To Our Family of Members,

Winter weather started early this year, but we officially welcome the season on December 21 which is the darkest day on the calendar. That makes Hanukkah, which begins at sundown the following day, even more special this year as we enjoy the Festival of Lights.

We find the light of community with our members at the Membership Appreciation Pancake Breakfast. Held on the morning of December 25, this long-standing tradition has the added benefit of falling on the third day of Hanukkah this year. Stop by and share this moment of community with pancakes, fruit, and friends!

JCC members can find light in the darkest days of winter by participating in personal training, BURN group training, or our new free group exercise classes from Les Mills. Read more from Katie about Les Mills BODYPUMP, BODYCOMBAT and SPRINT in the Fitness & Recreation section.

Kids need to find their winter light, too, and we have classes for every age. Whether you are taking parent-child classes that keep cabin fever at bay or giving your school-age kids the space to burn off energy and explore new skills, talents, and ideas, you will find it all here.

By sharing our light with others, we can work to build a JCC that is inclusive to all, founded upon the belief that we are stronger when everyone has access to our programs and services. As stewards of our community’s scholarship funds, we take seriously our responsibility to make these funds available to all who may need assistance. As the year comes to a close, help us to live our values by considering a donation to our JCC Scholarship Campaign. Visit jccmilwaukee.org/donate. The light we share with those in need makes our whole JCC shine.

Warmly,

Jamie Seitz
Assistant General Manager of Membership & Fitness
Take a Class

OUR COMMUNITY

The JCC is for everyone! Most all of the classes and programs found on these pages are open for community registration. There are classes for toddlers and teens, artists and athletes. Adults can explore everything from Pilates to political science. Try us out, take a class, and find your center at the J.

OUR MEMBERS

In addition to having access to all of the state-of-the-art facilities listed below, JCC members receive discounted Member Value class pricing, a week of priority class registration, and the knowledge that they are supporting an organization that makes a difference in our community.

Class Pricing Guide:  COMM = Community Rate | MEM = Member Value | PTRN = Patron Value
See page 55 to learn more about JCC membership.

JCC MEMBERSHIP VALUE

HABUSH FAMILY FITNESS CENTER
- State-of-the-Art Fitness floor
- WIRED Heart Rate Training
- Private Personal Training studio
- Isawall functional training space
- Two group exercise studios
- Dedicated cycling studio
- Pilates studio
- Yoga Studio
- Cardio & strength machines
- Free weight area
- Stretch space
- Renovated locker rooms
- Family locker rooms
- Over 65 free group exercise classes on page 35-36

MEMBER PERKS
- Member Value Class Pricing
- Priority Class Registration
- Hourly Childcare (add’l fee)

PECK AQUATIC CENTER
- Ozone-filtered (minimal chlorine)
- 25-yard lap pool with diving board
- Family pool
- Co-ed whirlpool
- American Red Cross Learn to Swim Program (add’l fee)
- Complimentary water fitness classes
- Lap swim
- American Red Cross certified lifeguards

HY & RICHARD SMITH JCC WATER PARK
- JUNE - AUGUST
- Zero-entry splash pad
- Activity island with water cannons & slides
- Lily pad jumping activity
- Aqua Climbing wall
- Diving board
- Water basketball hoops
- Sand playground
- Dry play area with Basketball, Volleyball, Gaga pit
- Full-service snack shop

MARCUS GYM
- Regulation-size gym
- 6 basketball hoops
- 2 full-size courts
- Cushioned jogging track
- Smaller Family Gym with lowered hoops
- Small climbing wall
- Adult & Youth Basketball leagues
- Available for open play

YOUR MEMBERSHIP SUPPORTS
- Jewish Community Pantry serving the near west side
- Inclusion Services for Youth & Adults with Special Needs
- Senior Adult Programs
- Scholarships for individuals & families
- Inclusive Community Events
Jewish Life

Milwaukee’s Jewish community is vibrant and diverse, and the JCC is right at the center of the action. Creating an inclusive Jewish gathering space means celebrating the values and traditions that unite us. No matter if you grew up Jewish or are new to the community, you always have a home here. Family programs, youth education, and holiday celebrations fill our calendar and make Jewish tradition, practice, and exploration accessible to all families.

jccmilwaukee.org/programs/jewish-life

Celebrate Dedication, Miracles, and Blessings

We live in a busy world. Here in Milwaukee, Wisconsin, at the beginning of the Hebrew year 5780 and the end of the secular year 2019, we often feel as if there isn’t enough time in the day to do everything that needs doing. The external hassles of the holiday season – the shopping, the cooking, the cleaning, the planning – only exacerbate this feeling. How then do we allow ourselves to enjoy our celebrations and focus on what matters? It helps if we remember that the festival of Hanukkah is intended to be a season for rededication, miracles, and blessings.

The word Hanukkah literally means dedication. It commemorates the Maccabees’ revolt against their Greek-Syrian oppressors who wanted to desecrate the Jewish holy spaces. After their victory, the Jews were able to go into the Temple in Jerusalem to cleanse, repair, and rededicate the sacred space.

Hanukkah is the perfect time to rededicate ourselves to repairing the world, tikkun olam. Help a friend, help a stranger. Make a donation to the JCC Scholarship Fund or any other cause that is near and dear to your heart. Volunteer your time at the Jewish Community Pantry or commit to filling our Tzedakah Bins at the JCC. In December, we are collecting new toys for children in our community. The good you put out into the world can also help you to find your own sense of peace.

During Hanukkah, we acknowledge miracles that have happened and are continuing to happen. We tell the story of the miracle of the oil that burned for eight straight days while the Jews were cleansing the holy spaces.

We also open our eyes to recognize the miracles that exist in our world today. Spend time with the young children in your life and share their sense of wonder and excitement. Remind yourself that friendship is a miracle. Family is a miracle. Your health and well-being is a miracle. Be intentional about how you care for these miracles in your life by staying active and engaged in your community.

Remind yourself that friendship is a miracle. Family is a miracle. Your health and well-being is a miracle. Be intentional about how you care for these miracles in your life by staying active and engaged in your community.

Hanukkah comes at the time of year when we are experiencing the least amount of daylight. During the 8 days of Hanukkah, we recite the blessings over the candles as we light the menorah, increasing in light as the festival progresses. On the first night, we also express our gratitude to God, who has kept us alive, sustained us, and brought us to this season (shehechianu).

As you watch the room fill with light during the 8 nights of Hanukkah, take a moment to say your own blessings and experience the positive energy that gratitude can bring to your life. And don’t forget to share your gratitude with those around you as well.

May this festival season bring you all a sense of joy and peace. Hanukkah Sameach, Happy Hanukkah!
HOLIDAYS AND SPECIAL EVENTS

DECEMBER
Monday, December 16
December 22 – 30
Tuesday, December 24
Wednesday, December 25
Tuesday, December 31

JANUARY
Wednesday, January 1
Sunday, January 26

FEBRUARY
Sunday, February 2
Monday, February 10

MARCH
Tuesday, March 10

APRIL
Wednesday, April 8
Thursday, April 9
Tuesday, April 14
Wednesday, April 15

Community-wide Hanukkah Celebration, 4:00-6:30 PM
Hanukkah, open as usual
Christmas Eve, Building closes at 6:00 PM
Christmas, Building open 8:00 AM – 3:00 PM
Member Appreciation Pancake Breakfast
New Year’s Eve, Building closes at 6:00 PM

New Year’s Day, Building open 8:00 AM-3:00 PM
(Gan Ami, Kids Center Closed)
Day Camp Registration opens to JCC Members

Day Camp Registration opens to the Community
Tu Bishvat- Birthday of the Trees - Open as usual

Purim - Open as usual

Erev* Passover- Building Closes at 4:00 PM
Passover-JCC Closed
Erev* Passover- Building Closes at 6:00 PM
Passover-JCC Closed

* Erev, Hebrew for Eve. As in "evening of".

Building Hours:
Monday-Thursday 5:00 AM - 10:00 PM
Friday 5:00 AM - 5:30 PM
Saturday 8:00 AM - 7:00 PM
Sunday 8:00 AM - 8:00 PM*

* The Fitness Center and Gym will close 5 minutes prior to closing time. The Pool will close 1/2 hour prior to closing time.

Challah and Community
3 Fridays 10:00 AM
Jan 17 • Feb 21 • Mar 20

FREE and open to all families with kids ages 3 mos-5 yrs
Join us in CafA B Data at the JCC as we braid challah and meet special guests including Milwaukee’s rabbis, cantors, and educators.

What Unites Us
BRINGING JEWISH FAMILIES TOGETHER THROUGH THE ARTS

Sunday, Feb 23 | 3:30 PM | at the JCC

Families with kids ages 6 mos - 9 yrs are invited to join us for an afternoon of creativity and activity with friends, old and new, as we use the holidays and Jewish values to discover what unites us as a Jewish community – West Side, East Side and everywhere in between!

RSVP to sshamah@jccmilwaukee.org

Harry & Rose Samson Family Jewish Community Center
Connections Building Jewish Unity One Connection at a Time
RUACH

What Unites Us is the recipient of a prestigious Jewish Education Innovation Grant from the Coalition for Jewish Learning (CJL) of the Milwaukee Jewish Federation.

Community-wide Passover Food Drive
March 15-April 5
Bring your food donations to the JCC
Wednesday, April 1
3:15 PM
Food Sort
A kid-friendly mitzvah!

Sunday, April 5
10:00 AM
Food Distribution
Food Sort at the JCC
Food Distribution at Ovation Jewish Home and Care Center
Reading stories and listening to music with your child are among the most powerful and nurturing early childhood learning experiences. Milwaukee area families raising Jewish children ages 6 months through 8 years old receive free books and CDs for each child on a monthly basis. Over 580 children in Milwaukee are enrolled. The PJ Library is a gift that will nourish a Jewish life from the start.

Visit pjlibrary.org to register a child in your life

PJ Library is partially funded through a generous grant from the Harold Grinspoon Foundation. If you are interested in providing financial support that will ensure the continuation of this program for each eligible child in Milwaukee, please contact:

Elyse Cohn
ecohn@jccmilwaukee.org
414-967-8188

Shabbat Among Friends
A series of home-based Shabbat programs designed for families raising Jewish children in Milwaukee. A great way to connect with other families and create lasting friendships!

To learn more, contact Andrea Kitsis at akitsis@jccmilwaukee.org

For more details, pricing, and to RSVP, contact Rabbi Shari Shamah • 414-967-8229 sshamah@jccmilwaukee.org
Discovery is an amazing thing. We encourage our members and the community to expand their horizons, grow together, and try new things with experiences that let all ages, stages, and abilities learn from each other and the world around us. Meet new friends in parent-child classes or enroll your little one in one of the best early childhood education programs in southeast Wisconsin. Let your kids hop on the JCC bus after school knowing that they will have the space to release their boundless energy and expand their learning through swim lessons, sports, and explorations in the arts and sciences.

jccmilwaukee.org/programs/education-families

Beat the Winter Break Blahs
In the lead up to a long break from school, the excitement is palpable. Kids can't wait to have some time off from school, and parents look forward to a break from homework battles. But when that school dismissal bell rings, the realities of filling the long days with activity can sometimes become daunting. Long school vacations may find kids increasing their daily screen time, and parents tearing out their hair. Our youth program team believes an active vacation is a healthy vacation, and they offer some suggestions to help your family fill the long days of Winter Break.

Get a Move On
Before the kids start swinging from the rafters, help them burn off restless energy with some organized physical activity.

• Knock down some pins at a bowling alley
• Harness that energy at a rock climbing facility
• Visit a trampoline park
• Shoot some hoops in the Marcus Gym
• Splash in the Peck Aquatic Center

Fair Weather Fun
Families can have a good time outside in all of Southeastern Wisconsin’s seasons.

• Go for a winter hike on outdoor trails
• Explore local sledding hills
• Experiment with cold weather science
• Build a snow fort
• Go ice skating

Expand Your Horizons
Many of our local museums have special family days and winter break activities. Check their websites to learn more.

• Jewish Museum Milwaukee
• Milwaukee Public Museum
• Betty Brinn Children’s Museum
• Discovery World
• Milwaukee Art Museum
• The Domes

Stay on the Edge of Your Seat
There is more than enough family entertainment in Milwaukee this time of year.

• Share a bucket of popcorn at Marcus Theaters
• Get tickets to a show at First Stage Children’s Theater
• Cheer on your favorite local college or professional team
• Watch a hockey game at Hanukkah with the Admirals on December 28. Visit jccmilwaukee.org/hanukkahhockey for details.

Don’t Forget, We’ve Got Your Back!
When school vacations don’t sync up with your work schedule, the JCC is here to make sure your kids can still have a great time. Kids Center’s The Big Chill is 2 weeks of field trips, swimming, and lots of fun with friends. Choose one day or as many days as you like! Wondering what the team has on tap, here is a sneak peek:

Monday, December 23 - Winter Wonderland at JCC Rainbow Day Camp (RDC)

Tuesday, December 24 - PJ and Movie day at the JCC

Thursday, December 26 - Helium Trampoline Park powered by Camp Interlaken JCC

Friday, December 27 - Uihlein Indoor Sports Center

Monday, December 30 - Skateland

Tuesday, December 31 – NYE Bowling

Thursday, January 2 - Movie at Marcus North Shore Cinemas

Friday, January 3 - New Year Celebration: RDC Style

For full details, visit jccmilwaukee.org/bigchill or contact Ronna Ruffin, Youth Program Director, at 414-967-8218.
Gan Ami Early Childhood Education

Gan Ami partners with families to provide children from 6-weeks old to 4-year-old Kindergarten with:

• A progressive early childhood program led by passionate and caring professional educators
• A values-based curriculum that explores and discovers a child’s full potential
• Modern, bright classrooms and beautiful outdoor play spaces
• Professional faculty which includes Music, Art and Hebrew Specialists
• Family Shabbat Sing on Friday mornings and holiday programming throughout the year
• Opportunities for the entire family to access JCC programs and classes

Call Today to Schedule a Tour

WHITEFISH BAY CAMPUS
6255 N. Santa Monica Blvd.
414-967-8241

MEQUON CAMPUS
Linda & Fred Wein Family Center
10813 N. Port Washington Road
262-242-9871

jccmilwaukee.org/GanAmi
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<thead>
<tr>
<th>SUNDAYS</th>
<th>MONDAYS</th>
<th>TUESDAYS</th>
<th>WEDNESDAYS</th>
<th>THURSDAYS</th>
<th>FRIDAYS</th>
<th>SATURDAYS</th>
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<tbody>
<tr>
<td><strong>FAMILY TIME</strong></td>
<td>Family Open Gym 11:00 AM-Noon</td>
<td>Family Open Gym 4:00-5:00 PM</td>
<td>Family Open Gym 4:00-5:00 PM</td>
<td>Family Open Gym 4:00-5:00 PM</td>
<td>Gym with Lenny &quot;T'nuah&quot; 9:15-9:55 AM</td>
<td>Family Swim 12:30-3:30 PM</td>
</tr>
<tr>
<td><strong>PARENT - CHILD</strong></td>
<td>Baby Ballet 9:30-10:15 AM</td>
<td>Art for Little Ones 9:30-10:15 AM</td>
<td>Babes in Motion 9:30-10:15 AM</td>
<td>Toddlin' Tykes Jr. 9:45-10:25 AM</td>
<td>Toddlin' Tykes Sr. 10:30-11:10 AM</td>
<td>Toddlin' Tykes Sr. 10:30-11:10 AM</td>
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<tr>
<td><strong>PRESCCHOOL ENRICHMENT</strong></td>
<td>Yoga Yeladim 1:00-1:45 PM</td>
<td>Ninja Jr. 1:00-1:45 PM</td>
<td>Ballet 1:00-1:45 PM</td>
<td>Tumbling Titans 1:00-1:45 PM</td>
<td>Moving Munchkins 1:00-1:45 PM</td>
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<tr>
<td><strong>YOUTH SWIM LESSONS</strong></td>
<td>Sculptures and Creations 4:00-5:30 PM</td>
<td>Fashion Art 4:00-5:30 PM</td>
<td>Choose Your Own Adventure Art 4:00-5:30 PM</td>
<td>Disney's Winnie The Pooh Kids 4:00-5:30 PM</td>
<td>Tiny Dancer 11:00-11:45 AM</td>
<td>Tiny Dancer 11:00-11:45 AM</td>
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<tr>
<td><strong>YOUTH ARTS</strong></td>
<td>STEAM Challenge 2.0 4:00-4:45 PM</td>
<td>Intro to Hip Hop 4:30-5:15 PM</td>
<td>Creative Dance 4:15-5:00 PM</td>
<td>Tap &amp; Pre-Ballet 4:30-5:30 PM</td>
<td>Tap &amp; Creative Dance 12:00-12:45 PM</td>
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<td>Tap &amp; Pre-Ballet 4:30-5:30 PM</td>
<td>Exercise, Fit, and Fun 4:30-5:15 PM</td>
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<tr>
<td><strong>YOUTH SPORTS &amp; LEAGUES</strong></td>
<td>Basketball Basics 4:15-5:00 PM</td>
<td>Floor Hockey Basics 4:15-5:00 PM</td>
<td>Home School Physical Education and Swim 1:00-3:00 PM</td>
<td>JCC Mini Ninjas 4:15-5:00 PM</td>
<td>Intro to Mini Golf 4:15-5:00 PM</td>
<td>Intro to Mini Golf 4:15-5:00 PM</td>
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</tbody>
</table>

For Aquatics At-A-Glance See Page 27
Baby Ballet 1
Ages 2-3 ½ yrs
Monday 9:30-10:15 AM
Location: 1M50 Yeladim Playroom
Instructor: Mauriah Kraker
Baby Ballet is the first step on a dancer’s journey! Using scarves, bean bags and song, we'll playfully investigate small and large motor skills while learning the beginning positions of ballet. Adults are welcome to watch class, and will participate in certain movement activities, creating a warm and encouraging movement environment!
SESSION I
7 Mondays, Jan 6 - Feb 17
MEM $77 / COMM $112
SESSION II
6 Mondays, Feb 24 - Mar 30
MEM $66 / COMM $96

Art for Little Ones
Ages 18 mos-4 yrs
Tuesday 9:30 - 10:15 AM
Location: Art Studio
Instructor: Andres Hernandez
Art is a sensory exploration for budding artists. This class will allow you and your little one to explore color, music, touch, and a whole lot more. Caution, your child will have fun while getting messy!
SESSION I
7 Wednesdays, Jan 8-Feb 19
MEM $77 / PTRN $38 / COMM $112
SESSION II
6 Wednesdays, Feb 26-Apr1
MEM $66 / PTRN $33 / COMM $96

Intro to Gymnastics
Ages 2-4 yrs
Tuesday 10:20-11:00 AM
Location: Yoga Studio
Instructor: Sarah Banck, Flips 4 All
This parent/tot class is interactive and facilitated by an experienced gymnastics coach. Each week your child will be led through stations of the fundamental building blocks of gymnastics. It’s a chance for fun while building coordination, balance and self-confidence.
SESSION I
7 Tuesdays, Jan 7 - Feb 18
MEM $84/ PTRN $55 / COMM $119
SESSION II
6 Tuesdays, Feb 25 - Mar 31
MEM $72 / PTRN $42 / COMM $102

Challah and Community
Ages 3 mos-5 yrs
Friday 10:00 AM
Location: JCC Café
Instructor: Rabbi Shari Shamah
A chance each month to braid challah and meet special guests including Milwaukee’s rabbis, cantors, and educators.
Contact Rabbi Shari Shamah for more details sshamah@jccmilwaukee.org 414-967-8229.
3 Fridays, Jan 17, Feb 21, Mar 20 FREE
Imagination in Motion
Ages 2-4½ yrs
Wednesday 10:20-11:05 AM
Location: 1MS5 Yeladim Playroom
Instructor: Mauriah Kraker
This class encourages joy in the moving and creating body. We will spend time drawing what we see, telling stories, going on magic carpet rides, creating music with each other and for each other - all the while working on understanding movement concepts, developing social skills/creative expression and promoting body awareness through free movement.

SESSION I
7 Wednesdays, Jan 8-Feb 19
MEM $77 / COMM $112
SESSION II
6 Wednesdays, Feb 26-Apr 1
MEM $66 / COMM $96

Toddlin Tykes Sr.
Ages 2-4 yrs
Thursday 10:30-11:10 AM
Location: 2W45 Family Gym
Instructor: Lenny Kass
Growing bodies acquire new skills in this continuation of our well-loved movement classes featuring imaginative play, musical games, and more.

SESSION I
7 Thursdays, Jan 9-Feb 20
MEM $77 / COMM $112
SESSION II
6 Thursdays, Feb 27-Apr 2
MEM $66 / COMM $96

Gym with Lenny “T’nuah”
Ages 18 months-2½ yrs
Friday 9:15-9:55 AM
Location: 2W45 Family Gym
Instructor: Lenny Kass
T’nuah is Hebrew for movement and that’s what this class is all about. Children will have an opportunity to jump, climb, play games and more while developing gross motor and large muscle skills.

SESSION I
7 Fridays, Jan 10–Feb 21
MEM $77 / COMM $112
SESSION II
6 Fridays, Feb 27-Apr 2
MEM $66 / COMM $96

Toddlin Tykes Jr.
Ages 10 mos-2 yrs
Thursday 9:45-10:25 AM
Location: 2W45 Family Gym
Instructor: Lenny Kass
This well-loved movement class is an excellent opportunity for your child to use their natural energy to develop large muscle and gross motor skills through the use of imaginative play, musical games, and more.

SESSION I
7 Thursdays, Jan 9-Feb 20
MEM $77 / COMM $112
SESSION II
6 Thursdays, Feb 27-Apr 2
MEM $66 / COMM $96

Parent-Child Swim Program
Adults and children ages 6 mos - 3 yrs
Find dates, times, and details on page 27

Lego Mania
Saturday, January 11
5:30-8:00 PM
Join the JCC, PJ Library and Congregation Shalom for this first ever Family Fun Night Partnership! Come for Havdalah, Lego Mania, Creepy Crawly Zoo Show and more.
$10/MEM family (Shalom or JCC Member)
$13/COMM family
Food available for purchase.

Family Fun Nights are a great chance to bring your kiddos to the JCC for different adventures.
**Yoga Yeladim**  
* Ages 3-5 yrs  
* Monday 1:00-1:45 PM  
* Location: Yoga Studio  
* Instructor: Katie Reitman  

This class incorporates yoga games, songs and activities in an engaging, Jewish-infused environment. Children learn yoga poses, breathing practices, moral behavior, how to meditate, and so much more through this unique, high energy class.

13 Mondays, Jan 6-Mar 30  
MEM $130 / PTRN $65 / COMM $195

**Winter Wonderland**  
* Ages 3-5 yrs  
* Monday 1:45-2:30 PM  
* Location: 1J16 Art Studio  
* Instructor: Andres Hernandez  

The snow is falling which means it’s time to make some wonderful winter art. Create your own magical snow globes, decorative snowflakes, and more!

13 Mondays, Jan 6-Mar 30  
MEM $130 / PTRN $65 / COMM $195

**Ninja Jr.**  
* Ages 3-5 yrs  
* Tuesday 1:00-1:45 PM  
* Location: 2W45 Family Gym  
* Instructor: Lenny Kass  

Obstacle courses, climbing, games and more will help your little ones become Jr Ninjas!

13 Tuesdays, Jan 7-Mar 31  
MEM $130 / COMM $195

**Sports Fun**  
* Ages 3-5 yrs  
* Tuesday 1:45-2:30 PM  
* Location: 2W45 Family Gym  
* Instructor: Lenny Kass  

This class offers many of the basics. Throwing, catching, running, jumping all appear in a variety of fun games.

13 Tuesdays, Jan 7-Mar 31  
MEM $130 / COMM $195

**Ballet**  
* Ages 3-5 yrs  
* Wednesday 1:00-1:45 PM  
* Location: 1M50 Yeladim Playroom  
* Instructor: Mauriah Kraker  

A class of pre-ballet and movement especially designed for new dancers. This class will teach the beginning fundamentals needed for ballet. A chance to leap, spin, and plie during the afternoon.

13 Wednesdays, Jan 8-Apr 1  
MEM $130 / COMM $195

**Out of this World Art**  
* Ages 3-5 yrs  
* Wednesday 1:45-2:30 PM  
* Location: 1J16 Art Studio  
* Instructor: Andres Hernandez  

Travel to new and unknown worlds with the help of paints and brushes. Create worlds and landscapes straight out of space. Learn about the universe that you live in while you create one of your own.

13 Wednesdays, Jan 8-Apr 1  
MEM $130 / PTRN $65 / COMM $195

**Ninja / Sports Fun Combo**  
* Ages 3-5 yrs  
* Tuesday 1:00-2:30 PM  
* 13 Tuesdays, Jan 7-Mar 31  
* MEM $195 / COMM $260

**Ballet / Art Combo**  
* Ages 3-5 yrs  
* Wednesday 1:00-2:30 PM  
* 13 Wednesdays, Jan 8-Apr 1  
* MEM $195 / PTRN $97 / COMM $260

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Children enrolled in Kids Only classes must be fully potty trained.
Birthday Parties and Rentals
When it comes to your child’s birthday party, you can be the cool parent – and we mean that literally! Just sit back and relax while the party pros at the JCC take over. Here at the JCC, we know how to party. We have tons of experience with children and we know what kids like. But nobody knows your child better than you do and that’s why we offer a range of party styles and options where we help you every step of the way!

For more information about birthday parties and rentals contact Alli Andrews at aandrews@jccmilwaukee.org or 414-967-8283.

Hourly Childcare
A Member-Value Program
Ages 6 weeks–9 years
Providing you the flexibility you need to enjoy the JCC – whether it’s a class, personal training, or just have some ‘me’ time – Hourly Childcare is an affordable and convenient option available for children from 6 weeks to 9 years old.

HOURS OF OPERATION
Mon-Fri: 7:45 AM-1:00 PM
Sat-Sun: 8:00 AM-Noon

Hourly Childcare is available for up to 2 hours per day

USAGE AND RESERVATIONS
Two hour maximum, per child, per day. Reservations are required for infants ages 6 weeks-18 months, and must be scheduled at least 24 hours in advance. No reservation is necessary for any child over 18 months old. Reservations can be made at hchildcare@jccmilwaukee.org or 414-967-8171.

RATES PER CHILD:
$3.00 / hour

Harry & Rose Samson Family
JEWISH COMMUNITY CENTER
Hourly Childcare

Tumbling Titans
Ages 3-5 yrs
Thursday 1:00-1:45 PM
Location: 2W45 Family Gym
Instructors: Sarah Banck, Flips 4 All
This class has it all. Mat play, tumbling, games, fun and a weekly curriculum that emphasizes learning through movement and play. This class is taught by a certified gymnastics instructor

13 Thursdays, Jan 9-Apr 2
MEM $130 / PTRN $85 / COMM $195

LEGO Builders
Ages 3-5 yrs
Thursday 1:45-2:30 PM
Location: 1M50 Yeladim Playroom
Instructor: Tami Kent
Children will build with Legos to learn concepts such as numbers, sorting, and colors.

13 Thursdays, Jan 9-Apr 2
MEM $130 / PTRN $65 / COMM $195

Moving Munchkins
Ages 3-5 yrs
Friday 1:00-1:45 PM
Location: 2W45 Family Gym
Instructor: Lizzie Kayser
This active class will have you climbing on mats, running, and playing all sorts of fun games.
13 Fridays, Jan 10-Apr 3
MEM $130 / PTRN $85 / COMM $195

Water Art
Ages 3-5 yrs
Friday 1:45-2:30 PM
Location: 1J16 Art Studio
Instructor: Andres Hernandez
Have you ever wondered how many different ways you can make art with liquids? Your students will get to experiment with different forms of art that deal with liquid. From simple water colors to more interesting mediums like paper mâché.
13 Fridays, Jan 10-Apr 3
MEM $130 / PTRN $65 / COMM $195

Munchkin / Art Combo
Ages 3-5 yrs
Thursday 1:00-2:30 PM
13 Thursdays, Jan 9-Apr 2
MEM $195 / PTRN $97 / COMM $260

Tumbling / LEGO Combo
Ages 3-5 yrs
Thursday 1:00-2:30 PM
13 Thursdays, Jan 9-Apr 2
MEM $195 / PTRN $97 / COMM $260

Register for classes online at jccmilwaukee.org | Winter 2020
**EDUCATION & FAMILIES**

**KIDS CENTER**

for kids in K4 – 6th grade

Ronna Ruffin, Youth Program Director
414-967-8218 • rruffin@jccmilwaukee.org

jccmilwaukee.org/kidscenter

**BEFORE & AFTER SCHOOL CARE**

Before School Care 7:00 – 9:00 AM
After School Care 3:00 – 6:00 PM (5:30 PM Fridays)

We know how hard it is to find before and after school options that make everyone happy. Parents want their children to be safe and engaged, while kids just want to hang out with their friends and have fun. Kids Center strikes that perfect balance.

With access to the gym, pool, art room, and theater, kids can take everything from swim lessons to sports, arts, and STEM classes. There are also plenty of opportunities to just be a kid and play with friends outside and inside. A dedicated, supervised homework room keeps kids on track for school success and allows your family to enjoy a more peaceful evening at home.

Kids Center’s team of retired teachers, college students, and youth professionals partner with parents to help their children build confidence, resilience, responsibility, and competence while always having the children’s safety and well-being as a top priority.

**AFTER SCHOOL TRANSPORTATION**

Hebrew School Transportation for 2nd-7th grade
JCC Transportation without care for JCC members ages 9+

Unable to find a carpool? Kids Center offers daily van service from many of the area public and private schools for member kids 9 and older who need a place to hang out in the afternoon or for children who need a ride to their synagogue for Hebrew School.

**PRE-TEEN LOUNGE**

Open 3:00-6:00 PM (5:30 PM Fridays)
for JCC members in 4th-8th grade

A great space to do homework, hang out, and have fun. Stop by our spot on the 2nd floor of the JCC!

**VACATION DAYS**

**BIG CHILL**

WINTER BREAK VACATION DAYS
December 23-24, 26-31
Registration now open

**BIG THAW**

SPRING BREAK VACATION DAYS
March 23-27 • April 6-8 & 10 • April 13-17
Registration opens in late February

9:00 AM-3:00 PM
Early care 7-9AM • Late care 3-6PM (5:30 PM Fridays)

When school is out, we are in! The Vacation Days team plans field trips and activities for Winter Break, Spring Break, and other full and half days off at the schools we serve. Contact Ronna Ruffin to join the Kids Center email list and get notifications of upcoming dates.
Youth Sports

Youth Sports programs are made possible through a generous grant from the JCC Sherwood Temkin Youth Sports Endowment Fund.

Temkin Youth Basketball League
Multiple age groups

Sunday
K4-K5 12:30, 1:30, 2:30 PM
1st-2nd Gr 1:30, 2:30, 3:30 PM
3rd-5th Gr 2:30, 3:30, 4:30 PM
Location: Marcus Gym / MJDS Fieldhouse

Join us for a Winter full of basketball fun! Our Temkin Youth Basketball League is focused on skill development, game play, and teamwork. The League is set up with the first 2 weeks running as practices and following 8 weeks of full game play. Participants receive on-court instruction from our officials in a game setting as well as a team t-shirt. Teams are assigned at random and volunteer coaches are assigned to each team. All games and practices are 50 minutes in length and will be held at the JCC Marcus Gym or the MJDS Field House

10 Sundays, Jan 5-Mar 8
MEM $90 / COMM $130

Interested in being a volunteer coach? Contact Brandon Hortman at bhortman@jccmilwaukee.org

Basketball Basics
Ages 4-6 yrs
Monday 4:15-5:00 PM
Location: Marcus Gym

A skill-based class for kids looking to learn the game, develop the fundamentals, and discover the love for the game! Teamwork and sportsmanship will be taught during this fun format which includes plenty of game like play.

SESSION I
7 Mondays, Jan 6-Feb 17
MEM $63 / COMM $84

SESSION II
6 Mondays, Feb 24-Mar 30
MEM $63 / COMM $84

Indoor Track Running
Multiple age groups

Monday
Ages 4-6 yrs 5:15-6:00 PM
Ages 7-10 yrs 4:15-5:00 PM
Location: Marcus Gym

Love to run? Looking to utilize the track? This class is designed to introduce your child to indoor track running. Participants will work on a combination of running skills such as sprints, distance running, and relays as well as learn how to correctly stretch, warm up, and cool down! Upon completion of this class, participants will become part of our youth track stars and will be allowed access to the track access at all times!

SESSION I
7 Mondays, Jan 6-Feb 17
MEM $63 / COMM $84

SESSION II
6 Mondays, Feb 25-Mar 30
MEM $63 / COMM $84

Volleyball Basics
Ages 4-6 yrs
Tuesday 4:15-5:00 PM
Location: Marcus Gym

It’s all about learning the basics. Participants will be introduced to the basic rules and strategy for volleyball. They will work on bumping, setting, and serving through drills and game play.

SESSION I
7 Tuesdays, Jan 7-Feb 18
MEM $63 / COMM $84

SESSION II
6 Tuesdays, Feb 25-Mar 31
MEM $63 / COMM $84
**Soccer Basics**  
Ages 4-6 yrs  
Wednesday 5:15-6:00 PM  
Location: Marcus Gym  
Join your friends and learn to play the world's game! All classes will have detailed, age-appropriate instruction in both offensive and defensive skills. Teamwork and sportsmanship will be taught during this fun format which includes plenty of games! Arrive ready to listen and learn a great game!

**SESSION I**  
7 Wednesdays, Jan 8-Feb 19  
MEM $63 / COMM $84

**SESSION II**  
6 Wednesdays, Feb 26-Apr 1  
MEM $63 / COMM $84

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**Soccer Clinic**  
Ages 7-10 yrs  
Wednesday 4:15-5:00 PM  
Location: Marcus Gym  
Join your friends and learn to play the world's game! All classes will have detailed, age-appropriate instruction in both offensive and defensive skills. Teamwork and sportsmanship will be taught during this fun format which includes plenty of games. Arrive ready to listen and learn a great game!

**SESSION I**  
7 Wednesdays, Jan 8-Feb 19  
MEM $63 / COMM $84

**SESSION II**  
6 Wednesdays, Feb 26-Apr 1  
MEM $63 / COMM $84

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**Master Ninjas**  
Ages 7-10 yrs  
Thursday 5:15-6:00 PM  
Location: Marcus Gym  
The JCC Master Ninja program is created to give kids a fun approach to fitness as they work on strength, conditioning, flexibility, problem solving, team work, and coordination as they overcome obstacles designed for their skill levels.

**SESSION I**  
7 Thursdays, Jan 9-Feb 20  
MEM $63 / COMM $84

**SESSION II**  
6 Thursdays, Feb 27-Apr 2  
MEM $63 / COMM $84

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**Volleyball Clinic**  
Ages 7-10 yrs  
Tuesday 4:15-5:00 PM  
Location: Marcus Gym  
Develop your love of volleyball through drill practice and game play. Participants will work on passing, setting, spiking, digging, and serving. Set, Spike, Dig and Serve your way to Victory!

**SESSION I**  
7 Tuesdays, Jan 7-Feb 18  
MEM $63 / COMM $84

**SESSION II**  
6 Tuesdays, Feb 25-Mar 31  
MEM $63 / COMM $84

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**Intro to Mini Golf**  
Multiple age groups  
Thursday 4:15-5:00 PM  
Location: Marcus Gym  
Get introduced to Mini Golf! This class will introduce participants to coordination, balance.

**SESSION I**  
7 Thursdays, Jan 9-Feb 20  
MEM $63 / COMM $84

**SESSION II**  
6 Thursdays, Feb 27-Apr 2  
MEM $63 / COMM $84

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**Private Youth Sport Lessons**  
Private Sport lessons are a great way for a child to enhance their sport skills to make their team. We offer lessons for Basketball, Volleyball, Football, Baseball, Soccer, and Dance. In addition, we offer semiprivate lessons with 2 – 3 children (please note that we do not match children up for semi-private lessons). All lessons are ½ hr sessions.

**Private Lessons**  
1 lesson MEM $25 | COMM $35  
3 lesson package MEM $73 | COMM $101  
6 lesson package MEM $143 | COMM $200  
12 lesson package MEM $270 | COMM $378

**Semi-Private Lessons (prices per participant)**  
1 lesson MEM $12.50 | COMM $17.50  
3 lesson package MEM $36 | COMM $50.50  
6 lesson package MEM $71 | COMM $100  
12 lesson package MEM $135 | COMM $189

To Schedule a private lesson, please contact Brandon Hortman, Recreation Manager at bhortman@jccmilwaukee.org or 414-967-8174 or stop at either of our customer service desks. Lesson packages MUST be purchased prior to first lesson.
Youth Enrichment

The Secrets of Magic
Ages 5-8 yrs

Wednesday 4:45-5:15 PM
Location: 1M50-Yeladim Playroom
Instructor: Lenny Kass

Lenny’s Magic Class is a great way to learn beginning magic skills. Each week has new tricks that build on each other.

SESSION I
7 Wednesdays, Jan 8-Feb 19
MEM: $70 / COMM: $105
SESSION II
6 Wednesdays, Feb 26-Apr 1
MEM: $66 / COMM: $96

More Secrets of Magic
Ages 8-11 yrs

Wednesday 4:15-4:45 PM
Location: 1M50-Yeladim Playroom
Instructor: Lenny Kass

This advanced magic class is a continuation of Secrets of Magic. The tricks are getting more advanced and skills are building on one another. Students should have completed Beginning Secrets of Magic to take this class.

SESSION I
7 Wednesdays, Jan 8-Feb 19
MEM: $70 / COMM: $105
SESSION II
6 Wednesdays, Feb 26-Apr 1
MEM: $66 / COMM: $96

Home School Physical Education & Swim
Ages 5-15 yrs

Wednesday 1:00-3:00 PM
Location: Marcus Gym & Peck Aquatic Center

Every child needs more physical education and every child should learn how to swim. Join our Home School Physical Education program and you will receive both! Swim portion will be a combination of lessons and open swim.

13 Wednesdays, Jan 8-Apr 1
MEM: 1st child $121 2nd/3rd child $88 4th and up $44
COMM: 1st child $143 2nd/3rd child $99 4th and up $77

UWM College for Kids

The JCC is proud to partner with UWM College for Kids to offer these 2 winter classes.

STEM Challenge 2.0
KS-1st grad

Tuesday 4:15-5:00 PM
Location: 1M50-Yeladim Playroom
Instructors: UWM College for Kids

Put your engineering mind to the test as we work to complete daily challenges to expand our knowledge in the areas of Science, Technology, and Math. Can you build a house to protect the Three Little Pigs? How many cups can you stack in the Seuss hat challenge? Come join in and find out how things work through fun, hands-on projects!

SESSION I
7 Tuesdays, Jan 7-Feb 18
MEM: $77 / PTRN: $50 / COMM: $112
SESSION II
6 Tuesdays, Feb 25-Mar 31
MEM: $66 / PTRN: $42 / COMM: $96

Full STEAM Ahead 2.0
2nd-4th grad

Tuesday 5:15-6:00 PM
Location: 1M50-Yeladim Playroom
Instructors: UWM College for Kids

Students will be challenged weekly to engage in hands-on learning in Science, Technology, Engineering, Arts and Mathematics. Each class the students will interact in exciting thematic learning that includes; Lego Robotics, Chemical Art, Coding, and Design Squad Engineering. Together the students will take their educational experience full STEAM ahead!

SESSION I
7 Tuesdays, Jan 7-Feb 18
MEM: $77 / PTRN: $50 / COMM: $112
SESSION II
6 Tuesdays, Feb 25-Mar 31
MEM: $66 / PTRN: $42 / COMM: $96

Create Games Create Magic with RDC
Ages 8-11 yrs

Wednesday 3:20-4:45 PM
Location: Family Gym & Yeladim Playroom
Instructor: Lenny Kass

This combo class has it all! Enjoy a taste of Rainbow Day Camp all year with Lenny. Create games and then create magic with the advanced magic class.

SESSION I
7 Wednesdays, Jan 8-Feb 19
MEM: $112 / COMM: $147
SESSION II
6 Wednesdays, Feb 26-Apr 1
MEM: $96 / COMM: $126

Early Release

MJDS students can sign-up for supervised walking transportation to the JCC for an additional $30 for one session/$50 for both sessions.

Contact rruffin@jccmilwaukee.org to add this service.

Kids Center Gym Special
Ages 1st-5th grd

Friday 2:30-3:30 PM
Location: Marcus Gym

Fun 3v3 competitions -- Dodgeball, Kickball, Soccer, Basketball, Relay Races, Ping Pong, Floor Hockey, Ninja Course and more!

SESSION I
6 Fridays, Nov 8-Dec 20
No class: 11/29
MEM: $54 / COMM: $78
SESSION II
6 Fridays, Jan 10-Feb 14
MEM: $54 / COMM: $78

Kids Center Pre-Shabbat Afternoon
Ages K4-1st grd

Friday 2:30-5:30 PM
Location: Kids Center Rooms

Hang out in Kids Center and participate in challah braiding, art, and movement

12 Fridays, Nov 8-Feb 14
MEM: $340 / COMM: $370

Register for classes online at jccmilwaukee.org | Winter 2020
**Youth Arts**

**Sculptures and Creations**  
*Ages 4-8 yrs*  
**Monday 4:00-5:30 PM**  
**Location:** 1J16 Art Studio  
**Instructor:** Andres Hernandez  
There is more to art than painting and drawing. Join the class that lets you build sculptures that will amaze and astound your friends and family. Design 3D pieces of art with lots of clay, wood, and an assortment of items.  
**SESSION I**  
7 Mondays, Jan 6-Feb 17  
MEM $112 / PTRN $56 / COMM $147  
**SESSION II**  
6 Mondays, Feb 24-Mar 30  
MEM $96 / PTRN $48 / COMM $126  

**Fashion Art**  
*Ages 4-8 yrs*  
**Tuesday 4:00-5:30 PM**  
**Location:** 1J16 Art Studio  
**Instructor:** Andres Hernandez  
This new and exciting class is designed to help your students dream about ruling the runway! Your artist will have the opportunity to experiment with different colors, textures and shapes to create new and interesting fashion art styles.  
**SESSION I**  
7 Tuesdays, Jan 7-Feb 18  
MEM $112 / PTRN $56 / COMM $147  
**SESSION II**  
6 Tuesdays, Feb 25-Mar 31  
MEM $96 / PTRN $48 / COMM $126  

**Choose Your own Adventure Art**  
*Ages 7-10 yrs*  
**Wednesday 4:00-5:30 PM**  
**Location:** 1J16 Art Studio  
**Instructor:** Andres Hernandez  
Each week students will be guided on an art adventure that allows them to use clay, music, watercolor, and food to continue to develop their interest in art. Each week we will explore a different art technique to keep our artists excited and on their toes.  
**SESSION I**  
7 Wednesdays, Jan 8-Feb 19  
MEM $112 / PTRN $56 / COMM $147  
**SESSION II**  
6 Wednesdays, Feb 26-Apr 1  
MEM $96 / PTRN $48 / COMM $126  

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**Disney’s Winnie The Pooh Kids**  
*1st-5th grds*  
Disney’s Winnie the Pooh Kids welcomes audiences to the Hundred Acre Wood, where Winnie the Pooh is once again in search of honey. Along the way, he meets his pals Tigger, Piglet, Rabbit and Owl and Christopher Robin. Come join in the fun as we put together this musical. All children will have a role and will receive a script and CD to keep. The first rehearsal will be an audition for parts.  
**Required parent meeting on**  
**Thursday, March 16**  
5:30 PM  
**Instructor:** Felice Leib  
**Instructor:** Terri Stevens  
**Location:** Ritz Theater  
**Mondays & Thursdays, Mar 16- May 14**  
No class: 3/23, 3/26, 4/9, 4/16  
4:00-5:30 PM  
MEM $270 / PTRN $270 / F $295  

**PERFORMANCES:**  
**Sunday, May 17**  
3:00 PM  
Ritz Theater  
Dress rehearsal at noon for performers. All participants will receive 2 free tickets.  
For more information contact Ronna Ruffin, Director of Youth Programs at rruffin@jccmilwaukee.org or 414-967-8218.

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**Father Daughter Dance**  
*an annual tradition*  
**Saturday, February 29**  
**7:00-8:30 PM**  
**Daniel M. Soref Community Hall**  
**Dancing • Dessert • Activities**  
Dads, Grandpas or special dad like figures bring the daughters for a night of dancing, dessert and a chance to show them how special they are.  
$40/family • Member Value $36/family  
RSVPs required. Contact Rabbi Shari Shamah sshamah@jccmilwaukee.org • 414-967-8229
S*T*A*R*S  
Students That Are Really Special

Rhythm and Bounce  
Ages 6-21 yrs  
Tuesday 4:45-5:30 PM  
Location: Studio A  
Instructors: Lauren Schell & Sarah McCutcheon  
Build coordination, and gross motor skills in this class. Your child will also have the opportunity to move to the beat while rhythmically drumming on yoga balls. It’s active and fun for all ages!  
8 Tuesdays, Feb 11-Mar 31  
MEM $112 / COMM $128

Paint Outside the Lines  
Ages 6-21 yrs  
Thursday 4:30-5:50 PM  
Location: Art Room 1J16  
Instructor: Sarah McCutcheon  
Using music, multisensory integration, and individualized instruction, we will engage each student in developing positive self-esteem and expression. Individualized education will also allow our continuing artists to flourish in their arts education.  
8 Thursdays, Feb 6-Apr 2  
No class: 2/13  
MEM $128 / COMM $138

Exercise, Fit, and Fun  
Ages 8-21 yrs  
Wednesday 4:30-5:15 PM  
Location: Studio A  
Instructors: Jody Margolis & Sarah McCutcheon  
Every week will be a different experience! Hula hooping, stretching, dancing, fit floor, floor games. Non-stop movement!  
8 Wednesdays, Feb 5-Apr 1  
No class: 2/12  
MEM $112 / COMM $128

STARS Family Resource Center  
Provides academic guidance and support to parents who are seeking help with their child. The goal is to enable parents to advocate for their child by having a thorough understanding of their child’s individual situation and the resources available in the community.  
To schedule an appointment call Jody Margolis 414-967-8206 or jmargolis@jccmilwaukee.org.

Individualized Services

Adaptive Swim Lessons  
1st-12th Grades  
See page 25

Call to schedule an appointment for any of the services below.  
Open Monday-Friday  
Per session fee: MEM $35 / COMM $45  
Contact: Jody Margolis, 414-967-8206 or jmargolis@jccmilwaukee.org

STARS Tutoring Center  
Ages 4-21 yrs  
We offer academic assistance in one or more subject areas and specialize in organizational skills, which is often the foundation to success. Staffed by qualified, experienced special educators and assistants.

STARS Personal Training for Kids  
Ages 5-12 yrs  
Kids will have fun while developing and increasing their gross motor skills.

STARS Personal Training for Young Adults  
Ages 13-40 yrs  
Learn how to use the fitness equipment, develop a training plan, and work with a qualified instructor to build a tailor-made program.

An Inclusive Community for All

SPECIAL NEEDS CHAVERIM  
The Special Needs Chaverim Club offers social, recreational, educational and Judaic programs for adults with developmental disabilities throughout the year. Programs are designed to provide members an opportunity to make friends and develop both physically and socially in a warm, caring environment. For more information, contact Sarah McCutcheon, 414-967-8198, smccutcheon@jccmilwaukee.org.

SPECIAL NEEDS MEMBERSHIP  
JCC Fitness membership may be purchased by special needs individuals. The member must be accompanied by a caregiver when participating in JCC activities. Caregiver admission will be included at no additional fee. For more information, please contact our Membership Team at 414-964-4444.

NEW! Acting  
Ages 13-22 yrs  
Monday 6:00-7:30 PM  
Location: 1MS0 Yeladim Playroom  
Instructor: Katie Cummings  
Join us in creation theater that is accessible for all! STARS and Pink Umbrella Theater Company have teamed up to offer a dynamic acting class for individuals who identify with a disability. Together we will explore the art of acting, improvisation, and more! This 10-week course culminates in a presentation for family and friends. Students will engage in empathy, team building and performance technique throughout the session.  
10 Mondays, Jan 27-Mar 30  
MEM $185 / COMM $200

Exercise, Fit, and Fun  
Ages 8-21 yrs  
Wednesday 4:30-5:15 PM  
Location: Studio A  
Instructors: Jody Margolis & Sarah McCutcheon  
Every week will be a different experience! Hula hooping, stretching, dancing, fit floor, floor games. Non-stop movement!  
8 Wednesdays, Feb 5-Apr 1  
No class: 2/12  
MEM $112 / COMM $128

STARS Family Resource Center  
Provides academic guidance and support to parents who are seeking help with their child. The goal is to enable parents to advocate for their child by having a thorough understanding of their child’s individual situation and the resources available in the community.  
To schedule an appointment call Jody Margolis 414-967-8206 or jmargolis@jccmilwaukee.org.

Individualized Services

Adaptive Swim Lessons  
1st-12th Grades  
See page 25

Call to schedule an appointment for any of the services below.  
Open Monday-Friday  
Per session fee: MEM $35 / COMM $45  
Contact: Jody Margolis, 414-967-8206 or jmargolis@jccmilwaukee.org

STARS Tutoring Center  
Ages 4-21 yrs  
We offer academic assistance in one or more subject areas and specialize in organizational skills, which is often the foundation to success. Staffed by qualified, experienced special educators and assistants.

STARS Personal Training for Kids  
Ages 5-12 yrs  
Kids will have fun while developing and increasing their gross motor skills.

STARS Personal Training for Young Adults  
Ages 13-40 yrs  
Learn how to use the fitness equipment, develop a training plan, and work with a qualified instructor to build a tailor-made program.
Welcome to Danceworks at the JCC. Our philosophy is to nurture and develop the spirit and the body through creative movement, physical discipline and self-expression. Our instructors are experienced professional dancers who have the knowledge necessary to teach varying ages and ability levels. Enjoyment, encouragement, enrichment and excitement are the tools we use to carefully instruct all of our students—no matter their level.

Dress Code

All Combination Classes, Pre-Ballet, Ballet, and Creative Dance
Girls: Black leotard, pink or flesh-tone tights, appropriate shoes for style of class. Dance skirt is optional with permission from instructor.
Boys: Solid white t-shirt, black jazz pants or close-fitting sweat pants and appropriate shoes.

Tap, Jazz and Theatre Dance (and combination classes including these styles)
Girls: Black jazz pants or leggings, solid colored close-fitting top and jazz and/or tap shoes.
Boys: Solid colored t-shirt, black dance pants or sweat pants, jazz and/or tap shoes. Tap shoes must have sub-sunk screws or attachments to prevent damage to the wood floor.

Hip Hop
Comfortable non-restricting clothing. Dance sneakers or street sneakers can be worn for all hip hop classes. All sneakers must be carried in and cannot be worn directly from the street. Wearing oversized clothing can be dangerous while dancing and should not be worn in any class.

Dance Apparel and Shoes Are Sold at Danceworks (1661 N. Water Street, Milwaukee, WI, 53202). Student leotards, tights, demi-skirts and tap, ballet and jazz shoes are available at Danceworks! You can stop by to get fitted for shoes or dance attire anytime during our regular office hours, M-F 9am-7:30 pm and Sat 9am-3pm.

To register for Danceworks’ classes at the JCC, please visit Danceworks website at www.danceworksmke.org

Questions?
Call (414) 277-8480 ext. 6007 or email abrinkman@danceworksmke.org.

Creative Dance
Ages 3 yrs

Monday 4:15-5:00 PM
Location: Studio B
Fun and games that explore creativity and self-expression and develop dance skills that prepare students to move into other movement disciplines. Focuses on coordination, rhythm and creativity.
19 Mondays, Jan 13-Jun 8
No class: 4/6, 4/13, 5/25
MEM $247 / PTRN $228 / COMM $266

Tap & Pre-Ballet
Ages 4 yrs

Monday 5:00-6:00 PM
Location: Studio B
This combination class will cover the basics of ballet and tap, with an emphasis on correct technique and terminology.
19 Mondays, Jan 13-Jun 8
No class: 4/6, 4/13, 5/25
MEM $247 / PTRN $228 / COMM $266

Intro to Hip Hop
Age 7-8 yrs

Tuesday 4:30-5:15 PM
Location: Studio B
This class will focus on coordination and rhythm, and will teach hip hop dance basics in an energetic and fun-filled class environment. Each class is sure to get you on your feet and keep you on the beat!
19 Tuesdays, Jan 14-Jun 2
No class: 4/7, 4/14
MEM $247 / PTRN $228 / COMM $266

Hip Hop
Age 9-13 yrs

Tuesday 5:15-6:15 PM
Location: Studio B
This combination class will cover the basics of ballet and tap, with an emphasis on correct technique and terminology.
19 Tuesdays, Jan 14-Jun 2
No class: 4/7, 4/14
MEM $247 / PTRN $228 / COMM $266

Contemporary
Ages 9-13 yrs

Tuesday 6:15-7:15 PM
Location: Studio B
Characterized by its versatility, contemporary dance can be performed to any style of music and is often blended with other dance forms to create a unique style of movement. This class will emphasize proper technique, body alignment and self-expression.
19 Tuesdays, Jan 14-Jun 2
No class: 4/7, 4/14
MEM $247 / PTRN $228 / COMM $266

Creative Dance
Ages 4 yrs

Wednesday 4:15-5:00 PM
Location: Studio B
Fun and games that explore creativity and self-expression and develop dance skills that prepare students to move into other movement disciplines. Focuses on coordination, rhythm and creativity.
19 Wednesdays, Jan 15-Jun 3
No class: 4/8, 4/15
MEM $247 / PTRN $228 / COMM $266

Tap & Pre-Ballet
Ages 5 yrs

Wednesday 5:00-6:00 PM
Location: Studio B
This combination class will cover the basics of ballet and tap, with an emphasis on proper technique and terminology.
19 Wednesdays, Jan 15-Jun 3
No class: 4/8, 4/15
MEM $247 / PTRN $228 / COMM $266
Register for classes online at jccmilwaukee.org  |  Winter 2020

**KEY:**  MEM = Member Value  |  COMM = Community Rate  |  PTRN = Patron Value

**EDUCATION & FAMILIES**

**Girl Scouts of Wisconsin southeast**
Sign up your girl(s) for JCC’s Girl Scout troop, part of the Girl Scouts of Wisconsin Southeast council. It’s Milwaukee’s only Girl Scout troop with a Jewish component. With Girl Scouts, she’ll have tons of fun, make new friends, and go on fantastic new adventures. For girls in grades K-12. Contact Darlene Nash at 414-443-3917 or dnash@gswise.org.

**OUR PARTNERS IN SERVING THE COMMUNITY**

**BBYO Connect**  
for 6th-8th Grades

**AZA & BBG**  
for 8th-12th Grades

For program details contact Rachael Badt, BBYO Director rbadt@bbyo.org or call 414-326-2808.

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**Tap & Pre-Ballet**  
*Age 6 yrs*

**Thursday 4:30-5:30 PM**  
**Location:** Studio B

This combination class will cover the basics of ballet and tap, with an emphasis on proper technique and terminology.

19 Thursdays: Jan 16-Jun 4  
No class: 4/9, 4/16  
MEM $247 / PTRN $228 / COMM $266

**Theatre Dance**  
*Ages 8+ yrs*

**Thursday 5:30-6:30 PM**  
**Location:** Studio B

If you love musical theatre, this class is for you! Students will explore different styles of dance as it pertains to musical theatre. Classes will focus on technique and students will have a blast learning upbeat choreography from popular musicals.

19 Thursdays: Jan 16-Jun 4  
No class: 4/9, 4/16  
MEM $247 / PTRN $228 / COMM $266

**Tiny Dancer**  
*Ages 2½-3 yrs*

**Friday 11:00-11:45 AM**  
**Location:** Studio B

This class focuses on creativity in motion, imagination and motor skill development. Our faculty will guide students in a way that makes exploring movement and learning fun! Tiny Dancer is a great introduction to an independent dance class.

18 Fridays: Jan 17-Jun 5  
No class: 4/9, 4/16  
MEM $234 / PTRN $216 / COMM $252

**Theatre Dance**  
*Ages 3-4 yrs*

**Friday 12:00-12:45 AM**  
**Location:** Studio B

This class focuses on coordination, rhythm and creativity, all while having fun and cultivating a love for dance in a nurturing and fun-filled environment. Combined with basic tap to instill rhythm, this is a great first dance class for any young dancer.

18 Fridays: Jan 17-Jun 5  
No class: 4/10, 4/17, 5/29  
MEM $234 / PTRN $216 / COMM $252
Find Summer in the Middle of Winter

How do you stay warm in the middle of a Wisconsin Winter? By planning for summer, of course! On January 26, JCC Day Camp early registration will open to JCC member families, and the community will be invited to participate starting on February 2. With all of the great options available to Milwaukee families in the summer, let’s explore why you should choose a JCC Day Camp.

Find Community

Our diverse and inclusive camps, like the Albert & Ann Deshur JCC Rainbow Day Camp (RDC) and JCC Specialty Camps in Whitefish Bay, allow for connection and community-building across a broad spectrum of ages, backgrounds, and abilities. Each camp offers moments throughout the day where everyone gathers. We welcome each day as a community and celebrate Shabbat as a community. At RDC, the whole camp cheers when one of their beloved counselors gets thrown in the Agam (pond). These moments of community are important for our campers to make connections with each other and to feel a part of something warm, inclusive, and safe.

Find Tradition

Themed days, camp songs, shtick, bus tricks—camp is all about traditions. The silly songs we sing are great tools for bringing everyone together for fun and laughter. At JCC Day Camps, the traditional camp experience is complemented by Jewish Values like respect (kavod), caring for the world (tikkun olam), and helping others through acts of charity (tzedakah) and acts of loving kindness (gemilut chasadim).

Find Choice

When the JCC Day Camp Guide arrives in early 2020, families will find more than enough options for their campers. JCC Specialty Day Camps in Whitefish Bay offer one-week sports camps, arts camps, and science & adventure camps that suit every interest. A traditional camp like RDC gives campers the flexibility to switch it up, try new things, and explore activities that they may not know they love until they try them. Campers in 2nd-5th grade are also able to get a specialty experience at RDC by layering in 2-week specialty programs and choice periods. Fill the day with sports, lots of crafts, or mix it up and try them all. JCC Day Camps can make every day, every week a new and exciting adventure.

Find Growth

The cool art project your child made or the sports they played over the summer are things they may not remember in a year. Meeting new people, making new friends, taking risks, trying something new, failing, trying again, succeeding can make going to camp a life altering experience. JCC campers finish their summer with more self-confidence, problem solving skills, and a sense of accomplishment that will translate to other aspects of their young lives.

The cool art project your child made or the sports they played over the summer are things they may not remember in a year. But the connections, the experiences, the friends, the way they grew when they had to be vulnerable, to take risks, to try something new, to fail, to succeed, to ask for help, to try again, to be silly, to sing that crazy camp song so many times they’ll never forget the words... that is unforgettable. The experiences your child has at a JCC Day Camp will make a lasting impression on the kind of person your child grows up to be.

We look forward to partnering with you this summer, so look for the JCC Day Camp Guides online and in your mailbox in the New Year.

Register Early & Save $20/wk!

JCC Member Priority Registration
January 26 - February 1
Community Early Registration
February 2 - 29
jccmilwaukee.org/daycamp
Join the Camp Team for the VIRTUAL presentation that will make overnight camp a REALITY for your child this summer!

Register for Online Zoom Talks | December 11 or January 12 | 7:00 PM

Contact the Camp Office | 414-967-8240 | info@campinterlaken.org

Go-ed Jewish overnight camp for campers entering 3rd - 10th grade in Eagle River, WI.

GRANTS for SUMMER CAMP

The One Happy Camper program provides grants up to $1,000 for first-time campers at Jewish overnight camps. Grants are made possible by a partnership between the Milwaukee Jewish Federation and the Foundation for Jewish Camp.

Learn more, including reading stories from past grant recipients like Cecilia, at MilwaukeeJewish.org/OneHappyCamper.

Contact Anna Goldstein: AnnaG@MilwaukeeJewish.org • (414) 390-5733
Fitness & Recreation

More than just a gym, the J is a community. Where neighbors, families and friends can get fit, have fun, and build friendships in a supportive environment. No matter your ability or interest, our programs and facilities will help you get energized, balanced and moving. Break a sweat at the Habush Family Fitness Center, schedule a personal training session, or join a rec sports league. Take a break by the pool at the Peck Aquatic Center or JCC Water Park. Offering individual, group, and team fitness and recreation programming for adults, seniors, families, and children of all ages, there’s something for everyone.

jccmilwaukee.org/programs/fitness-recreation

Get More with Les

There has never been a better time to be a JCC member. One reason is our recent investment in free group exercise by partnering with Les Mills, an international organization that is helping people fall in love with fitness with science-based group exercise created by researchers, doctors and sports scientists.

“Due to the growth we have experienced in the three years since we completed our facility renovation, we felt it was the perfect time to focus on updating the group exercise program for our members,” explains Katie Nickel, Fitness Director.

This investment in our Group Exercise instructors gives them access to cutting-edge programs, motivational coaching, and continued education to keep them at the top of their game. The 20-hour, in-person live training is designed to fit different learning styles. Over a weekend, our instructors experience lectures, group discussions, practical workout sessions, and teaching practice as they worked toward their Les Mills certification.

“Due to the growth we have experienced in the three years since we completed our facility renovation, we felt it was the perfect time to focus on updating the group exercise program for our members.”
- Katie Nickel, Fitness Director

JCC trainer Kasey Kuchenbecker remembers, “The training was a lot of hard work. We spent the entire weekend lifting weights and learning new things, but what I really liked about it is that I learned how to be a better coach for the people that I teach.”

Each class is choreographed to energetic music to provide our members with maximum results. Les Mills also releases new music and choreography resources every 3 months so the instructors have the support to keep their classes fresh. All this means you’ll have the highest quality classes, delivered consistently, by the very best instructors in the world – all still free to JCC members!

This fall, we introduced three of the most popular Les Mills classes to our free group exercise offerings: BODYPUMP, BODYCOMBAT, and SPRINT.

BODYPUMP is a unique 55-minute strength training class that uses light to moderate weights with lots of repetition to give you a total body workout. With the motivation of upbeat, energetic music, the class provides multiple ways to work your major muscle groups to get maximum benefit for your body. Strength training can increase bone density, metabolism, and overall health.

BODYCOMBAT is a 55-minute high-energy martial arts-inspired workout that is totally non-contact and targets every muscle group. Develop co-ordination, release stress, and destroy calories as you punch, kick, block and strike. Undefeated for 20 years, it remains the world’s top martial arts-inspired training program.

SPRINT is a 30-minute High-Intensity Interval Training (HIIT) workout, using an indoor bike to achieve fast results. This short, intense style of training which combines bursts of intensity with periods of rest that prepare you for the next effort is scientifically proven to return rapid results. This express workout drives your body to burn calories for hours.

“There are so many things I like about the Les Mills classes! To have a 1-hour class like BODYPUMP where we focus on strength training is really unique and something that will allow our members to thrive. As a contrast, BODYCOMBAT uses no equipment whatsoever. You show up with you, your body, your mind, and a will to groove to the music for an hour. In both, the awesome music makes you feel more energized, and it’s just a lot of fun. I encourage members to merge the benefits of BODYPUMP strength training with the cardio in BODYCOMBAT for maximum results,” explained Kirsten Uphaus, JCC trainer.

Her colleague, Jack Chevremont adds, “We have a lot of cycling classes here that are already pretty intense, but the SPRINT class is going to be next level. You are going to be moving to the beat, going with the flow, and it is going to be a great workout.”

Les Mills classes can be found on the Group Exercise Schedule at jccmilwaukee.org/schedules.
AQUATICS

PECK AQUATIC CENTER
Many of the JCC’s swimming and recreational activities take place in the Peck Aquatics Center which was provided through a generous grant from the Milton & Lillian Peck Foundation.

PECK AQUATIC CENTER

Pool schedules for the Peck Aquatic Center can be found at the Peck and West Desks and at jccmilwaukee.org

The Peck Aquatic Center is the place for Swim Lessons

- Ozone filtered pools that use less chlorine than typical public pools make it much easier on your child’s eyes, skin, and swimsuit.
- Small teaching pool with depths of 2’6” - 3’6” so your younger child can stand in the water without flotation devices which builds confidence.
- Large, 6-lane, 25-yard pool allows your child to build endurance and stroke refinement.
- End-of-session report cards give parents each child’s progress, successes, and recommended next level.
- Contact a member of the Aquatics Team and schedule your child’s free swim check to ensure proper level placement.

Private Swim Lessons
For ICC Members ages 3 and up

Adaptive Swim Lessons
• STARS FRIENDLY
For ages 1st-12th grade

Private lessons offer quality one-on-one time with an instructor, flexibility in scheduling, and ongoing admissions. Semi-private lessons with 2 children are also available. Please note that we do not match children up for semi-private lessons. Lessons are ½ hour sessions scheduled once a week. Due to pool space, lesson time slots may be limited
Monday-Thursday 4:00-6:00 PM. Lessons are subject to instructor availability.

Packages for JCC members & patrons

<table>
<thead>
<tr>
<th></th>
<th>Private Lessons</th>
<th>Semi-Private Lessons per participant</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 lesson</td>
<td>$25</td>
<td>$12.50</td>
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<tr>
<td><strong>Buy in bulk &amp; receive a discount!</strong></td>
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<tr>
<td>3 lessons</td>
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<tr>
<td>6 lessons</td>
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<td>$71</td>
</tr>
<tr>
<td>12 lessons</td>
<td>$270</td>
<td>$135</td>
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</tbody>
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Adaptive Private Swim Lessons are also available at the same rates and are open to all individuals with special needs regardless of membership status. Ages 1st-12th grades.

Private Lesson Packages can be purchased through the Aquatics Programming Office or at either of our customer service desks. Lesson packages MUST be purchased prior to first lesson. Packages expire after one calendar year.

To schedule a private lesson, email Dave Wage, dwage@jccmilwaukee.org or call 414-967-8191.

Swim Test for Independent Swimmers
All swimmers under the age of 14 wishing to swim in either pool independently MUST complete a swim test. Swimmers will be given a wrist band to indicate which areas of the pool they are able to use. Swim Tests will be given at the pool deck and will be updated weekly. Swimmers without a wrist band must be accompanied by an adult in the water at all times unless they are participating in a program.
American Red Cross Learn to Swim Program

The JCC’s aquatics programs are based on the principles and methods established by the American Red Cross. The American Red Cross program is progressive; each skill builds on the skills mastered in the previous level, therefore it is important and necessary to successfully complete each level in progression.

Essential swim and safety skills are taught at each level; skipping or omitting levels may result in your child missing vital skills that will help them advance to the next level. Swimmers are separated by age; Parent-tot for infants/toddlers 6 months – 36 months with their parents, Pre-School Levels for children ages 3 – 5 years old and Youth Levels for children ages 6 & up. This separation allows children to learn in a relaxed, non-competitive environment with children of their own age and ability.

Progress reports are handed out at the end of every session informing parents which skills were accomplished and which need continued progress as well as the recommendation of the next level to enroll in.

Make-up/Refund Policy: We realize that there are schedule changes and situations arise that may cause you or your child to miss a class, but to ensure a quality experience for both your child and the other children in classes, the JCC does not allow make up lessons or provide refunds for missed classes.

Youth Swim Lessons ages 3 – 5 years old
Our pre-school age aquatic classes are structured for the 3 – 5 year old with each lesson 30 minutes in length combining skill instruction with fun. To ensure a quality and safe lesson, there is a ratio of one instructor to a maximum of five students and the classes are taught in our teaching pool.

Pre-School Level 1
First independent swim lesson experience. Participants will learn to put their face in the water and become more comfortable in the water on their own. Activities include submerging mouth, nose & eyes, blowing bubbles, floating on front & back with help and exploring arm movements/swimming on front & back with help.

Pre-School Level 2
Participants enrolled in this class must be able to put their head in the water independently and have a high comfort level of being in the water and participating in some skills on their own. Activities will include learning to float on front & back and front & back glides with minimal assistance with & without kicking, beginning arm movement of front & backstroke and jumping into shallow water.

Pre-School Level 3
Participants enrolled in this class must be able to submerge their head, jump independently into shallow water. They will master independent front & back floats. Activities will include front & back floating/gliding without assistance, front & backstroke (arm & leg action coordinated) and introduction to the big pool.

Youth Swim Lessons ages 6 & up
Our youth aquatic classes are structured for children 6 years old and up with each lesson 30 minutes in length combining skill instruction with fun. To ensure a quality and safe lesson, there is a ratio of one instructor to a maximum of 6-8 students depending on the level and the classes are taught in our big pool with the exception of part of our Youth Level 1 classes will be held in both the teaching and big pool.

Youth Level 1
Beginners for children ages 6 & up
Participants enrolled in this class will become familiar with the skills in the Pre-School Lesson Program. This level is designed for the older child to begin in an age appropriate lesson. This lesson will be taught in both the teaching and big pool.

Youth Level 2
The next step after Pre-School Level 3
Participants enrolled in this class must be able to complete the front & back crawl for ¼ length of the large pool (coordinated arm & leg action). Activities will include refining coordinated arm & leg action with an introduction to rotary breathing (breathing to the side while swimming on front), swimming on side and treading water.

Youth Level 3
Participants in this class must be able to complete the front crawl with rotary breathing & back crawl for ¼ the pool and tread water/float for 30 seconds and get back to safety. Activities will include introduction to several new strokes: the butterfly stroke (kick & body motion), the back crawl, elementary backstroke, the breast stroke arm movement, jumping into deep water and an introduction to diving.

Youth Level 4
Participants in this class must be able to complete the front & back crawl for 25 yards, breaststroke for ½ the pool and tread/float water for 1 minute. Activities include introduction to underwater swimming, standing dives, front & back turns and refinement of all strokes.

Youth Level 5
Participants in this class must be able to do the following activity (minimally) A) Dive into deep water, swim the front crawl for 50 yards and then swim backstroke for 50 yards. B) Swim 25 yards breaststroke of butterfly. Activities will include refinement and endurance of all strokes, flip turns while swimming on front & back, shallow start dive and development of setting up a swimming fitness program.

Youth Level 6
Participants in this class must be able to do the following activity (minimally) A) Dive into deep water, swim the front crawl for 100 yards and then swim backstroke for 100 yards. B) Swim 25 yards breaststroke and butterfly and demonstrate feet first and head first surface dives. Participants must also demonstrate proper turns including flip turns. Activities will include swim race etiquette, such as proper starts, breakouts, turns, finishes, and use of the pace clock. Swimmers will also learn basic lifeguarding techniques and prerequisites.
Parent-Tot
Ages 6 mos-3 yrs
This program is specially designed for infants and toddlers 6 months – 36 months. Parent participation allows you to share this experience with your child. We explore water adjustment, body awareness, coordination and safety through use of games, songs and repetition. All infants and toddlers must wear swim diapers or secure plastic pants over a cloth diaper. No disposable diapers are allowed. There is a maximum of one child per parent.

Parent-Child Swim Skills
Ages 18 mos-3 yrs
Is your child to old or advanced for the Parent-Tot class but not quite ready or doesn’t meet the age requirement to start Pre-school Level 1? This class is the perfect balance! The class is designed to work on all of the skills that are introduced and taught in our Pre-school Level 1 class. The difference is that parents join their participant in the water and help ease that transition into independent lessons for the future. The instructor will teach the participants, and parents will assist their child in practicing the given skills. See our program grid for more information!

JCC Triggerfish Swim Team
Ages 6-14 yrs
Tuesdays & Thursdays, 5:00-6:00 PM
Peck Aquatic Center
Participants in this program must have passed all requirements of Youth Level 3 to be successful. The program is designed to introduce your child to the concept of a swim team and using swimming as a form of exercise. Workouts are held twice a week learning a proper warm-up and refinement of strokes through drills to understand a balanced workout/practice. All swimmers will review the basic components of competitive swimming strokes, starts, turns and training tactics. Please contact the Aquatics Department with any questions at jlanke@jccmilwaukee.org or 414-967-8194.

26 Tuesdays & Thursdays, Jan 7 - Apr 2
5:00-6:00 PM
MEM $260 / COMM $338

A minimum of 3 students per class is required in order for lesson time to be offered.
*Kids Center participants ONLY are walked to lessons scheduled at 4:45 PM and 5:30 PM.
**See fee structure for Triggerfish above on this page

Register for classes online at jccmilwaukee.org | Winter 2020
**NEW! Open Water Polo for JCC Members**

**Ages 18+**

**Wednesday 8:30-9:30 PM**  
**Location:** Peck Aquatic Center

Come join us for an hour of water polo fun. Each week you will review basic game strategy and rules and participate in active game play. Must be comfortable treading water but no previous water polo experience needed.

**4 Tuesdays, Jan 7-Jan 28**  
Free for JCC Members

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**Arthritis Aquatics**

**Ages 14+**

**Monday 10:15-11:00 AM**  
**Instructor:** Sandra Ingram

**Wednesday 10:15-11:00 AM**  
**Instructor:** Sandra Ingram

**Thursday 9:30-10:15 AM**  
**Instructor:** Jo Ann Jackson

**Location:** Peck Aquatic Center

Alleviate pain from arthritis with a gentle exercise routine conducted in our heated small pool by a nationally certified arthritis instructor.

**SESSION I**

**MONDAYS:**
7 Mondays, Jan 6-Feb 7  
**MEM $28 / PTRN $28 / COMM $42**

**WEDNESDAYS**
7 Wednesdays, Jan 8-Feb 19  
**MEM $28 / PTRN $28 / COMM $42**

**THURSDAYS**
7 Thursdays, Jan 9-Feb 20  
**MEM $28 / PTRN $28 / COMM $42**

**SESSION II**

**MONDAYS:**
6 Mondays, Feb 24 - Mar 30  
**MEM $24 / PTRN $24 / COMM $36**

**WEDNESDAYS**
7 Wednesdays, Feb 26-Apr 16  
**MEM $28 / PTRN $28 / COMM $42**

**THURSDAYS**
6 Thursdays, Feb 27-Apr 2  
**MEM $24 / PTRN $24 / COMM $36**

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**American Red Cross Lifeguard Training**

**Ages 15+**

**Sunday Dec 29 8:00-6:00 PM**  
**Monday Dec 30 8:00-6:00 PM**  
**Thursday Jan 2 8:00-5:00 PM**  
**Location:** Peck Aquatic Center

Interested in a great summer job or challenging career as a professional lifeguard? Through videos, group discussion and hands-on practice, you’ll learn teamwork, rescue and surveillance skills, First Aid and CPR/AED and other skills you need to work as a professional lifeguard. Successful completion results in a 2-year certification in Lifeguarding that includes first aid, professional-level CPR and AED in one certificate. Digital certificate available upon successful completion of course.

**Core Courses**

Prerequisites: Must be at least 15 years old and pass certain swimming requirements including a continuous 300 yard swim, retrieval of a 10lb object from 10ft of water, and treading water without the use of your hands for 2 min.

*Students who can not pass the prerequisite swimming skills will be refunded the course fee minus a $25.00 swim test fee.

**Sunday, Dec 29 8:00-6:00 PM**  
**Monday, Dec 30 8:00-6:00 PM**  
**and Thursday Jan 2 8:00-5:00 PM**  
**MEM $225 / PTRN $150 / COMM $300**

To learn more about getting certified to be a lifeguard, contact Jess Lanke at 414-967-8194.

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**Adult Lap Swim**

**Ages 18+**

We make every effort to make sure there are 2 lap lanes available at all times for lap swimmers, however there are special times where we designate Adult Only Lap Swim.

You can view our current pool schedule online at jccmilwaukee.org or contact the Aquatic Office at (414) 967-8194.

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**Female Only & Male Only Swim Times**

We respect the fact that there is a need to allow females & males swim in our pools at separate times either due to privacy or religion reasons.

**Female Only Swim - Sundays, 6:30-7:30 PM**  
**Male Only Swim - Thursdays, 8:30-9:30 PM**

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**JCC Members enjoy AquaFit Deep • AquaFit Shallow • Splash!**

Find free Aqua Fitness classes on Group Exercise pages 35-36 or visit jccmilwaukee.org/schedules
Adult Sports & Leagues

Catchball
Adults 18+
Monday 5:30-7:00 PM
Location: Marcus Gym
Join the fastest growing sport for women in Israel. Catchball is a sport derived from volleyball in which the ball is caught and thrown rather than hit. A fun time for women of all athletic abilities!
13 Mondays, Jan 6-Mar 30
MEM Free / COMM $5

Open Basketball for JCC Members Only
Ages 18+
Tuesdays/Thursdays  11:00 AM-1:00 PM
Ages 30+
Wednesdays  6:30-8:30 PM
Location: JCC Marcus Gym
Competitive, pick-up basketball. Please sign in upon arrival into the gym.

NEW! Co-ed Basketball League
Ages 18+
Tuesday  6:00-8:30 PM
Location: Marcus Gym
Teams will play a designated number of regular-season matches and then will be seeded into an exciting season-ending tournament. Game times will change each week.
12 Tuesdays, Jan 7-Mar 31
No class: 1/28
MEM $75 / COMM $125

NEW! Co-ed Volleyball League
Adults and teens 15+
Monday 7:00-9:30 PM
Location: Marcus Gym
Get your team together for Monday Night Volleyball! Teams will play a designated number of regular season matches (1 Match = 3 games to 21) and then will be seeded into an exciting season-ending tournament. Exact game times for each team will change week to week. Designate one person to register for your whole team. Want to play but don’t have a team? Contact Brandon Hortman at bhortman@jccmilwaukee.org or 414-967-8174.
13 Mondays, Jan 6-Mar 30
$125 per team
Team registration due Tuesday, January 9

Tennis Subscription
The JCC partners with Paley Tennis Center to offer our members indoor court time September - May.
All programs take place at Paley Tennis Center, 2916 W. Vera Ave. in Glendale

Monthly Tennis Subscription
Family $10 • Individual $5
Half Price for Health Center Members • Free for Patron Members

FREE Tennis Classes
Exclusive for Tennis Subscribers 18+

NEw! Intro to Tennis
Tuesday 11:30 AM-12:30 PM
3rd Tuesday of each month
Pick one: 12/17, 1/21, 2/18, 3/17, 4/21, 5/19
This 60 minute class serves as an introduction (or reintroduction) to the sport of tennis and allows new Tennis Subscribers to get acclimated with the Paley Tennis Center. Limit 6 participants per class.
Register at the customer service desks or call 414-964-4444.

Cardio Tennis
Sunday 10:00-10:00 PM
2nd Sunday of the month, October 13 - May 10
This 60 minute high energy class combines the best features of the sport of tennis with cardiovascular exercise, delivering the ultimate, full body workout. Attend as often as you like! Advance registration required. Limit 6 per class.
Register at the customer service desks or call 414-964-4444.

JCC members have access to select court times throughout the week (subject to availability).
To schedule court time, contact the Peck Desk at 414-967-8260
**FITNESS & RECREATION**

**Adult Dance**

**Open Israeli Dance**
*Adults 12 yrs and up*

**Monday, 7:30-9:30 PM**

**Location:** Studio B

**Instructor:** Deborah Schermer / Team Taught

This FREE dance class is open to our members and to the public. Israeli folk dancing is excellent exercise for both the mind and the body, and it is great fun! Beginners are welcome and will receive direct instruction for the first 30 minutes of the class, from 7:30 - 8:00. The remainder of the class consists of open dancing and teaching of intermediate to advanced dances. Learning this style of dance takes some time and perseverance. If you are a beginner, please send an email to MilwaukeeIFD@yahoo.com to let us know you are coming.

**ONGOING:** Mondays, 7:30-9:30 PM

**Free**

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**The Parkinson’s Dance Class**

*Ages 14+*

**Friday 2:15-3:30 PM**

**Location:** Studio A

**Instructors:** Suzanne Carter, Jane Brooks Reilly, Kate Mann, Tom Thoreson, Barb Wesson

Specifically designed for people in the Parkinson’s community, this program is open to anyone seeking lifelong comfort and ease in their body movements. Feel the beat of varied music as you improve coordination, balance, posture, and confidence in your body. All abilities and fitness levels are welcome. Options include dancing in a chair, standing, and moving across the floor.

**14 Fridays, Jan 10-Apr 3**

MEM $130 / PTRN $130 / COMM $280

Drop in Fee: $15

Spouse or caregiver pricing: 50% off registration OR drop in fee

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**YOGA**

**Yoga Open House**

*March 8 8:30-11:30 AM*

**Yoga Studio**

The JCC’s Yoga Open house focuses on highlighting our yoga classes. There will be two classes with refreshments and a 10 min meditation in-between. Participants can attend one or both classes. Space is limited, first come - first served for mat space.

**Contact Ally Koller**

akoller@jccmilwaukee.org

414-967-8351

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**Men’s Only Yoga**

*Adults 14+*

**Monday 6:00-7:00 PM**

**Location:** Yoga Studio

If you’re a man who’s hesitated to try yoga—here is your chance to practice in a safe, comfortable setting to improve flexibility and overall health.

**SESSION I**

7 Mondays, Jan 6-Feb 17

MEM $84 / PTRN $84 / COMM $105

**SESSION II**

6 Mondays, Feb 24 - Mar 30

MEM $72 / PTRN $72 / COMM $90

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**Mindful Self-Compassion (MSC)**

*Adults 18+*

**Monday 9:00-11:40 AM**

**Location:** Yoga Studio

**Instructor:** Jamie Lynn Tatera

An empirically-supported 8-week course designed to cultivate the skill of self-compassion, which serves as a foundation for growing and sustaining compassion for others. In this course you will learn how to handle difficult emotions with greater ease, how to motivate yourself with kindness rather than criticism, and how to treat yourself as you would a good friend.

Free Mindful Self-Compassion preview on Monday, January 6, from 9:00-10:00 AM

**8 Mondays, Jan 13-Mar 16**

No class: 1/20, 2/17

Optional silent retreat on Sunday, March 16, 1:00-4:30 PM

MEM $320 / PTRN $320 / COMM $335

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**Yoga Foundations**

*18+ yrs*

**Tuesday 7:00-8:15 PM**

**Location:** Yoga Studio

**Instructor:** Vlada Kleyman

A yoga foundation series designed to provide guidance and deeper understanding of asana practice in a context of all eight limbs of yoga. This offering will be most helpful for anyone who would like to deepen their practice or to create a home practice. Each week will have a different emphasis or goal.

**4 Tuesdays, Jan 7-28**

MEM $48 / PTRN $48 / COMM $60
Foundations Program
New JCC members receive three complimentary sessions with a trainer to get you started on your fitness journey.  
FREE • $180 Value

Try Pack 3 for $99
For current members new to Personal Training only. When you are ready to turn intention into action, try three sessions for only $99 and learn how working with a trainer can help you work more efficiently to reach your goals.

Session Packages
Session pricing based on qualifications of trainer and number of sessions 1 / 4 / 8 / 12

Private One-to-One (1 hour)
A traditional full hour of individualized personal training.  
Personal Trainer $55 / $210 / $396 / $561  
Senior Trainer $60 / $230 / $436 / $621  
Master Trainer $65 / $250 / $476 / $681

Express One-on-One (1/2 hour)
For those looking for a more intense, shorter workout.  
Personal Trainer $30 / $114 / $220 / $306  
Senior Trainer $33 / $126 / $244 / $342  
Master Trainer $36 / $138 / $268 / $378

Partner Training (1 hour – 2 people)
Partner training increases commitment to a regimen.  
Personal Trainer $30 / $114 / $220 / $306  
Senior Trainer $33 / $126 / $244 / $342  
Master Trainer $36 / $138 / $268 / $378

Small Group Training (1 hour – 3+ people)
Small group training builds camaraderie in a group dynamic.  
Personal Trainer $16 / $64 / $128 / $192  
Senior Trainer $18 / $72 / $144 / $216  
Master Trainer $20 / $80 / $160 / $240

Personal Training Subscription
Inquire about our monthly rate for clients with a consistent training schedule.  
Pricing available online.

TAKE YOUR WORKOUT TO THE NEXT LEVEL
Our professional trainers have the knowledge and expertise to:

• Assess your current level of fitness and create an individualized workout plan based on what you want to achieve  
  • Teach you the proper way to perform each exercise movement  
  • Enhance your motivation to continue with a workout plan  
  • Keep you accountable, making it more likely that you’ll continue with your training program  
  • Teach you a variety of exercise methods, which can keep you from getting bored  
  • Make the most of your workout time, which increases your efficiency

To learn more about Personal Training contact Katie Nickel, Fitness Director knickel@jccmilwaukee.org or 414-967-8269

jccmilwaukee.org/personaltraining

Restorative Stretch
A recovery day is one of the most important days in your training schedule. Schedule yours with a JCC personal trainer. They’ll coach you through recovery exercises, foam rolling, assist with stretching and apply Hyperice technology to enhance your recovery day! Pricing structure follows our personal trainer pricing.

Personal Training Trial Week
March 22-28
Have you considered personal training, but not sure if it’s for you? Try it out the week of March 22-28! Demos highlight all the personal training services and discounts on packages will be offered throughout the week.

Already training? Bring a friend to a session for free. Ask your trainer for more information.
**Women On Weights**
Ages 18+

Tuesday 7:00-8:00 PM
Thursday 9:00-10:00 AM

Instructor: Denise Beckman

Building strength is the foundation to increasing your fitness level. Learn to properly lift using barbells, dumbbells and the cable machines under the supervision of a certified personal trainer specializing in strength training.

**TUESDAYS**
SESSION I
7 Tuesdays, Jan 7-Feb 18
MEM $84 / PTRN $84 / COMM $154

SESSION II
6 Tuesdays, Feb 25-Mar 31
MEM $72 / PTRN $72 / COMM $132

**THURSDAYS**
SESSION I
7 Thursdays, Jan 9-Feb 20
MEM $84 / PTRN $84 / COMM $154

SESSION II
6 Thursdays, Feb 27-Apr 2
MEM $72 / PTRN $72 / COMM $132

Drop-in classes are available for $18 per class.

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**Commit to be Fit - Kickstart**
Adults 18+

Commit to be Fit is a 12-week healthy habits and weight loss program. Participants receive the tools to implement these healthy habits to last a lifetime. While striving towards your goals, you’ll also receive points to win prizes. Prizes include Apple products, a Yeti gift pack, and Amazon gift cards.

Included in the program are 4 group nutrition meetings with a registered dietician, virtual wellness education, and 1 small group training per week.

Training times are offered during all times of the day – early AM, mid AM, afternoon, and PM. Full details at jccmilwaukee.org; select My Account to register.

**12-week program (multiple day/time options)**
MEM $128 / PTRN $128 / COMM $208

---

**Hourly Childcare**
A Member-Value Program
Ages 6 weeks–9 years

Providing you the flexibility you need to enjoy the JCC – whether it’s a class, personal training, or just have some ‘me’ time – Hourly Childcare is an affordable and convenient option available for children from 6 weeks to 9 years old.

**HOURS OF OPERATION**
Mon-Fri: 7:45 AM-1:00 PM
Sat-Sun: 8:00 AM-Noon

Hourly Childcare is available for up to 2 hours per day.

**USAGE AND RESERVATIONS**
Two hour maximum, per child, per day. Reservations are required for infants ages 6 weeks-18 months, and must be scheduled at least 24 hours in advance. No reservation is necessary for any child over 18 months old. Reservations can be made at hchildcare@jccmilwaukee.org or 414-967-8171.

**RATES PER CHILD:** $3.00 / hour
BURN

BURN high-intensity interval training (HIIT) is a group training workout that alternates between intense bursts of activity and fixed periods of less-intense activity or rest for maximum fat burning. BURN classes utilize the TRX Suspension Trainer, TRX Rip Trainer, Kettlebells, and much more to ensure you’re getting the best workout possible!

During BURN, your goal is to keep your heart rate between 60-80% of your maximum heart rate. This ensures that more calories are burned after the workout for increased results. WIRED wearable technology partnered with in-class monitors during BURN classes gives you instant feedback to keep your workout on track!

BURN has 3 Degrees:
- **BURN** • 60 minute class • 40 seconds exercise / 20 seconds rest per interval.
- **Burn Express** • 30 minute condensed class • 40 seconds exercise / 20 seconds rest per interval.
- **Burn Extreme** • 60 minute class • 50 seconds exercise / 10 seconds of rest per interval • Burnout - no breaks in final round.

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Friday</th>
<th>Saturday</th>
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</thead>
<tbody>
<tr>
<td>12:00 PM</td>
<td>Burn Extreme</td>
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<td>Burn</td>
<td>Burn Express</td>
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<td>Burn Extreme</td>
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<td>Burn Extreme</td>
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<td>8:30 AM</td>
<td></td>
<td>Burn</td>
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</tr>
<tr>
<td>9:30 AM</td>
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<tr>
<td>6:00 PM</td>
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</tbody>
</table>

Subject to change. Find updated schedules at jccmilwaukee.org/schedules.

BURN Rates:
- **JCC Members** $15
- **Community** $25 per class
- **Burn Express** is free for JCC Members!

Package pricing for JCC members:
- 4 pack $48
- 8 pack $80
- 12 pack $96

*packages expire 2 months after purchase date

Month Unlimited - $75 expires 31 days after purchase

WIRED

Wearable technology is one of the hottest and most effective fitness tools on the market. Push yourself past your limits to achieve maximum results on site and by using the app.

Chest strap $40
Arm Band $65

Get points for working out! It’s simple, workout at the JCC while using your wired product and automatically be entered to win JCC Wellness Bucks!

See a fitness floor attend for more information or contact Katie Nickel at knickel@jccmilwaukee.org

Register for classes online at jccmilwaukee.org | Winter 2020
PILATES
OPEN FOR COMMUNITY REGISTRATION

Pilates is a comprehensive exercise and rehabilitation program that works to lengthen, strengthen, and balance the body and is for EVERY BODY.

Benefits can include:
• Increased core strength
• Longer, leaner body
• Improved flexibility
• Increased muscular endurance
• Better posture
• Reduced lower back pain
• Improved joint mobility
• Enhanced sports performance

MAT & BARRE

Classical Mat Pilates
Monday 5:00-5:55 PM
Location: Pilates Studio
Instructor: Sarah Cohen
Mixed level class based on Joseph Pilates’ original series I-V. Designed for beginner through intermediate levels.
13 Mondays, Jan 6-Mar 30
MEM+PTRN $117 / COMM $156

Mixed Mat Pilates
Wednesday 10:30-11:25 AM
Location: Studio B
Instructor: Terri Stevens
Friday 10:30-11:25 AM
Location: Pilates Studio
Instructor: Terri Stevens
Mixed Level Mat Pilates. Variations offered to challenge and modifications for injury and limitations.
13 Wednesdays, Jan 8-Apr 1
MEM+PTRN $117 / COMM $156
13 Fridays, Jan 10-Apr 3
MEM+PTRN $117 / COMM $156

Barre/Mat Pilates Fusion
Sunday 10:30-11:25 AM
Location: Studio B
Instructor: Terri Stevens
This class combines mat Pilates core work with ballet-inspired small range movements at the barre.
13 Sundays, Jan 5-Mar 29
MEM+PTRN $117 / COMM $156

PILATES GROUP EQUIPMENT CLASSES
*Classes are for adults 18 years and up*
Anyone new to group equipment classes must either enroll in Beginner Group Reformer or complete 3 private sessions (introductory rate 3 for $99) before registering for intermediate or advanced group equipment classes.

Reformer Pilates Basics
Location: Pilates Studio
Instructor: Ally Koller
Wednesday 2:30-3:20 PM
SESSION I
7 Wednesdays, Jan 8-Feb 19
MEM $126 / PTRN $126 / COMM $168
SESSION II
6 Wednesdays, Feb 26-Apr 1
MEM $108 / PTRN $108 / COMM $144
Saturday 10:30-11:25 AM
SESSION I
7 Saturdays, Jan 11-Feb 22
MEM $126 / PTRN $126 / COMM $168
SESSION I
6 Saturdays, Feb 29-Apr 4
MEM $108 / PTRN $108 / COMM $144

Advanced Classical Group Reformer
Monday 6:15-7:05 PM
Location: Pilates Studio
Instructor: Sarah Cohen
Based on Joseph Pilates' original series I-V. Prior experience required.
SESSION I
5 Mondays, Jan 6-Feb 17
No class: 2/3, 2/10
MEM $90 / PTRN $90 / COMM $120
SESSION II
6 Mondays, Feb 24-Mar 30
MEM $108 / PTRN $108 / COMM $144

Intermediate Classical Group Reformer
Tuesday 9:15-10:05 AM
Location: Pilates Studio
Instructor: Sarah Cohen
Based on Joseph Pilates' original series I-V. Prior experience required.
SESSION I
5 Tuesdays, Jan 7-Feb 18
No class: 2/3, 2/10
MEM $90 / PTRN $90 / COMM $120
SESSION II
6 Tuesdays, Feb 25-Mar 31
MEM $108 / PTRN $108 / COMM $144

Pilates Personal Training
Private and semi-private lessons with our Pilates instructors give you the personal attention you deserve. See Personal Training pricing structure on page 31. To learn more contact Ally Koller, akoller@jccmilwaukee.org 414-967-8351.
# GROUP EXERCISE
COMPLIMENTARY FOR JCC MEMBERS

Find current Group Exercise schedules online jccmilwaukee.org/schedules

**Adults 14 and up**

Classes are usually 55min unless otherwise noted. If you would like to receive emails regarding updated group fitness schedules and class changes please email Ally Koller, Akoller@jccmilwaukee.org.

**Schedule subject to change. Visit jccmilwaukee.org/schedules for updated information.**

## MONDAY

<table>
<thead>
<tr>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Tutor</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:30 AM</td>
<td>Turbo Circuit</td>
<td>TBD</td>
<td>A</td>
</tr>
<tr>
<td>5:30</td>
<td>Indoor Cycling</td>
<td>Matthew</td>
<td>C</td>
</tr>
<tr>
<td>8:00</td>
<td>Fitness Intervals</td>
<td>Patty</td>
<td>A</td>
</tr>
<tr>
<td>8:30</td>
<td>AquaFit/Shallow</td>
<td>Janae</td>
<td>P</td>
</tr>
<tr>
<td>8:55</td>
<td>Butts n Guts</td>
<td>Patty</td>
<td>A</td>
</tr>
<tr>
<td>9:15</td>
<td>Indoor Cycling</td>
<td>Terri</td>
<td>C</td>
</tr>
<tr>
<td>9:30</td>
<td>Les Mills BodyPump</td>
<td>Marcela</td>
<td>A</td>
</tr>
<tr>
<td>9:30</td>
<td>Zumba</td>
<td>Shara</td>
<td>B</td>
</tr>
<tr>
<td>9:30*</td>
<td>AquaFit-Deep</td>
<td>Janae</td>
<td>P</td>
</tr>
<tr>
<td>9:30</td>
<td>Fit ‘n’ Fun</td>
<td>Kaye</td>
<td>G</td>
</tr>
<tr>
<td>10:45</td>
<td>Nia</td>
<td>Dori</td>
<td>A</td>
</tr>
<tr>
<td>5:00 PM</td>
<td>Indoor Cycling</td>
<td>Kasey</td>
<td>C</td>
</tr>
<tr>
<td>6:00</td>
<td>Zumba</td>
<td>Marcela</td>
<td>B</td>
</tr>
<tr>
<td>6:00</td>
<td>Les Mills BodyPump</td>
<td>Katie</td>
<td>A</td>
</tr>
<tr>
<td>7:15</td>
<td>Yoga Level 1</td>
<td>Kurt</td>
<td>A</td>
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## TUESDAY

<table>
<thead>
<tr>
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<th>Tutor</th>
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</thead>
<tbody>
<tr>
<td>6:00 AM</td>
<td>Indoor Cycling</td>
<td>Joanne</td>
<td>C</td>
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<tr>
<td>8:00</td>
<td>Boxing</td>
<td>Stan</td>
<td>B</td>
</tr>
<tr>
<td>8:00</td>
<td>Core Fit</td>
<td>Bex</td>
<td>Y</td>
</tr>
<tr>
<td>8:30</td>
<td>Yoga-Level 2</td>
<td>Terri</td>
<td>A</td>
</tr>
<tr>
<td>8:30</td>
<td>AquaFit-Shallow</td>
<td>Steve</td>
<td>Y</td>
</tr>
<tr>
<td>9:15</td>
<td>Indoor Cycling</td>
<td>Carolyn</td>
<td>P</td>
</tr>
<tr>
<td>9:15</td>
<td>T.B.C.</td>
<td>Terri</td>
<td>A</td>
</tr>
<tr>
<td>5:00 PM</td>
<td>Indoor Cycling</td>
<td>Michelle</td>
<td>C</td>
</tr>
<tr>
<td>6:00</td>
<td>Step Plus!</td>
<td>Jane</td>
<td>A</td>
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## WEDNESDAY

<table>
<thead>
<tr>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Tutor</th>
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<tr>
<td>5:30 AM</td>
<td>Yoga-Level 1</td>
<td>Stan</td>
<td>Y</td>
</tr>
<tr>
<td>7:15</td>
<td>Indoor Cycling</td>
<td>Kevin</td>
<td>C</td>
</tr>
<tr>
<td>8:00</td>
<td>Fitness Fusion</td>
<td>Patty</td>
<td>A</td>
</tr>
<tr>
<td>8:30</td>
<td>AquaFit-Shallow</td>
<td>Sandy</td>
<td>P</td>
</tr>
<tr>
<td>8:55</td>
<td>Butts n Guts</td>
<td>Patty</td>
<td>A</td>
</tr>
<tr>
<td>9:15</td>
<td>Indoor Cycling</td>
<td>Terri</td>
<td>C</td>
</tr>
<tr>
<td>9:30</td>
<td>Mindful Yoga</td>
<td>Jamie Lynn</td>
<td>Y</td>
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<tr>
<td>9:30</td>
<td>Bootcamp</td>
<td>Marcela</td>
<td>G</td>
</tr>
<tr>
<td>9:30</td>
<td>Zumba</td>
<td>Shara</td>
<td>B</td>
</tr>
<tr>
<td>9:30</td>
<td>Fit ‘n’ Fun</td>
<td>Kirsten</td>
<td>A</td>
</tr>
<tr>
<td>6:00 PM</td>
<td>Indoor Cycling</td>
<td>Angela</td>
<td>C</td>
</tr>
<tr>
<td>6:00</td>
<td>Zumba</td>
<td>Jane</td>
<td>B</td>
</tr>
<tr>
<td>6:00</td>
<td>Les Mills BodyPump</td>
<td>Gwen</td>
<td>A</td>
</tr>
</tbody>
</table>

## THURSDAY

<table>
<thead>
<tr>
<th>Time</th>
<th>Class</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:30 AM</td>
<td>Indoor Cycling</td>
<td>Margaret</td>
</tr>
<tr>
<td>6:00</td>
<td>Boot Camp</td>
<td>Ally</td>
</tr>
<tr>
<td>8:00</td>
<td>Zen Fit</td>
<td>Kurt</td>
</tr>
<tr>
<td>8:30*</td>
<td>Yoga-Level 2</td>
<td>Sue</td>
</tr>
<tr>
<td>8:30</td>
<td>AquaFit-Shallow</td>
<td>Jo Ann</td>
</tr>
<tr>
<td>8:30</td>
<td>Insanity</td>
<td>Marcela</td>
</tr>
<tr>
<td>9:00</td>
<td>Fit ‘n’ Fun</td>
<td>Katie</td>
</tr>
<tr>
<td>9:15*</td>
<td>Core Fit + Stretch</td>
<td>Terri</td>
</tr>
<tr>
<td>10:00</td>
<td>Yoga Flex</td>
<td>Kurt</td>
</tr>
<tr>
<td>10:15*</td>
<td>Splash</td>
<td>Jo Ann</td>
</tr>
<tr>
<td>6:00 PM</td>
<td>Jump/HIIT</td>
<td>Kasey</td>
</tr>
<tr>
<td>6:30</td>
<td>Yoga Level 1</td>
<td>Sue</td>
</tr>
</tbody>
</table>

### LOCATION KEY

- **A Studio A**
- **B Studio B**
- **C Indoor Cycling Studio**
- **G Marcus Gym**
- **P Peck Pool**
- **WP Water Park**
- **Y Yoga Studio**

**LesMILLS Launch Week Jan 6 - 11**

**NEW YEAR, NEW RELEASES!**

This is the week that Les Mills BODYPUMP, BODYCOMBAT, and SPRINT classes will introduce new choreography and kick off the new quarter. Instructors will pump up the energy and excitement with team teaching and refreshments.

**MEMBERS**

Bring a Friend for FREE this week!

**NEW TO LES MILLS?**

This is a perfect time to try a class. Instructors will take extra time to explain the class and format.

Check online schedule for days & times.
**GROUP EXERCISE**

**Class Descriptions**

**AquaFit-Shallow (L1)**  ♧  Cardiovascular, strength, and core work done in shallow water.

**AquaFit-Deep (L2)**  ♧  Cardiovascular, strength, and core work done in deep water.

**Boot Camp (L3)**  ♧  High intensity class combining cardiovascular plyometric moves with full body strength circuits.

**Boxing (L3)**  ♧  Learn boxing skills such as correct form in throwing jabs, hooks, uppercuts, while keeping your heart rate up!

**Butts n' Guts (L2)**  ♧  Strictly dedicated to strengthening the core and lower body muscles. *30 min.

**Core Fit (L2)**  ♧  Challenging strength class focusing on alignment and form using the stability ball to improve posture and core strength. + Stretch 15 min. dedicated to stretching *75 min. on Thursday*

**Fit n' Fun (L1)**  ♧  A total body workout that is safe and effective for almost anyone. Perfect for individuals over the age of 55 years young!

**Fitness Fusion (L2)**  ♧  Embrace Yoga with a mix of high/low impact exercises to challenge you differently each class.

**Fitness Intervals (L2)**  ♧  Alternating aerobics dance moves with strength training and abdominal exercise. *45 min. on Fridays*

**Indoor Cycling (L1-L3)**  ♧  Motivational music and innovative instructors take your ride on a calorie burning adventure. **Reservations required.**

**Insanity (L3)**  ♧  Cardio workout done in 3-5 min blocks. Work your body to the max.

**Jump/HiIT (L3)**  ♧  Jump rope, lift weights, repeat! Work up a sweat with this total body interval workout. *30 min

**Les Mills BodyPump (L2)**  ♧  High-energy class that gives you a total body workout using light to moderate weights with lots of repetition and great music.

**Les Mills BodyCombat (L2)**  ♧  A high-energy martial arts-inspired workout that is totally non-contact. Punch and kick your way to a great workout!

**Les Mills Sprint (L2)**  ♧  A 30-minute High-Intensity Interval Training (HIIT) workout, using an indoor bike to achieve fast results.

**Nia (L1)**  ♧  Holistic fitness incorporating martial arts, dance, and healing arts. All levels and abilities welcome. Free to community members.

**Splash (L1)**  ♧  Low impact shallow water exercise class focusing on cardio, balance, and strength. Perfect for those beginning an exercise program. *45 min. Tues., 30 min. Thurs.*

**Step Plus! (L2)**  ♧  All the benefits from a cardiovascular workout on the step, along with a strength workout using various types of "power tools" (slides, gliders, bands, weights, and more).

**T.B.C. (L2)**  ♧  Total Body Conditioning is a head to toe strength training workout using a variety of equipment. *75 min.*

**Turbo Circuit (L3)**  ♧  A fast paced experience that combines strength and cardio moves into one total body circuit.

**Zen Fit (L1)**  ♧  Focused on developing core strength, balance, and muscle endurance using yoga, Pilates principles, and strength conditioning.

**Zumba (L2)**  ♧  Energizing, fat-burning workout using Latin dance moves for a workout that's more fun than it is work. *75 min. on Sundays*

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**YOGA**

**Intentional Yoga**  ♧  Gentle yoga practice that targets a different goal or specialty like mindfulness (Wednesday) and flexibility (Thursday).

**Yoga Level 1**  ♧  Appropriate for new and continuing students who enjoy a slower pace. Emphasizes the fundamentals of poses, alignments & sequencing.

**Yoga Level 2**  ♧  For moderately experienced students, this class may include advanced variations or longer holds of asanas (poses) and may move at a faster pace. Not appropriate for beginners. *75 min.*

**Mixed Level Yoga**  ♧  Instructor is able to modify poses for beginner to advanced participants.
Carnaval de Purim

For Jazz vibraphonist and percussionist, Mitch Shiner, who will be creating the Carnaval de Purim concert at the JCC on the evening of March 7, Brazilian and Caribbean Jazz is a passion. According to Shiner, the origins of this tuneful, rhythmical, and passionate music are drumming, dancing, and singing: voice, feet, and heart. Mitch earned a music degree at the Indiana University Jacobs School of Music. “It was at IU that I learned about American Jazz music,” he says, “But I also studied Latin, Brazilian, and Caribbean jazz with amazing teachers. I owe them a great debt of gratitude.”

Purim is the bridge between the harshness of the winter, and the seriousness of Passover. It happens as the winter subsides, and we emerge ready to celebrate. Like Carnaval there is reveling.

Last year, Jody Hirsh, the JCC Judaic Education director, suggested to Mitch that he and his musicians put together a Hanukkah concert event at the JCC . . . and Latka con Salsa was born. Shiner has always been interested in approaching far reaching music traditions and cultures and making connections with world music and Jewish music traditions. This mindset fits perfectly with Tapestry: Arts & Ideas from the JCC which, as its name implies, celebrates a weaving together of cultural traditions.

“Why not cast familiar Hanukkah tunes in Latin jazz styling?” Shiner thought. He came to the conclusion that perhaps that’s not a crazy idea. It was during the Mambo craze of the 1950’s that record labels owned by Jewish entrepreneurs and producers recorded and marketed the new craze and were responsible for major shifts in popular music tastes. The Hanukkah event was a great success in the jazz club setting at the JCC, and we want to recreate that success this year with Purim.

One of the mainstays of Brazilian music, of course is the Carnaval at the beginning of Lent – which is the Brazilian version of Mardi Gras in New Orleans. It is a time of joy, music, and over-the-top celebrations which mark the transition between the post winter release, and the serious Christian Lenten season. In fact, the Brazilian Carnaval is considered by many to be the Eighth Wonder of the World!

Is there a Jewish version of Carnaval? OF COURSE there is: PURIM! Purim is the bridge between the harshness of the winter, and the seriousness of Passover. It happens as the winter subsides, and we emerge ready to celebrate. Like Carnaval there is reveling. Drinking – the tradition is to drink enough so we don’t know the difference between the expressions “Blessed is Mordechai,” and “Cursed is Haman.” And, like Carnaval or Mardi Gras, we wear costumes! And dancing – there is dancing.

This year’s Purim celebration at the JCC will be a Jewish Carnaval with Jewish/Israeli/Brazilian Jazz fusion, complete with Purim and Brazilian food and drink. The program will feature traditional Purim and Israeli tunes reimagined with a Latin beat. Mitch will be appearing with David Bayles, drums; Sam Neufeld, trumpet; Cecilio Negron Jr., congas; and, Joey Sanchez, bass. It will be a one-of-a-kind evening of music, dancing, and Brazilian and Jewish food and drink. Flip the page for details and be sure to join us!

jccmilwaukee.org/programs/arts-ideas
TAPESTRY ARTS & IDEAS

All events held at the Harry & Rose Samson Family Jewish Community Center unless otherwise noted.

PERFORMANCE

Carnaval de Purim
Saturday, March 7 at 8:00 PM
Mitch Shiner Latin Vibes
return with a Latin take on Purim and Israeli melodies. If you liked our Hanukkah event “Latka con Salsa” last year, you’ll love Carnaval de Purim!
Costumes or silly accessories welcome!
General seating $25/person
Prime reserved seating $50/person ($25 tax deductible)
Admission includes Purim-themed refreshments, great music, and great company.

An Interactive Murder Mystery by Jody Hirsh
Join us for a truly interactive experience
Sunday, December 15
7:00 - 9:00 PM
Bugsy’s Back Alley Saloon,
218 N. Water Street
The year is 1933, the final year of Prohibition in America and an ugly murder threatens the safety and security of the patrons of a local speakeasy. Enjoy live music, food, and drink while YOU help solve this nefarious crime.
$100/person includes an immersive speakeasy environment, hors d’oeuvres, desserts and one free drink ticket to the full bar.
$50 is a tax-deductible donation to Tapestry: Arts & Ideas from the JCC.
Can’t make the big event? Join us for an in-house performance on Thursday, December 19, 7:00 - 9:00 PM at the JCC
The same drama with light snacks. Wine and soft drinks available for purchase.
JCC Members $25 | Community $30

Carnaval de Purim
with Mitch Shiner Latin Vibes

Join the JCC as we board a luxury coach bus to see
THE BEST OF BROADWAY

Wednesday January 29
Once On This Island: The Musical
Chicago’s Cadillac Palace Theatre
Winner of the 2018 Tony Award for Best Revival. The sweeping, universal tale of Ti Moune, a fearless peasant girl who sets out on a remarkable journey to reunite with the man who has captured her heart.

$100/show includes ticket+meal+bus
Tickets available at jccmilwaukee.org/tapestry
Contact Mona Cohen
mcohen@jccmilwaukee.org | 414-967-8249
Made possible by a generous gift from Suzy Ettinger

Buses depart from Brown Deer Park & Ride at 9:30 AM on show day
ART EXHIBIT

A Thousand Kisses: Stories of the Kindertransport
January 9 – February 10
JCC Surlow Promenade

Opening Event: Thursday, January 9 at 6:30 PM

Between December 1938 and May 1940, almost 10,000 unaccompanied mostly Jewish children were brought to Britain from Nazi Germany, Austria, Czechoslovakia and Poland in what became known as the Kindertransport. Using the archives of The Wiener Library, the world’s oldest collection of material on the Nazi era and the Holocaust, this exhibition tells the story of the Kindertransport through the experiences of some of the children and the loved ones left behind. Opening event will feature Kindertransport survivor, Graham Fleming, and Dr. Deborah Dwork, an American historian specializing in the history of the Holocaust.


The Art of Me Exhibit
February 13 – April 8
Opening event: Thursday, Feb 13 at 6:30 PM
Location: JCC Surlow Promenade

The exhibit of photography and art work is part of a show that features creative contributions of artists with disabilities from the JCC Chaverim (Friends) adult special needs community, providing a unique platform for self-expression through theater, music, poetry, visual art, and dance. The event is co-created by Upstream Arts and the JCC. Questions? Contact Jody Margolis at 414-967-8206.

THE COHORT
Bi-monthly meetings will give Milwaukee Jewish artists an opportunity to get to know each other, to share their work, to plan gallery visits and events, and to engage in lively discussions about art, community, and identity. For nine years, the Artists’ Lab has been creating a community of Jewish artists in Milwaukee. All artists are invited to participate.

Mondays Dec 2, Feb 3, Apr 6, Jun 1
7:00-8:30 PM
Free

Exploring Innovation
for artists and non-artists alike

What is innovation? How is it reflected in Jewish history and Jewish culture? When do we as artists and as Jews innovate and look forward? When do we preserve and celebrate the past and look backwards? This mini course will examine the topic of innovation through a Jewish and an artistic prism. This is the theme of this year’s exhibit and will help spark ideas for the exhibit.

Instructor: Jody Hirsh

5 Mondays: Dec 16, Jan 13, Jan 27, Feb 3, Feb 17
7:00-8:30 PM
MEM $50 / COMM $65
IDEAS

Back to the Sources: Following Elijah the Prophet
14 Thursday 9:30-11:15 AM
Location: Glazer Board Room
Instructor: Jody Hirsh

In the Biblical account of Elijah, he never actually dies – he is taken to heaven in a fiery chariot. This detail has excited the mystical imagination: Since Elijah never died, maybe he wanders among us visiting the poor and performing miracles. He figures in Jewish rituals such as the Passover Seder, circumcision ceremonies, and the Havdalah ceremony marking the end of the Sabbath. In this course, the key element will be the Biblical account in Kings 1 & 2, but we will also study Elijah’s significance in Jewish ritual, in Islam, and in Christianity. We will read some of the amazing folk tales about Elijah, as well as Elijah’s appearance in modern fiction and poetry.

SEMESTER II
14 Thursdays, Feb 20-Jun 11
No class: 4/9, 4/16, 5/28
MEM $120 / COMM $140

The Art of the Jewish Short Story: The Family Markowitz by Allegra Goodman
Friday 1:00-2:30 PM
Location: Glazer Board Room
Instructor: Jody Hirsh

The Family Markowitz is a tour de force of innovation featuring 10 linked stories that chronicles a family story featuring the cantankerous matriarch Rose and her children and grandchildren. These are stories that could be anyone’s family, but are told with extraordinary wit, charm and compassion.

The first Friday of each month
6 Fridays, Jan 3, Feb 7, Mar 6, Apr 3, May 1, Jun 5
MEM $48 / COMM $60

Holocaust Stories: In Their Honor
Free and open to the community
Join us as we listen to the survival stories of members of the Nathan and Esther Pelz Holocaust Education Center’s Speakers Bureau. This program allows community members, both teenagers and adults, an opportunity to listen to the testimonies of our local Holocaust survivors and to recognize these individuals for their heroic survival and their creation of new lives on American soil. Interviews conducted by local journalist Ben Merens.

Sunday, December 15
10:00 AM at the JCC
Ava Tevvs

Sunday, April 26
10:00 AM at the JCC
Rebbetzin Feige Tweski

A program of the Nathan and Esther Pelz Holocaust Education Resource Center and the Harry & Rose Samson Family Jewish Community Center. Sponsored by Wendy & Sheldon Wasserman and Madeline & Russ Wasserman.
FREE JEWISH FILMS

Explore Jewish films on a large screen in an informal classroom setting and participate in educational discussions with Milwaukee Jewish educators and professionals. All films are FREE and open to the community. Please note individual times.

Presented at the Harry & Rose Samson Family Jewish Community Center

NOTE: Film screenings subject to change. Visit jccmilwaukee.org/tapestry or call 414-967-8249 for updates.

Redemption (Geula) (Israel) (2018)
Sunday December 8
4:00 PM
This touching Israeli drama centers around Menachem, the former lead of a successful rock band, who years ago left his secular life to become religious. Now a widower with a 6-year-old daughter diagnosed with cancer, he attempts to reform his original band to help fund the expensive treatments she needs to survive. In Hebrew with subtitles.

Dimona Twist (Israel) (2016)
Thursday December 12
7:00 PM
This incredible documentary highlights largely unknown stories of women who arrived by ship in Israel in the 1950's-1960's and were sent to the newly established town of Dimona – in the middle of the desert. Seven of these women – originally from North Africa and Poland – candidly share what their lives were like as immigrants. In Hebrew with subtitles.

The Mad Adventures of Rabbi Jacob (Les Aventures de Rabbi Jacob) (1973)
Sunday, January 19
2:00 PM
Facilitator: Brett Lipshutz
This classic French farce featuring the legendary Louis de Funés is the hilarious story of a bigoted Frenchman who finds himself forced to impersonate a popular Hassidic rabbi while on the run from a group of assassins – and the police.

Into the Arms of Strangers: Stories of the Kindertransport (2000)
Thursday, February 27
7:00 PM
For nine months prior to World War II, in an act of mercy unequalled anywhere else before the war, Britain conducted an extraordinary rescue mission, opening its doors to over 10,000 Jewish and other children from Germany, Austria, and Czechoslovakia. These children, or Kinder, as they came to be known, were taken into foster homes and hostels in Britain, expecting eventually to be reunited with their parents. The majority of them never saw their families again.

All My Loved Ones (1999) Czech Republic
Thursday, March 12
7:00 PM
Told from the perspective of man reflecting on his childhood in Prague in the early years of World War II and the eventual destruction of his family as the Nazis rise to power.
Community

The JCC is a destination for excellent programs and services, but it’s first and foremost a non-profit, social-services agency committed to serving the ever-changing needs of the entire community. In celebrating Jewish life and demonstrating inclusive values, the J is a place of welcoming at the center of so many lives, communities, and futures. Our members, guests, staff, and volunteers come together each day – sometimes for one class, sometimes for years to come – believing that we’re stronger together, supporting one another with shared values on a shared journey.

jccmilwaukee.org/programs/community

“Justice, justice shall you pursue.”

In the everyday occurrences on display during a walk through the JCC – here in Whitefish Bay or anywhere throughout our service areas in Wisconsin – it’s easy to miss how these small moments of community might actually be justice in action. Though every day at the J can be demonstrably different (and every season brings with it a change in programs, services, and activities) if you look closely enough, you see that tzedek – justice – is active throughout your JCC.

A truly just world recognizes that basic human needs extend beyond survival, and we’ll continue to partner with exceptional community organizations that work tirelessly to combat poverty, homelessness, inequality, violence, and intolerance.

How else can we, as a community, work together to build a more just Milwaukee?

We can work on educating our youngest learners, in formal settings and beyond, and bring to them all the resources available for lifelong success. We do that in Gan Ami Early Childhood Education, Kids Center Before and After School, tutoring programs, and throughout our family programs.

We can work on bringing youth and teens together, from diverse backgrounds and places, and provide them the joys of childhood – and the training for adulthood – in our camps in Fredonia, Eagle River, and throughout Metro Milwaukee. We can acknowledge that being a kid is hard, and it’s our job to make it last.

We can work on being a community where all people, of all abilities and means, have an opportunity to learn, grow, and share. In our work with Inclusion and Special Needs, we learn about our best natures and the world around us.

We can work on building healthy hearts – physically, emotionally, and spiritually. That a good workout doesn’t come at the exclusion of a good community.

We can work on welcoming all voices, of all ages and beliefs, in meaningful conversations and experiences. In recognizing that a performance, a book reading, an exhibition, or a speaker series is more than just an evening of entertainment – it’s an invitation to connect and consider.

We can work on making everything we do, in moments both large and small, a moment of justice. And we can do that work through your support of the JCC’s Scholarship Campaign, which will empower even more children, adults, and families to access the programs and services of the JCC. Thank you for your consideration and investment.

We can work on this together because, when we do, we’re at our best.

Visit jccmilwaukee.org/donate to support the JCC Scholarship Campaign.
Young Jewish Adults of Milwaukee

YJAM is the only social networking group in Milwaukee for young Jewish adults in their 20’s and 30’s. We plan everything from Happy hours to Purim Parties for those who are dating, single or married. If you’re new to the city or just looking to meet fellow Jews in the city come join us! No membership required!

Find us on facebook
Contact Diana Azimov at yjam@jccmilwaukee.org
jccmilwaukee.org/yjam

Special Needs Chaverim
The Special Needs Chaverim Club offers social, recreational, educational and Judaic programs for adults with developmental disabilities throughout the year. Programs are designed to provide members an opportunity to make friends and develop both physically and socially in a warm, caring environment.

For more information, contact Sarah McCutcheon, 414-967-8198, smccutcheon@jccmilwaukee.org.

KOACH Birthday Klub

By becoming a KOACH Birthday Klub volunteer, you can help brighten the lives of senior adults throughout the community who might be celebrating their birthdays alone. This special corps of volunteers visit and bring treats and surprises to the birthday person.

Next KOACH Program
Thursday, December 12
Join David Cesarini, the Artistic Director of Next Act Theatre, as he presents highlights of his upcoming production, *Laughter on the 23rd Floor*
Congregation Shalom,
7630 N Santa Monica Blvd

For more information about KOACH, contact Mona Cohen | 414-967-8249 mcohen@jccmilwaukee.org

KOACH
ages 55 & better

The word KOACH means strength in Hebrew. This widely popular program brings together adults from throughout the community. KOACH reflects the vigor of the Jewish community and is co-sponsored by the JCC and Milwaukee synagogues. Each month community resources and experts come prior to lunch to provide information, skills and resources to help improve quality of life as a part of KOACH Kares. KOACH program locations rotate between the JCC and synagogues.

One Thursday each month
11:30 AM KOACH Kares
12:00-2:00 PM Lunch & Program
Lunch &/or Program $8
Reservations Required

JCC Men’s Club

First 3 Tuesdays of each month · 12:30 - 2:00 PM
Lox lunch at noon on select dates

Think of the JCC Men’s Club as a talk show without cameras, microphones, or commercials. This vibrant and stimulating group designed for active semi-retired and retired men explores politics, religion, sports, and current events. Become a part of the gang now!

Men’s Club Annual Dues
JCC Member Value $35 / Community $45
Optional Lox Lunch $7 when offered
Contact Ken Stein to learn more mensclub@jccmilwaukee.org

Mah Jongg Open Games
Monday Noon-4:00 PM
Location: Community Hall
Instructor: Jackie Blumberg
Come and play Mah Jongg. Open games are friendly and non-competitive. Coaching is available with on-site Mah Jongg maven. No registration is necessary.

ONGOING: Mondays Noon-4:00 PM
MEM $2 / COMM $3

Mah Jongg for Beginners
Adults 18+
Thursday 1:00 - 3:00 PM
Location: Community Hall
Instructor: Judy Joseph
Bam! Crack! Dot! Learn to play Mah Jongg in a fun way with an experienced Mah Jongg teacher.
4 Thursdays, Jan 9-30
MEM $24 / COMM $32
We gratefully acknowledge our partners

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Our Neighborhood Partners are local businesses that offer our members special discounts. If you would like to learn more about how being a Neighborhood Partner could benefit your business, please contact Jamie Seitz, Membership Director, 414-967-8274, jsieitz@jccmilwaukee.org.

Discounts are applied to full-price merchandise, may not be used in conjunction with any other coupons or offers and are subject to change.

Acupuncture and Holistic Health Associates
414-332-8888
holisticacupuncture.net
Bayshore Town Center
500 W. Silver Spring Dr., Suite K-205, Glendale
JCC members save $230 on the initial visit and a special discount on treatments.

Amy’s Barefoot Books
Amy Connolly, Owner
414-305-0033
amysbarefootbooks.com
AmysBFb@gmail.com
414-305-0033
Owner
414-305-0033
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Arbonne International
414-699-7181
racingdreamteami.com
myarbonne.com
Industry leader in prestigious skin care and health & wellness products. 35% discount for first-time customers. Call for a free spa presentation.

Area Rental and Sales
262-827-1444
arearentalwi.com
16205 W. Rogers, New Berlin
10% discount (delivery not included) Must give JCC Membership number at time of reservation.

Au Pair Care
800-428-7247
aupaircare.com
Free Application for JCC members (save $350), enter SFREEAPP.

Belleza
414-915-3726
bellezahairdesign.com
10503 N. Cedarburg Rd., Mequon
JCC members get 10% off services and 20% off hair product purchases at time of service as well as 15% off first Brazilian Blowout Keratin Smoothing Treatment. Contact: Frances.

Board Game Barrister
414-963-2100
boardgamebarrister.com
Bayshore Town Center
5800 N. Bayshore Dr. #15, Glendale
10% discount on most items.

Boutique Photographer Linda Smallpage
414-737-1232
boutiquephotographer.com
5594 N. Hollywood Ave. Studio 204, Whitefish Bay Members receive a $50 discount on portrait sessions, $100 discount on Bar and Bat Mitzvahs, $150 discount on Weddings.

Brain Balance
262-240-9915
brainbalancemilwaukee.com
11649 N. Pt Washington Suite 101, Mequon
JCC members receive 10% discount on all services excluding lab work and nutritional supplements.

Celebration Authority
262-243-5711
1-800-588-0445
celebrationauthority.com
JCC members 10% off on party rentals.

Creative Enterprises
Custom Framing
414-562-0656
227 W. State St., Milwaukee
20% discount to JCC members.

Ewald Automotive Group
1-866-443-9253
ewaldautomotiveadvantage.com
mayfairrentacar.com
1750 N. Mayfair Rd., Milwaukee
JCC members receive discounts on all of their automotive needs. Purchase, service and rental discounts! Use member login code: JCC10
10% discount at Mayfair Rent-A-Car. Use promo code CRPMRAC.

First Weber Group
Chris Ott
4650 North Port Washington Rd., Suite 150, Glendale, WI 53217
C: 414-405-5200
F: 414-755-1694
chrisotttreater.com
Free market analysis and a $100 donation for every sale to the JCC Scholarship Appeal.

Four Points by Sheraton
414-357-1604
fourpointsmilwaukee.com
8900 N. Kildeer Ct. Brown Deer Kate Grimshaw, Director of Sales JCC members receive discounted room rates for blocks of 10 or more & discounted room rental for any catering functions.

Fresh Fin Poke
3 locations • freshfinpoke.com
1806 E. North Ave., Milwaukee
414-239-8677
240 N. Lord St., Brookfield
262-505-6510
316 N. Milwaukee St., Milwaukee
414-763-0473
10% discount off dine in or pickup only. Cannot be combined with other promotions.

GreenSquare Center for the Healing Arts
414-292-3900
greensquarecenter.com
6789 N. Green Tree Road, Glendale
20% off first visit, therapy, or class at this center for integrative health care. Latest techniques in natural healing. Optimize vitality, relieve pain, and restore health naturally.

Holiday Inn Milwaukee Riverfront
General Reservations Phone: 414-962-6040
Fax: 414-962-6166
4700 N Port Washington Rd Milwaukee
Discount is 15% off nightly room rate when they mention being a JCC member to our reservations department. For special JCC discounts on events/catering please contact us directly. Group Sales Contact Info: Group Room Reservations: Calley Van Kirk 414-431-3533/calley@himilwaukee.com Catering/Event Reservations: Michael Wicinski 414-431-3532/michael.wicinski@himilwaukee.com

Loving Hands LLC
Postpartum Services
414-870-6231
aupaircare.com
800-428-7247
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262-573-6678
northshorenanny.org
10% off a short or long-term placement fee to JCC members.

Pea Pod Sleep Consultants, LLC
10% off Premium Sleep Package
peapodsleep.com
414-379-0332
Whether it’s night sleep, naps or bedtime battles, Pea Pod Sleep Consultants help parents resolve a baby, toddler or preschool age child’s sleep challenge. Offering both in-home or remote consultation services.

Peepal Tree
Ruchita Varma, Designer
952-200-2026
etsy.com/shop/ruchitashop
JCC members receive 10% discount first item, 15% discount two items. Offering beautiful one-of-a-kind handmade products like scarves, T-shirts, baby items, bags and cards.
The Perfect Venue
For Your Day or Overnight Retreat

We host groups of all sizes and are located just 30 minutes north of Milwaukee. Our 110 acres combine modern conveniences with rustic beauty. Our staff will help make sure that your event is tailored to your total satisfaction. Please give us a call or email us with any questions or to schedule a tour.

Spring/Fall/Winter Adventure

20-Room Lodge
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Shelby Kass 414-967-8248
skass@jccmilwaukee.org

Be a part of something special

Working at the JCC turns an interest into a passion, a hobby into a calling, an idea into reality. As a multi-faceted social services agency, with over 17 unique service areas spanning 6 different locations throughout the state, we let our mission guide the way.

The JCC cultivates generational talent, and serves as a destination for professional development. With an inclusive and vibrant culture, led by a diverse board of directors, we’re a community-first place where our staff team is our most valuable asset.

Whether you’re looking for five hours a week poolside, or you’re 15 years into your professional career as an educator or program leader, there’s a place for you on the team. Every day is a little bit different at the JCC – and the work experience you enjoy here is unlike anything else you'll find in Milwaukee.

Lifeguards, teachers, camp staff, social workers, senior leaders – on any given day we have an opportunity right for a wide range of skills, backgrounds, and abilities.

We are seeking highly committed, high-energy leaders to serve our members and bring our programs to life. To explore current opportunities and take the next step in making your work more than just your job, visit jccmilwaukee.org/about-the-jcc/employment-careers
Endowment Funds

Would you like to support a JCC program with a family endowment fund? For as little as $2500, your family fund can help support programming and services to our community. For further information, please call Mark Shapiro at 414-967-8224 or contact Harriet Rothman at hrothman@jccmilwaukee.org or 414-967-8239.

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<th>Chief Development Officer:</th>
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<td>414-967-8188</td>
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<td><a href="mailto:ecohn@jccmilwaukee.org">ecohn@jccmilwaukee.org</a></td>
<td><a href="mailto:hrothman@jccmilwaukee.org">hrothman@jccmilwaukee.org</a></td>
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  - Michael & Carol Tannoff
  - Sherwood Temkin Youth Sports

- **Holocaust Resources**
  - Arthur & Rose Chrustowskis Yom Hashoah
  - Raye & David David
  - Sam & Edith Kopel Family Yom Hashoah

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Eva & Leon Leopold Family Yom Hashoah
William & Franka Neufeld Holocaust Education Memorial
Walter W. Peltz Memorial Endowment for Furthering Holocaust Education
Luba Szlosberg
Pincus & Bluma Weinstock Yom Hashoah
JCC Holocaust Education Fund

**Israel Related**
- Merton & Dorothy Rotter
- Yom Haatzmaut/Walk for Israel – Schuster Metals
- Atid Properties

**JCC General**
- Julius & Mildred Atkins
- Brynn & Jerry Bloch
- Warren & Wendy Blumenthal
- Breslauer Family Flaggpole
- Irving L. Chortek Jewish Community Pantry
- Eugene & Jean Eisman Scholarship
- Executive Director Discretionary
- Cyril Gross
- J. Caryl Hymen Memorial
- Jewish Community Pantry
- Gilbert Meisel
- Prospect Avenue
- Cindy & Max Rasansky
- Joseph Rosenberg
- Harry & Rose Samson Family
- Shon Family Facilities and Equipment
- Silverman Family
- Sam Soref
- Tonkens Memorial
- JCC Jewish Singles LINK
- JCC Unrestricted

**Jewish Youth Programming**
- Ateret Cohn
- Shamah Family Jewish Programming
- Joe E. Smith
- Jack & Shirley Weiner
- Howard Weinsheil
- JCC Youth

**Judaic Education**
- Roy & Rosalie Kaiman Nirenberg
- Dorene Paley Family Endowment for Jewish Studies & Community Service
- Morris & Fannie Weringrod
- JCC Judaic Education

**Leadership & Staff**
- I.E. Goldberg
- James L. Miller L'dor V'dor Leadership
- Maurice Ritz
- Julie Miller Sanicola JCC Lifetime of Service
- Mark Shapiro Staff Enrichment

**Library**
- George & Ida Bursak

**Parenting & Family Services**
- Dr. Herbert & Ruth Giller
- Fayie Jubelier
- Mantel Sisters’ Family Fund to Assist Women in Crisis
- Harold & Terry Nash JCC Family and Parenting Center
- Aaron & Gertrude Weiss Scholarship
- JCC Parenting Center

**Special Needs**
- Robert & Mimi Habush JCC Special Needs
- Miller Brewing Company Special Needs Chaverim
- Donald A. Pollack Memorial Fund for Children with Special Needs
- JCC Special Needs
What will your legacy be?

By designating the Harry & Rose Samson Family Jewish Community Center and/or the Steve & Shari Sadek Family Camp Interlaken JCC as a beneficiary organization in your will or estate plan, your legacy will continue to serve our community in meaningful ways for generations to come.

To discuss how you can help secure the future of the JCC and its programs, please contact Harriet Rothman, Major Gifts Manager 414-967-8239 or hrothman@jccmilwaukee.org

Steve & Shari Sadek Family Camp Interlaken JCC Legacy Circle.

We gratefully acknowledge our visionary and generous donors who have promised to fulfill the commitment of leaving a legacy to the Steve & Shari Sadek Family Camp Interlaken JCC.

Anonymous (2)
Jamie Lyn Adashek
Beth Alling
Steve and Joy Appel
Daniel N. Baer
Drs. Brian and Laurel Bear
Samantha Bear
Debbie and Aaron Bernstein
Adam Bilsky
Bert & Marlene Bilsky
Karee Bilsky
Tova Blasberg
Mark Brickman Family
Peggy Brill
Shoshanah and Joshua Bruesewitz
Haley J. Carneol
Stephen and Jane Chernof
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Hazzan Carey and Sharon Cohen
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Larry, Melissa, Emily and Jane Feldmesser
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Mara Gollin-Garrett and Jon*, Ellie & Abby Garrett
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Alyssa Rubinitz
Alicia and Bryan Sadoff
Rachel Saslove
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Sharon, Mark, Carli and Sophie Shapiro
Diane and Gary Sobel
James H. Stein
Alex Strnad
James A. Sweet Family
Philip Tavill
Jessica Tolkan
David and Jenna Turner, Jocelyn Kalkman and Josh Turner
Ian Wagan
Jonah M. Wagan
Dara Winter
David Winter
Sylvia and Michael Winter
Evan Michael Wool
Tracey Wool
Diane and Eric Zall
James* and Eve Joan Zucker

Anonymous (4)
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Drs. Brian & Laurel Bear
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Libby Temkin
Howard & Diane Wagan
Ruth & Jonathan Wallace
Bruce Weiss & Melinda Steffrey
James* & Eve Joan Zucker

*of blessed memory
TRIBUTE PROGRAM

A contribution to the JCC is a generous and wonderful way to remember, honor, or celebrate life’s events. If you would like to make a donation of $10 or more, please visit our secure website, jccmilwaukee.org. Donations may also be sent to:

Tribute Program
Harry & Rose Samson Family JCC
6255 N. Santa Monica Blvd.
Milwaukee, WI 53217

For questions please call Senior Development Associate Ruth Wallace at 414-967-8233. If mailing in a check, please specify to which fund or program of the JCC you would like to donate, the name of the person and occasion you are commemorating, and the correct name and address of the person you wish notified of the gift. For questions please call Development Coordinator Sherry Misener at (414) 967-7145.

Below, we gratefully display our friends’ names under the endowment or programming funds that they have supported.

The tribute list reflects donations received by the JCC as of October 8, 2019.

ADULT PROGRAMS AND SERVICES
KOACH
To Phyllis Bankier & Ted Tousman & Family in memory of
Shirley Hirschbein
Roseanne & Marty Goldstein
Sylvan & Kippy Leabman
To Ethan & Kaitlin Cullum Chernin in honor of their anniversary
Jack Chernin
To the Hirschbein Family in memory of Shirley Hirschbein
Brenda Safer
To Diane Sobel in honor of her retirement
Suzy Ettinger

CAMPING FUNDS
EDITH AND GEORGE BACH CAMPING
With thanks to Steve & Joy Appel
To Dr. Irving Becker & Family in memory of Muriel Becker
To Michelle Bodner in memory of Benjamin Zitron
To Colette Carasso & Family in memory of David Carasso
To Priscilla & Lou Cohen in memory of Brad Cohen
With thanks to Bobbi Dinkel
To Jennie Elias in memory of Rochelle Warshawsky
With thanks to Suzy Ettinger
To Suzanne Feder in honor of her special birthday
With thanks to Dick & Elyce Lernor
With thanks to Shari & Allan Luck
With thanks to Ann Margolis
With thanks to Carol Richheimer
With thanks to Barbara Sable
In honor of Frankie Sabul
With thanks to Mary Jane Stein
To Royal Taxman in honor of his birthday
To Royal & Myra Taxman in honor of their special anniversary
With thanks to Patti Weiger
To Donna Wichman & Family in memory of Harvey Wichman
Renee Mayer
To Renee Mayer & Family in memory of Fred Mayer
Jeff & Lynne Schuster
Micki Seinfeld

B’NAI HE-ATID
To Sara & Mark Hermanoff in memory of Philip Cohen
Michele & Joe Ellner
To Michelle Lafferty in honor of her incredible kindness
Lynne Feiges
To Toni Davison Levenberg & Saul Yardley in honor of an amazing summer with the Ozrim
Jim Stein & Ellen Schneiderman

ALBERT & ANN DESHUR FAMILY JCC RAINBOW DAY CAMP
To Irrv Becker & Family in memory of Muriel Becker
To Mickie & Jerry Bodner in memory of Benjamin Zitron
To Bernie Kaufman in memory of Sylvia Kaufman
To Terri Stevens & Family in memory of Eunice Biller Bobbi Dinkel

HARRY DIZACK JCC CAMP INTERLAKEN SCHOLARSHIP
In honor of Carol & Wally Dizack
The Cowan Family
To Bernie Kaufman & Family in memory of Sylvia Kaufman
Harriet Dizack

CAMP INTERLAKEN DIRECTOR’S DISCRETIONARY
To Steve & Shari Sadek in honor of their special anniversary
Jill & Jerry Polacheck
To Mark Wichman in memory of Harvey Wichman
The Steinberger Family

CAMP INTERLAKEN JCC SCHOLARSHIP
To Ashley & Joey Barnett in honor of the birth of Jack Barnett
Larry & Gigi Golopol
To Elana Goldwin in honor of her Bat Mitzvah
Marc Lewis

RAINBOW DAY CAMP GREATEST NEED
To Brian Arnol in honor of his birthday
Harriet Arnol
To Adam Bazelon in memory of Robert Bazelon
To Mike Bazelon in memory of Robert Bazelon
To Judy & Mike McKinnon in memory of Robert Bazelon
Abby & David Schwartz
In honor of Judy Kissel
Jenny Lee Deutsch & Susan Lee

MACKENZIE WAGAN CAMP INTERLAKEN STAFF SCHOLARSHIP
To Michael MacKenzie in memory of Robert “Pete” MacKenzie
Howard & Diane Wagan

TRIBUTE PROGRAM

DR. RONALD & FRAN MEYERS FAMILY CAMP INTERLAKEN FACILITY
To Ron Meyers in honor of his birthday
Sheila TaiteIlman

RUBIN FAMILY CAMP INTERLAKEN SCHOLARSHIP
To Mark & Susan Wichman in memory of Harvey Wichman
The Rubin Family

ADAM (AJ) SOBEL CAMP INTERLAKEN SCHOLARSHIP
To Barbara & Alan Bern in honor of their anniversary
Claire & Ken Fabric
To Paula Fine & Family in memory of Jerry Fine
Betsy Lewis
Diane & Gary Sobel
To Natalie Frankel in honor of her special birthday
Claire & Ken Fabric
Diane & Gary Sobel
To Mike Joseph in honor of his birthday
Claire & Ken Fabric
To Rosalie & Ray Harkavy in memory of Seymour Wasser
To Dick Lernor in honor of his birthday
To Donna Wichman & Family in memory of Harvey Wichman
Betsy Lewis
To Diane & Gary Sobel in honor of their anniversary
Claire & Ken Fabric
Lexy & Mike Gore
To Diane Sobel in honor of her retirement
Claire & Ken Fabric
Stephie & Gregg Falberg & Family
Susan Garrison
Lexy & Mike Gore
Edith Riesz
Harriet Rothman
Dee & Ken Stein
Lois Stoler
To Gary Sobel in honor of his birthday
Claire & Ken Fabric
Lexy & Mike Gore
Betsy Lewis

TRACY SWEET CAMP INTERLAKEN JCC SCHOLARSHIP
In honor of Jim Sweet
Fran Franklin
Michael Gordon
To Jim Sweet in memory of Tracy Sweet
Jack Chorowski
Elyse Cohn
Robert & Harriet Gordon
Leah Levine
Mark & Sharon Shapiro
In memory of Tracy Sweet
Jim & Elaine Sweet
Philip Tavill

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To Karen Wahlberg in honor & celebration of her birthday
Claire & Ken Fabric
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MELVIN & BARBARA ALTMAN DANCE & RECREATION
To Suzanne Derfel in memory of Ben Derfel
Joyce Gurzke

KAREN EDELSTEIN MEMORIAL
To Lori & Gary Edelstein in honor of their birthdays
Judy & Marvin Edelstein
To Marvin Edelstein in honor of his birthday
Judy Edelstein
Debra Slater

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To Robb Marcus & Family in memory of Rick Marcus
Joseph & Dawnia Alioto
Heather Biller Gerson
Debbie Bylan & Kathleen Bloom
Mitch Carneol
Rosalie & Dr. Raymond Harkavy
Cindy & Max Rasansky
Rosalie Reilin
The Rifkin Family

SYLVIA & ROBERT SEINFELD JEWISH FILM FESTIVAL
To Irv Becker & Family in memory of Muriel Becker
To Cindy Benjamin in memory of Jerry Benjamin
To Jennie Elias in memory of Shelley Warsawsky
To Veda & Herb Light in honor of their special anniversary
To Howard Oxman & Family in memory of Joni Oxman
To Terri Stevens & Family in memory of Eunic Biller
Micki Seinfeld

TAPESTRY: ARTS AND IDEAS
In honor of Michael & Tracy Askotzky
Sylvia & Michael Winter
To Betty Chrustowski in honor of her birthday
Sheri Levin
Paul Loewenstein & Jody Kaufman Loewenstein
In honor of Elsey Cohn
Shari & Allan Luck
To Sheri Levin in honor of her birthday
Paul Loewenstein & Jody Kaufman Loewenstein
To Dan & Bettine Lipman in memory of Muriel Lipman
Karen & Bob Stein

EARLY CHILDHOOD
KETTEN/MIRINGOFF FAMILY EARLY CHILDHOOD SCHOLARSHIP
To Susie Conen on her special birthday
To Mardee & Steve Gruen in honor of their special anniversary
To Ellen & Ben Mandelman in memory of Sylvia Kaufman
To the Wichman Family in memory of Harvey Wichman
Judi & Michael Ketten

HEALTH, RECREATION & FITNESS
MARK & BARBARA GLAZER COMMUNITY WELLNESS
To Sara & Mark Hermanoff in memory of Philip Cohen
To Craig & Monette Leva in memory of Harvey Wichman
To Susan & Mark Wichman in memory of Harvey Wichman
Mark & Barbara Glazer

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To Robb Marcus & Family in memory of Rick Marcus
Joseph & Dawnia Alioto
Heather Biller Gerson
Debbie Bylan & Kathleen Bloom
Mitch Carneol
Rosalie & Dr. Raymond Harkavy
Cindy & Max Rasansky
Rosalie Reilin
The Rifkin Family

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To Terri Stevens & Family in memory of Eunic Biller
Micki Seinfeld

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To Craig & Monette Leva in memory of Harvey Wichman
To Susan & Mark Wichman in memory of Harvey Wichman
Mark & Barbara Glazer

GARY & JUDY GUTEN FAMILY LONGEVITY
To Judy Guten in honor of her birthday
Pam Kriger
Shari & Allan Luck

MICHAEL & CAROL TARNOFF
To Michael Taroff in honor of his retirement
Elaine & Bill Appel
Pam Kriger
Marilyn & Harry Pelz
Toby Recht
Micki Seinfeld
Roe WiersGalla

HOLOCAUST RESOURCES
WALTER W. PELTZ MEMORIAL FUND FOR FURTHERING HOLOCAUST EDUCATION
To Jordan Atinsky & family in memory of Merry Atinsky
To Gary & Denice Geller in memory of Susan Louis
To Michael & Jan-Marie Gendlin in memory of Justin Gendlin
To Marty Greenberg, wishing a speedy recovery
Dr. & Mrs. Shay Pilnik & Family in memory of Rachel Pilnik
To Michael & Debra Watton in memory of Zelda Watton
Arleen Pelz

PINCUS & BLUMA WEINSTOCK YOM HASHOAH
To Shaya Pilnik in memory of Rachel Pilnik
Gitta Chaet

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MERTON & DOROTHY ROTTER
To Jordan Atinsky & family in memory of Merry Atinsky
To Dorene Paley in honor of her retirement
To Diane Sobel in honor of her retirement
To Mike Taroff in honor of his retirement
Dottie Rotter

JCC GENERAL
GREATEST NEED
To Steve Bazelon in memory of Robert “Bob” Bazelon
Robert Goldstein
To Audrie Berman in memory of Muriel Berman
To Sara Hermanoff & Family in memory of Philip Cohen
To Peter Jaysen & Family in memory of his father
To Mary Kaufmann & Family in memory of her mother
Mitch & Cheryl Moser
To Jane Chernof in honor of her special birthday
To Mickey Sadow in honor of her special birthday
To Leslie Uswor in honor of her special birthday
Pam Kriger
To Sarah & Dan Cohen in memory of Donald Cohen
Julie & Roger Siegel
To Judy Coran in memory of Muriel Becker
Mitch & Cheryl Moser
The Steinberger Family
To Rod Eglash in honor of his special birthday
Janet Miller
To Bobbe Fine in honor of her birthday
Jeff & Lynne Schuster
To Cathy & Joe LaFleur in memory of Conrad Kaminski
Julie & Roger Siegel
To Ellen Mandelman in memory of Sylvia Kaufman
Book Club

JEKSHWJ COMMUNITY PANTRY
To Dr. Jordan Atinsky & Family in memory of Merry Atinsky
Lil Teplinsky
Adrienne Weber
To David & Deborah Baron in memory of Saundra Baron
To Marcia Katz & Family in memory of Ruby Katz
To Elliott & Claire Meisenheimer in memory of Wendy Meisenheimer
To Joan Siegel & Family in memory of Richard Siegel
Terry Schnoll
To Yael & Noah Barolsky, in honor of their good deeds
Mitchell Glassman
To David Baron in memory of Saundra Baron
To Vicki Josanay in memory of Merry Atinsky
Jerry & Barbara Volk
To Rick Baron & Family in memory of Saundra Baron
To Sheila Eglash wishing a speedy recovery
To Jennie Elias in memory of Rochelle Warsawsky
Dr. Lewis & Beverly Feiges
To the Becker Family in memory of Muriel Becker
Bunny & Ron Cohen
Dr. Lewis & Beverly Feiges
Sari Lubin
Howard & Elaine Myers
Toby Recht
Judy Saichek
Terry Schnoll
Bubbles Shumow
The Weber & Graskamp Families
To Cindy Benjamin & Family in memory of Jerry Benjamin
Beverly Colton
To Jane & Steve Brown in memory of Beatrice Cowle
To Earl Reinhardt, wishing a speedy recovery
To Charles & Laura Waishn in memory of Sam Waishn
Mark & Laurie Pasch
To Barbara & Alan Bern in honor of their anniversary
Donna Wichman
To Jerry & Mickie Bodner & Family in memory of Benjamin Zitron
To Gloria & Jake Golding in honor of their special birthdays
To Rosalie Harkavy, wishing a speedy recovery
To Susan Marcus & Family in memory of Mickey Becker
Shari & Allan Luck
To Marcie Brenner in honor of her birthday
Mike & Terry Kleinman
To Allan & Sue Carneol in honor of the birth of their granddaughter
To Marty & Ruby Carneol in honor of the birth of their great granddaughter
To Richard Pozorski, wishing a speedy recovery
Adrienne Weber
In memory of Donn Carme
In memory of Phyllis Carme
Larry Carme
To Jane Chernof in honor of her birthday
To Judy Guten in honor of her birthday
To Bernie Kaufman & Family in memory of Sylvia Kaufman
To Anna Margolis in honor of her birthday
To Howard Oxman in memory of Joanne Oxman
To Joyce Solochek in honor of her birthday
To Mike Taroff in honor of his retirement
Joy & Steve Appel
To Elaine Cohen in memory of Don Cohn
June Wallace
To Susie Conen in honor of her birthday
Peggy & Nat Bernstein
To Dr. Judy Coran in memory of Muriel Becker
Carol Fishman
To Ethan & Kaitlin Cullum Chernin in honor of their anniversary
To Debra Slater in honor of her birthday
Jack Cullin
To Robin Curry & Family in memory of Gary Curry
To Diana & Leonard Goldstein in honor of their anniversary

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To Betty Weitzen wishing a speedy recovery
To Steve Wertheimer & Family in memory of Reena
To Dan Wilkinson in memory of Elda Wilkinson
To Nadine Zuckermand & Family in memory of Micaela’s bat mitzvah
  Sandy Nankin
To Sue Derfel in memory of Ben Derfel
  Claire & Ken Fabric
To Rod Eglash in honor of his special birthday
  Judy & Norb Eglash
  David & Linda Fono
  Susie & Bob Fono
To Andy Elgart in memory of Mickey Bluerock
  Debra & Michael Watton
To Jennie Elias in memory of Shelley Warshawsky
  Barbara Perchonok
To Wendy & Dean Ellis, wishing a happy & healthy new year
  Robin & Steven Scholper
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  Ellen & Diane, Bay Travel
  Susan Garrison
  Mark & Barbara Glazer
  Shari & Allan Luck
  Debra & Michael Watton
To Bobbe & Stuart Fine in honor of their special anniversary
  Sue Kimmel
  Richard & Elyce Lernor
  Michael & Carol Tarnoff
  Leslie & Barry Usow
To Bobbe Fine in honor of her special birthday
  Richard & Elyce Lernor
  Leslie & Barry Usow
To Paula Fine & Family in memory of Jerry Fine
  Susan Garrison
  Bernard & Judy Kristal
  Howard & Elaine Myers
  Sandy Nankin
To Carole Fishman in memory of Beverly Berson
  Bubbles Shumow
To Natalie Frankel in honor of her special birthday
  Jayne Schmerling
To Bunny Fried in memory of John Fried
  Beverly Colton
  Dee Dee Gelin & Family
To Gene & Inez Gilbert in honor of their special anniversary
  Rosalie Gellman & Stan Jolton
To Chris & Kelly Gordon in honor of the birth of their daughter
To Bob & Anne Magidson, wishing a happy new year
To Susan Schoenfeld in honor of her birthday
  Linda & Jeff Rosen
To Mardee & Steven Gruen in honor of their special anniversary
  Ellen & Bruce Wynn
To Ray & Rosalie Harkavy in memory of Seymour Wasser
  Elyse & BJ Cohn
  Barbara Himes
  Shari & Allan Luck
  Howard & Elaine Myers
  Jayne Schmerling
  Phyllis Spector
To Minnie Kahn in honor of her birthday
To Karen & Larry Pearson in honor of Jonathan & Meagan’s marriage
  Judy Saichek & Ira Mangan
To Julie & Barry Karp in honor of Ben Ansfield’s marriage
To Marcia Katz in memory of Mandel Reuben Katz
To Sheila & Emil Orchofsky in memory of Dorothy Sattler
To Laurie Schmidt & Family in memory of Sylvia Kaufman
  Bill & Becky Komisar
To Bernie Kaufman & Family in memory of Sylvia Kaufman
  Howard & Elaine Myers
  Beth Peterman
  Toby Recht
To Connie & John Kittleson in memory of Donald Trampf
To Dorene Paley in honor of her retirement
  Toby Recht
To Cyi Koltin in honor of his special birthday
To Elliot Silbar in memory of Muriel Silbar
To Charles & Laura Waishren in memory of Sam Waishren
  Phyllis Spector
To Dr. Richard Lernor in honor of his special birthday
  Barbara & Alan Bern
  Sari Lubin
  Barbara & Howard Schnoll
To Dr. Randy & Fay Levin in memory of Jordan Levin
To Terry Miller & Family in memory of Todd Miller
To Verna Trager & Family in memory of Harold Trager
  Neena & Rick Florsheim
To Dr. Rick & Roberta London in honor of their special anniversary
In honor of Shari Weingrod
  Bonnie & Jack Jacobson
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  Barbara & Jeffrey Komisar
To Ben & Ellen Mandelman in memory of Sylvia Kaufman
  Toby Recht
  Leslie & Barry Usow
  Diane & Howard Wagan
To Mary Manis in memory of Dave Manis
  Angie & Steve Ciccantelli
To Robb & Jodi Marcus in memory of Rick Marcus
  Robin & Jeffrey Winter
To Jerry & Marlene Marks in memory of Roberta Kauer
To Joan Siegel in memory of Dr. Richard Siegel
  Judy & Jerry Schumacher
To Mike MacKenzie in memory of Patrick MacKenzie
  Diane & Howard Wagan
To Lori O’Neal & Leslie Shechtman in memory of Freda Adashek
  Bunny Fried & Family
To Howard Oxman in memory of Joanne Oxman
  Joan Lieberman
  Toby Recht
  Judy Saichek
  Adrienne Weber
To Leslie & Rick Paler in honor of Wendy Paler & Ben Neuman’s marriage
  Deborah & Jim Gollin
In memory of Fred Perchonok
  Dennis DeVoy
To Sharon Prawer in memory of Shirley Arbit White
To Charles & Laura Waisren in memory of Sam Waisren
  Naomi Arbit
To Paula Raskin Lukas & James Lukas in memory of Ann Raskin
  Bobbi & Elliott Katz
To Breda Safer
  James B. & Marcy A. Hotz
  Jerry & Barbara Volk
To Barbara & Jerry Volk
To Bruce & Susan Winter in honor of the birth of their grandson
  Belle & Sol Weinstein
To Fred Wiviott in memory of Muriel Becker
  Joan Lieberman
  Barbara & Jerry Volk
To Mari-Claire & Bill Zimmerman in memory of Ann Raskin
  Marcie & David Brenner
  James B. & Marcy A. Hotz
  Bobbi & Elliott Katz
  Seymour Koren
  Mark & Sally Pass
  Brenda Safer
CINDY & MAX RASANSKY
To Sue & Allan Carmel in honor of Logan Ella
To Holly & Brad Schlossmann in honor of the birth of Max & Rachel
  Cindy & Max Rasansky
READING ROOM
To Cindy Benjamin in memory of Jerry Benjamin
  Bruce & Laurie Herman
JEWISH YOUTH PROGRAMMING
DR. SHERWOOD W. & SEEMA GORENS
To Judy Coran in memory of Muriel Becker
To Jodi & Jim Currie in honor of their son’s wedding
To Greg & Wendy Watchmaker in honor of their daughter’s wedding
  Linda Gorens-Levey
To Laura & Charles Waisren in memory of Sam Waisren
  Seema Gorens
JUDAIC EDUCATION
DORENE PALEY FAMILY JEWISH EDUCATION & COMMUNITY SERVICE
To Dr. Jordan Atinsky in memory of Merry Atinsky
To Nancy Kennedy Barnett & Jim Barnett in recognition of their honor at HERC
To Irv Becker & Family in memory of Muriel Becker
COMMUNITY

To Jennie Elias in memory of Rochelle Warshawsky
To Sarah Hwang, wishing her a speedy recovery
To Renee Mayer in memory of Fred Mayer
To Deanna Moglowsky, wishing her a speedy recovery
To Howard Oxman & Family in memory of Joanne Oxman
To Adrienne Weber & Family in memory of Robert Wolfson
To Donna Wichman & Family in memory of Harvey Wichman
Dorene & Phil Paley

LEADERSHIP & STAFF
JAMES L. MILLER L’DOR V’DOR LEADERSHIP
To Felicia & Jamie Miller in honor of Erin Miller & Jake Kupferman’s engagement
Elyse & BJ Cohn

PARENTING & FAMILY SERVICES
MANTEL SISTERS’ FAMILY FUND TO ASSIST WOMEN IN CRISIS
To Sherry Miller in memory of Joanne Oxman
To Rosalie & Ray Harkavy in memory of Seymour Wasser
Al & Judy Cohl

SPECIAL NEEDS
DONALD A. POLLACK MEMORIAL FUND FOR CHILDREN WITH SPECIAL NEEDS
To Dr. Irving Becker & Family in memory of Muriel Becker
To Jerold & Phyllis Brenowitz in memory of Stephan David Brenowitz
To Paula Fine in memory of Jerry Fine
To Stuart & Bobbe Fine in honor of their special anniversary
To Bunny Fried & Family in memory of John Fried
To Mark & Judy Garber in memory of Ann Garber
To Rosalie & Ray Harkavy in memory of Seymour Wasser
To Renee Mayer in memory of Fred Mayer
To Donna Wichman in memory of Dr. Harvey Wichman
Adrienne & Neville Sender
To Bernard Kaufman in memory of Sylvia Kaufman
Barbara Himes

The Jewish Community Pantry is our Jewish communal response to hunger. The Pantry provides emergency food to individuals and families in crisis throughout the greater Milwaukee community. We connect clients to community resources, while increasing our community’s awareness of hunger’s impact and working to alleviate its impact.

Located at 2900 W. Center St entrance on 29th St

OPEN TO CLIENTS
Thursdays 9:00AM-2:00PM
Sundays* 10:00AM-2:00PM
* Open 3rd & 4th Sundays each month

VOLUNTEER
Individuals and groups welcome

During pantry open hours
• Shopping with pantry guests to select food for their families
• Sorting food items
• Stocking shelves

Outside of pantry open hours
• Collecting donations from local organizations
• “Gleaning” remaining produce from farmer’s markets and gardens

DONATE
Make a donation at jccmilwaukee.org/donate

OR
the following can be dropped off at the JCC:
• Cooking oils
• Condiments
• Canned proteins
• Oatmeal
• Diapers and wipes

To learn more about donating to or volunteering at the pantry contact Heidi Gould | hgould@jccmilwaukee.org | 414-967-8353

Justice is three meals a day, for everyone.
**JCC Board**

**JCC Officers and Board of Directors**

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Joseph Kasle</td>
<td>Board Chair</td>
</tr>
<tr>
<td>Ken Stein</td>
<td>Vice Chair</td>
</tr>
<tr>
<td>Nancy Appel</td>
<td>Event Coordinator</td>
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<tr>
<td>Steven Arenzon</td>
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<tr>
<td>Scott Yauck</td>
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<tr>
<td>Edward A. Miller*</td>
<td>Past President/Board Chair</td>
</tr>
<tr>
<td>Bernard Solocheck*</td>
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<tr>
<td>Julius R. Atkins*</td>
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<tr>
<td>Esther Leah Ritz*</td>
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<td>Nathan Wahlberg*</td>
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<td>Irvin B. Charne*</td>
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<td>Herman Weingrod*</td>
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<td>Merton Rotter*</td>
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<td>Marsha Sehler</td>
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<td>Robert A. Riches*</td>
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**Past Presidents/Board Chairs**

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<thead>
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**JCC STAFF PHONE EXTENSION DIRECTORY**

All numbers have 414-967 prefix: Example: 414-967-8200 for the Peck Desk.

To email a staff member use first initial, last name and @jccmilwaukee.org. Example: hrothman@jccmilwaukee.org

<table>
<thead>
<tr>
<th>EXT.</th>
<th>NAME</th>
<th>DEPARTMENT</th>
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<tbody>
<tr>
<td>8283</td>
<td>Andrews, Allison</td>
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<td>8195</td>
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<td>Cohen, Mona</td>
<td>Adlt Programs &amp; Cmmnty Svcs Dir</td>
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<td>Cohn, Elyse</td>
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<td>Essman, Kaitlyn</td>
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<td>262-242-9871</td>
<td>Faust, Karen</td>
<td>Gan Ami Mequon Site Manager</td>
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<td>Gan Ami Whitefish Bay Attendance Desk</td>
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<td>Rainbow Day Camp Associate Director</td>
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<tr>
<td>8267</td>
<td>Kids Center Transportation Hotline</td>
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**Past Presidents/Board Chairs**

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<tr>
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<tbody>
<tr>
<td>8269</td>
<td>Koller, Allyson</td>
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<td>Lookatch, Julie</td>
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<td>Margolis, Jody</td>
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<td>Nehmer, Kira</td>
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<td>Nunley, Sabrina</td>
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<td>Rothman, Harriet</td>
<td>Major Gifts Manager</td>
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<td>8218</td>
<td>Ruffin, Ronna</td>
<td>Director of Youth Programs</td>
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<tr>
<td>8235</td>
<td>Seinfield, Micki</td>
<td>Director of Special Events</td>
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<tr>
<td>8274</td>
<td>Seitz, Jamie</td>
<td>Assistant Director of Fitness &amp; Membership</td>
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<td>8229</td>
<td>Shamah, Rabbi Shari</td>
<td>Jewish Family Specialist</td>
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<td>8226</td>
<td>Shapiro, Mark</td>
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<tr>
<td>8185</td>
<td>Siegel, Sarah</td>
<td>Engagement Director</td>
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<tr>
<td>8189</td>
<td>Spencer, Heather</td>
<td>Gan Ami WFB Site Manager</td>
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<td>8201</td>
<td>Synold, Stacy</td>
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<td>Tessmer, Chad</td>
<td>Chief Marketing Officer</td>
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<td>8348</td>
<td>Vertusch, Don</td>
<td>Maintenance Supervisor</td>
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<td>Vroman, Jess</td>
<td>Director of Facilities &amp; Security</td>
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<td>8233</td>
<td>Wallace, Ruth</td>
<td>Senior Development Associate</td>
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<tr>
<td>8180</td>
<td>ZumMallen, Samantha</td>
<td>Scholarship Coordinator</td>
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</table>
We Thank You!

We thank the following members for their visionary supporting memberships that make us a stronger JCC and community.

SUPPORTING MEMBERS

HOZIM/VISIONARIES
James & Nancy Barnett
Moshe & Debra Katz
Jamie & Felicia Miller
Carol & Alan Pohl
Bryan & Alicia Sadoff
Corey & Shari Shamah
Richard & Susan Strait

SHOMRIM/PRESERVERS
Allan & Paula Goldman
Tabak Family

BANIM/BUILDERS
Jane Gellman
Debbie & Joe Kasle

TOMCHIM/SUPPORTERS
Ken & Dee Stein

PATRONS
Daniel & Linda Bader
Warren & Wendy Blumenthal
Jason & Anne Burroughs
Richard & Neena Florsheim
Judy Guten
Stephen & Anne Kravit
Allen & Laura Leverett
David & Melina Marcus
David & Rachael Marks
Mitchell & Cheryl Moser
Armin & Hollie Nankin
David & Abigail Nash
Harry & Marilyn Pez
David & Angela Price
Noah & Marina Rickun
Jason & Jennifer Rosenberg
Dan & Julie Rosenfeld
Jonathan & Sheryl Rubin
Michael & Holly Russek
Lawrence and Jennifer Skor
Harris Turer
Steven & Jodi Weber

BENEFACORS
Bert & Marlene Bilsky
Mark & Cheryl Brickman
Mark & Barbara Glazer
Michael & Betsy Green
Michael & Rebecca Guralnick
Robert Habush
Paul Wierzb

CORPORATE MEMBERSHIP PARTNERS
A. B. Data, Ltd.
Alverno College
Ascension
Assurant Health Care
Astronautics

We provide: A tax-deductible donation.

A choice of program or endowment fund that will be the beneficiary of your Supporting Membership.

A tax-deductible donation.

A choice of sponsorship level to KidShare-the JCC’s major fundraising event.

To become a supporting member contact Elyse Cohn, Chief Development Officer, at ecohn@jccmilwaukee.org or 414-967-8188.

PATRON MEMBER*
For an annual fee of $2,712 your family receives:

• Family membership privileges
• Couples Health Center membership
• Most classes free or at a reduced rate
• Class registration with concierge service
• Two free tickets to your choice of a film at the Jewish Film Festival.

Supporting Members receive:
• Patron Membership.
• A choice of program or endowment fund that will be the beneficiary of your Supporting Membership.
• A tax-deductible donation.
• A choice of sponsorship level to KidShare-the JCC’s major fundraising event.

To become a supporting member contact Elyse Cohn, Chief Development Officer, at ecohn@jccmilwaukee.org or 414-967-8188.

BENEFACOR MEMBER*
Support the JCC by adding a contribution to your Family Membership, and become a Benefactor! An Annual Benefactor Membership includes a tax-deductible donation.

For more information on Patron and Benefactor memberships, please contact Michelle Hoffman, Member Services Coordinator at 414-967-8266 or mhoffman@jccmilwaukee.org.

Employees of Corporate Partners receive a discount off of Membership & Health Center dues. Contact Jamie Seitz, 414-967-8274 or jseitz@jccmilwaukee.org for details.
**FLEXIBILITY**

**JCC MEMBERSHIP OPTIONS**

**Becoming a member** of the JCC has never been more meaningful – or easy! Our updated membership structure ensures that, wherever you are on your journey, the JCC can be a stop along the way.

**MONTHLY MEMBERSHIP**
Our most flexible option; no annual contract required – join at any time!

<table>
<thead>
<tr>
<th>Membership</th>
<th>Monthly Fee</th>
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<tbody>
<tr>
<td>Individual</td>
<td>$80/month</td>
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<tr>
<td>One-Plus-One</td>
<td>$119/month</td>
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<tr>
<td>Family</td>
<td>$134/month</td>
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**ANNUAL MEMBERSHIP**
Our best option; get the best possible JCC experience – at the best price!

<table>
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<th>Membership</th>
<th>Monthly Fee</th>
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<tbody>
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<td>Individual</td>
<td>$70/month</td>
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<tr>
<td>One-Plus-One</td>
<td>$104/month</td>
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<tr>
<td>Family</td>
<td>$116/month</td>
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**SUPPORTING MEMBERSHIP**
Our most lasting option; enjoy all the benefits of your membership – and do some good for the entire community!

<table>
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<th>Membership</th>
<th>Monthly Fee</th>
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<tr>
<td>Benefactor</td>
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<td>Patron</td>
<td>$226/month</td>
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Discounts & Scholarship* Available!

- Corporate Partner
- One Adult Family
- Young Adult
- Senior Adult
- Gan Ami Early Childhood Education
- Milwaukee Jewish Federation Partner
- Pay In Full*
- *Available for annual members only

**One-time Registration Fee**

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<td>Multi-user Membership</td>
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**ADDITIONAL SUBSCRIPTIONS**

**PALEY TENNIS**

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<td>$5/month</td>
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<td>Family</td>
<td>$10/month</td>
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½ price for Health Center members, FREE for Patrons

**HEALTH CENTER UPGRADED LOCKER ROOM**

<table>
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<td>$51/month</td>
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<tr>
<td>Couple</td>
<td>$89/month</td>
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Personal kit lockers, laundry service, and additional amenities. Corporate Rates Available.

Policies and additional benefits at jccmilwaukee.org
Harry & Rose Samson Family JEWISH COMMUNITY CENTER
Patron priority registration begins Monday, December 2
Member priority registration begins Monday, December 9
Community registration begins Monday, December 16
Register online jccmilwaukee.org

Give today at jccmilwaukee.org/donate

Justice is ensuring community for all.