



Your Guide to

# RECLAIM SUMMER

at the JCC

## SUMMER 2021

- Youth Rec Classes & Clinics
- Youth Swim Lessons
- Day Camp
- Overnight Camp
- Early Childhood
- JCC Water Park
- ... and more!

[JCCMILWAUKEE.ORG](http://JCCMILWAUKEE.ORG)



### NEW for 2021! Youth Summer Rec Classes & Clinics

- Once a week classes and full week, partial day clinics for kids in 3rd-8th grade
- Ride your bike to the J with your friends, or ask a parent to drop you off for a few hours of fun. Add a couple of hours of structure to those long summer days.
- Explore the Spaces & Places of the JCC with programs taking place in the gym, athletic fields, pools, outdoor courtyard, and classrooms.
- All classes and clinics will have a capacity of 10-12 participants to allow for appropriate physical distancing and health protocols.



### JCC Camps have been trusted by generations of campers and their families!

- All camp programs are planned and executed with camper health and safety as a top priority.
- Day Camp provides transportation to our 110-acre campsite and offers before and after camp care options for working parents.



### The JCC is the Place for Swim Lessons!

- Ozone filtered pools that use less chlorine than normal public pools which makes it much easier on your child's eyes, skin and swimsuit
- A large, 6-lane, 25-yard pool allows your child to build endurance and stroke refinement
- Small teaching pool with depths of 2'6" – 3'6" so your younger child can stand in the water building his/her level of confidence.
- End-of-the-session report cards give parents each child's progress, successes and recommended next level.
- Free swim checks for lesson participants to ensure proper level placement.

Look for Member and Community pricing throughout this guide  
MEM=JCC Member Value Fee • COMM=Community Rate



Click on this symbol to visit registration links.

## J SPACES & PLACES

**Masks are required for ages 5+ when entering any JCC facility and throughout your visit.**

Because the risks of COVID-19 remain real and relevant in our community, the JCC is focused on providing spaces that allow for appropriate physical distancing. When we have to make a choice – in our operations, in our programs, and in our service to you – we will default to making the healthiest choice.

[Click here](#) to learn more about enhanced cleaning and physical distancing policies that allow us to keep our community safe and healthy.





Youth Sports programming is made possible through a generous grant from the JCC Sherwood Temkin Youth Sports Endowment Fund.

## Pickleball Clinic

For 8-13 year olds

**Monday, June 21-Friday, June 25**

**9:00-11:00 AM**

Instructor: Jess Lanke

Location: Marcus Gym  
at the JCC in Whitefish Bay

This clinic will introduce the growing popular sport of pickleball. Participants will learn the basic rules and strategy and use those to play both individually and in pairs.

5 weekdays, Jun 21-25

**MEM \$160 / COMM \$200**



## Baseball Clinic

For 8-13 year olds

**Monday, July 12-Friday, July 16**

**9:00 AM - 12:00 PM**

Instructor: Ben Schenck

Location: Karl Campus Back Field  
at the JCC in Whitefish Bay

Our staff will guide participants in developing and improving their skills in hitting, pitching and fielding. The clinic will focus on skill work and game strategy and how to use those in game play.

5 weekdays, July 12-16

**MEM \$192 / COMM \$250**



## Volleyball Clinic

For 8-13 year olds

**Monday, August 9-Friday, August 13**

**9:00-11:00 AM**

Instructor: TBD

Location: Marcus Gym  
at the JCC in Whitefish Bay

Throughout this clinic, participants will work on the fundamental skills and strategy of volleyball including bumping, setting, and spiking. They will learn team strategy and practice their skills through game play.

5 weekdays, Aug 9-13

**MEM \$160 / COMM \$200**



## Science Clinic

For 8-13 year olds

**Monday, June 28-Friday, July 2**

**9:00-11:00 AM**

Instructor: Ronna Ruffin

Location: Room 2J01/Courtyard  
at the JCC in Whitefish Bay

Roll up your sleeves and learn how things work. From creating messes with big reactions to learning about dirt we will discover our inner Bill Nye the science guy.

5 weekdays, Jun 28-July 2

**MEM \$160 / COMM \$200**



## Youth Strength Training

Agnes 12-14 yrs

The Habush Fitness Floor is reserved for members ages 14 and up, but 12-13 year old members can receive early access to the fitness floor after taking these three 45-minute personal training sessions. The sessions are focused on coaching preteens to use the fitness floor in a safe and effective way. To schedule an individualized session, call 414-964-4444 or ask at the Peck desk.

**JCC Members \$99**

## Chess Class

For 8-13 year olds



**Tuesdays & Thursdays**  
**1:00-3:00 PM**

Instructor: Jack Piaskoski  
Location: Ritz Theater/Courtyard  
at the JCC in Whitefish Bay

Our instructors will lead participants in developing chess strategy. They will introduce new chess skills each week on Tuesdays and allowing participants to test out their skills in active gameplay on Thursdays.

4 weeks, 2 days per week, Jun 15-July 8  
MEM \$240 / COMM \$280

## Field Games

For 6-8 year olds



**Thursdays 5:00-6:00 PM**

Instructor: Dave Wage  
Location: Hy & Richard Smith JCC  
Water Park in Mequon

Bringing back the old time favorites that all started in your backyard. Play Backyard Kickball, Tag, Capture the Flag & more.

Session 1: 5 Thursdays, Jun 17-Jul 15  
MEM \$55 / COMM \$75

Session 2: 5 Thursdays, Jul 22-Aug 19  
MEM \$55 / COMM \$75

## Cooking Class

For 8-13 year olds of all abilities (\*S.T.A.R.S. Friendly)



**Fridays 1:00 – 3:00 PM**

Instructor: Shea Beilke  
Location: Room 2J01/Courtyard  
at the JCC in Whitefish Bay

Channel your inner foodie and learn how to make real food from scratch. From making lunches to baking fun treats, we cover it all.

4 Fridays, July 22-Aug 13  
MEM \$144 / COMM \$160

## Youth Art Class

For 8-13 year olds of all abilities (\*S.T.A.R.S. Friendly)



**Mondays 1:00-3:00 PM**

Instructor: Andres Hernandez  
Location: 2J01/Courtyard  
at the JCC in Whitefish Bay

Participants are introduced to modern and contemporary artists using a wide variety of media and techniques including: paint, specialty pencils, pastels, charcoal, blending tools, clay, wood, plaster, wire, fabric, photography, and more.

Session 1: 3 Mondays, Jun 14 – 28

MEM \$108 / COMM \$120

Session 2: 4 Mondays, July 19 – Aug 9

MEM \$144 / COMM \$160

## S.T.A.R.S. Art Class

For 11-16 year olds of all abilities (\*S.T.A.R.S. Friendly)



**Wednesdays 1:00-3:00 PM**

Instructor: Sarah McCutcheon  
Location: Room 2J01/Courtyard  
at the JCC in Whitefish Bay

Participants are introduced to modern and contemporary artists using a wide variety of media and techniques including: paint, specialty pencils, pastels, charcoal, blending tools, clay, wood, plaster, wire, fabric, photography, and more.

Session 1: 4 Wednesdays, Jun 16-July 7

MEM \$144 / COMM \$160

Session 2: 4 Wednesdays, July 21-Aug 11

MEM \$144 / COMM \$160



## BEYOND a BUILDING



### Virtual Upstream Arts – The Art of Social Skills

For ages 13+ who identify as having special needs

**Tuesdays 10:00-10:50 AM**

Instructor: Sarah McCutcheon  
Location: Zoom

The Art of Social Skills is about developing social/emotional and communication skills vital to success in school, work, and community while exploring the foundational elements of visual art, theater, poetry, music, and dance. Through the artistic practice we focus on practicing the fundamentals of social interaction; turn taking, attending to others, sharing, asking for help, making choices, personal boundaries, conflict resolution, emotional regulation, and working with others. For our youngest participants, we can involve parents, guardians, and caregivers, emphasizing creative play and bonding.

8 Tuesdays, June 22-Aug 10

MEM \$200 / COMM \$225



## Triggerfish Swim Clinic

For ages 6-13 yrs

**Monday, July 12 - Friday, July 16**

**9:00 AM -12:00 PM**

Instructor: Dave Wage & guest coaches  
Location: Peck Aquatic Center  
at the JCC in Whitefish Bay

This clinic will focus on all four competitive swim strokes as well as key areas of racing such as starts, flips/turns, and finishes. Participants will also have the opportunity to work with a variety of experienced coaches and swimmers.

5 weekdays, July 12-16

**MEM \$192 / COMM \$250**



## Youth Diving

For ages 6-13 yrs

**Sundays 5:30-6:30 PM**

Instructor: Ella Palmer  
Location: Hy & Richard Smith  
JCC Water Park in Mequon

This is an introduction to springboard diving, an individual activity where participants learn about board safety, balance, and the basics of diving. We will start with a lot of jumping feet first off the board and depending on skill and comfort, we will learn how to fall in head first. The last week of the session, we will have a "Diving Meet" where all the new skills can be showcased to classmates and family!

4 Sundays, Jun 14 – Jul 11

No class 7/4

**MEM \$80 / COMM \$100**



## Triggerfish Swim Team

For ages 6-14 yrs

**Tuesdays & Thursdays 6:30-7:30 PM**

Instructor: Dave Wage  
Location: Hy & Richard Smith  
JCC Water Park in Mequon

Participants in this program must have passed all requirements of Youth Level 3 to be successful. The program is designed to introduce your child to the concept of a swim team, team building, good sportsmanship, and how to use swimming as a form of exercise. Workouts focus on proper warm-up and refinement of strokes through drills and direct instruction. All swimmers will review the basic components of the four competitive swimming strokes, starts, turns and training tactics.

10 Tuesdays & Thursdays, Jun 15-Aug 19

**MEM \$220 Community \$300**



## S.T.A.R.S. Aquatic Movement

For ages 7-18 yrs of all abilities  
(\*S.T.A.R.S. Friendly)

**Mondays 10:00-10:45 AM**

Instructor: Sarah McCutcheon  
Location: Peck Aquatic Center  
at the JCC in Whitefish Bay

This adaptive swim class focuses on movement over skill building. It is designed to encourage participants to enjoy using their bodies, explore buoyant movement, and develop self-confidence through physical activity in the water.

Session 1: 4 Mondays, Jun 14 – Jul 12

No class 7/5

**MEM \$80 / COMM \$100**

Session 2: 4 Mondays, Jul 26 – Aug 16

**MEM \$80 / COMM \$100**



## Intro to Competitive Diving

For ages 14-18 yrs

**Sundays 6:30-7:30 PM**

Instructor: Ella Palmer  
Location: Hy & Richard Smith  
JCC Water Park in Mequon

This class is focused on divers who are more advanced in their understanding of what it takes to be an athlete. We will be condensing the basics of diving to focus on technical skills and to learn more about the sport. Skills for this group will extend to learning what a proper forward "approach" is and working towards slightly more advanced dives. The last week we will have a mock diving competition. This session does not have any prerequisite, so we encourage anyone who is interested to come give it a try!

5 Sundays, Jul 18 – Aug 15

**MEM \$100 / COMM \$125**



## Introduction to Lifeguarding

For ages 11-15 yrs

**Tuesdays 10:00-12:00 PM**

Instructor: Dave Wage  
Location: Hy & Richard Smith  
JCC Water Park in Mequon

This class is designed to prepare swimmers to take the American Red Cross Lifeguard Course when they become eligible at age 15. In this class, they will practice the pre-requisites skills for the lifeguarding course and begin learning about basic water safety and rescues.

**\*\*This class does not certify participants as lifeguards.**

5 Tuesdays, Jul 19 – Aug 16

**MEM \$140 / COMM \$180**



## NOW HIRING LIFEGUARDS

For JCC Rainbow Day Camp, JCC Water Park, & Peck Aquatic Center

Must be 16 years of age or older.

Current Lifeguard Certification preferred.

Visit [jccmilwaukee.org/jobs](http://jccmilwaukee.org/jobs)





## American Red Cross - Learn to Swim Program Pre-School Age Aquatics

Our pre-school age aquatics classes are structured for the 3-5-year old with each lesson 30 minutes in length combining skill instruction with fun. Class capacity has also been reduced to a ratio of one instructor to a maximum of three students to ensure a quality, safe lesson. All pre-level classes are taught in the small training pool with pre-level 3 working on transitioning to the large pool. Children who are not potty trained must wear swim diapers or secure plastic pants over a cloth diaper. No disposable diapers are allowed. *Please Note: Children enrolled in Gan Ami will not be walked to classes by JCC staff.*

### Pre-School Level 1

Ages 3 -5 yrs • Max Capacity 4

Participants will learn to put their face in the water and become more comfortable in the water on their own. Activities include submerging mouth, nose & eyes, blowing bubbles, floating on front & back and exploring arm movements/swimming on front & back all with support.

### Pre-School Level 2

Ages 3 -5 yrs • Max Capacity 4

Participants enrolled in this class must be able to put their head in the water independently and have a high comfort level of being in the water and participating in some skills on their own. Activities will include learning to float on front & back and front & back glides with minimal assistance with & without kicking, beginning arm movement of front & backstroke, jumping into shallow water, and retrieving a submerged object.

### Pre-School Level 3

Ages 3 -5 yrs • Max Capacity 4

Participants enrolled in this class must be able to submerge their head, jump independently into shallow water, and float independently on their front/back. Activities will include front & backstroke (arm & leg action coordinated) independently across the training pool and participate in similar activities in the large pool.



## American Red Cross - Learn to Swim Program Youth Age Aquatics

Ages 6 & up • Max Capacity 4



VIEW DATES, PRICING  
& POLICIES FOR  
ALL SWIM LESSONS

Our youth aquatics classes are structured for children 6 years old and up with each lesson 30 minutes in length combining skill instruction with fun.. Due to the need for our instructors to maintain physical distance, some youth level classes will be taught in the small training pool and instructors may teach from the pool deck throughout the lesson. Class capacity has also been reduced to a ratio of one instructor to a maximum of 3-4 students to ensure a quality, safe lesson.

### Youth Level 1 - Beginners

This level is designed for the older child to begin swim instruction in an age appropriate lesson. Participants enrolled in this class will become familiar with all of the skills in the Pre-School Lesson Program.

### Youth Level 2

**The next step after Pre-School Level 3.** Participants enrolled in this class must be able to swim front & backstroke for ¼ length of the large pool (coordinated arm & leg action). Activities will include refining coordinated arm & leg action with an introduction to rotary breathing (breathing to the side while swimming on front), swimming on side and treading water. Participants will work towards independent swimming both front & backstroke ½ the length of the large pool.

### Youth Level 3

Participants in this class must be able to complete the front crawl with rotary breathing & backstroke for ½ the length of the large pool. They must also be able to tread water/float for 15 seconds and get back to safety. Activities will include introduction to several new strokes: the butterfly stroke (kick and body motion), elementary backstroke arms and kick, jumping into deep water, and introduction to diving. Participants will work toward swimming one length of the pool front and backstroke as well as treading water for 30 seconds.

### Youth Level 4

Participants in this class must be able to complete the front & backstroke for 25 yards (1 full length) and tread water/float for 30 seconds. Activities include introduction to underwater swimming, kneeling & standing dives, front & back turns and refinement of all strokes, including an introduction to breaststroke. Participants will work towards swimming front & backstroke 2 lengths of the large pool.

### Youth Level 5

Participants in this class must be able to do the following activity (minimally) A) Dive into deep water, swim the front crawl for 50 yards and then swim backstroke for 50 yards. B) swim 25 yards breaststroke or butterfly. Activities will include refinement and endurance of all strokes, flip turns while swimming on front & back, surface dives, and an introduction to advanced safety skills.



CLICK TO REGISTER  
FOR LESSONS



## Parent-Tot Swim

Ages 6 - 36 months w/ adult

Max Capacity 6 tots (1 child per parent)



This program is specially designed for parents with infants and toddlers. We explore water adjustment, body awareness, coordination and safety through use of games, songs and repetition. All infants and toddlers must wear swim diapers or secure plastic pants over a cloth diaper. No disposable diapers are allowed.

### Sundays 9:00-9:30 AM or 9:45-10:15 AM

Session 1: 4 Sundays, Jun 13-Jul 11

No class 7/4

MEM \$44/ COMM \$60

Session 2: 5 Sundays, Jul 18-Aug 15

MEM \$55/ COMM \$75

### Wednesdays 9:00-9:30 AM

Session 1: 5 Wednesdays. Jun 16-Jul 14

MEM \$55/COMM \$75

Session 2: 5 Wednesdays, Jul 21-Aug 18

MEM \$55/COMM \$75

## Parent-Child Swim Skills

Ages 18 months - 3 years w/ adult

Max Capacity 6 tots (1 child per parent)



Is your child too old or advanced for the Parent-Tot class but not quite ready to start Pre-school Level 1? This class is the perfect balance! The class is designed to work on all of the skills that are introduced and taught in our Pre-school Level 1 class. The difference is that parents join their participant in the water and help ease that transition in to independent lessons for the future. The instructor will teach the participants, and parents will assist their child in practicing the given skills.

### Sundays 10:30-11:00 AM or 11:15-11:45 AM

Session 1: 4 Sundays, Jun 13-Jul 11

No class 7/4

MEM \$44/ COMM \$60

Session 2: 5 Sundays, Jul 18-Aug 15

MEM \$55/ COMM \$75

### Wednesdays 10:30-11:00 AM

Session 1: 5 Wednesdays. Jun 16-Jul 14

MEM \$55/COMM \$75

Session 2: 5 Wednesdays, Jul 21-Aug 18

MEM \$55/COMM \$75

## J Gan Ami Early Childhood Education



Infants • Toddlers  
Twos • K3 • K4

[CLICK TO  
LEARN MORE](#)

At Gan Ami Early Childhood Education, we are on a journey, or *masa*.

This journey is one we take in connection with one another – from the littlest infant to the most confident of K4 kiddos – from the newest and most nervous parent to the most experienced educators with decades of experience.

We know our most important job is cultivating relationships – between teachers and children, teachers and families, and the school and our community.

While these relationships may look different behind a mask or through the lens of a computer, this strong and beautifully intimate connection is deeply felt and treasured by us all.

Gan Ami is family, our mishpacha. We invite you to join our family and come on a journey of discovery.

**Now Enrolling for 2021-22 School Year beginning in June**

### Mequon

Linda & Fred Wein Family Center  
10813 N. Port Washington Rd  
262-242-9871

### Whitefish Bay

Karl Community Campus  
6255 N Santa Monica Blvd  
414-967-8241



## JCC RAINBOW DAY CAMP FOR CAMPERS ENTERING K5 - 9TH GRADE

Your children deserve a summer of fun! They deserve to laugh, play games, explore nature, and break free from the screens that have dominated this year of virtual school at a camp that follows guidelines and makes camper health and safety a top priority.

All camp programs take place on the 110-acre campsite of Albert & Ann Deshur JCC Rainbow Day Camp in Fredonia.

Bus transportation to camp is included and offered at 3 bus stops:  
Whitefish Bay • Mequon • Grafton

### 2021 Camp Dates

Specialty Programs: June 14-18

Two-week Sessions:

*week-by-week options also available*

Session 1: June 21-July 2

Session 2: July 6-July 16

Session 3: July 19-July 30

Session 4: August 2-13

Specialty Programs: August 16-20

VISIT  
[JCCMILWAUKEE.ORG / DAYCAMP](https://www.jccmilwaukee.org/daycamp)  
FOR RATES AND FULL DETAILS

CLICK TO  
LEARN MORE







**THIS IS WHAT  
ZOOMING  
SHOULD LOOK LIKE!  
TAKE SUMMER OFFLINE  
AT CAMP INTERLAKEN JCC**

### **CO-ED JEWISH OVERNIGHT CAMP FOR INCOMING 3RD - 10TH GRADERS**

Located on 106 magnificent acres near Eagle River, in the breathtaking north woods of Wisconsin, The Steve and Shari Sadek Family Camp Interlaken JCC offers a balanced program that gives each camper the opportunity to develop their own skills, build self-esteem, and learn Jewish values within a safe, fun, and caring environment. Lessons learned here about yourself based on choice, skill development and celebration of your accomplishments last a lifetime.

**SESSION 1** (4 weeks)

**Tuesday, June 22 – Sunday, July 18**

2 week option for 3rd-5th graders • June 22 – July 6

**SESSION 2** (4 weeks)

**Wednesday, July 21 – Monday, Aug 16**

2 week option for 3rd-5th graders • July 21 – August 4

**VISIT [CAMPINTERLAKEN.ORG](https://campinterlaken.org)**

for rates and a preview of our Covid-19 playbook

Call 414-967-8240 • Email [info@campinterlaken.org](mailto:info@campinterlaken.org)

CLICK TO  
LEARN MORE



Hy & Richard Smith



**JCC**  
**water**  
**park**



## JCC members enjoy the Hy & Richard Smith JCC Water Park all summer long!

11015 N Market Street in Mequon • Open Daily 10:30 AM-6:30 PM during season

### Fun in the water

- Zero-entry splash pad
- Water play structure with slides & fountains
- Aqua basketball hoops
- Lily pad activity area
- Aqua climbing wall
- Diving board
- Swim lanes

### Fun on dry land

- Full-sized basketball court
- Sand volleyball court
- Tetherball
- Ga-ga pit
- Sand play structure
- Plenty of grass for open play

### Amenities

- Lounge chairs
- Shade structures
- Family locker rooms
- Showers

### SAVE THE DATE!

Hy & Richard Smith JCC Water Park  
in Mequon will open for the season  
on June 11 for our JCC Members

### Not Yet a JCC Member?

You Belong Here! Not only do JCC Members receive priority registration and discounted pricing for the classes and programs found in this guide, but they also enjoy member access to our state-of-the-art fitness & aquatics facilities, the Hy & Richard Smith JCC Water Park in Mequon, Gan Ami Early Childhood Education, and free group exercise classes both in our Spaces & Places and Beyond a Building. PLUS, all new adult members receive 3 free in-person or virtual personal training sessions!

Questions about JCC Membership? Contact [Jamie Seitz at jseitz@jccmilwaukee.org](mailto:jseitz@jccmilwaukee.org)





# STAY CONNECTED

[jccmilwaukee.org](http://jccmilwaukee.org)

@JCCMilwaukee



## HARRY & ROSE SAMSON FAMILY JEWISH COMMUNITY CENTER

Karl Jewish Community Campus • 6255 N. Santa Monica Blvd., Whitefish Bay

Gan Ami Early Childhood Education Karl Campus • 6255 N. Santa Monica Blvd., Whitefish Bay

Linda & Fred Wein Family Center for Gan Ami Early Childhood • 10813 N. Port Washington Rd., Mequon

Hy & Richard Smith JCC Water Park • 11015 N. Market St., Mequon

Albert & Ann Deshur JCC Rainbow Day Camp • W3985 Trails End Rd., Fredonia

Daniel M. Soref Education & Retreat Center • W3985 Trails End Rd., Fredonia

Steve & Shari Sadek Family Camp Interlaken JCC • 7050 Old Highway 70, Eagle River

Jewish Community Pantry • 2900 W. Center St., Milwaukee



To register for classes and programs, click on registration icons in this document or visit [jccmilwaukee.org](http://jccmilwaukee.org)



Watch Video demo of online registration site



Read JCC policies



For over a hundred years, the Harry & Rose Samson Family Jewish Community Center has served as an inclusive destination for exceptional wellness, education, and community services.

**Right now, the JCC is challenged like never before.**

We need your help to innovate our service, to respond to this moment in time, to build upon the successes of the past to meet the needs of the present. Consider all the ways the community of the JCC has been there for you over the course of your life.

The Campaign for a Strong JCC serves one goal – to build the resources necessary to continue this important work, to ensure future generations have access to programs and services, and to invite the entire community to invest in our shared future.

**Today is the day to stand up for a Strong JCC.  
For Today. For Tomorrow. For Each Other.**

**DONATE NOW**

