1:45-2:30 PM  
MEM $80 / PTRN $40 / COMM $120  

**Sports Fun**  
**Ages 3-5 yrs**  
This gym glass has a lot of the basics. Throwing, catching, running, jumping all appear in a variety of fun active games.  
**Instructor:** Lenny Kass  
**Location:** 2W45 Family Gym  
**SESSION I**  
4 Tuesdays, Sep 10-Oct 8  
No class: 10/1  
1:00-1:45 PM  
MEM $40 / COMM $60  
**SESSION II**  
8 Tuesdays, Oct 29-Dec 17  
No class: 10/15, 10/17  
1:00-1:45 PM  
MEM $80 / COMM $120  

**Hockey**  
**Ages 3-5 yrs**  
Are you ready to win the Stanley Cup? This class is a beginning Hockey class designed to teach the basics of stick and puck play.  
**Instructor:** Lenny Kass  
**Location:** 2W45 Family Gym  
**SESSION I**  
4 Tuesdays, Sep 10-Oct 8  
No class: 10/1  
1:45-2:30 PM  
MEM $40 / COMM $60  
**SESSION II**  
8 Tuesdays, Oct 29-Dec 17  
No class: 10/15, 10/17  
1:45-2:30 PM  
MEM $80 / COMM $120  

**Sports Fun / Hockey Combo**  
**Ages 3-5 yrs**  
In this combo option, your child will stay with Lenny for a beginning hockey class that will foster an interest in the game and teach basic skills.  
**Instructor:** Lenny Kass  
**Location:** 2W45 Family Gym  
**SESSION I**  
4 Tuesdays, Sep 10-Oct 8  
No class: 10/1  
1:00-2:30 PM  
MEM $60 / COMM $80  
**SESSION II**  
8 Tuesdays, Oct 29-Dec 17  
No class: 10/15, 10/17  
1:00-2:30 PM  
MEM $120 / COMM $160
Ballet
Ages 3-5 yrs
An afternoon of pre-ballet and movement especially designed for new dancers. This class will teach the beginning fundamentals needed for ballet. A chance to leap, spin and plie during the afternoon.
Instructor: Kate Zimmermann
Location: 1M50-Yeladim Playroom
SESSION I
6 Wednesdays, Sep 11-Oct 23
No class: 10/9
1:00-1:45 PM
MEM $60 / COMM $90
SESSION II
7 Wednesdays, Oct 30-Dec 18
No class: 11/27
1:00-1:45 PM
MEM $70 / COMM $105
There will be an open house on 12/18 at 5:00 PM

Ballet / Art Combo
Ages 3-5 yrs
A perfect afternoon for those "non-nappers". Dance your way from Ballet to Eco Art.
Instructor: Art Teacher / Kate Zimmermann
Location: Yeladim Playroom / Art Studio
SESSION I
6 Wednesdays, Sep 11-Oct 23
No class: 10/9
1:00-2:30 PM
MEM $90 / PTRN $45 / COMM $120
SESSION II
7 Wednesdays, Oct 30-Dec 18
No class: 11/27
1:00-2:30 PM
MEM $105 / PTRN $53 / COMM $140

ECO Art
Ages 3-5 yrs
Taking care of the environment is a great skill to learn at a young age. Did you know you could help the world by creating art out of various things in the environment?
Instructor: Art Teacher
Location: 1J16 Art Studio
SESSION I
6 Wednesdays, Sep 11-Oct 23
No class: 10/9
1:45-2:30 PM
MEM $60 / PTRN $30 / COMM $90
SESSION II
7 Wednesdays, Oct 30-Dec 18
No class: 11/27
1:45-2:30 PM
MEM $70 / PTRN $35 / COMM $105

Tumbling Titans
Ages 3-5 yrs
Tumbling class allows children to develop gross motor skills, movement, creativity, physical development, and body awareness. This class is a partnership with Flips 4 All and is taught by a certified Gymnastics instructor.
In Partnership with Flips 4 All.
Instructor: Flips 4 All
Location: 2W45-Family Gym
SESSION I
7 Thursdays, Sep 12-Oct 24
1:00-1:45 PM
MEM $70 / PTRN $35 / COMM $100
SESSION II
7 Thursdays, Oct 31-Dec 19
No class: 11/28
1:00-1:45 PM
MEM $70 / PTRN $35 / COMM $100

Tumbling / LEGO Combo
Ages 3-5 yrs
Tumbling class allows children to develop gross motor skills, movement, creativity, physical development, and body awareness. After gym time, children will build with LEGO'S to learn concepts such as numbers, sorting and colors.
Instructors: Flips 4 All / Tami Kent
Locations: Family Gym and Yeladim Playroom
SESSION I
7 Thursdays, Sep 12-Oct 24
1:00-2:30 PM
MEM $105 / PTRN $53 / COMM $140
SESSION II
7 Thursdays, Oct 31-Dec 19
No class: 11/28
1:00-2:30 PM
MEM $105 / PTRN $53 / COMM $140

LEGO Builders
Ages 3-5 yrs
Get your building skills ready. This Lego class not only teaches patterns, counting, shapes and numbers but will also harness your child’s inner master builder.
Instructor: Tami Kent
Location: Family Gym and Yeladim Playroom
SESSION I
7 Thursdays, Sep 12-Oct 24
1:45-2:30 PM
MEM $70 / PTRN $35 / COMM $105
SESSION II
7 Thursdays, Oct 31-Dec 19
No class: 11/28
1:45-2:30 PM
MEM $70 / PTRN $35 / COMM $105

Moving Munchkins
Ages 3-5 yrs
Who doesn’t want to run around and move on a Friday afternoon! This active class will have you kicking soccer balls, dribbling basketballs and playing all sorts of fun running games.
Instructors: Michelle Peltz
Location: Family Gym
SESSION I
7 Fridays, Sep 13-Oct 25
1:00-1:45 PM
MEM $70 / COMM $105
SESSION II
7 Fridays, Nov 1-Dec 20
No class: 11/29
1:00-1:45 PM
MEM $70 / COMM $105

Moving Munchkins / Art Combo
Ages 3-5 yrs
This combo class allows children to burn off some energy in Moving Munchkins, then tap into their creative side with Painting in the Art Studio.
Instructor: Michelle Peltz & Art Teacher
Location: Family Gym / Art Studio
SESSION I
7 Fridays, Sep 13-Oct 25
1:00-2:30 PM
MEM $105 / PTRN $53 / COMM $140
SESSION II
7 Fridays, Nov 1-Dec 20
No class: 11/29
1:00-2:30 PM
MEM $105 / PTRN $53 / COMM $140

Painting
Ages 3-5 yrs
Who doesn’t love an afternoon with a paintbrush? Did you know you can paint with more than just brushes? This beginning paint class is a chance to explore your inner painter.
Instructor: Art Teacher
Location: 1J16 Art Studio
SESSION I
7 Fridays, Sep 13-Oct 25
1:45-2:30 PM
MEM $70 / PTRN $35 / COMM $105
SESSION II
7 Fridays, Nov 1-Dec 20
No class: 11/29
1:45-2:30 PM
MEM $70 / PTRN $35 / COMM $105
KIDS CENTER
for kids in K4 – 6th grade

Before School Care 7:00 – 9:00 AM
After School Care 3:00 – 6:00 PM (5:30 PM Fridays)

We know how hard it is to find before and after school options that make everyone happy. Parents want their children to be safe and engaged, while kids just want to hang out with their friends and have fun. Kids Center strikes that perfect balance.

With access to the gym, pool, art room, and theater, kids can take everything from swim lessons to sports, arts, and STEM classes. There are also plenty of opportunities to just be a kid and play with friends outside and inside. A dedicated, supervised homework room keeps kids on track for school success and allows your family to enjoy a more peaceful evening at home.

Kids Center’s team of retired teachers, college students, and youth professionals partner with parents to help their children build confidence, resilience, responsibility, and competence while always having the children’s safety and well-being as a top priority.

Register for Fall at jccmilwaukee.org/kidscenter

After School Transportation
Hebrew School Transportation for 2nd 7th grade
JCC Transportation without care for JCC members ages 9+

Unable to find a carpool? Kids Center offers daily van service from many of the area public and private schools for member kids 9 and older who need a place to hang out in the afternoon or for children who need a ride to their synagogue for Hebrew School.

Pre-Teen Lounge
Open 3:00-6:00 PM (5:30 PM Fridays)
for JCC members ages 9+

A great space to do homework, hang out, and have fun. Stop by our spot on the 2nd floor of the JCC!

Vacation Days
9:00 AM-3:00 PM
Early care 7-9AM • Late care 3-6PM (5:30 PM Fridays)

When school is out, we are in! The Vacation Days team plans field trips and activities for Winter Break, Spring Break, and other full and half days off at the schools we serve. Contact Ronna Ruffin to join the Kids Center email list and get notifications of upcoming dates.

WINTER BREAK VACATION DAYS
December 23 - January 3
no Big Chill 12/25 / 1/1
For kids in K4-6th grade
Field trips • Swimming • Friends
Registration opens in November

Learn more at jccmilwaukee.org/kidscenter
Contact Ronna Ruffin, Youth Program Director
414-967-8218 • rruffin@jccmilwaukee.org
Make the Team!
Private Sport Lessons
Private Sport lessons are a great way for a child to enhance their sport skills to make their team. We offer lessons for Basketball, Volleyball, Football, Baseball, Soccer, and Dance. In addition, we offer semiprivate lessons with 2 – 3 children (please note that we do not match children up for semi-private lessons). All lessons are ½ hr sessions.
Instructor: Specified Sports Coach
Location: Marcus Gym / Athletic Fields

Lesson package options:

Private Lessons | MEM | COMM
--- | --- | ---
1 lesson | $25 | $35
Buy in Bulk & receive a discount!
3 lessons | $73 | $101
6 lessons | $143 | $200
12 lessons | $270 | $378

Semi-Private Lessons (per participant) | MEM | COMM
--- | --- | ---
1 lesson | $12.50 | $17.50
3 lessons | $36 | $50.50
6 lessons | $71 | $100
12 lessons | $135 | $189

To Schedule a private lesson, please contact Brandon Hortman, Recreation Director at bhortman@jccmilwaukee.org or 414-967-8174.

Private Lesson Packages can be purchased through the Recreation Department Office or at either of our customer service desks.

Lesson packages MUST be purchased prior to first lesson.

Youth Sports
Youth Sports programs are made possible through a generous grant from the JCC Sherwood Temkin Youth Sports Endowment Fund.

Gym Games
Ages 4-6 yrs
Not sure what to play? How about a different game each class? Gym games will introduce a new game to the class each week. Be ready for something new and challenging each week! Classes may use either the gym or sports fields depending on the weather.
Instructor: Youth Sports Staff
Location: Marcus Gym

SESSION I
4 Mondays, Sep 9-Oct 7
No class: 9/30
4:15-5:00 PM
MEM $36 / COMM $44

SESSION II
8 Mondays, Oct 28-Dec 16
4:15-5:00 PM
MEM $72 / COMM $88

Volleyball Basics
Ages 4-6 yrs
It's all about learning the basics. Participants will be introduced to the basic rules and strategy of volleyball. They will work on bumping, setting, and serving through drills and game play.
Instructors: Youth Sports Staff
Location: Marcus Gym

SESSION I
4 Tuesdays, Sep 10-Oct 8
No class: 10/1
5:15-6:00 PM
MEM $36 / COMM $44

SESSION II
8 Tuesdays, Oct 29-Dec 17
5:15-6:00 PM
MEM $72 / COMM $88

Mini Ninjas
Ages 4-6 yrs
In our new JCC Mini Ninja program, kids will compete in all kinds of fun, physical challenges. There will be non-stop action from obstacle courses to progressive relays and team-based competitions.
Instructors: Youth Sports Staff
Location: Youth Sports Staff

SESSION I
4 Tuesdays, Sep 10-Oct 8
No class: 10/1
4:15-5:00 PM
MEM $36 / COMM $44

SESSION II
8 Tuesdays, Oct 29-Dec 17
4:15-5:00 PM
MEM $72 / COMM $88
**Basketball Basics**
* Ages 4-6 yrs

A skill based class for kids looking to learn the game, develop the fundamentals, and discover the love for the game! Teamwork and sportsmanship will be taught during this fun format which includes plenty of games like play.

**Instructors:** Youth Sports Staff  
**Location:** Marcus Gym

**SESSION I**  
6 Wednesdays, Sep 11-Oct 23  
No class: 10/9  
5:15-6:00 PM  
MEM $54 / COMM $66

**SESSION II**  
7 Wednesdays, Oct 30-Dec 18  
No class: 11/27  
5:15-6:00 PM  
MEM $63 / COMM $77

**Soccer Basics**
* Ages 4-6 yrs

Join your friends and learn to play the worlds game! All classes will have detailed, age-appropriate instruction in both offensive and defensive skills. Teamwork and sportsmanship will be taught during this fun format which includes plenty of games! Arrive ready to listen and learn a great game!

**Instructors:** Youth Sports Staff  
**Location:** Marcus Gym

**SESSION I**  
7 Thursdays, Sep 12-Oct 24  
4:15-5:00 PM  
MEM $63 / COMM $77

**SESSION II**  
7 Thursdays, Oct 31-Dec 19  
No class: 11/28  
4:15-5:00 PM  
MEM $63 / COMM $77

**Flag Football Basics**
* Ages 4-6 yrs

Practice time includes offensive and defensive skills and positions; as well as, teamwork, cooperation and sportsmanship. Indoor games will be included.

**Instructors:** Youth Sports Staff  
**Location:** Athletic Fields / Marcus Gym

**SESSION I**  
7 Thursdays, Sep 12-Oct 24  
5:15-6:00 PM  
MEM $63 / COMM $77

**SESSION II**  
7 Thursdays, Oct 31-Dec 19  
No class: 11/28  
5:15-6:00 PM  
MEM $63 / COMM $77

**Ping Pong**

Table tennis, also known as ping-pong, is a sport in which two or four players hit a lightweight ball back and forth across a table using small rackets. Will focus on hand-eye coordination, teamwork, and different strokes techniques.

**Instructors:** Youth Sports Staff  
**Location:** Marcus Gym

**AGES 4-6 YRS**

**SESSION I**  
4 Mondays, Sep 9-Oct 7  
No class: 9/30  
5:15-6:00 PM  
MEM $36 / COMM $44

**SESSION II**  
8 Mondays, Oct 28-Dec 16  
No class: 10/14, 10/21  
5:15-6:00 PM  
MEM $72 / COMM $88

**AGES 7-12 YRS**

**SESSION I**  
4 Mondays, Sep 9-Oct 7  
No class: 9/30  
4:15-5:00 PM  
MEM $36 / COMM $44

**SESSION II**  
8 Mondays, Oct 28-Dec 16  
No class: 10/14, 10/21  
4:15-5:00 PM  
MEM $72 / COMM $88

**Home School Physical Education and Swim**
* Ages 4-15 yrs

Every child needs more physical education and every child should learn how to swim. Join our Home School Physical Education program and you will receive both! Participants will be separated into three age groups; ages 4-7, 8-11 and 12-15 with age specific curriculum for each group.

**Instructors:** Youth Sports Staff  
**Location:** Marcus Gym & Peck Aquatic Center

**SESSION I**  
13 Wednesdays, Sep 11-Dec 18  
No class: 10/9, 11/27  
1:00-3:00 PM  
1st Child: MEM $110 / COMM $143  
2nd and 3rd Child: MEM $55 / COMM $72  
4th Child or More: Free

**SESSION II**  
8 Mondays, Oct 28-Dec 16  
No class: 10/14, 10/21  
5:15-6:00 PM  
MEM $72 / COMM $88

**Indoor Track Running**

Love to run? Looking to utilize the track? This class is designed to introduce your child to indoor track running. Participants will work on a combination of running skills such as sprints, distance running, and relays as well as learn how to correctly stretch, warm up, and cool down! Upon completion of this class, participants will become part of our youth track stars and will be allowed access to the track access at all times!

**Instructors:** Youth Sport Coaches  
**Location:** Marcus Track

**AGES 4-6 yrs**

**SESSION I**  
6 Wednesdays, Sep 11-Oct 23  
No class: 10/9  
4:15-5:00 PM  
MEM $54 / COMM $66

**SESSION II**  
7 Wednesdays, Oct 30-Dec 18  
No class: 11/27  
4:15-5:00 PM  
MEM $63 / COMM $77

**AGES 7-10 yrs**

**SESSION I**  
6 Wednesdays, Sep 11-Oct 23  
No class: 10/9  
5:15-6:00 PM  
MEM $54 / COMM $66

**SESSION II**  
7 Wednesdays, Oct 30-Dec 18  
No class: 11/27  
5:15-6:00 PM  
MEM $63 / COMM $77

**Sports Variety**
* Ages 7-10 yrs

Not sure what sport to play? How about a different sport or game each class? Sports of all Sorts will introduce a new sport to the class each week. Team sports and other recreational games are included in this exciting program. Be ready for something new and challenging each week! Classes may use either the gym or sports fields depending on the weather.

**SESSION I**  
4 Mondays, Sep 9-Oct 7  
No class: 9/30  
5:15-6:00 PM  
MEM $36 / COMM $44

**SESSION II**  
8 Mondays, Oct 28-Dec 16  
No class: 10/14, 10/21  
5:15-6:00 PM  
MEM $72 / COMM $88
Register for classes online at jccmilwaukee.org  |  Fall 2019

**Volleyball Skills**
*Ages 7-12 yrs*
Learn how to Pass, Set, Spike, Dig and Serve your way to Victory!
*Instructors: Youth Sports Staff*
*Location: Marcus Gym*

**SESSION I**
4 Tuesdays, Sep 10-Oct 8
No class: 10/1
4:15-5:00 PM
MEM $36 / COMM $44

**SESSION II**
8 Tuesdays, Oct 29-Dec 17
4:15-5:00 PM
MEM $72 / COMM $88

**Basketball Clinic**
*Ages 7-10 yrs*
Looking to harness your true basketball potential? This class will help you focus on the fundamentals: dribbling, passing, shooting, and overall game strategy.
*Instructors: Youth Sports Staff*
*Location: Marcus Gym*

**SESSION I**
6 Wednesdays, Sep 11-Oct 23
No class: 10/9
4:15-5:00 PM
MEM $54 / COMM $66

**SESSION II**
7 Wednesdays, Oct 30-Dec 18
No class: 11/27
4:15-5:00 PM
MEM $63 / COMM $77

**Master Ninjas**
*Ages 7-10 yrs*
The JCC Master Ninja program is created to give kids a fun approach to fitness as they work on strength, conditioning, flexibility, problem solving, team work, and coordination as they overcome obstacles designed for their skill levels.
*Instructors: Youth Sports Staff*
*Location: Marcus Gym / Outdoors*

**SESSION I**
4 Tuesdays, Sep 10-Oct 8
No class: 10/1
5:15-6:00 PM
MEM $36 / COMM $44

**SESSION II**
8 Tuesdays, Oct 29-Dec 17
5:15-6:00 PM
MEM $72 / COMM $88

**Flag Football Clinic**
*Ages 7-10 yrs*
Practice time includes offensive and defensive skills and positions; as well as, teamwork, cooperation and sportsmanship. Indoor games will be included.
*Instructors: Youth Sports Staff*
*Location: Athletic Fields / Marcus Gym*

**SESSION I**
7 Thursdays, Sep 12-Oct 24
4:15-5:00 PM
MEM $63 / COMM $77

**SESSION II**
7 Thursdays, Oct 31-Dec 19
No class: 11/28
4:15-5:00 PM
MEM $63 / COMM $77

**STEM Challenge**
*K5-2nd grd*
Put your engineering mind to the test as we work to complete daily challenges to expand our knowledge in the areas of Science, Technology, and Math. Can you build a house to protect the Three Little Pigs? How many cups can you stack in the Seuss hat challenge? Come join in and find out how things work through fun, hands-on projects!

**SESSION I**
3 Tuesdays, Sep 10-24
4:00-4:45 PM
MEM $33 / PTRN $22 / COMM $48

**SESSION II**
8 Tuesdays, Oct 29-Dec 17
4:00-4:45 PM
MEM $88 / PTRN $60 / COMM $128

**Full STEAM Ahead**
*3rd-5th grd*
Students will be challenged weekly to engage in hands-on learning in Science, Technology, Engineering, Arts and Mathematics. Each class the students will interact in exciting thematic learning that includes; Lego Robotics, Chemical Art, Coding, and Design Squad Engineering. Together the students will take their educational experience full STEAM ahead!

**SESSION I**
3 Tuesdays, Sep 10-24
5:00-5:45 PM
MEM $33 / PTRN $22 / COMM $48

**SESSION II**
8 Tuesdays, Oct 29-Dec 17
5:00-5:45 PM
MEM $88 / PTRN $60 / COMM $128

**Youth Enrichment**

**NEW! Wednesday Early Release Rainbow Day Camp Going Strong**
*Ages 4-6 yrs*
Don’t want summer to end? It doesn’t have to. Join Lenny for this special early release Wednesday class that brings RDC to you! Classes vary week-to-week and are guaranteed to let your summer fun carry you all through the school year!
*Instructor: Lenny Kass*
*Location: Family Gym*

**SESSION I**
6 Wednesdays, Sep 11-Oct 23
No class: 10/9
3:20-4:00 PM
MEM $65 / COMM $95

**SESSION II**
7 Wednesdays, Oct 30-Dec 18
No class: 11/27
3:20-4:00 PM
MEM $76 / COMM $111

**UWM College for Kids**
The JCC is proud to partner with UWM College for Kids to offer these 2 fall classes.
*Instructors: UWM College For Kids*
*Location: 1M50-Yeladim Playroom*

**UWM College for Kids**
The JCC is proud to partner with UWM College for Kids to offer these 2 fall classes.
*Instructors: UWM College For Kids*
*Location: 1M50-Yeladim Playroom*
The Secrets of Magic
*Ages 7-10 yrs*
Learn the secrets of magic with the one and only Lenny Kass. Toward the end of session 2, magicians will perform at the JCC Community Wide Hanukkah celebration the following week.
**Instructor:** Lenny Kass
**Location:** 1M50-Yeladim Playroom

**AGES 4-6 YRS**
**SESSION I**
6 Wednesdays, Sep 11-Oct 23
No class: 10/9
4:15-4:45 PM
MEM $54 / COMM $84

**SESSION II**
7 Wednesdays, Oct 30-Dec 18
No class: 11/27
4:15-4:45 PM
MEM $63 / COMM $98

**AGES 7-10 YRS**
**SESSION I**
6 Wednesdays, Sep 11-Oct 23
No class: 10/9
4:15-4:45 PM
MEM $54 / COMM $84

**SESSION II**
7 Wednesdays, Oct 30-Dec 18
No class: 11/27
4:15-4:45 PM
MEM $63 / COMM $98

Youth Arts

Clay Creations
*Ages 4-8 yrs*
This popular clay class returns! Your artist will use a variety of materials; Crayola Magic, oil based clay, and earthen clay to sculpt their creations.
**Instructor:** Art Teacher
**Location:** 1J16 Art Studio

**SESSION I**
4 Mondays, Sep 9-Oct 7
No class: 9/30
4:00-5:30 PM
MEM $64 / PTRN $32 / COMM $84

**SESSION II**
8 Mondays, Oct 28-Dec 16
No class: 10/14, 10/21
4:00-5:30 PM
MEM $128 / PTRN $64 / COMM $168

Advanced Art
*Ages 8-12 yrs*
This workshop style class is designed for art enthusiasts who want to further their art skills, and have to experiment, play and create with different mediums. Areas of interest could include clay, drawing, jewelry making, painting, cartooning, and more.
**Instructor:** Art Teacher
**Location:** 1J16 Art Studio

**SESSION I**
6 Wednesdays, Sep 11-Oct 23
No class: 10/9
4:00-5:30 PM
MEM $96 / PTRN $48 / COMM $126

**SESSION II**
7 Wednesdays, Oct 30-Dec 18
No class: 11/27
4:00-5:30 PM
MEM $112 / PTRN $74 / COMM $147

All Things Paper
*Ages 4-8 yrs*
Experience the versatility of paper. Make your own paper. Made seed paper and plant it too! What else can you do with paper? There’s paper hats, sculptures and even magic with paper mobius strips!
**Instructor:** Art Teacher
**Location:** 1J16 Art Studio

**SESSION I**
3 Tuesdays, Sep 10-Sep 24
No class: 10/1, 10/8
4:00-5:30 PM
MEM $48 / PTRN $24 / COMM $63

**SESSION II**
8 Tuesdays, Oct 29-Dec 16
No class: 10/15, 10/22
4:00-5:30 PM
MEM $128 / PTRN $64 / COMM $168

Disney’s Winnie The Pooh Kids

1st-5th grds
Disney’s Winnie the Pooh Kids welcomes audiences to the Hundred Acre Wood, where Winnie the Pooh is once again in search of honey. Along the way, he meets his pals Tigger, Piglet, Rabbit and Owl and Christopher Robin. Come join in the fun as we put together this musical. All children will have a role and will receive a script and CD to keep. The first rehearsal will be an audition for parts.

**Required parent meeting:** on Thursday, 9/12, 5:00 PM

**Instructor:** Felice Leib
**Instructor:** Terri Stevens
**Location:** Ritz Theater

**Mondays & Thursdays, Sep 12- Nov 21**
No class: 9/30, 10/14, 10/21
4:00-5:30 PM
MEM $270 / PTRN $270 / F $295

**PERFORMANCES:**
Sunday, November 24 at 3:00 PM in the Ritz Theater
Dress rehearsal at noon for performers. All participants will receive 2 free tickets.

For more information contact Ronna Ruffin, Director of Youth Programs at rruffin@jccmilwaukee.org or 414-967-8218.
**STARS Family Resource Center**
Provides academic guidance and support to parents who are seeking help with their child. The goal is to enable parents to advocate for their child by having a thorough understanding of their child's individual situation and the resources available in the community.

To schedule an appointment contact Jody Margolis, jmargolis@jccmilwaukee.org or 414-967-8206.

**Tutoring Center**
*Ages 3-21 Yrs*
Tutoring Center is for kids pre k-8 grade who need academic assistance in one or more subject areas. We specialize in organizational skills which is often the foundation to academic success. Staffed by qualified, experience special educators and assistants.

*Instructor:* Sarah McCutcheon
*Monday-Thursday, Sep 9-Dec 20*
*10:00 AM-6:00 PM*
*MEM $35 / COMM $45*
To schedule a session contact Jody Margolis, 414-967-8206 or jmargolis@jccmilwaukee.org

**STARS Personal Training For Kids**
*Ages 5-12 yrs*
Develop and increase gross motor skills. Kids will have fun while learning fundamental core skills.

*Instructor:* Sarah McCutcheon
*Location:* Gym and Track
*Monday-Thursday, Sep 9-Dec 20*
*Per Hour: MEM $35 / COMM $45*
To schedule an appointment contact Jody Margolis, jmargolis@jccmilwaukee.org or 414-967-8206.

**STARS Personal Training For Young Adults**
*Ages 13-40 yrs*
Teens will learn how to use the fitness equipment, develop a training plan and work with a qualified instructor to build a tailor-made program.

*Instructor:* Sarah McCutcheon
*Location:* Gym and Track
*Monday-Thursday, Sep 9-Dec 20*
*Per Hour: MEM $35 / COMM $45*
To schedule an appointment contact Jody Margolis, jmargolis@jccmilwaukee.org or 414-967-8206.

**Adaptive Swim Lessons**
*1st-12th Grades*
*See page 25*

**Cooking Creations**
*Ages 8-18 yrs*
This class will help your child learn about making healthy choices, while having fun preparing take home dishes, snacks and other goodies. Our classes are fun, safe and teach kids how to make healthy food choices. Our goal is to make your kids more independent in the kitchen and help prep meals with you.

*Instructors:* Jody Margolis & Sarah McCutcheon
*Location:* Yeladim Room
*6 Mondays, Sep 9-Nov 4*
*No class: 9/30, 10/14, 10/21*
*4:30-5:15 PM*
*MEM $96 / COMM $108*

**STARS Move to the Beat**
*Ages 8-21 yrs*
Build coordination and gross motor skills while having the opportunity to play fun instruments. This class will include a multisensory framework focusing on dance, music and movement.

*Instructors:* Lauren Schell and Sarah McCutcheon
*Location:* Studio A
*8 Tuesdays, Oct 29-Dec 17*
*4:15-5:00 PM*
*MEM $112 / COMM $128*

**Upstream Arts**
Join us for two classes with Upstream Arts that highlight the art of social skills. Participants will gain hands-on experience using the arts as a tool for positive self expression in everyday life. The Sunday class includes a component of STARS specialty classes by offering a movement, drumming or music class.

*Instructor:* Jody Margolis

**SPECIAL NEEDS CHAVERIM**
The Special Needs Chaverim Club offers social, recreational, educational and Judaic programs for adults with developmental disabilities throughout the year. Programs are designed to provide members an opportunity to make friends and develop both physically and socially in a warm, caring environment. For more information, contact Sarah McCutcheon, 414-967-8198, smccutcheon@jccmilwaukee.org.

**STARS FAMILY RESOURCE CENTER**
The STARS Family Resource Center provides academic guidance and support to parents who are seeking help with their child in public and private schools. The goal for this center is to enable parents to advocate for their child by having a thorough understanding of their child’s individual situation and the resources that are available in the community.

JCC offers an inclusive environment for children with special needs.

*For more information, and to sign up for Sunday STARS, STARS friendly classes and the Tutoring Center, contact JCC Special Needs Director, Jody Margolis jmargolis@jccmilwaukee.org or 414-967-8206*
Welcome to Danceworks at the JCC. Our philosophy is to nurture and develop the spirit and the body through creative movement, physical discipline and self-expression. Our instructors are experienced professional dancers who have the knowledge necessary to teach varying ages and ability levels. Enjoyment, encouragement, enrichment and excitement are the tools we use to carefully instruct all of our students—no matter their level.

Dress Code
All Combination Classes, Pre-Ballet, Ballet, and Creative Dance
Girls – Black leotard, pink or flesh-tone tights, appropriate shoes for style of class. Dance skirt is optional with permission from instructor.
Boys – Solid white t-shirt, black jazz pants or close-fitting sweat pants and appropriate shoes.

Tap, Jazz and Theatre Dance (and combination classes including these styles)
Girls – Black jazz pants or leggings, solid colored close-fitting top and jazz and/or tap shoes.
Boys – Solid colored t-shirt, black dance pants or sweat pants, jazz and/or tap shoes.
Tap shoes must have sub-sunk screws or attachments to prevent damage to the wood floor.

Hip Hop
Comfortable non-restricting clothing. Dance sneakers or street sneakers can be worn for all hip hop classes. All sneakers must be carried in and cannot be worn directly from the street. Wearing oversized clothing can be dangerous while dancing and should not be worn in any class.

Dance Apparel and Shoes Are Sold at Danceworks (1661 N. Water Street, Milwaukee, WI, 53202). Student leotards, tights, demi-skirts and tap, ballet and jazz shoes are available at Danceworks! You can stop by to get fitted for shoes or dance attire anytime during our regular office hours, M-F 9am-7:30 pm and Sat 9am-3pm.

To register for Danceworks’ classes at the JCC, please visit Danceworks website at danceworksmke.org.
Questions? Call 414-277-8480 ext. 6007 or email abrinkman@danceworksmke.org.

Creative Dance
Ages 3 yrs
Fun and games that explore creativity and self-expression and develop dance skills that prepare students to move into other movement disciplines. Focuses on coordination, rhythm and creativity.
Location: Studio B
12 Mondays, Sep 9-Dec 16
No class: 9/9, 10/14, 10/21
4:15-5:00 PM
MEM $156 / PTRN $144 / COMM $168

Tap & Pre-Ballet
Ages 4 yrs
This combination class will cover the basics of ballet and tap, with an emphasis on correct technique and terminology.
Location: Studio B
12 Mondays, Sep 9-Dec 16
No class: 9/9, 10/14, 10/21
5:00-6:00 PM
MEM $156 / PTRN $144 / COMM $168

Intro to Hip Hop
Age 7-8 yrs
This class will focus on coordination and rhythm, and will teach hip hop dance basics in an energetic and fun-filled class environment. Each class is sure to get you on your feet and keep you on the beat!
Location: Studio B
11 Tuesdays, Sep 10-Dec 17
No class: 10/1, 10/8, 10/15, 10/22
4:30-5:15 PM
MEM $143 / PTRN $132 / COMM $154

Hip Hop
Age 9-13 yrs
This combination class will cover the basics of ballet and tap, with an emphasis on correct technique and terminology.
Location: Studio B
11 Tuesdays, Sep 10-Dec 17
No class: 10/1, 10/8, 10/15, 10/22
5:15-6:15 PM
MEM $143 / PTRN $132 / COMM $154

Tiny Dancer
Ages 2 ½-3 yrs
This class focuses on creativity in motion, imagination and motor skill development. Our faculty will guide students in a way that makes exploring movement and learning fun! Tiny Dancer is a great introduction to an independent dance class.
Location: Studio B
13 Wednesdays, Sep 11-Dec 18
No class: 10/9, 11/27
4:15-5:00 PM
MEM $169 / PTRN $156 / COMM $182
Register for classes online at jccmilwaukee.org | Fall 2019

**Tap & Pre-Ballet**
*Age 5 yrs*
This combination class will cover the basics of ballet and tap, with an emphasis on proper technique and terminology.

**Location:** Studio B
**13 Wednesdays, Sep 11-Dec 18**
**No class:** 11/27
**5:00-6:00 PM**
MEM $169 / PTRN $156 / COMM $182

**Tap & Pre-Ballet**
*Age 6 yrs*
This combination class will cover the basics of ballet and tap, with an emphasis on proper technique and terminology.

**Location:** Studio B
**14 Thursdays: Sep 12-Dec 19**
**No class:** 11/28
**4:30-5:30 PM**
MEM $182 / PTRN $168 / COMM $196

**Theatre Dance**
*Ages 8+ yrs*
If you love musical theatre, this class is for you! Students will explore different styles of dance as it pertains to musical theatre. Classes will focus on technique and students will have a blast learning upbeat choreography from popular musicals.

**Location:** Studio B
**14 Thursdays: Sep 12-Dec 19**
**No class:** 11/28
**5:30-6:30 PM**
MEM $182 / PTRN $168 / COMM $196

**Tiny Dancer**
*Ages 2 ½-3 yrs*
This class focuses on creativity in motion, imagination and motor skill development. Our Faculty will guide students in a way that makes exploring movement and learning fun! Tiny Dancer is a great introduction to an independent dance class.

**Location:** Studio B
**14 Fridays: Sep 13-Dec 20**
**No class:** 11/29
**11:00-11:45 AM**
MEM $182 / PTRN $168 / COMM $196

**Tap & Creative Dance**
*Ages 3-4 yrs*
This class focuses on coordination, rhythm and creativity, all while having fun and cultivating a love for dance in a nurturing and fun-filled environment. Combined with basic tap to instill rhythm, this is a great first dance class for any young dancer.

**Location:** Studio B
**14 Fridays: Sep 13-Dec 20**
**No class:** 11/29
**12:00-12:45 PM**
MEM $182 / PTRN $168 / COMM $196

**OUR PARTNERS IN SERVING THE COMMUNITY**

**BBYO Connect**
*for 6th-8th Grades*

**AZA & BBG**
*for 8th-12th Grades*

For program details contact Rachael Badt, BBYO Director rbadt@bbyo.org or call 414-326-2808.

**Girl Scouts of Wisconsin southeast**
Sign your girl up for JCC’s Girl Scout troop, part of the Girl Scouts of Wisconsin Southeast council. It’s Milwaukee’s only Girl Scout troop with a Jewish component. With Girl Scouts, she’ll have tons of fun, make new friends, and go on fantastic new adventures. For girls in grades K-12.

Contact Darlene Nash at 414-443-3917 or dnash@gswise.org.
Day camp is an incredible experience for kids in our community throughout the summer. At both the Albert & Ann Deshur JCC Rainbow Day Camp in Fredonia and the JCC Day Camp programs in Whitefish Bay, kids get to spend their summers playing with friends, gaining independence, and building their confidence. Once campers reach 3rd - 6th grade, many families begin to look at overnight camp options as a component of their summer to further that growth. But how do you know if your child is ready to take that next step?

For many years, the JCC’s Trip to Interlaken has offered day campers a taste of what it would be like to go to overnight camp by allowing them to spend 4 days and 3 nights at the Steve & Shari Sadek Family Camp Interlaken JCC in Eagle River with a small group that begins their journey at JCC Rainbow Day Camp. This year, camp offered two separate trips, one in July, and one in August, due to high demand from families.

One of the young campers who went on the trip in July was Lola Wagner who was new to Camp Interlaken, but camp was not new to her family. Her parents, Danielle & CJ, were longtime Interlaken campers who met at camp 19 years ago. “Since Lola, our oldest, was born our house has been filled with Interlaken camp songs, chants, and memories. We sent Lola on her way so eager to hear what she would think of a place that means so much to our family,” recalls Daniele.

Accompanying the campers on their trip up north were familiar day camp counselors. One of these counselors from JCC Rainbow Day Camp, Josh Melton, shared “As the bus pulled in, we were met with cheers and a big camp welcome. The kids were able to experience many of the camp favorites including tubing on Lake Finley, waterskiing, ropes course, zip line, and archery – 3 of the kids even got bullseyes!” The campers were also introduced to a game that originated at Camp Interlaken called Tushball.

What made this experience truly different from the activities participants were used to doing at day camp was the evening programs. During the visit, they were able to attend a carnival called Sha’arnival which is put on each year by the Sha’ar campers (8th & 9th graders). The Trip to Interlaken group also had their very own Maccabiah (color wars) experience which gave them a taste of one of the most exciting parts of overnight camp.

Toni Davison Levenberg, director of Camp Interlaken JCC, made sure the visiting day campers had an opportunity to experience a special Camp Interlaken tradition that typically happens on the first and last nights of camp. “We shared a campfire with s’mores, songs, and wishes. Each camper was invited to make a wish and throw a stick into the fire. Many of the kids wished for everyone to come back to camp next year. Another special camp moment happened as the kids and their counselors settled into their cabins for bedtime and were serenaded to sleep by songleaders on guitar.”

At the end of their journey, when the Wagners picked Lola up from the camp bus, she had a big smile on her face and reported, “It was so fun, and I can’t wait to go back next year!” Once they got home, Danielle emptied her duffel bag onto the kitchen floor and had the familiar experience of hearing Lola’s camp stories, seeing her crafts and letters, and feeling the sand sprinkle out of her luggage. She loved hearing Lola speak about her short time at camp with such joy and enthusiasm.

“It has now been so nostalgic to compare our own memories with Lola’s experience, share our old camp pictures, and hear about new Interlaken traditions. This amazing shared experience has given us a new way to connect and bond with our daughter. It is clear that between her experience and ours, one thing remains the same – Camp Interlaken is a magical place. We can’t wait to see what Lola’s Interlaken future holds,” said Danielle.
Jewish Overnight Camp
for 3rd - 12th Graders
in beautiful Eagle River, WI

Day Camp Registration
for next summer
opens early 2020

• JCC member priority dates
• Early bird discounts
• New specialty camps
... and so much more!

You will find it all at jccmilwaukee.org

EARLY REGISTRATION FOR SUMMER 2020
SEPTEMBER 23 - NOVEMBER 1
Reserve your camper’s spot at campinterlaken.org

To learn more contact the Camp Office | 414-967-8240 | info@campinterlaken.org

KIDS CENTER
the Big Chill

WINTER BREAK VACATION DAYS
FOR KIDS IN K4-6TH GRADE

December 23-January 3
No Big Chill 12/25 and 1/1
9:00 AM-3:00 PM
Early care 7-9AM
Late care 3-6PM
(5:30 PM Fridays)

REGISTRATION OPENS IN NOVEMBER
AT JCCMILWAUKEE.ORG

CONTACT RONNA RUFFIN
414-967-8218
RRUFFIN@JCCMILWAUKEE.ORG
Fitness & Recreation

More than just a gym, the J is a community. Where neighbors, families and friends can get fit, have fun, and build friendships in a supportive environment. No matter your ability or interest, our programs and facilities will help you get energized, balanced and moving. Break a sweat at the Habush Family Fitness Center, schedule a personal training session, or join a rec sports league. Take a break by the pool at the Peck Aquatic Center or JCC Water Park. Offering individual, group, and team fitness and recreation programming for adults, seniors, families, and children of all ages, there’s something for everyone.

jccmilwaukee.org/programs/fitness-recreation

Fall Fitness Forecast

One of the ways in which the JCC strives to create a healthier Milwaukee is by providing fitness offerings that help meet almost any fitness goal in the diverse community we serve. This fall we are excited to highlight 4 new or renewed programs that will allow us to continue to expand our services.

Les Mills Group Exercise Classes

In 1968, four-time Olympian Les Mills started his first gym in Auckland, New Zealand, featuring basic strength and cardio training for a small community of athletes. 50 years later, Les Mills International is the hub of a global revolution – a vibrant destination where the world’s top fitness talent create new ways to get fit, combining music with movement, and then taking it to the world.

We are excited to announce that this fall, Les Mills group exercise programming will be added to the JCC’s already diverse and popular group exercise classes. Members can look forward to the addition of Les Mills Bodypump, Bodycombat, and Sprint to our schedule. Mixing the hottest music with cutting-edge exercise science, motivation, and the energy of many, these group fitness classes offer our instructors the tools to make you fall in love with fitness all over again.

Restorative Stretch

JCC Personal Training has recently introduced restorative stretch to their menu of services with the goal of taking clients’ recovery days to the next level. Research suggests that stretching after a workout or on a rest day can improve joint mobility and range of motion, which ultimately lets you move more comfortably in everyday life and improves your ability to perform exercises correctly.

The JCC’s professional trainers will coach you through recovery exercises, assisted and manual stretching, foam rolling, and Hyperice massage technology during your training session. The pricing structure is the same as the standard personal training sessions which can be found on page 30 in this Journal. Prevent injuries, recover more efficiently, and reach your goals faster through restorative stretch!

Burn

Our group interval training, formerly known as Afterburner, has gotten another face lift! With the launch of Burn, two signature class structures have been revamped to provide clients with personal training results in a small group setting.

Burn - 60 minute class that alternates 40 seconds of exercise with 20 seconds rest per interval.

Burn Extreme - 60 minute class that alternates 50 seconds exercise with 10 seconds of rest per interval and features a Burnout with no breaks in the final round.

Burn will focus on increasing strength while mixing in high-intensity interval training (HIIT) to provide defined results. Burn Extreme is all about making you sweat by utilizing the rowers and cardio moves throughout the workout. We are also offering a Burn Express class that condenses a standard Burn class into 30 minutes. Burn classes utilize the TRX Suspension Trainer, TRX Rip Trainer, Kettlebells, and much more to ensure you’re getting the best workout possible!

Try BURN for FREE during Kickoff Weekend on Saturday, October 5, at 9:30AM in the Marcus Gym and/or Sunday, October 6, at 8:05AM in Studio B. See details on page 32.

Mat Pilates

If you are ready to explore the world of Pilates, you couldn’t have picked a better time! This fall we are lowering the price of our mat and barre classes for JCC members. Mat Pilates is a staple for building core strength, increasing flexibility, and de-stressing. A great addition to any fitness plan, Pilates can also help you with lower back pain, joint mobility, and enhanced sports performance. Instructors are able to offer variations to challenge different levels of participants and provide modifications for any injuries and limitations. See page 35 for more details on Mat Pilates at the JCC.

We look forward to working with you this fall to meet your wellness goals and help you find a fitness community that motivates and inspires you. With the myriad of offerings available to our members – including training, aquatics, recreation, yoga, indoor cycling, Pilates, cardio, strength, and so much more – there has never been a better place to find your center!
PECK AQUATIC CENTER

Many of the JCC's swimming and recreational activities take place in the Peck Aquatics Center which was provided through a generous grant from the Milton & Lillian Peck Foundation.

Pool schedules for the Peck Aquatic Center can be found at jccmilwaukee.org

Private Swim Lessons
For JCC Members ages 3 and up

Adaptive Swim Lessons
* STARS FRIENDLY
For ages 1st-12th grade

Private lessons offer quality one-on-one time with an instructor, flexibility in scheduling, and ongoing admissions. Semi-private lessons with 2-3 children are also available. Please note that we do not match children up for semi-private lessons. Lessons are ½ hour sessions scheduled once a week. Due to pool space, lesson time slots may be limited Monday - Thursday 4:00-6:00 PM.

<table>
<thead>
<tr>
<th>Packages for JCC members &amp; patrons</th>
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<tbody>
<tr>
<td>Private Lessons</td>
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<tr>
<td>1 lesson</td>
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Buy in Bulk & receive a discount!

3 lessons        | $73  | $36  |
6 lessons        | $143 | $71  |
12 lessons       | $270 | $135 |

Adaptive Private Swim Lessons are also available at the same rates and are open to all individuals with special needs regardless of membership status.

Private Lesson Packages can be purchased through the Aquatics Programming Office or at either of our customer service desks. Lesson packages MUST be purchased prior to first lesson. Lessons are subject to instructor availability. Packages expire after one calendar year.

To schedule a private lesson, email jlanke@jccmilwaukee.org or call 414-967-8194.

The Peck Aquatic Center is the place for Swim Lessons

• Ozone filtered pools that use less chlorine than typical public pools make it much easier on your child’s eyes, skin, and swimsuit.
• Small teaching pool with depths of 2’6” - 3’6” so your younger child can stand in the water without flotation devices which builds confidence.
• Large, 6-lane, 25-yard pool allows your child to build endurance and stroke refinement.
• End-of-session report cards give parents each child’s progress, successes, and recommended next level.
• Contact a member of the Aquatics Team and schedule your child’s free swim check to ensure proper level placement.

Swim Test for Independent Swimmers
All swimmers under the age of 14 wishing to swim in either pool independently MUST complete a swim test. Swimmers will be given a wristband to indicate which areas of the pool they are able to use. Swim Tests will be kept in a binder on the pool deck and will be updated weekly. Swimmers without a wristband must be accompanied by an adult in the water at all times unless they are participating in a program.
American Red Cross - Learn to Swim Program

The JCC’s aquatics programs are based on the principles and methods established by the American Red Cross. The American Red Cross program is progressive; each skill builds on the skills mastered in the previous level, therefore it is important and necessary to successfully complete each level in progression.

Essential swim and safety skills are taught at each level; skipping or omitting levels may result in your child missing vital skills that will help them advance to the next level. Swimmers are separated by age; Parent-tot for infants/toddlers 6 months – 36 months with their parents, Pre-School Levels for children ages 3 – 5 years old and Youth Levels for children ages 6 & up. This separation allows children to learn in a relaxed, non-competitive environment with children of their own age and ability.

Progress reports are handed out at the end of every session informing parents which skills were accomplished and which need continued progress as well as the recommendation of the next level to enroll in.

Make-up/Refund Policy: We realize that there are schedule changes and situations arise that may cause you or your child to miss a class, but to ensure a quality experience for both your child and the other children in classes, the JCC does not allow make up lessons or provide refunds for missed classes.

Youth Swim Lessons
ages 3 – 5 years old

Our pre-school age aquatic classes are structured for the 3 – 5 year old with each lesson 30 minutes in length combining skill instruction with fun. To ensure a quality and safe lesson, there is a ratio of one instructor to a maximum of five students and the classes are taught in our teaching pool.

Pre-School Level 1
First independent swim lesson experience. Participants will learn to put their face in the water and become more comfortable in the water on their own. Activities include submerging mouth, nose & eyes, blowing bubbles, floating on front & back with help and exploring arm movements/swimming on front & back with help.

Pre-School Level 2
Participants enrolled in this class must be able to put their head in the water independently and have a high comfort level of being in the water and participating in some skills on their own. Activities will include learning to float on front & back and front & back glides with minimal assistance with 8 without kicking, beginning arm movement of front & backstroke and jumping into shallow water.

Pre-School Level 3
Participants enrolled in this class must be able to submerge their head, jump independently into shallow water. They will master independent front & back floats. Activities will include front & back floating/gliding without assistance, front & backstroke (arm & leg action coordinated) and introduction to the big pool.

Youth Swim Lessons
ages 6 & up

Our youth aquatic classes are structured for children 6 years old and up with each lesson 30 minutes in length combining skill instruction with fun. To ensure a quality and safe lesson, there is a ratio of one instructor to a maximum of 6-8 students depending on the level and the classes are taught in our big pool with the exception of part of our Youth Level 1 classes will be held in both the teaching and big pool.

Youth Level 1
Beginners for children ages 6 & up
Participants enrolled in this class will become familiar with the skills in the Pre-School Lesson Program. This level is designed for the older child to begin in an age appropriate lesson. This lesson will be taught in both the teaching and big pool.

Youth Level 2
The next step after Pre-School Level 3
Participants enrolled in this class must be able to complete the front crawl with rotary breathing & back crawl for ½ the pool and tread water/float for 30 seconds and get back to safety. Activities will include introduction to several new strokes: the butterfly stroke (kick & body motion), the back crawl, elementary backstroke, the breast stroke arm movement, jumping into deep water and an introduction to diving.

Youth Level 3
Participants in this class must be able to complete the front crawl with rotary breathing & back crawl for ¼ the pool and tread water/float for 1 minute. Activities include introduction to underwater swimming, standing dives, front & back turns and refinement of all strokes.

Youth Level 4
Participants in this class must be able to do the following activity (minimally) A) Dive into deep water, swim the front crawl for 50 yards and then swim backstroke for 50 yards. B) Swim 25 yards breaststroke of butterfly. Activities will include refinement and endurance of all strokes, flip turns while swimming on front & back, shallow start dive and development of setting up a swimming fitness program.

Youth Level 5
Participants in this class must be able to do the following activity (minimally) A) Dive into deep water, swim the front crawl for 100 yards and then swim backstroke for 100 yards. B) Swim 25 yards breaststroke and butterfly and demonstrate feet first and head first surface dives. Participants must also demonstrate proper turns including flip turns. Activities will include swim race etiquette, such as proper starts, breakouts, turns, finishes, and use of the pace clock. Swimmers will also learn basic lifeguarding techniques and prerequisites.
Parent-Tot

*Ages 6 mos-3 yrs*

This program is specially designed for infants and toddlers 6 months – 36 months. Parent participation allows you to share this experience with your child. We explore water adjustment, body awareness, coordination and safety through use of games, songs and repetition. All infants and toddlers must wear swim diapers or secure plastic pants over a cloth diaper. No disposable diapers are allowed. There is a maximum of one child per parent.

Parent-Child Swim Skills

*Ages 18 mos-3 yrs*

Is your child too old or advanced for the Parent-Tot class but not quite ready to start Pre-school Level 1? This class is the perfect balance! The class is designed to work on all of the skills that are introduced and taught in our Pre-school Level 1 class. The difference is that parents join their participant in the water and help ease that transition into independent lessons for the future. The instructor will teach the participants, and parents will assist their child in practicing the given skills. See our program grid for more information!

A minimum of 3 students per class is required in order for lesson time to be offered. *Kids Center participants ONLY are walked to lessons scheduled at 4:45 PM and 5:30 PM. **See fee structure for Triggerfish on page 28*
JCC Triggerfish Swim Team
*Ages 6-14 yrs*
Participants in this program must have passed all requirements of Youth Level 3 to be successful. The program is designed to introduce your child to the concept of a swim team and using swimming as a form of exercise. Workouts are held twice a week learning a proper warm-up and refinement of strokes through drills to understand a balanced workout/practice. All swimmers will review the basic components of competitive swimming strokes, starts, turns and training tactics.
Please contact Assistant Aquatics Director/Head Coach, Taylor Ladd with any questions at tladd@jccmilwaukee.org or 414-967-8191.
Location: Peck Aquatic Center
25 Tuesdays and Thursdays, Sep 10-Dec 19
**No Tuesday practice: 10/1, 10/8, 10/15, 10/22**
**No Thursday practice: 11/28
6:30-7:30 PM
MEM $240 / COMM $312

Arthritis Aquatics
*Ages 14 and up*
Alleviate pain from arthritis with a gentle exercise routine conducted in our heated small pool by a nationally certified arthritis instructor.
Location: Peck Aquatic Center

SESSION I
MONDAYS:
Instructor: Sandra Ingram
4 Mondays, Sep 9-Oct 7
No class: 9/30
10:15-11:00 AM
MEM $40 / PTRN $40 / COMM $60
WEDNESDAYS
Instructor: Sandra Ingram
6 Wednesdays, Sep 11-Oct 23
No class: 10/9
10:15-11:00 AM
MEM $40 / PTRN $40 / COMM $60
THURSDAYS
Instructor: Jo Ann Jackson
7 Thursdays, Sep 12-Oct 24
9:30-10:15 AM
MEM $28 / PTRN $28 / COMM $42

SESSION II
MONDAYS:
Instructor: Sandra Ingram
8 Mondays, Oct 28-Dec 16
No class: 10/14, 10/21
10:15-11:00 AM
MEM $40 / PTRN $40 / COMM $60
WEDNESDAYS
Instructor: Sandra Ingram
7 Wednesdays, Oct 30-Dec 18
No class: 11/27
10:15-11:00 AM
MEM $40 / PTRN $40 / COMM $60
THURSDAYS
Instructor: Jo Ann Jackson
7 Thursdays, Oct 31-Dec 19
9:30-10:15 AM
MEM $28 / PTRN $28 / COMM $42

American Red Cross Lifeguard Training
*Ages 15 and up*
Interested in a great summer job or challenging career as a professional lifeguard? Through videos, group discussion and hands-on practice, you’ll learn teamwork, rescue and surveillance skills, First Aid and CPR/AED and other skills you need to work as a professional lifeguard. Successful completion results in a 2-year certification in Lifeguarding that includes first aid, professional-level CPR and AED in one certificate. Digital certificate available upon successful completion of course.
Core Courses
Prerequisites: Must be at least 15 years old and pass certain swimming requirements including a continuous 300 yard swim, retrieval of a 10lb object from 10ft of water, and treading water without the use of your hands for 2 min.
*Students who can not pass the prerequisite swimming skills will be refunded the course fee minus a $25.00 swim test fee.
Location: Peck Aquatic Center
Class Dates: TBD
MEM $225 / PTRN $150 / COMM $300
To learn more about getting certified to be a lifeguard, contact Jess Lanke at 414-967-8194.

Adult Lap Swim
*Age 18 & up*
We make every effort to make sure there are 2 lap lanes available at all times for lap swimmers, however there are special times where we designate Adult Only Lap Swim. You can view our current pool schedule online at jccmilwaukee.org or contact the Aquatic Office at (414) 967-8194.

Female Only & Male Only Swim Times
We respect the fact that there is a need to allow females & males swim in our pools at separate times either due to privacy or religion reasons.
Female Only Swim - Sundays, 6:30-7:30 PM
Male Only Swim - Thursdays, 8:30-9:30 PM
Adult Sports & Leagues

Open Volleyball
Ages 15 & up
Stop by Monday nights in the Marcus gym for this FREE to members program. Open to any and all ability levels.
Location: Marcus Gym
Dates: ONGOING:
Mondays, 7:30-9:30 PM
MEM FREE / COMM $5 Per Night

Adult Pick-Up Basketball
MEMBERS ONLY
Ages 18 & up
Free, competitive pick-up basketball. Please sign-in upon arrival into the gym.
Instructor: Gym Supervisor
Location: JCC Marcus Gym
Dates: ONGOING:
TUESDAYS
11:00 AM-1:00 PM
WEDNESDAYS
NOTE: Wed evenings for ages 30+ only
6:30-8:30 PM
THURSDAYS
11:00 AM-1:00 PM
SUNDAYS - Sep & Oct only
8:00 AM-12:00 PM

Women’s Basketball Open League
Ages 18 & up
Join us for our inaugural season of this round-robin league.
Registration Deadline: Oct 8
Draft: Oct 10 at 7:00 PM
Instructor: Gym Supervisor
Location: JCC Marcus Gym
Tuesdays, Nov 15-March
No game: 11/26, 12/24, 12/31
6:00-8:30 PM
MEM $85 / COMM $120
(Early Birds save $5 if register by 9/16)

Men’s Basketball Open League
Ages 18 & up
Players must be members in order to play in our round-robin league.
Registration Deadline: Draft: Oct 8
Draft: Oct 15 at 7:00 PM
Location: Marcus Gym / MJDS Fieldhouse
Sundays, Nov 2 – March
No game: 11/24, 12/22, 12/29
8:00 AM-12:00 PM
MEM $85
(Early Birds save $5 if register by 9/16)

Open Israeli Dance
Adults 12 yrs and up
This FREE dance class is open to our members and to the public. Israeli folk dancing is excellent exercise for both the mind and the body, and it is great fun! Beginners are welcome and will receive direct instruction for the first 30 minutes of the class, from 7:30 - 8:00. The remainder of the class consists of open dancing and teaching of intermediate to advanced dances. Learning this style of dance takes some time and perseverance. If you are a beginner, please send an email to let us know you are coming. Contact MilwaukeeIFD@yahoo.com for questions regarding Israeli Dance.
Instructor: Deborah Schermer / Team Taught
Location: Studio B
ONGOING:
Mondays, 7:30-9:30 PM
Free

The Parkinson’s Dance Class
Specifically designed for people in the Parkinson’s community, this program is open to anyone seeking lifelong comfort and ease in their body movements. Feel the beat of varied music as you improve coordination, balance, posture, and confidence in your body. All abilities and fitness levels are welcome. Options include dancing in a chair, standing, and moving across the floor.
Instructors: Suzanne Carter, Jane Brooks Reilly, Kate Mann, Tom Thoreson, Barb Wesson
Location: Studio A
SESSION I
7 Fridays, Sep 13-Oct 25
2:15-3:30 PM
MEM $70 / PTRN $70 / COMM $140
SESSION II
7 Fridays, Nov 1-Dec 20
2:15-3:30 PM
MEM $70 / PTRN $70 / COMM $140
Drop in Fee: $15
Spouse or caregiver pricing: $40

Register for classes online at jccmilwaukee.org | Fall 2019
PERSONAL TRAINING
A BENEFIT OF JCC MEMBERSHIP

TAKE YOUR WORKOUT TO THE NEXT LEVEL
Our professional trainers have the knowledge and expertise to:
• Assess your current level of fitness and create an individualized workout plan based on what you want to achieve
• Teach you the proper way to perform each exercise movement
• Enhance your motivation to continue with a workout plan
• Keep you accountable, making it more likely that you'll continue with your training program
• Teach you a variety of exercise methods, which can keep you from getting bored
• Make the most of your workout time, which increases your efficiency

To learn more about Personal Training contact Katie Nickel, Fitness Director knnickel@jccmilwaukee.org or 414-967-8269
jccmilwaukee.org/personaltraining

Foundations Program
New JCC members receive three complimentary sessions with a trainer to get you started on your fitness journey.
FREE • $180 Value

Try Pack 3 for $99
For current members new to Personal Training only. When you are ready to turn intention into action, try three sessions for only $99 and learn how working with a trainer can help you work more efficiently to reach your goals.

Session Packages
Session pricing based on qualifications of trainer and number of sessions 1 / 4 / 8 / 12

Private One-to-One (1 hour)
A traditional full hour of individualized personal training.
Personal Trainer $55 / $210 / $396 / $561
Senior Trainer $60 / $230 / $436 / $621
Master Trainer $65 / $250 / $476 / $681

Express One-on-One (1/2 hour)
For those looking for a more intense, shorter workout.
Personal Trainer $30 / $114 / $220 / $306
Senior Trainer $33 / $126 / $244 / $342
Master Trainer $36 / $138 / $268 / $378

Partner Training (1 hour – 2 people)
Partner training increases commitment to a regimen.
Personal Trainer $30 / $114 / $220 / $306
Senior Trainer $33 / $126 / $244 / $342
Master Trainer $36 / $138 / $268 / $378

Small Group Training (1 hour – 3+ people)
Small group training builds camaraderie in a group dynamic.
Personal Trainer $16 / $64 / $128 / $192
Senior Trainer $18 / $72 / $144 / $216
Master Trainer $20 / $80 / $160 / $240

Personal Training Subscription
Inquire about our monthly rate for clients with a consistent training schedule. Pricing available online.

Restorative Stretch
A recovery day is one of the most important days in your training schedule. Schedule yours with a JCC personal trainer. They'll coach you through recovery exercises, foam rolling, assist with stretching and apply Hyperice technology to enhance your recovery day! Pricing structure follows our personal trainer pricing.

Special Personal Training Packages
The JCC has a diverse group of personal trainers who can assist clients through different wellness goals. This fall we are providing specific personal training packages for special members. Each package includes 4 – 60 minute personal training session.

• September Restorative Stretch – recovery exercises, assisted and manual stretching, foam rolling and Hyperice technology used for a well-rounded restorative session

• October Postpartum - Honor your postpartum body with a program specifically designed for women who have recently had babies. All clients must be cleared for exercise by a doctor

• November Shoulder Pain Prevention – Shoulder pain can hinder your workout and your activities of daily living. Receive exercise to prevent or reduce shoulder pain. Clients with a diagnosed shoulder issue must be cleared for exercise by a doctor

• December Weight Loss – start your weight loss goals before the new year begins

Cost: $190-$230 depending on trainer level. Packages expire after 30 days.
Commit to be Fit - Kickstart
Adults 18 yrs and up
Commit to be fit is the JCC’s weight loss training program. Kickstart you’re weight loss goals with this 8-week training program to build up to the 12-week program this January. Participants receive one small group training session per week, a take home workout from their trainer and weekly wellness video coaching.
Location: Personal Training Studio
Instructor: Kasey Kuchenbecker
8 Mondays, Oct 28-Dec 16
9:30-10:25 AM
MEM $160 / PTRN $160 / COMM $240
Instructor: Jack Chevremont
8 Tuesdays, Oct 22-Dec 10
1:00-1:55 PM
MEM $160 / PTRN $160 / COMM $240
Instructor: Katie Nickel
8 Wednesdays, Oct 23-Dec 11
9:30-10:25 AM
MEM $160 / PTRN $160 / COMM $240
Instructor: Brad Wilson
8 Wednesdays, Oct 23-Dec 11
6:00-6:55 PM
MEM $160 / PTRN $160 / COMM $240
Instructor: Ally Koller
8 Fridays, Oct 25-Dec 20
No class: 11/29
6:30-7:25 AM
MEM $160 / PTRN $160 / COMM $240

Women On Weights
Ages 18 and up
Building strength is the foundation to increasing your fitness level. Learn to properly lift using barbells, dumbbells and the cable machines under the supervision of a certified personal trainer specializing in strength training.
Instructor: Denise Beckman
Location: Personal Training Studio
TUESDAYS
SESSION I
4 Tuesdays, Sep 10-Oct 8
No class: 10/1
7:00-8:00 PM
MEM $48 / PTRN $48 / COMM $88
SESSION II
8 Tuesdays, Oct 29-Dec 17
7:00-8:00 PM
MEM $96 / PTRN $96 / COMM $132

THURSDAYS
SESSION I
7 Thursdays, Sep 12-Oct 24
9:00-10:00 AM
MEM $84 / PTRN $84 / COMM $154
SESSION II
7 Thursdays, Oct 31-Dec 19
No class: 11/28
9:00-10:00 AM
MEM $84 / PTRN $84 / COMM $154
Drop in classes are available for $18 per class

100 Workout Challenge
Ages 18 and up
NOW through December 31
Join the 100 Workout Challenge! By joining the challenge you’ll receive tracking sheets, an opportunity for 5 inBody scans during designated times and discounts on JCC programs and events. Receive prizes for every 25 workouts completed.
MEM $10 / PTRN $10
For more information contact Katie Nickel at knickel@jccmilwaukee.org.

Hourly Childcare
A Member-Value Program
Ages 6 weeks–9 years
Providing you the flexibility you need to enjoy the JCC – whether it’s a class, personal training, or just have some ‘me’ time – Hourly Childcare is an affordable and convenient option available for children from 6 weeks to 9 years old.
HOURS OF OPERATION
Mon-Fri: 7:45 AM-1:00 PM
Sat-Sun: 8:00 AM-Noon
Hourly Childcare is available for up to 2 hours per day
USAGE AND RESERVATIONS
Two hour maximum, per child, per day. Reservations are required for infants ages 6 weeks-18 months, and must be scheduled at least 24 hours in advance. No reservation is necessary for any child over 18 months old. Reservations can be made at 414-967-8171 or hchildcare@jccmilwaukee.org.
RATES PER CHILD: $3.00 / hour
BURN

Afterburner is now BURN!

BURN high-intensity interval training (HIIT) is a group training workout that alternates between intense bursts of activity and fixed periods of less-intense activity or rest for maximum fat burning. BURN classes utilize the TRX Suspension Trainer, TRX Rip Trainer, Kettlebells, and much more to ensure you’re getting the best workout possible!

During BURN, your goal is to keep your heart rate between 60-80% of your maximum heart rate. This ensures that more calories are burned after the workout for increased results. WIRED wearable technology partnered with in-class monitors during BURN classes gives you instant feedback to keep your workout on track!

Try BURN for FREE during Kickoff Weekend

Saturday, October 5
9:30AM in the Marcus Gym
Drop-ins welcome!

Sunday, October 6
8:05AM in Studio B

Must register in advance for the Sunday Kickoff. Limited space available.

BURN has 3 Degrees:

- **Burn** • 60 minute class • 40 seconds exercise / 20 seconds rest per interval.
- **Burn Express** • 30 minute condensed class • 40 seconds exercise / 20 seconds rest per interval.
- **Burn Extreme** • 60 minute class • 50 seconds exercise / 10 seconds of rest per interval • Burnout - no breaks in final round.

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Subject to change. Find updated schedules at jccmilwaukee.org/schedules.

Get WIRED

Wearable technology is one of the hottest and most effective fitness tools on the market. Push yourself past your limits to achieve maximum results on site and by using the app.

- Chest strap $40
- Arm Band $65

Get points for working out! It’s simple, workout at the JCC while using your wired product and automatically be entered to win JCC Wellness Bucks!

See a fitness floor attend for more information or contact Katie Nickel at knickel@jccmilwaukee.org

BURN Rates:

- JCC Members $15
- Community $25 per class
- Burn Express is free for JCC Members!

Package pricing for JCC members:

- 4 pack $48
- 8 pack $80
- 12 pack $96

*packages expire 2 months after purchase date

Month Unlimited - $75
expires 31 days after purchase
Pilates is a comprehensive exercise and rehabilitation program that works to lengthen, strengthen, and balance the body and is for EVERY BODY.

Benefits can include:
- Increased core strength
- Longer, leaner body
- Improved flexibility
- Increased muscular endurance
- Better posture
- Reduced lower back pain
- Improved joint mobility
- Enhanced sports performance

Pilates at the J offers a variety of mat classes, apparatus classes, and personal training with one of our certified experienced instructors.

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Pilates Personal Training
Private and semi-private lessons with our Pilates instructors give you the personal attention you deserve. See Personal Training pricing structure on page 30.

Contact Erin Stern at estern@jccmilwaukee.org or 414-967-8209 to learn more.

New to Pilates? Try our Pilates TRI-IT pack: buy one private session for $55 and get 2 free mat classes

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Barre/Mat Pilates Fusion
A perfect fusion of Mixed Level Mat Pilates and Barre.
Instructor: Terri Stevens
Location: Studio A
14 Sundays, Sep 15-Dec 15
10:30-11:25 AM
MEM $126 / PTRN $126 / COMM $168

Classical Mat Pilates
Based on the original mat series I-V by Joseph Pilates.
Instructor: Sarah Cohen
Location: Pilates Studio
11 Mondays, Sep 16-Dec 16
No class: 9/30, 10/14, 10/21
5:00-5:55 PM
MEM $108 / PTRN $108 / COMM $144

Mixed Mat Pilates
Mixed Level Mat Pilates. Variations offered to challenge and modifications for injury and limitations.
Instructor: Terri Stevens
Location: Studio B
WEDNESDAYS
13 Wednesdays, Sep 11-Dec 18
No class: 10/9, 11/27
10:30-11:25 AM
MEM $117 / PTRN $117 / COMM $156

FRIDAYS
14 Fridays, Sep 13-Dec 20
No class: 11/29
10:30-11:25 AM
MEM $126 / PTRN $126 / COMM $168

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Reformer Pilates Basics
Pilates group equipment classes are designed for all levels of current students. The Classical Reformer classes are based on the sequence designed by Joseph Pilates

WEDNESDAYS
Instructor: Erin Stern
SESSION I
6 Wednesdays, Sep 11-Oct 23
No class: 10/9
2:30-3:20 PM
MEM $108 / PTRN $108 / COMM $144

SESSION II
7 Wednesdays, Oct 30-Dec 18
No class: 11/27
2:30-3:20 PM
MEM $126 / PTRN $126 / COMM $168

SATURDAYS
Instructor: Ally Koller
SESSION I
7 Saturdays, Sep 14-Oct 26
No class: 10/9
2:30-3:20 PM
MEM $126 / PTRN $126 / COMM $168

SESSION II
7 Saturdays, Nov 2-Dec 21
No class: 11/27
2:30-3:20 PM
MEM $126 / PTRN $126 / COMM $168

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Mat Pilates and Wine
Learn the basic 10 Classical Mat Pilates Series by Joseph Pilates and get rewarded with a glass of wine on us!

Min. 3 people, Max 6.
Monday, September 9
5:00-5:55 PM

Contact Erin Stern at estern@jccmilwaukee.org or 414-967-8209 to RSVP by 9/3.
Yoga

Men’s Only Yoga
Adults 14 yrs and up
If you’re a man who’s hesitated to try yoga—here is your chance to practice in a safe, comfortable setting to improve flexibility and overall health.
Instructor: Kurt Braun
Location: Yoga Studio
SESSION I
4 Mondays, Sep 9-Oct 7
No class: 9/30
6:00-7:00 PM
MEM $48 / PTRN $48 / COMM $60

SESSION II
8 Mondays, Oct 28-Dec 16
No class: 10/14, 10/21
6:00-7:00 PM
MEM $96 / PTRN $96 / COMM $120

Mindfulness and Well-Being Training, Part I
Adults 18 yrs and up
In this engaging four-week training, participants will learn practices to deal skillfully with emotions, mindfully regulate attention, and increase their capacity to experience well-being.
Instructor: Jamie Lynn Tatera
Location: Yoga Studio
4 Mondays, Sep 9-Oct 7
No class: 9/30
9:30-10:30 AM
MEM $88 / PTRN $88 / COMM $96

Mindfulness and Well-Being Training, Part II
Adults 18 yrs and up
This class builds on the mindfulness and well-being skills cultivated in part I. In part II, participants will learn strategies to deal skillfully with difficult thoughts, grow resilience and self-compassion, as well as increasingly take in the positive experiences of life.
Instructor: Jamie Lynn Tatera
Location: Yoga Studio
4 Mondays, Oct 28-Nov 18
9:30-10:30 AM
MEM $88 / PTRN $88 / COMM $96

Game. Set. Match.
Court time for JCC members from September through May

Monthly Tennis Subscription
Family $10 • Individual $5
Half Price for Health Center Members • Free for Patron Members

To schedule court time, contact the Peck Desk at 414-967-8260

To add a Tennis Subscription to your membership contact Membership Director, Jamie Seitz
jseitz@jccmilwaukee.org • 414-967-8274
# GROUP EXERCISE

**COMPLIMENTARY FOR JCC MEMBERS**

Find current Group Exercise schedules online jccmilwaukee.org/schedules

*Adults 14 and up*

Classes are usually 55min unless otherwise noted. If you would like to receive emails regarding updated group fitness schedules and class changes please email Ally Koller, Akoller@jccmilwaukee.org.

This schedule effective through end of September.

Visit jccmilwaukee.org/schedules for updated information throughout the fall.

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<td>Studio A</td>
<td>Studio B</td>
<td>Marcus Gym</td>
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<td>WP Water Park</td>
<td>Yoga Studio</td>
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**GROUP EXERCISE**

**Class Descriptions**

**YOGA**

**Chair Yoga (L1)**
A gentle, complete yoga practice including breath, movement and stillness. Stretch, strengthen then relax from head to toe as you re-vitalize your mind and body. All poses are done with the support of a chair. All abilities are welcome.

**Yoga Level 1**
Appropriate for new and continuing students who enjoy a slower pace. Emphasizes the fundamentals of poses, alignments & sequencing.

**Yoga Level 2**
For moderately experienced students, this class may include advanced variations or longer holds of asanas (poses) and may move at a faster pace. Not appropriate for beginners. *75 min.*

**Yoga Flex (L1)**
Rejuvenation practice that increases body and mind flexibility and balance to prevent or recover from injury, improve performance and feel better.

**Mindful Yoga (L1)**
Gentle stretching & strengthening with a focus on being present with body sensations and cultivating mindful awareness.

**Mixed Level Yoga**
Instructor is able to modify poses for beginner to advanced participants.

**Aquafit-Shallow (L1)**
Cardiovascular, strength, and core work done in shallow water.

**Aquafit-Deep (L2)**
Cardiovascular, strength, and core work done in deep water. *45 min.

**Body Blast (L2)**
Interval style class focused on building muscle and making you sweat.

**Boot Camp (L3)**
High intensity class combining cardiovascular plyometric moves with full body strength circuits.

**Butts n’ Guts (L2)**
Strictly dedicated to strengthening the core and lower body muscles. *30 min.

**Core Fit (L2)**
Challenging strength class focusing on alignment and form using the stability ball to improve posture and core strength. + Stretch 15 min. dedicated to stretching *75 min. on Thursday*

**Cycle Yoga (L2)**
High intensity Cycle / Yoga Stretch: Work hard for 30 minutes on the cycle and then stretch it out & relax for another 30 minutes. The best of both worlds!

**Fit n’ Fun (L1)**
A total body workout that is safe and effective for almost anyone. Perfect for individuals over the age of 55 years young!

**Fitness Fusion (L2)**
Embrace Yoga with a mix of high/low impact exercises to challenge you differently each class.

**Fitness Intervals (L2)**
Alternating aerobics dance moves with strength training and abdominal exercise. *45 min. on Fridays*

** Indoor Cycling (L1-L3)**
Motivational music and innovative instructors take your ride on a calorie burning adventure. **Reservations required.**

**Insanity (L3)**
Cardio workout done in 3-5 min blocks. Work your body to the max.

**Jump/HIT (L3)**
Jump rope, lift weights, repeat! Work up a sweat with this total body interval workout. *30 min

**Kickboxing (L3)**
Combo of boxing, martial arts and body weight exercises. Kick, jab, cross, hook and uppercut your way to a fitter you!

**Nia (L1)**
Holistic fitness incorporating martial arts, dance, and healing arts. All levels and abilities welcome. Free to community members.

**Revolve (L3)**
Class style changes bi-weekly, instructor stays the same, great workout guaranteed!

**Splash (L1)**
Low impact shallow water exercise class focusing on cardio, balance, and strength. Perfect for those beginning an exercise program. *45 min. Tues., 30 min. Thurs.*

**Step Plus! (L2)**
All the benefits from a cardiovascular workout on the step, along with a strength workout using various types of “power tools” (slides, gliders, bands, weights, and more).

**T.B.C. (L2)**
Total Body Conditioning is a head to toe strength training workout using a variety of equipment. *75 min.*

**Turbo Circuit (L3)**
A fast paced experience that combines strength and cardio moves into one total body circuit.

**Zen Fit (L1)**
Focused on developing core strength, balance, and muscle endurance using yoga, Pilates principles, and strength conditioning.

**Zumba (L2)**
Energizing, fat-burning workout using Latin dance moves for a workout that’s more fun than it is work. *75 min. on Sundays*

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Look for these Les Mills Classes to be added later this fall:

**BODYPUMP • BODYCOMBAT • SPRINT**

More details will be available at jccmilwaukee.org
More than a fun night out, a beautiful painting on the wall, or a good read on the bedside table, arts and ideas is a connection – through generations, across geography, and beyond our differences. Through performance, conversation, and exhibitions, we find a new language for exploring what unites us. Our cornerstone program, Tapestry explores Jewish history, tradition, life, and future in a way the entire community can appreciate.

jccmilwaukee.org/programs/arts-ideas

Season 5780: Innovation

We often think of spring as a season of new beginnings but for many fall has its own feeling of fresh starts and new opportunities. In the world of the Arts, fall is often the time that a new season begins and that is definitely the case for the JCC’s premier arts and ideas program, Tapestry.

In our upcoming season, we will be exploring the concept of innovation through many lenses – Jewish life, Jewish history, the Arts, here in America, and also in the State of Israel – the possibilities are endless. We will also examine the balance between innovating and looking to the future while also learning from and preserving the past.

September will start us off with a bang as we begin with a visit from Avi Jorisch, the author of *Thou Shalt Innovate: How Israeli ingenuity repairs the world*. Avi is a thought leader in exploring global innovation trends, the Arab world, counterterrorism, and illicit finance, and currently serves as a Senior Fellow at the American Foreign Policy Council. *Thou Shalt Innovate* introduces us to Israelis who exude light in the face of the darkness, people who have chosen hope and healing over death and destruction. Be sure to join us for this season kick-off program which is free and open to the community.

In October, we look forward to welcoming Leora Tec and Witek Dabrowski for an innovative joint presentation-performance titled *Remembrance of Things Past: Keeping the Stories of Jewish Poland Alive*. They will present the work of Brama Grodzka - Teatr NN, a cultural institution and theatre dedicated to preserving the memory of the Jews of Lublin, Poland, and staffed entirely by non-Jewish Poles. They will describe how their two divergent backgrounds led them to the same ultimate goal of Jewish remembrance, and how their histories and meeting ultimately became a part of that story.

Of course, it’s not a Tapestry season without the Milwaukee Jewish Film Festival which will be celebrating its 22nd year in mid-September at the Marcus Northshore Theater in Mequon. Our Free Jewish Film classes will carry you through the rest of the year by bringing together diverse films presented as a themed series. Beginning in November, a series called Beyond Boundaries: Jewish Innovation will explore the world of Jewish innovation, looking closely at some individuals who have delved beyond the norm to do or create something new.

It should come as no surprise that this year’s theme for the Milwaukee Jewish Artists Laboratory will also be innovation. Now in its ninth year, the Milwaukee Jewish Artists Laboratory gives Milwaukee based Jewish Artists an opportunity to share their work, to interact with the larger Jewish and general community, and to contribute to an annual Artists’ Lab exhibit based on the theme of innovation. This year, the Lab will be expanding its sphere of influence to offer two classes for artists and non-artists alike. *Exploring Innovation* will be offered on 5 Monday evenings and will examine the topic of innovation through a Jewish and an artistic prism. *Challah Studio* will provide you with a ball of dough (and a glass of wine) and give you a chance to learn about different shapes and artistic techniques beyond the three-strand braid, and also have the chance to experiment.

And of course, the Tapestry staff and their dedicated committee are working on some signature programs that are still under wraps. Look for a complete season brochure to be online and mailed to homes as September approaches.

We look forward to sharing another season with you - celebrating, explorating, and building a community through the arts. To learn more about how you can become a supporter of Tapestry, please contact Elyse Cohn at ecohn@jccmilwaukee.org or 414-967-8188.

On the following pages, programs that fit within the theme of Innovation will be indicated with this symbol.
22nd ANNUAL MILWAUKEE JEWISH FILM FESTIVAL SEPTEMBER 15-19, 2019

Sunday, September 15 • 7:30 PM Fiddler: A Miracle of Miracles
Monday, September 16 • 1:30 PM The Tobacconist
Monday, September 16 • 7:30 PM Shoelaces
Tuesday, September 17 • 7:30 PM 87 Children
Wednesday, September 18 • 1:30 PM Someone to Live For
Wednesday, September 18 • 7:30 PM Unorthodox
Thursday, September 19 • 1:30 PM A Fortunate Man
Thursday, September 19 • 7:30 PM Golda’s Balcony, the Film 2019

Special appearance by film producer, David Fishelson

All movies at MARCUS NORTH SHORE CINEMA
11700 N. Port Washington Road, Mequon

Purchase Tickets & learn more at jccmilwaukee.org/filmfestival

Film Festival Chairs
Cindy Benjamin • Ronna Bromberg Pachefsky

A program of the Harry & Rose Samson Family Jewish Community Center
Sponsored in part by

Join the JCC as we board a luxury coach bus to see

THE BEST OF BROADWAY!

Buses depart from Brown Deer Park & Ride at 9:30 AM on show day

Sunday, November 24 • The Simon & Garfunkel Story
Chicago’s Broadway Playhouse at Water Tower Place
Critically acclaimed concert-style theatre show about two young boys from Queens, NY, who went on to become the world’s most successful music duo of all time. This show uses state of the art video projection and lighting along with a full live band.

Wednesday January 29 • Once On This Island: The Musical
Chicago’s Cadillac Palace Theatre
The sweeping, universal tale of Ti Moune, a fearless peasant girl who sets out on a remarkable journey to reunite with the man who has captured her heart.

$100/show includes ticket+meal+bus • Tickets available at jccmilwaukee.org/tapestry

Contact Mona Cohen | mcohen@jccmilwaukee.org | 414-967-8249

Made possible by a generous gift from Suzy Ettinger.
The Milwaukee Jewish Artists Laboratory

Now in its ninth year, the Milwaukee Jewish Artists Laboratory gives Milwaukee based Jewish Artists an opportunity to share their work, to interact with the larger Jewish and general community, and to contribute to an annual Artists’ Lab exhibit based on a theme. Artists are invited to submit work that may be chosen for this exhibit. This year’s theme mirrors the theme of the Tapestry season: INNOVATION.

For more information about the Artists’ Lab programs, contact Jody Hirsh. jhirsh@jccmilwaukee.org or (414) 967-8199.

THE COHORT

Bi-monthly meetings will give Milwaukee Jewish artists an opportunity to get to know each other, to share their work, to plan gallery visits and events, and to engage in lively discussions about art, community, and identity. For nine years, the Artists’ Lab has been creating a community of Jewish artists in Milwaukee. All artists are invited to participate.

5 Mondays: Oct 7, Dec 2, Feb 3, Apr 6, Jun 1
7:00-8:30 PM
Free

THE EXHIBIT

Calling all artists! This spring, we will be requesting submissions for our annual exhibit in the Surlow Promenade Gallery. Works will be judged on their own merits with an eye towards creating a cohesive exhibition. Criteria under consideration are: Concept, Composition, Technique, Execution, Elements of Design, Uniqueness, and Relatedness to our Theme. Exhibit jurors to be determined. Look for more details at jccmilwaukee.org/tapestry in spring.

Exhibit opens: Sunday, June 7, 3:00 PM
Deadline for submissions: Monday, May 4
Submission fee: $20

Exploring Innovation for artists and non-artists alike

What is innovation? How is it reflected in Jewish history and Jewish culture? When do we as artists and as Jews innovate and look forward? When do we preserve and celebrate the past and look backwards? This mini course will examine the topic of innovation through a Jewish and an artistic prism. This is the theme of this year’s exhibit and will help spark ideas for the exhibit.

Instructor: Jody Hirsh
5 Mondays: Dec 16, Jan 13, Jan 27, Feb 3, Feb 17
7:00-8:30 PM
MEM $50 / COMM $65

Challah Studio

Learn to make an extraordinary challah right before Rosh Hashanah with the Challah Mavens - artist, Marc Tasman, and Rabbi Shari Shamah - at the new Scout Gallery on Historic Mitchell Street. We’ll share seasonal variations for Shabatot and festivals and provide you with a ball of dough (and a glass of wine). Learn about different shapes and artistic techniques beyond the three-strand braid, and also have the chance to experiment. After shaping the dough, you will be able to take it home for baking. We will also have a chance to be inspired by the current exhibition at Scout Gallery and learn about Mitchell Street’s unique Jewish Milwaukee connection.

Instructor: Marc Tasman and Rabbi Shari Shamah
Location: Scout Gallery, 1104 W. Mitchell Street, Milwaukee
Monday, Sep 23
6:00-8:30 PM
MEM $18 / COMM $20 – includes all materials including dough and wine
Art & Ideas

All events held at the Harry & Rose Samson Family Jewish Community Center unless otherwise noted.

Speakeasy — Murder in Milwaukee

An Interactive Murder Mystery by Jody Hirsh
Sunday, December 15
7:00 PM

The year is 1933, the final year of Prohibition in America. In Europe, Hitler has just been elected Chancellor of Germany. In Milwaukee, a pro-Nazi German American Bund is growing, much to the concern of local Jews. The Mob has tight control over the speakeasies in Milwaukee. But in Jake’s Speakeasy on Milwaukee’s East Side the band plays on... until the murder of a mysterious stranger threatens the safety and security of Jake’s loyal patrons.

Join us for an evening at Jake’s. Enjoy live music, food, and drink, and help solve this nefarious crime.

More details and tickets will be available at jccmilwaukee.org/tapestry in the fall.

Remembrance of Things Past: Keeping the Stories of Jewish Poland Alive with Witek Dąbrowski & Leora Tec
Thursday, October 24, 7:00 PM
Daniel M. Soref Community Hall

In this joint presentation-performance Witek Dąbrowski and Leora Tec will present the work of Brama Grodzka — Teatr NN, a cultural institution and theatre dedicated to preserving the memory of the Jews of Lublin, Poland and staffed entirely by non-Jewish Poles. They will describe how their two divergent backgrounds led them to the same ultimate goal of Jewish remembrance, and how their histories and meeting ultimately became a part of that story. Intertwoven into the presentation will be Witek’s one-man interpretation of a selection of stories authored by Nobel Prize winning writer Isaac Bashevis Singer. These stories reanimate the world of Singer’s youth the Jewish Poland of 100 years ago.

The presentation by Ms. Tec and Mr. Dąbrowski will be in English, while Mr. Dąbrowski’s performance will be in Polish with English supertitles.

Free & open to the public. For more information contact Judy O’Hara at 414-963-2710.

Co-sponsored by Nathan and Esther Pelz Holocaust Education Resource Center

Fires in the Mirror: Crown Heights, Brooklyn and Other Identities
Milwaukee Chamber Theatre Production
Featuring Elyse Edelman & Marti Gobel

Anna Deavere Smith’s landmark work of documentary theatre exploring the 1991 Crown Heights conflict rings true 28 years later, as the voices she captured still resonate and the issues they confront remain surprisingly pertinent to our times.

MEET THE PLAYERS

Come to the JCC and join actor and member of our Jewish community, Elyse Edelman, and director Marcella Kearns in conversation with Jody Hirsh about Fires in the Mirror. Date and time will be posted at jccmilwaukee.org or contact jhirsh@jccmilwaukee.org.

Jewish Community Night at MCT
Thursday, October 3
7:30 PM at Broadway Theatre Center Studio Theatre (158 N. Broadway)

Talkback will follow performance
$30 discounted tickets available through the JCC. Deadline for ordering discounted tickets is Friday, 9/13. Regular priced tickets may be available through the theater box office after that date.
Meet the Authors

Avi Jorisch
Thou Shalt Innovate: How Israeli ingenuity repairs the world
Monday, September 9 • 7:00 PM
Free and open to the community

Join us as Avi shares his insights about how Israeli innovation can inspire us. Thou Shalt Innovate introduces us to Israelis who exude light in the face of the darkness, people who have chosen hope and healing over death and destruction. In a world that has more than its share of darkness, these stories are rays of light. Avi Jorisch is a seasoned entrepreneur and Middle East expert. He is a Senior Fellow at the American Foreign Policy. A thought leader in exploring global innovation trends, the Arab world, counterterrorism, and illicit finance, Mr. Jorisch previously served in the US Departments of Treasury and Defense.

Alice Hoffman
Thursday, September 26 • 7:00 PM
Daniel M. Soref Community Hall
New Book: The World That We Knew

Presented by the JCC, Boswell Book Company, the Nathan and Esther Pelz Holocaust Education Resource Center, and ABCD.

Girls Night In with Lisa Barr
Thursday, December 5
New Book: The Unbreakables
Save the date for an engaging conversation with Lisa and the Good Book Fairy, Lauren Margolin, about their adventures as Jewish women creating careers in the literary world.

Jewish Education

Back to the Sources: Following Elijah the Prophet
In the Biblical account of Elijah, he never actually dies – he is taken to heaven in a fiery chariot. This detail has excited the mystical imagination: Since Elijah never died, maybe he wanders among us visiting the poor and performing miracles. He figures in Jewish rituals such as the Passover Seder, circumcision ceremonies, and the Havdalah ceremony marking the end of the Sabbath. In this innovative year long course, the key element will be the Biblical account in Kings 1 & 2, but we will also study Elijah’s significance in Jewish ritual, in Islam, and in Christianity. We will read some of the amazing folk tales about Elijah, as well as Elijah’s appearance in modern fiction and poetry. Who WAS Elijah? And . . . why do we still talk about him?

Instructor: Jody Hirsh
Location: Glazer Board Room

SEMESTER I
14 Thursdays, Oct 24 – Feb 13
9:30-11:15 AM
No class: 11/28, 12/26, 1/2

FEES:
MEM $120 per semester, $200 for full year
COMM $140 per semester, $250 for full year

SEMESTER II
14 Thursdays, Feb 20-Jun 11
9:30-11:15 AM
No class: 4/9, 4/16, 5/28

FEES:
MEM $120 per semester, $200 for full year
COMM $140 per semester, $250 for full year

The Art of the Jewish Short Story: The Family Markowitz by Allegra Goodman
The Family Markowitz is a tour de force of innovation featuring 10 linked stories that chronicle a family story featuring the cantankerous matriarch, Rose, and her children and grandchildren. These are stories that could be anyone’s family, but are told with extraordinary wit, charm and compassion. Please read the first story in the collection, “Fanny Mae,” for the first session.

Instructor: Jody Hirsh
Location: Glazer Board Room

The first Friday of each month
10 Fridays, Sep 6, Oct 4, Nov 1, Dec 6, Jan 3, Feb 7, Mar 6, Apr 3, May 1, Jun 5
1:00-2:30 PM
MEM $80 / COMM $100

Introduction to Judaism
Do you want to fill in the gaps of your Jewish education? Do you want to learn more about Judaism and being Jewish? Are you considering becoming Jewish and want to learn about what being Jewish is and how you become Jewish? This lively course, co-sponsored by The JCC and the Wisconsin Council of Rabbis, will teach you all the basics: Jewish ritual, values, history, denominations within Judaism, calendar, holidays, and even basic Hebrew reading skills.

Instructors: Jody Hirsh, Joyce Gutzke, and local rabbis
Location: JCC Glazer Board Room
18 Tuesdays, Nov 12 - Mar 31
7:00-9:30 PM
MEM/COMM $130 per single person, $150 per couple
All events held at the Harry & Rose Samson Family Jewish Community Center unless otherwise noted.

FREE JEWISH FILM CLASSES - FALL 2019

Explore Jewish films on a large screen in an informal classroom setting and participate in educational discussions with Milwaukee Jewish educators and professionals. All films are FREE and open to the community. Please note individual times.

Presented at the Harry & Rose Samson Family Jewish Community Center

NOTE: Films and screenings are subject to change. Please consult the JCC website or film schedule in Fall for the most updated information.

Contact Laurie Herman | lherman@jccmilwaukee.org | 414-967-8212

You’re Never Too Old!: Films about Aging with Vitality
This duo of films highlights lively and vital older adults and how you’re never too old to experience something new.

If You’re Not in the Obit, Eat Breakfast (USA) (2017)
Wednesday, September 4 • 7:00 PM
Be inspired by celebrated individuals in their ‘90s and beyond – chosen by Carl Reiner – whose active lifestyles and exuberance for life can’t help but spread joy and optimism. Includes glimpses into the lives of Mel Brooks, Iris Apfel, Norman Lear and Kirk Douglas, among others.
1 hr. 27 Min.
Suitable for ages 14 and up.
Talkback with Dr. Steve Moffic

The Second Time Around (Canada) (2016)
Tuesday, September 24 • 7:00 PM
You’re never too old for love! In this heartwarming drama, Katherine, a widow, is sent to a to recover from a broken hip in a senior residence home where she meets cranky Isaac Shapiro - with whom she shares a love for music.
1 hr. 47 Min.
Suitable for ages 14 and up.
Talkback with Eve Eiseman

HOLOCAUST STORIES OF COURAGE
This series begins with an author event, followed by 3 new films that all deal with courageous individuals and the Holocaust.
Co-sponsored by the JCC and the Nathan and Esther Pelz Holocaust Education Resource Center

The Catcher Was a Spy (USA) (2018)
Wednesday, October 30 • 7:00 PM
Drama starring Paul Rudd about Jewish major league baseball player Moe Berg – known as “the brainiest man in baseball” – who went undercover as a spy for the OSS (Office of Strategic Services) overseas in World War II. Berg, graduated magna cum laude from Princeton, earned a law degree from Columbia and mastered 12 languages – as well as holding a professional baseball career. Note: This is NOT the documentary film that played in Milwaukee theatres.
1 hr. 38 Min.
Suitable for ages 17 and up – Rated R.
Talkback with Mitch Nelles

After Auschwitz (USA) (2017)
Wednesday, October 16 • 7:00 PM
Survivors of the Holocaust exemplify a special type of courage in their ability to rebuild new lives after surviving the traumas and losses of the Shoah. This inspiring post-Holocaust documentary follows six extraordinary women - all survivors of Auschwitz - AFTER the Holocaust as they begin to try to reconstruct their lives, marry and raise families in Los Angeles.
1 hr. 23 Min.
Suitable for ages 34 and up.
Talkback with Dr. Pnina Goldfarb, PhD

Korczak (Poland/Germany) (1990)
Tuesday, November 12 • 7:00 PM
Janusz Korczak was a famous Polish children’s author, a physician, and an educator with innovative ideas about a child’s right for respect and their ability for higher level decision making. He is best known for the orphanage he ran for homeless children in the Warsaw Ghetto – and how he refused to desert the orphans when offered safe passage out of Poland during the Holocaust, perishing with them in Treblinka. This classic drama brings to life Korczak’s legacy.
In Polish and German with subtitles.
1 hr. 58 Min.
Suitable for ages 13 and up.
Talkback with Dr. Rachel Baum

Register for classes online at jccmilwaukee.org | Fall 2019

THROUGH A WOMAN’S LENS
This new series focuses on Jewish women’s viewpoints through the ages.
This series is presented in part through the support of the Sandy Hoffman Jewish Cultural Arts Fund

The Other Story  (Sipur Aher)  (Israel) (2018)
Sunday, October 27 • 4:00 PM
Nominated for 5 Israeli Oscars, this modern drama follows two rebellious young Israeli women – one fleeing hedonism for an ultra-orthodox lifestyle; one fleeing a religious upbringing for spiritual and sexual freedom – whose lives intersect with surprising consequences.
In Hebrew with subtitles.
1 hr. 52 Min.
Suitable for ages 17 and up.
Co-sponsored by The Israel Center of the MJF

My Dear Children  (USA) (2017)
Thursday, November 7 • 7:00 PM
How does a mother find the courage to send away her own children from danger? This documentary takes a closer look at the pogroms following the Russian Revolution of 1917, highlighting the story of a Jewish mother of 12 who wrote a first-hand account of why she sent some of her children away. Years later, her South African granddaughter travels to Poland and Ukraine to uncover the family story.
Note: Includes graphic violent images.
1 hr. 10 Min.
Suitable for ages 16 and up.
Talkback with Dr. Amy Shapiro
Co-sponsored by Nathan and Esther Pelz Holocaust Education Resource Center

Miss Rose White  (USA) (1992)
Monday, November 18 • 7:00 PM
Starring Kyra Sedgwick, Amanda Plummer and Maximilian Schell, this wonderful made-for-tv drama (based on the play “A Shayna Maidel”) tells the story of sisters separated and years later, reunited after the Holocaust. One sister traveled with her father from Europe to America – one was left behind and survived the concentration camps. One yearns to Americanize – one clings to all she has lost.
1 hr. 40 Min.
Suitable for ages 12 and up
Talkback with Laurie Herman

Regina  (Hungary) (2013)
Thursday, November 14 • 1:00 PM
Discover the fascinating and largely unknown story of Regina Jonas - the first woman ever to be ordained as a rabbi - in 1930’s Berlin. A colleague of Leo Baeck and Viktor Frankl, Jonas grew up in a traditional household and combined halacha with a modern attitude. She led and counseled Jews in Theresienstadt before being killed in Auschwitz. Rachel Weisz narrates this eye-opening documentary.
In Hungarian, English and German with subtitles.
1 hr. 6 Min.
Suitable for ages 12 and up.
Talkback with Rabbi Shari Shamah
Co-sponsored by The Israel Center of the MJF

Working Woman  (Isha Ovedet) (Israel) (2018)
Sunday, December 1 • 4:00 PM
Reflecting issues in the #Me Too era, this drama looks at the struggles of an Israeli woman with 3 children, a husband whose new business is financially insecure, and a boss who appreciates and promotes her – but begins making inappropriate advances.
In Hebrew with subtitles.
1 hr. 33 Min.
Suitable for ages 16 and up.
Talkback with Tzipora Altman-Shafer
Co-sponsored by SHOFAR and the Israel Center – both of the MJF

Dimona Twist  (Israel) (2016)
Thursday, December 12 • 7:00 PM
This incredible documentary highlights largely unknown stories of women who arrived by ship in Israel in the 1950’s-1960’s and were sent to the newly established town of Dimona – in the middle of the desert. Seven of these women – originally from North Africa and Poland – candidly share what their lives were like as immigrants.
In Hebrew with subtitles.
1 hr. 1 Min.
Suitable for ages 13 and up.
Talkback with Uria or Moria Roth
Co-sponsored by The Israel Center of the MJF
BEYOND BOUNDARIES: JEWISH INNOVATION

Join us for a new series that explores the world of Jewish innovation, looking closely at some individuals who have delved beyond the norm to do or create something new.

**Why the Jews** (Canada) (2018)
Sunday, November 3 • 1:00 PM
Why have Jews accomplished so much – in the sciences, the arts, as doctors, lawyers, comedians, filmmakers, inventors, professors, journalists – in undue proportions to their numbers? This intriguing documentary looks at the extraordinary contributions Jews have made to the world - using some of the world’s most prominent thinkers, looks for answers.
52 Min.
Suitable for ages 12 and up.

**Korczak** (Poland/Germany) (1990)
Tuesday, November 12 • 7:00 PM
See description under Holocaust Stories of Courage

**Regina** (Hungary) (2013)
Thursday, November 14 • 1:00 PM
See description under Beyond Boundaries: Jewish Innovation

**Prosecuting Evil: The Extraordinary World of Ben Ferencz** (Canada) (2018)
Monday, November 25 • 7:00 PM
At 98-years-old, feisty and articulate Ben Ferencz is the last surviving Nuremberg trial prosecutor – and was the Chief prosecutor at the Einsatzgruppen Trial. After the war, Ferencz dedicated his efforts to establish an International Criminal Court and established that there are “crimes against humanity” - war crimes for which individuals must be held responsible – which was revolutionary for its time.
1 hr. 22 Min.
Suitable for ages 12 and up.
Co-sponsored by The Nathan and Esther Pelz Holocaust Education Resource Center

**Ask Dr. Ruth** (USA) (2019)
Wednesday, December 4 • 7:00 PM
A Holocaust survivor, feisty Dr. Ruth Westheimer shares much about her life and personal history that led to her becoming one of the foremost and forthright sex therapists of our day. Sent from Germany by her parents on the Kindertransport, Westheimer survived the war and was determined to make sure that her life remained active and had meaning. The film follows this dynamo as she – in her typical uninhibited manner – talks about her family, her life and her accomplishments.
Note: Includes mature subject matter.
1 hr. 40 Min.
Suitable for Adult Audiences.
Talkback with Dr. Amy Shapiro

**Redemption** (Geula) (Israel) (2018)
Sunday, December 8 • 4:00 PM
This touching Israeli drama centers around Menachem, the former lead of a successful rock band, who years ago left his secular life to become religious. Now a widower with a 6-year-old daughter diagnosed with cancer, he attempts to re-form his original band to help fund the expensive treatments she needs to survive. Beautifully nuanced performances throughout.
In Hebrew with subtitles.
1 hr. 44 Min.
Suitable for ages 12 and up.

This film is supported in part through the Sandy Hoffman Jewish Cultural Arts Fund
Co-sponsored by the Israel Center of the MJF

Special for the Hanukkah Season: A Story of Redemption

**Redemption** (Geula) (Israel) (2018)
Sunday, December 8 • 4:00 PM
This touching Israeli drama centers around Menachem, the former lead of a successful rock band, who years ago left his secular life to become religious. Now a widower with a 6-year-old daughter diagnosed with cancer, he attempts to re-form his original band to help fund the expensive treatments she needs to survive. Beautifully nuanced performances throughout.
In Hebrew with subtitles.
1 hr. 44 Min.
Suitable for ages 12 and up.

This film is supported in part through the Sandy Hoffman Jewish Cultural Arts Fund
Co-sponsored by the Israel Center of the MJF
Community

The JCC is a destination for excellent programs and services, but it's first and foremost a non-profit, social-services agency committed to serving the ever-changing needs of the entire community. In celebrating Jewish life and demonstrating inclusive values, the J is a place of welcoming at the center of so many lives, communities, and futures. Our members, guests, staff, and volunteers come together each day – sometimes for one class, sometimes for years to come – believing that we’re stronger together, supporting one another with shared values on a shared journey.

jccmilwaukee.org/programs/community

Partnering to Build a Healthier Milwaukee (right here in the Marcus Gym)

The Harry & Rose Samson Family Jewish Community Center and the Froedtert & the Medical College of Wisconsin health network recently announced a partnership to enhance the health of JCC members and bring a new level of services to the North Shore community.

Earlier this year, Froedtert & MCW health network began offering services and programs and providing a variety of medical, wellness, support and educational opportunities to JCC members and the public. Services include a rehabilitation clinic located within the JCC’s Marcus Gym.

“This relationship represents the JCC at its best: partnering to build a healthier Milwaukee and working with experts who share our vision for serving this community. We're blessed to be welcoming the Froedtert & the Medical College of Wisconsin team to our JCC and look forward to exploring all the ways we can make this partnership meaningful,” said Mark Shapiro, JCC President & Chief Executive Officer.

At the Froedtert & MCW Rehabilitation Clinic at the JCC, staff provide services including physical therapy, ACL injury care and prevention, neurological rehabilitation, custom orthotics, running analysis, sports therapy, vestibular therapy, aquatic therapy, concussion management, spine therapy and dry needling.

“"This is a natural extension of what we do – provide an inclusive destination for the entire community to enjoy wellness, education, and community services," added Shapiro. "We're meeting our members where they are, bringing the very best to JCC members, and continuing to find ways to serve our guests with the unique spirit that makes every visit to the JCC a memorable one."

“We are excited to partner with the JCC and provide rehabilitation services to their members, become a part of the North Shore community and enhance the overall wellness of JCC members and community at large,” said Jodi LoDuca, executive director of rehabilitation services for the Froedtert & MCW health network.

In addition, the partnership calls for Froedtert & MCW experts to provide health screenings and health risk assessments. Also included are plans to offer a series of educational health lectures for JCC members by faculty from the Medical College of Wisconsin.

“Wellness is as diverse a topic as our membership,” said JCC General Manager of Fitness and Membership, Ryan Pooolay. “Our members will have access to expertise and experience of our partners, in both formal and informal ways. We'll continue to discover new ways to deepen this relationship and provide our community with innovative and informative experiences that support health and wellness."

Appointments for rehabilitation services are available Monday through Friday, with early morning and evening scheduling options. Appointments can be made by calling 414-967-8350.
Young Jewish Adults of Milwaukee

YJAM is the only social networking group in Milwaukee for young Jewish adults in their 20’s and 30’s. We plan everything from Happy hours to Purim Parties for those who are dating, single or married. If you’re new to the city or just looking to meet fellow Jews in the city come join us! No membership required!

Find us on facebook
Contact Diana Azimov at yjam@jccmilwaukee.org jccmilwaukee.org/yjam

Special Needs Chaverim

The Special Needs Chaverim Club offers social, recreational, educational and Judaic programs for adults with developmental disabilities throughout the year. Programs are designed to provide members an opportunity to make friends and develop both physically and socially in a warm, caring environment.

For more information, contact Sarah McCutcheon, 414-967-8198, smccutcheon@jccmilwaukee.org.

Milwaukee Women’s Dialogue

For women ages 21-121
Be part of a vital monthly conversation for women of all ages, races, and religious backgrounds who wish to share their visions, experiences, and dreams to build a better Milwaukee.

Wednesdays, once a month
6:30-8:30 PM

For program dates and more information about getting involved, contact Mona Cohen at mcohen@jccmilwaukee.org.

Mah Jongg Open Games

Come and play Mah Jongg. Open games are friendly and non-competitive. Coaching is available with on-site Mah Jongg maven. No registration is necessary.

Instructor: Jackie Blumberg
Location: Community Hall

ON GOING:
Mondays, Noon-4:00 PM
MEM $2 / COMM $3

KOACH

ages 55 & better
The word KOACH means strength in Hebrew. This widely popular program brings together adults from throughout the community. KOACH reflects the vigor of the Jewish community and is co-sponsored by the JCC and Milwaukee synagogues. Each month community resources and experts come prior to lunch to provide information, skills and resources to help improve quality of life as a part of KOACH Kares. KOACH program locations rotate between the JCC and synagogues.

One Thursday each month
11:30 AM KOACH Kares
12:00-2:00 PM Lunch & Program
Lunch &/or Program $8
Reservations Required

KOACH Birthday Klub

By becoming a KOACH Birthday Klub volunteer, you can help brighten the lives of senior adults throughout the community who might be celebrating their birthdays alone. This special corps of volunteers visit and bring treats and surprises to the birthday person.

Next KOACH Program
September 12
Pianist Frederick Moyer
Congregation Beth Israel Ner Tamid

For more information about KOACH, contact
Mona Cohen | 414-967-8249
mcohen@jccmilwaukee.org

JCC Men’s Club

First 3 Tuesdays of each month - 12:30 - 2:00 PM
Lox lunch at noon on select dates

Think of the JCC Men’s Club as a talk show without cameras, microphones, or commercials. This vibrant and stimulating group designed for active semi-retired and retired men explores politics, religion, sports, and current events. Become a part of the gang now!

Men’s Club Annual Dues
JCC Member Value $35 / Community $45
Optional Lox Lunch $7 when offered
Contact Ken Stein to learn more mensclub@jccmilwaukee.org

UPCOMING DATES (subject to change)

August 20
Mark Concannon, TV Host/Author of “Mettle & Honor” Topic: Wisconsin stories from the Battlefield

September 3
Steven C. Wallace, CEO & Founder of Omanhene Chocolate Bean Co. Topic: “How One Entrepreneur Took On Big Cocoa And Won, Sort Of” backgrounds and religions

September 10 – Lox at Noon
Mitch Nelles Topic: All Sports

September 17
Cary Spivak & Mary Spicuzza, Milwaukee Journal Sentinel Investigative Reporters Topic: Wisconsin Lawmakers as Landlords: Laws that undermine renter’ rights

No October Meetings for High Holidays

November 5
Visit to Jewish Museum Milwaukee
The Jewish response to community hunger

The Jewish Community Pantry provides emergency food to individuals and families in crisis throughout the greater Milwaukee community. Connecting clients to community resources, while increasing our community’s awareness of hunger’s impact and working to alleviate its impact, the Pantry is our Jewish communal response to hunger in Milwaukee.

Located at 2900 W. Center St
entrance on 29th St

OPEN TO CLIENTS
Thursdays 9:00AM-2:00PM
Sundays* 10:00AM-2:00PM
* Open 3rd & 4th Sundays each month

The Jewish Community Pantry is supported by the Emergency Pantry Network of the Hunger Task Force, provider of free and local food.

To learn more about donating to or volunteering at the pantry contact Heidi Gould | hgould@jccmilwaukee.org | 414-967-8353

VOLUNTEER
Individuals and groups welcome
During pantry open hours
• Shopping with pantry guests to select food for their families
• Sorting food items
• Stocking shelves
Outside of pantry open hours
• Collecting donations from local organizations
• “Gleaning” remaining produce from farmer’s markets and gardens

DONATE
Make a donation at jccmilwaukee.org/donate

The following can be dropped off at the JCC:
• Cooking oils
• Condiments
• Canned proteins
• Oatmeal
• Low Sodium Soups
• Diapers and wipes

COMING THIS FALL!
Join us as we partner with local architecture firms to create amazing structures out of cans and bring awareness to food insecurity concerns in Milwaukee. All food donated to the Jewish Community Pantry, our community’s response to hunger, which primarily serves the Amani and Metcalfe Park neighborhoods.
We gratefully acknowledge our partners

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Support and Patronize Our JCC Neighborhood Partners

Our Neighborhood Partners are local businesses that offer our members special discounts. If you would like to learn more about how being a Neighborhood Partner could benefit your business, please contact Jamie Seitz, Membership Director, 414-967-8274, jsiezt@jccmilwaukee.org.

Discounts are applied to full-price merchandise, may not be used in conjunction with any other coupons or offers and are subject to change.

**Acupuncture and Holistic Health Associates**
414-332-8888
holisticacupuncture.net
Bayshore Town Center
500 W. Silver Spring Dr., Suite K-205, Glendale
JCC members save $230 on the initial visit and a special discount on treatments.

**Amy's Barefoot Books**
Amy Connolly, Owner
414-305-0033
amy@barefootbooks.com
26% off your first purchase. Bright, colorful books for children that combine beautiful artwork with captivating storytelling. Books that capture the imagination, spark curiosity, inspire creativity and instill a respect for cultural, social and ecological diversity.

**Arbonne International**
414-699-7181
racquelofdreamteam.myarbonne.com
Industry leader in prestige skin care and health & wellness products. 35% discount for first-time customers. Call for a free spa presentation.

**Area Rental and Sales**
262-827-1444
arearentalwi.com
16205 W. Rogers, New Berlin
10% discount (delivery not included) Must give JCC Membership number at time of reservation.

**Au Pair Care**
800-428-7247
aupaircare.com
Free Application for JCC members (save $350), enter SFREEAPP.

**Belleza**
414-915-3726
bellezahairdesign.com
10503 N. Cedarburg Rd., Mequon
JCC members get 10% off services and 20% off hair product purchases at time of service as well as 15% off first Brazilian Blowout Keratin Smoothing Treatment. Contact: Frances.

**Board Game Barrister**
414-963-2100
boardgamebarrister.com
Bayshore Town Center
5800 N. Bayshore Dr. #15, Glendale
10% discount on most games.

**Boutique Photographer Linda Smallpage**
414-737-1232
boutiquephotographer.com
5594 N. Hollywood Ave., Studio 204, Whitefish Bay Members receive a $50 discount on portrait sessions, $100 discount on Bar and Bat Mitzvahs, $150 discount on Weddings.

**Brain Balance**
262-240-9915
brainbalancemilwaukee.com
11649 N. Pt Washington Suite 101, Mequon
JCC members receive 10% discount on all services including lab work and nutritional supplements.

**Celebration Authority**
262-243-5711
1-800-588-0445
celebrationauthority.com
JCC members 10% off on party rentals.

**Celebrations Entertainment**
608-233-5822
celebrationsentertainment.com
630 Struck St., Madison
10% discount off all entertainment services.

**Costco Wholesale**
262-204-1050
costco.com
950 Port Washington Rd, Grafton • Receive up to a $20 Costco Cash Card for a new membership sign up. Enjoy a world of great warehouse savings.

**Creative Enterprises**
Custom Framing
414-562-0656
5227 W. State St., Milwaukee
20% discount to JCC members.

**Ewald Automotive Group**
1-866-443-9253
ewaldautomotiveadvantage.com
mayfairrentacar.com
1750 N. Mayfair Rd., Milwaukee • JCC members receive discounts on all of their automotive needs. Purchase, service and rental discounts! Use member login code: JCC10
10% discount at MayFair Rent-A-Car. Use promo code CRPMRAC.

**First Weber Group**
4650 North Port Washington Rd., Suite 150
Glendale, WI
2,5217
C: 414-405-5200
414-755-1694
chrisottrealtor.com
Free market analysis and a $100 donation for every sale to the JCC Scholarship Appeal.

**Four Points by Sheraton**
414-357-1604
fourpointsmilwaukee.com
9800 N. Kildeer Ct. Brown Deer Kate Grimshaw, Director of Sales JCC members receive discounted room rates for blocks of 10 or more & discounted room rental for any catering functions.

**Fresh Fin Poke**
3 locations • freshfinpok.com
1806 E. North Ave., Milwaukee
240 N. Lord St., Brookfield
262-505-6510
316 N. Milwaukee St., Milwaukee
262-763-0473
10% discount off dine in or pickup only. Cannot be combined with other promotions.

**Greensquare Center for the Healing Arts**
414-481-0155
Thefastpark.com
5201 S. Howell Ave. • As a JCC member, you are eligible to sign up for the Free Relax for Rewards program. Go to the website to enroll and enter “JCC” under Company Name and 1228207 as the Promo Code. Parking is highly discounted from airport parking rates and you will earn discounts and free days as you use this service.

**Holiday Inn Milwaukee Riverfront**
General Reservations
Phone: 414-962-6040
Fax: 414-962-6166
4700 N Port Washington Rd.
Milwaukee
Discount is 15% off nightly room rate when they mention being a JCC member to our reservations department. For special JCC discounts on events/catering please contact us directly. Group Sales Contact Info: Group Room Reservations: Calley Van Kirk 414-431-3553/ calley@himilwaukee.com Catering/Event Reservations: Michael Wiernicki 414-431-3552 michael.wiernicki@ himilwaukee.com

**Loving Hands LLC**
Postpartum Services
414-870-6231
lovinghandsllc.com
10% off first week’s invoice.

**Mac@Home Computer Support**
414-708-5987
MacOnsiteSupport.com
414-763-0473
Mac@Home
10% discount off invoice total.

**MacOnsiteSupport.com**
414-708-5987
MacOnsiteSupport.com
10% discount off invoice total.

**Missing Links Golf Course**
262-243-5711
missinglinksmequon.com
12950 N. Port Washington Rd.
Mequon • JCC members receive a 10% discount on a bucket of balls, range and course use.

**Niko Luxe, Inc.**
Olga Mesenbourg, Co-Owner
414-899-8975
nikoluxe.com
Niko Luxe, Inc is an online store that sells designer infant and children clothing. JCC members receive a 10% discount on online orders. Use code: JCCMEM at checkout.

**Northshore Professional Nanny Agency**
262-573-6678
northshorenanny.org
10% off a short or long-term placement fee to JCC members.

**Pea Pod Sleep Consultants, LLC**
10% off Premium Sleep Coaching Package - Empowering parents with a strategy and follow-up support that enables their babies, toddlers and preschool age children to get the sleep they need.

**Peapal Tree**
Ruchita Varma, Designer
952-200-2026
Etsy.com/shop/ruchitashop
JCC members receive 10% discount first item, 15% discount two items. Offering beautiful one-of-a-kind handmade products like scarves, T-shirts, baby items, bags and cards.

**Shoot the Moon**
262-240-9848
stmphoto.com
10532 N. Port Washington Mequon • $50 off any session.
The Perfect Venue
For Your Day or Overnight Retreat

The Daniel M. Soref
Education & Retreat Center
provides a wonderful setting for an unforgettable event!
Located at Rainbow Day Camp

We host groups of all sizes and are located just 30 minutes north of Milwaukee. Our 110 acres combine modern conveniences with rustic beauty. Our staff will help make sure that your event is tailored to your total satisfaction. Please give us a call or email us with any questions or to schedule a tour.

Spring/Fall/Winter Adventure

20-Room Lodge
Conference Center
Breakout Rooms
Bonfire Pit
Geocaching
Archery
Arts & Crafts

Shelby Kass
414-967-8248
skass@jccmilwaukee.org

Be a part of something special

Working at the JCC turns an interest into a passion, a hobby into a calling, an idea into reality. As a multi-faceted social services agency, with over 17 unique service areas spanning 6 different locations throughout the state, we let our mission guide the way.

The JCC cultivates generational talent, and serves as a destination for professional development. With an inclusive and vibrant culture, led by a diverse board of directors, we’re a community-first place where our staff team is our most valuable asset.

Whether you’re looking for five hours a week poolside, or you’re 15 years into your professional career as an educator or program leader, there’s a place for you on the team. Every day is a little bit different at the JCC – and the work experience you enjoy here is unlike anything else you’ll find in Milwaukee.

Lifeguards, teachers, camp staff, social workers, senior leaders – on any given day we have an opportunity right for a wide range of skills, backgrounds, and abilities.

We are seeking highly committed, high-energy leaders to serve our members and bring our programs to life. To explore current opportunities and take the next step in making your work more than just your job

Visit jccmilwaukee.org/about-the-jcc/employment-careers
Endowment Funds

Would you like to support a JCC program with a family endowment fund? For as little as $2500, your family fund can help support programming and services to our community. For further information, please call Mark Shapiro at 414-967-8224 or contact Harriet Rothman at hrothman@jccmilwaukee.org or 414-967-8239.

President & Chief Executive Officer:  
Mark Shapiro  
414-967-8226  
ms Shapiro@jccmilwaukee.org

Chief Development Officer:  
Elyse Cohn  
414-967-8188  
ecohn@jccmilwaukee.org

Major Gifts  
Manager:  
Harriet Rothman  
414-967-8239  
hrothman@jccmilwaukee.org

Celebrate and recognize life’s events with a tribute. Use our secure website jccmilwaukee.org.

OUR FAMILY OF ENDOWMENT FUNDS

Adult Programs & Services  
Ruth & Joe Hirschberg  
Sol J. Kahn  
Rebecca Liberman  
Louis H. Rotter  
Harry & Celia Siegel  
Selma & Hy Zeiger Family KOACH  
JCC KOACH Programming  
JCC OFF Center

Camping Funds  
Elaine & William Appel  
Edith & George Bach Camping  
Camp Interlaken Music Program  
Neiland & Amelia Vlish Cohen  
Ateret Cohn Scholar-in-Residence  
Albert & Ann Deshur Family JCC Rainbow Day Camp  
Harry Dizack JCC Camp Interlaken Scholarship  
Dorf Family Camp Interlaken Avodah  
Karen Edelson Memorial  
Alan I. and Sanford J. Ettinger  
Roberta Forman Family Rainbow Day Camp Judaica Playground  
Brenda Friedman Ulam and Theater Building  
Friends of Camp Interlaken  
Friends of Rainbow Day Camp  
Mildred Roth Goldberg  
Dr. Sherwood W. & Seema Gorens  
Linda Hay CIL Family Camp  
Betty & Paul Jacobs K'far Noar  
Stan & Lee Kass JCC Rainbow Day Camp Nature  
Gary Katz Rainbow Day Camp Sports Complex  
Eli & Helen Keller  
Kennedy Barnett Family Camp Interlaken  
Kids 4 Kids @ Camp JCC Scholarship  
David Jonathon Kohl Camp Interlaken Scholarship  
Steven Kupferman Camp Interlaken Scholarship  
Mackenzie Wagon CIL Staff Scholarship  
Alan & Rita Marcuswitz Family Camp Interlaken  
Dr. Ronald & Fran Meyers Family Camp Interlaken Facility  
Lorraine & Morry Mitz Family Interlaken Chadar Ochel  
Alvin & Joan Pereles  
Phi Delta Epsilon  
Plavnick Family Camp Interlaken  
Anne Primakow  
RDC Keep Smiling Staff Sustainability  
Horace J. & Idabelle Rosen Children's Camp Scholarship  
"Bubbe" Jean Rubin Camp Interlaken Canteen  
Rubin Family Camp Interlaken Scholarship  
Steve & Shari Sadek Family Camp Interlaken JCC  
Schuminsky Family Camp Interlaken JCC Scholarship  
Jeffrey Sehler  
Faye Greenberg Sigman Family Camp Interlaken Scholarship  
Adam (AJ) Sobel Camp Interlaken Scholarship  
Bette & Martin Stern  
Tracy Sweet Camp Interlaken JCC Scholarship  
Catherine & Nathan Wahlberg  
Catherine & Nathan Wahlberg Family Nature Center  
Bob & Jeanne Zanine  
James & Eve Joan Zucker  

Children's Education  
Robyn Temkin Family Theater and School  
Kelly Weil  

Cultural Arts  
Kenneth Eichenbaum Cultural Arts  
Shel and Danni Gendelman Family  
Marty Marcus Visual Arts  
Shirley Meis JCC Endowment for Dance & Music Arts  
Harry & Gertrude Morton Family  
Harriet & Stuart Rothman Jewish Culture  
Bessie Segall  
Sylvia & Robert Seinfeld Jewish Film Festival  
Tapestry: Arts & Ideas  
Tbbie Taglin Cultural Arts  

Early Childhood  
Pat and Barry Goodstein Family Early Childhood Scholarship  
JCC Early Childhood  
Ketten/Miringoff Family Early Childhood Scholarship  
Steven Lefco Gan Ami Scholarship  
Phil & Monya Tolkan Playground  
Dr. Jerome & Lillian Ulman Early Childhood  
Linda and Fred Wein Family Center for Gan Ami Early Childhood  

Education  
David David Tolerance Education  

Health, Recreation & Fitness  
Barbara & Melvin Altman Dance & Recreation  
Juddell W. Biller  
Mark & Barbara Glazer Community Wellness  
Tommy & Betty Grossman Memorial  
Gary & Judy Guten Family Longevity  
Larry Lederman  
Maccabi Youth  
Ruth & Hyman W. Madnek Aquatic  
Sean McDowelly Legacy  
North River Racquet Club  
Roger & Rosemary (Roe) Pokrass Get Fit  
Hyman Popuch  
Marshall Rotter Memorial  
Roman Shklyar Tennis Scholarship  
Hy & Richard Smith JCC Family Park  
Michael & Carol Tarnoff  
Sherwood Temkin Youth Sports  

Holocaust Resources  
Arthur & Rose Chrustowski Yom Hashoah  
Raye & David David  
Sam & Edith Kopel Family Yom Hashoah  
Eva & Leon Lepold Family Yom Hashoah  
William & Franka Neufeld Holocaust Education Memorial  
Walter W. Peltz Memorial Endowment for Furthering Holocaust Education  
Luba Szlosberg  
Pincus & Bluma Weinstock Yom Hashoah  
JCC Holocaust Education Fund  

Israel Related  
Merton & Dorothy Rotter  
Yom Ha’atzmaut/Walk for Israel – Schuster Metals  
Altd Properties  

JCC General  
Julius & Mildred Atkins  
Brynn & Jerry Bloch  
Warren & Wendy Blumenthal  
Breslauer Family Flagpole  
Irving L. Chortek Jewish Community Pantry  
Eugene & Jean Eisman Scholarship  
Executive Director Discretionary  
Cyril Gross  
J. Caryl Hymen Memorial  
Jewish Community Pantry  
Gilbert Meisel  
Prospect Avenue  
Cindy & Max Rasansky  
Joseph Rosenberg  
Harry & Rose Samson Family  
Shon Family Facilities and Equipment  
Silverman Family  
Sam Soref  
Tonkens Memorial  
JCC Jewish Singles LiNK  
JCC Unrestricted  

Jewish Youth Programming  
Ateret Cohn  
Shamah Family Jewish Programming  
Joe E. Smith  
Jack & Shirley Weiner  
Howard Weinshein  
JCC Youth  

Judaic Education  
Roy & Rosalie Kaiman Nirenberg  
Dorene Paley Family Endowment for Jewish Studies & Community Service  
Morris & Fannie Weingrod  
JCC Judaic Education  

Leadership & Staff  
I.E. Goldberg  
James L. Miller L’dor V’dor Leadership  
Maurice Ritz  
Julie Miller Sanciola JCC Lifetime of Service  
Mark Shapiro Staff Enrichment  

Library  
George & Ida Bursak  

Parenting & Family Services  
Dr. Herbert & Ruth Giller  
Faye Jubelirer  
Mantel Sisters’ Family Fund to Assist Women in Crisis  
Harold & Terry Nash JCC Family and Parenting Center  
Aarom & Gertrude Weiss Scholarship  
JCC Parenting Center  

Special Needs  
Robert & Mimi Habush JCC Special Needs  
Miller Brewing Company Special Needs Chaverim  
Donald A. Pollack Memorial Fund for Children with Special Needs  
JCC Special Needs  

Use our secure website jccmilwaukee.org.
What will your legacy be?

By designating the Harry & Rose Samson Family Jewish Community Center and/or the Steve & Shari Sadek Family Camp Interlaken JCC as a beneficiary organization in your will or estate plan, your legacy will continue to serve our community in meaningful ways for generations to come.

To discuss how you can help secure the future of the JCC and its programs, please contact Harriet Rothman, Major Gifts Manager 414-967-8239 or hrothman@jccmilwaukee.org

Steve & Shari Sadek Family Camp Interlaken JCC Legacy Circle.

We gratefully acknowledge our visionary and generous donors who have promised to fulfill the commitment of leaving a legacy to the Steve & Shari Sadek Family Camp Interlaken JCC.

Anonymous (2)
Jamie Lyn Adashek
Beth Alling
Steve and Joy Appel
Daniel N. Baer
Drs. Brian and Laurel Bear
Samantha Bear
Debbie and Aaron Bernstein
Adam Bilsky
Bert & Marlene Bilsky
Karee Bilsky
Tova Blashberg
Mark Brickman Family
Peggy Brill
Shoshanah and Joshua Bruesewitz
Haley J. Carneol
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Jack Chorowsky
Hazzan Carey and Sharon Cohen
Simcha and Julie Cohen
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Meredith Dion
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Rebecca Eisenberg and Curtis Smolar and Family
Andrew Enders
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Larry, Melissa, Emily and Jane Feldmesser
Deborah Elyse Fendrich
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Mara Gollin-Garrett and Jon*, Ellie & Abby Garret
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Sheryl and Jonathan Rubin
Alyssa Rubnitz
Alicia and Bryan Sadoff
Rachel Saslove
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Abigail Sellman
Joel, Laurie, Julie and Scott Shapiro
Sharon, Mark, Carli and Sophie Shapiro
Diane and Gary Sobel
James H. Stein
Alex Strnad
James A. Sweet Family
Philip Tavill
Jessica Tolkan
David and Jenna Turner, Jocelyn Kalkman and Josh Turner
Ian Wagan
Jonah M. Wagan
Dara Winter
David Winter
Sylvia and Michael Winter
Evan Michael Wool
Tracey Wool
Diane and Eric Zall
James* and Eve Joan Zucker

*of blessed memory
TRIBUTE PROGRAM

A contribution to the JCC is a generous and wonderful way to remember, honor, or celebrate life’s events. If you would like to make a donation, please visit our secure website, jccmilwaukee.org. Donations may also be sent to:

Tribute Program
Harry & Rose Samson Family JCC
6255 N. Santa Monica Blvd.
Milwaukee, WI  53217

If mailing in a check, please specify to which fund or program of the JCC you would like to donate, the name of the person and occasion you are commemorating, and the correct name and address of the person you wish notified of the gift. For questions please call Kira Nehmer at (414) 967-8184.

Below, we proudly display our friends’ names under the endowment or programming funds that they have supported.

The tribute list reflects donations received by the JCC as of June 20, 2019.

ADULT PROGRAMS AND SERVICES

KOACH
To Steve & Jackie Blumberg in memory of Harriet Blumberg
  Debbi Keno
  Lindi Seagraves
  Doje Sherman
To Kaitlin Cullum Chernin in honor of her birthday
  Jack Chernin
To Mort Swerdlow in memory of Estelle Swerdlow

CAMPING FUNDS

EDITH AND GEORGE BACH CAMPING
To Fred Mayer in honor of his special birthday
  Royal & Myra Taxman

B’NAI HE ATID
To Becca & Michael Guralnick in honor of their anniversary
  Sam & Sharon Guralnick
To Marlene & Jerry Marks in memory of Roberta Kauer
  Nancy (Cohen) & Todd Needelman
To Ethan King in honor of his bar mitzvah
  The Walny Family

ALBERT & ANN DESHUR FAMILY JCC
RAINBOW DAY CAMP
To Marcia Katz & Family in memory of Ruby Katz
To Joan Siegel & Family in memory of Dick Siegal
  Bobbi Dinkin

HARRY DIZACK JCC CAMP INTERLAKEN SCHOLARSHIP
To Patti Barkin & Family in memory of Shirley Zembrosky
  In honor of Harry’s 100th birthday
  Harriet & Carol Dizack
To Alan Zembrosky & Family in memory of Shirley Zembrosky
  Jeffrey & Lynda Cowan
  Harriet & Carol Dizack

DORF FAMILY CAMP INTERLAKEN
In honor of Eliana Loeb’s Tzedakah gift on Passover
  Harriet & Jerry Dorf

CAMP INTERLAKEN DIRECTOR DISCRETIONARY
To Gary & Rhonda Schurkin in memory of Harrisett Schurkin
  Shari & Jonathan Mann

CAMP INTERLAKEN JCC SCHOLARSHIP
To Tammy Arnold in honor of her birthday
  Chickie Arnold

RAINBOW DAY CAMP ROAD TO RAINBOW
To Dr. Herbert Giller in honor of Father’s Day
  Jill & Roger Giller
  Tom Giller

RAINBOW DAY CAMP SCHOLARSHIP
To Dr. Mark Wichman in honor of his birthday
  Chickie Arnold

RUBIN FAMILY CAMP INTERLAKEN SCHOLARSHIP
To Sharon Cohen in honor of her mentorship
  Sheryl Rubin
To the Shapiro Family in honor of the Carly Girlies’ accomplishments
  The Rubin Family

FAYE GREENBERG SIGMAN FAMILY CAMP INTERLAKEN SCHOLARSHIP
To the Liebman Henrickson Family in memory of Monty Liebman
  In honor of Moshe Katz
  Myra & Royal Taxman

ADAM (AJ) SOBEL CAMP INTERLAKEN SCHOLARSHIP
To Marylee Bleier in memory of Jay Bleier
  Ken & Claire Fabric
  Diane & Gary Sobel
To Steve & Nancy Einhorn in honor of Rachel’s graduation
  Diane & Gary Sobel
To Claire Fabric in honor of her birthday
To Claire & Ken Fabric in honor of their grand grad
To Florence Fishman in memory of Sheryl Simoncelli
To Joel & Sylvia Fishman in honor of Sophie’s graduation
To Buniy Fried in memory of John Fried
To Sophie, Tracy & Kevin Hovi in honor of Sophie’s graduation
To Jon, Marjorie & Josie Ingall-Steuer in honor of Josie’s graduation
To Betsy Lewis in honor of Josie’s graduation
To Mort Swerdlow in memory of Estelle Swerdlow
To Bonnie & Allan Wasserman in honor of Joe’s graduation
To Dr. Harvey Wichman in honor of his birthday
  Diane & Gary Sobel
To Barrie & Rob Henken in honor of their 30th anniversary

TRACY SWEET CAMP INTERLAKEN JCC SCHOLARSHIP
To Richard Kitay in honor of his special birthday
  The Moser Family
To Bernard & Judy Kristal in memory of Robert Kristal
  Jim & Elaine Sweet
In memory of Tracy Sweet
  Jim & Elaine Sweet
  Phil Tavill
To Jim Sweet in memory of Tracy Sweet
  Fran Franklin
  Joan & Michael Friedman
  Julie Norman
  Peggy A Simon & John K Simon
  Alan & Diana Turner
  Patti Weigler

CULTURAL ARTS

HARRIET & STUART ROTMAN JEWISH CULTURE
To Warren & Wendy Blumenthal in memory of Roselyn Blumenthal
  Harriet Rothman
To Adam & Laura Peck in honor of Maxwell Peck’s Bar Mitzvah
  Harriet Rothman in honor of Maxwell Peck’s Bar Mitzvah
  Suzy Ettinger

SYLVIA & ROBERT SEINFELD JEWISH FILM FESTIVAL
To Meryl & Carter Auslander in memory of Louis Auslander
  To Sindé & Chuck Schneider in memory of Louis Auslander
  Micki Seinfeld, Rachel, Gil, Susan & Family

TAPESTRY: ARTS AND IDEAS
To Jody Hirsh in honor of A Shabbat in Old Tsfat
  David Ackerman

EARLY CHILDHOOD

KETTEN/MIRINGOFF FAMILY EARLY CHILDHOOD SCHOLARSHIP
To Nancy & Jim Barnett in honor of the birth of their grandson
  To Cindy, Ariel, Nadav & Lindsay Benjamin in memory of Jerry Benjamin
JEWISH COMMUNITY PANTRY
In memory of Freda Adashek
Daniel & Ellen Kaplan
To Esther “Tiny” Arnold on her special birthday
Naomi Arbit
Margery Becker & Barbara Heillbronner
Lois Le Vine
Paula Ruby
In honor of Merry Atinsky
Dorene & Phil Paley
To Stewart Auslander & Family in memory of Leslie Auslander
Micki Seinfeld, Susan, Rachel, Gil & Family
To Cindy Benjamin & family in memory of Jerry Benjamin
To Jeri Danz in memory of her mother
To Clarice Zucker in memory of her brother
Naomi & Scott Arbit
To Sally Berk in memory of Michael Berk
Bunny & Ron Cohen
To Mari Ellen Birnbaum in memory of Morry Birnbaum
Michael Tarnoff
To Warren Blumenthal & Family in memory of Roselyn Blumenthal
Linda & Eli Frank
Howard & Shelley Mandel
Jill & Jerry Polacheck
Rapaport Family
Max & Cindy Rasansky
Toby Recht
Paula Ruby
Elaine & Jim Sweet
AnnaBelle & Seymour Wasser
To Laurel & John Bobrowich in memory of Rose Simon
Bill & Becky Komisar
To Leanne Boris in honor of her special birthday
Neena Florsheim, Suzie Sack, Eileen Staller & Suzanne Boris
Joan Lieberman
Barbara & Al Simon
To Jerry & Phyllis Brenowitz in memory of Stephan Brenowitz
Neena & Rick Florsheim & Family
Lynee & Jeff Schuster
To Irv Brotslaw in honor of his special birthday
To the Miller & Young Families in memory of Steve Young
To David & Robin Nankin in honor of their new home
To Sondra & Judy Winnik in memory of their grandson & nephew
To Fred & Esther Wiviott in honor of their special anniversary
Sandy Nankin
To Kaitlin Cullum Chernin in honor of her birthday
Jack Chernin
To Margery Deutsch & Eric Weiner in memory of mother & grandmother
The Rosenfeld Family
To Arlene Devorkin in honor of the birth of Shalom David Devorkin
Nona Rowan
To Norman & Mary Ellen Doll & Sarah Doll in memory of Erich Doll
Sandy Nankin
Louise & Dick Yob
To Dr. Reuben Eisenstein in honor of his special birthday
To Sheila Weiss in honor of her special birthday
Naomi & Mort Soifer
To Olle Ellner in honor of Mother’s Day
Michele Ellner
To Michele & Andy Epstein in honor of their special anniversary
Judy & Norb Eglash
To Mark Feldstein in memory of Gerald Feldstein
Debbie & Joe Kasle
To Florence Fishman & Family in memory Sheryl Simoncelli
Esther Cohen
Harriet & Jerry Dorf
Sarah Gimbel
Larry & Esther Lauwasser
Dorene & Phil Paley
To Gladys Floom in honor of her special birthday
Micki Seinfeld
To Bob Freed & Teddy Bofman in memory of Stephen Freed
Marilee & Gene Bass
To Mark & Linda Freedman in memory of Beth Felix
To Craig Zetley in honor of 30 years of success
Adrienne Weber
To Nancy & Yale Freidman in honor of their special anniversary
Susie & Sid Herszenzon
To Bunny Fried in memory of John Fried
Naomi Arbit
Helaine Shackman
June Wallace
To Gloria Golding in honor of her special birthday
Sue Kimmel
To Joanne & Ron Graceman in memory of Barry Graceman
Julie & Roger Siegel
To Mimi & Bob Habush in memory of Connie Donahue
To Chuck Horwitz in honor of his birthday
To Ira Mangan in honor of his special birthday
To David, Michael, & Stephanie Weiss with sympathy
To Barbara Volk in honor of her birthday
Toby Recht
To Mindy Hecht & Family in memory of Harriet Bern
Barbara Himes
To Jody Hirsh in recognition of Tikkun Ha-Ir honor
Jennie Elias & Hal Stein
To Marcia Katz & Family in memory of Ruby Katz
Lil Teplinsky
To Bernard & Judy Kristal in memory of Robert Kristal
Naomi Arbit
Florence Fishman
Susan Garrison
Larry & Esther Lauwasser
Joyce Schneiderman
Lil Teplinsky
To Sari Lubin in honor & celebration of her
granddaughters’ college graduation
Claire & Ken Fabric
To Jerry & Marlene Marks in memory of Roberta Kauer
Esther Cohen
June Kallman
To Jerry & Marlene Marks in honor of their anniversary
Barbara & Al Simon
To Lewis & Leatrice Marshak in memory of Doris Hoffman
Larry & Esther Lauwasser
To Jamie & Felicia Miller in honor of Hilary’s accomplishments
To Julie & Dan Rosenfeld in honor of their work on
KidShare
To Julie & Dan Rosenfeld in honor of Melissa’s graduation
Barbara & Alan Bern
To Dorene Paley in honor of her retirement
Arlene Devorkin
Joanne Harris
Sheryl Rubin
To Sylvia Pasch in honor of her 100th birthday
Katharine & Sandy Mallin

ROGER & ROSEMARY (ROEY) POKRASS GET Fit
To Andy Pokrass & Sharon Madnek in memory of Roger Pokrass
Judy & Amy Hurwitz
Debbie & Joe Kasle
Carol & Len Lewensohn
Paul & Jody Loewenstein
Shel & Joan Lozoff
Jerry & Judy Schumacher
Lisa & Jeff Trotter
Alan & Diana Turner
To Ellen Wagner in memory of Roger Pokrass
Margot Sue Kimmel
Barry & Rachel Kleiner
Shel & Joan Lozoff
Members Title Group LLC
Redefined Realty Advisors, LLC

SEAN MCDOWELL LEGACY
To Sam Alexander in honor of winning the Sean McDowell Basketball Legacy Award
Mark & Susan Wichman

HEALTH, RECREATION & FITNESS
GARY & JUDY GUTEN FAMILY LONevITy
To Judy Guten in memory of Gary Guten
Robbin & Bruce Lieberman
In honor of Judy Guten
Golfing buddies at Troon

JCC GAN AMI EARLY CHILDHOOD
To Barbara Schnoll in honor of her special birthday
To Barbara & Howard Schnoll in honor of their special anniversary
Barbara & Jerry Volk

HOLOCAUST RESOURCES
WALTER W. PELTZ MEMORIAL FUND FOR FURTHERING HOLOCAUST EDUCATION
To Denny Geller wishing him a speedy recovery
To Simeon Margolis in honor of his birthday
To Terry Miller & Family in memory of Todd Miller
Arleen Peltz

JCC HOLOCAUST EDUCATION FUND
To Mr & Mrs Bandos in memory of Felix Bandos
Rivka & Cal Gershowitz

JCC GENERAL
FIlM FESTIVAL
To Cindy Benjamin in memory of Jerry Benjamin
Pam Kriger

JCC GENERAL SCHOLARSHIP
To Joe & Deb Kasle in honor of hosting a lovely dinner
Joe & Michele Ellner
To Beth & John Schroeder in memory of Leonard Fleming
Julie & Roger Siegel
To Chad Tessmer & Sarah Siegel in memory of Alex Tessmer
Julie & Tedd Lookatch
Tzedakah today. Values for the rest of our lives.

You have been a part of the great tradition of *kehilla* - Jewish communal life. Your JCC is the crossroads of wellness, education, and social services for our community - providing programs and services for all, regardless of special needs or financial circumstances. This happens because of you, your gift, and your commitment to our community’s future.

You can make a difference in a JCC family’s life. Join us in this *mitzvah* (good deed) and make a difference in your own life as well. Please make your gift today!

jccmilwaukee.org/donate
JCC Board

JCC Officers and Board of Directors

<table>
<thead>
<tr>
<th>NAME</th>
<th>POSITION</th>
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<tbody>
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<td>Joseph Kasle</td>
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<tr>
<td>Nancy Kennedy Barnett</td>
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<td>William Bodner</td>
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<tr>
<td>Michele Ellner</td>
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<td>Laura Peck</td>
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<td>Sheryl Rubin</td>
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<tr>
<td>Ken Stein</td>
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<tr>
<td>Ryan O’Desky</td>
<td>Secretary/Treasurer</td>
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<tr>
<td>Mark Shapiro</td>
<td>President &amp; Chief Executive Officer</td>
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<td>Dr. David Goldberg</td>
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PAST PRESIDENTS/BOARD CHAIRS

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<td>Julius R. Atkins*</td>
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<td>Nathan Wahlgren*</td>
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<td>Irvin B. Charne*</td>
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<td>Herman Weingrod*</td>
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<td>Merton Rotter*</td>
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<td>Robert A. Riches*</td>
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<td>Mark Jubelirer</td>
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<tr>
<td>James Zucker*</td>
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</table>

* Of blessed memory

JCC STAFF PHONE EXTENSION DIRECTORY

All numbers have 414-967 prefix: Example: 414-967-8200 for the Peck Desk.
To email a staff member use first initial, last name and @jccmilwaukee.org. Example: hrothman@jccmilwaukee.org

<table>
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<tr>
<th>EXT.</th>
<th>NAME</th>
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<td>Cohen, Mona</td>
<td>Adlt Programs &amp; Cmmnty Srvcis Dir</td>
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<td>8188</td>
<td>Cohn, Elyse</td>
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<td>Essman, Kaitlyn</td>
<td>Human Resources Manager</td>
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<td>262-242-9871</td>
<td>Faust, Karen</td>
<td>Gan Ami Mequon Site Manager</td>
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<td>Rainbow Day Camp Director</td>
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<td>Rainbow Day Camp Associate Director / Soref Retreat Center</td>
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<td>Lafferty, Michelle</td>
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<td>Seinfeld, Micki</td>
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<td>Seitz, Jamie</td>
<td>Membership Director</td>
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<td>8229</td>
<td>Shamah, Rabbi Shari</td>
<td>Jewish Family Specialist</td>
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<td>Shapiro, Mark</td>
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<td>8185</td>
<td>Siegel, Sarah</td>
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<td>Tessmer, Chad</td>
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<td>Vertcnik, Don</td>
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<td>8170</td>
<td>Vroman, Jess</td>
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<td>Wallace, Ruth</td>
<td>Senior Development Associate</td>
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<tr>
<td>8180</td>
<td>ZumMallen, Samantha</td>
<td>Scholarship Coordinator</td>
</tr>
</tbody>
</table>
We Thank You!

We thank the following members for their visionary supporting memberships that make us a stronger JCC and community.

SUPPORTING MEMBERS
HOZIM/VISIONARIES
James & Nancy Barnett
Moshe & Debra Katz
Jamie & Felicia Miller
Carol & Alan Pohl
Bryan & Alicia Sadoff
Corey & Shari Shamah
Richard & Susan Strait

SHOMRIM/PRESERVERS
Allan & Paula Goldman
Tabak Family

BONIM/BUILDERS
Jane Gellman
Debbie & Joe Kasle

TOMCHIM/SUPPORTERS
Ken & Dee Stein

PATRONS
Daniel & Linda Bader
Warren & Wendy Blumenthal
Jason & Anne Burroughs
Richard & Neena Florsheim
Judy Guten
Stephen & Anne Kravit
Allen & Laura Leverett
David & Melina Marcus
David & Rachael Marks
Mitchell & Cheryl Moser
Armin & Hollie Nankin
David & Abigail Nash
Harry & Marilyn Pelz
David & Angela Price
Noah & Marina Rickun
Jason & Jennifer Rosenberg
Dan & Julie Rosenfeld
Jonathan & Sheryl Rubin
Michael & Holly Russek
Lawrence and Jennifer Skor
Harris Turer
Steven & Jodi Weber

BENEFACTORS
Bert & Marlene Bilsky
Mark & Cheryl Brickman
Mark & Barbara Glazer
Michael & Betsy Green
Michael & Rebecca Guralnick
Robert Habush
Paul Wierzba

CORPORATE MEMBERSHIP PARTNERS
A. B. Data, Ltd.
Alverno College
Ascension
Assurant Health Care
Astronautics
Aurora Health Care
BMO Harris Bank
Bayshore Businesses
Bilt Rite Furniture
Cardinal Stritch University
Caterpillar Inc.
Chase (JP Morgan Chase)
Children’s Hospital of Wisconsin
City of Milwaukee
Columbia-St. Mary’s Hospitals
Cosmetic Surgery Clinic
District Attorney’s Office
FIS
Foley & Lardner
Fox Point Bayside Middle School District
Fox 6 TV
GE Healthcare
Godfrey & Kahn
Harley-Davidson
Johnson Controls
Journal Communications
Kapur & Associates
Kohl’s Department Store
Manpower Inc
Maple Dale-Indian Hills School District
Marquette University
MATC
Medical College of Wisconsin/Froedtert
Michael Best & Friedrich
Military Service Members
Miller Brewing Company
Milwaukee Art Museum
Milwaukee Bucks
Milwaukee County
Milwaukee Public Schools
Milwaukee Symphony Orchestra
Nicolet High School
North Shore Fire Department
Northwestern Mutual
PNC Bank
Quarles & Brady
Robert W. Baird
Robertson Ryan & Associates
Rockwell Automation
Shorewood School District
University of Wisconsin – Milwaukee
University School of Milwaukee
Village of Whitefish Bay
WE Energies
Wells Fargo
Wheaton Franciscan Health Care
Whitefish Bay Schools
Whole Foods
Zablocki VA Medical Center

DISCOUNTS
Veteran’s / Military Member Discount

SUPPORT THE JCC... FOR OUR COMMUNITY AND FOR THE FUTURE.

The funding provided by our Supporting Members, Patrons and Benefactors supports programming that benefits our community in the areas of education, culture and social services. Through the generosity of our Supporting members, Patrons, and Benefactors, the JCC is able to maintain the high quality level of offerings. With each of these donor levels, the amount of your charitable contribution can be adjusted to reflect the portion of your membership that is not used. You benefit and the community benefits.

SUPPORTING MEMBER LEVELS:

- Tomchim / Supporters $3,600
- Bonim / Builders $5,400
- Shomrim / Preservers $7,200
- Hozim / Visionaries $10,000

Supporting Members receive:
- Patron Membership.
- A choice of program or endowment fund that will be the beneficiary of your Supporting Membership.
- A tax-deductible donation.
- A choice of sponsorship level to KidShare-the JCC’s major fundraising event.

To become a supporting member contact Harriet Rothman, Major Gifts Manager at hrothman@jccmilwaukee.org or 414-967-8239.

PATRON MEMBER*

For an annual fee of $2,712 your family receives:
- Family membership privileges
- Couples Health Center membership
- Most classes free or at a reduced rate
- Class registration with concierge service
- Two free tickets to your choice of a film at the Jewish Film Festival.
- Complimentary Nanny or caregiver membership
- Acknowledgement in JCC publications.
- A tax-deductible donation.

BENEFACCTOR MEMBER*

Support the JCC by adding a contribution to your Family Membership, and become a Benefactor! An Annual Benefactor Membership includes a tax-deductible donation.

For more information on Patron and Benefactor memberships, please contact Michelle Hoffman, Member Services Coordinator at 414-967-8266 or mhoffman@jccmilwaukee.org.

Employees of Corporate Partners receive a discount off of Membership & Health Center dues. Contact Jamie Seitz, 414-967-8274 or jseitz@jccmilwaukee.org for details.
Becoming a member of the JCC has never been more meaningful – or easy! Our updated membership structure ensures that, wherever you are on your journey, the JCC can be a stop along the way.

**MONTHLY MEMBERSHIP**
Our most flexible option; no annual contract required – join at any time!

<table>
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<tr>
<th>Membership Type</th>
<th>Monthly Fee</th>
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<tbody>
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<td>Individual</td>
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<td>Family</td>
<td>$134/month</td>
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**ANNUAL MEMBERSHIP**
Our best option; get the best possible JCC experience – at the best price!

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<tr>
<td>Individual</td>
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<td>Family</td>
<td>$116/month</td>
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**SUPPORTING MEMBERSHIP**
Our most lasting option; enjoy all the benefits of your membership – and do some good for the entire community!

<table>
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<tr>
<td>Benefactor</td>
<td>$115/month</td>
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Discounts & Scholarship* Available!

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<tr>
<td>Corporate Partner</td>
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<td>One Adult Family</td>
<td>Milwaukee Jewish Federation Partner</td>
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<td>Young Adult</td>
<td>Pay In Full*</td>
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<td>Senior Adult</td>
<td>* Available for annual members only</td>
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One-time Registration Fee

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<td>Multi-user Membership</td>
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**ADDITIONAL SUBSCRIPTIONS**

**PALEY TENNIS**

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<td>$5/month</td>
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<td>Family</td>
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½ price for Health Center members, FREE for Patrons

**HEALTH CENTER UPGRADED LOCKER ROOM**

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<td>Couple</td>
<td>$89/month</td>
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Personal kit lockers, laundry service, and additional amenities. Corporate Rates Available.

Policies and additional benefits at jccmilwaukee.org
Harry & Rose Samson Family JEWISH COMMUNITY CENTER
## INDEX OF THE JCC’S CLASSES & PROGRAMS

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Patron priority registration begins
Monday, August 5
Member priority registration begins
Monday, August 12
Community registration begins
Monday, August 19
Register online jccmilwaukee.org