WINTER 2022 CLASSES
Patron Registration Opens Monday, November 29
Member Registration Opens Monday, December 6
Community Registration Opens Monday, December 13

Winter Session One
Sunday, January 2 - Saturday, February 19

Winter Session Two
Sunday, February 20 - Thursday, April 14

HOW TO USE THIS GUIDE
This online guide is digital and interactive! Look for videos and special links throughout that will lead you to learn more.
To register for programs, visit jccmilwaukee.org or click on registration icons in this document.

REGISTER

KARL COMMUNITY CAMPUS - WHITEFISH BAY
Peck (North) Entrance Hours
Monday-Thursday 5:00 AM-10:00 PM
Friday 5:00 AM-5:30 PM
(closing at 6:00 PM beginning March 18)
Saturday & Sunday 8:00 AM-7:00 PM

Marcus (West) Entrance
This entrance only open for scheduled events.

Soref & Gan Ami (South) Entrances
Drop-off and pick-up for Gan Ami & Kids Center only.
* Peck Aquatic Center will close half hour prior to closing time each day. Fridays Peck Aquatic Center closes at 4 PM. Habush Fitness Center and Marcus Gym will close 5 minutes prior to closing time each day.

WINTER BUILDING HOURS

ALL JCC FACILITIES & PROGRAMS

NEW YEAR’S DAY
Saturday, January 1
Facilities open 8:00 AM - 3:00 PM

TU BISHVAT
Monday, January 17
Facilities open regular hours

PURIM
Thursday, March 17
Facilities open regular hours

PASSOVER
April 15-23
Friday, April 15
Facilities close at 4:00 PM (First Seder)
Saturday, April 16
All facilities closed
Thursday, April 21
Facilities close at 6:00 PM
Friday, April 22
All facilities closed

WINTER HOLIDAY HOURS

FEE
MEM/PTRN/COMM
Look for Member and Community pricing throughout this guide.
MEM = JCC Member Value Fee
PTRN = JCC Patron Member Fee
COMM = Community Fee

Please include Your J in your end-of-year giving plans

DONATE
Mornings are a great time to connect with your little one and meet other parents with kids of similar age. Enjoy dance, art, and movement classes with a healthy dose of community-building fun!

### Fostering Healthy Infants
**Birth - 6 months with adult**

Location: Family Gym  
Instructor: Angie Biersach

This class is designed to help you learn your babies’ developmental cues – we will work on everything from engagement ques, stress ques, play/happy cues, as well as learning how to comfort when sad or stressed.

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### JCC Playgroup
**Ages 1½ - 3 yrs with adult**

Location: Family Gym  
Facilitators: Jake Klavens & Jess Lanke

JCC Playgroup is designed to let your little one explore obstacles and gym activities in a structured environment. Each week they will be able to play on a different course or explore a different sensory object while practicing their social skills!

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### Infant Massage Sessions
**Birth - 1 yr with adult**

Location: Varies, see below  
Instructor: Angie Biersach

Infant massage benefits parents and babies. Helps them sleep longer and better, eases pain, helps with gas and constipation as well as helps with bonding for both baby and parent. Best for birth - 6 months. Register for individual sessions.

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Meet Angie Biersach and learn more about our infant classes

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PJ Library is so much more than books. Through family engagement programs, we make PJ Library come to life for Jewish and interfaith families. Learn more about PJ Library at [jccmilwaukee.org/pjlibrary](http://jccmilwaukee.org/pjlibrary)

- **PJ Baby Group**  
  Connect commiserate and celebrate with other parents of newborns in Jewish households.  
  Contact Rachel Pressman, PJ Library Baby Coordinator

- **PJ Russian-speaking Families Group**  
  For Russian-speaking families with children from 6 months to 8 years old.  
  Contact Anna Vilinsky, PJ Library Parent Coordinator

- **PJ Western Suburb Group**  
  For families looking to make Jewish connections in the Western Suburbs of Milwaukee.  
  Contact Danielle Romain, PJ Library Parent Connector

- **Shabbat Among Friends**  
  A series of home-based Shabbat programs for families raising Jewish children in Milwaukee.  
  Contact Andrea Kitsis, PJ Library Shabbat Coordinator
Parent-Child

Mornings are a great time to connect with your little one and meet other parents with kids of similar age. Enjoy dance, art, and movement classes with a healthy dose of community-building fun!

Art for Littles
_Ages 1½ - 3 yrs with adult_
Location: 1J16 Art Studio
Instructor: Andres Hernandez, JCC Art Specialist

Art is sensory exploration for budding artists. This class will allow you and your little one to explore color, music, touch, and a whole lot more!

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Looking to spend some time with your little one in our ozone-treated aquatic center? Scroll to Page 13 for...

Early Childhood Aquatics
- Parent-Tot Swim
- Parent-Child Swim Skills

Save the Date for the return of Family Fun Nights & SNL

_Saturday, January 29_
Family Fun Night 5:00 PM
SNL (1st-6th gr) 6:00-9:00 PM

_Saturday, February 19_
Family Fun Night 5:30 PM
SNL (1st-6th gr) 6:00-9:00 PM

FFN: MEM $8/family • COMM $12/family
SNL: MEM $27/child • COMM $30/child

Mini Gymnastics
_Ages 1 - 2 yrs_
Location: Family Gym
Instructor: Ronna Ruffin

This tumbling class is geared toward our newest walkers that are able to move around unassisted. They will have soft mats to move on and over, as well play with age-appropriate toys to help develop their fine and gross motor skills. This class requires adult participation.

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Mighty Gymnastics
_Ages 2 - 3 yrs_
Location: Family Gym
Instructor: Ronna Ruffin

This tumbling class is for our seasoned walkers. We will explore the family gym space and learn to move our bodies while walking and balancing on a beam, rolling and moving over mats, and exploring the fun of jumping. This class requires adult participation.

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Ronna Ruffin
Director of Youth Programs
Andres Hernandez
Art Specialist
Preschool Enrichment • Ages 3-5 yrs

Whether your child is no longer napping or fresh off the K4 bus, these Kids Only classes will fill their afternoon with fun. Children enrolled in Kids Only classes must be fully potty trained.

**Intro to Basketball**  
*Ages 3 - 5 yrs*  
Location: Family Gym  
Instructor: JCC Rec Staff

A skill-based class for kids looking to learn the game, develop the fundamentals, and discover the love for the game! Teamwork and sportsmanship will be taught during this fun format which includes plenty of game-like play!

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**Ninja Fun**  
*Ages 3 - 5 yrs*  
Location: Family Gym  
Instructor: Michelle Tipton

In our JCC Mini Ninja program, kids will compete in all kinds of fun, physical challenges. There will be non-stop action from obstacle courses to progressive relays and team-based competitions.

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**Soccer Basics**  
*Ages 3 - 5 yrs*  
Location: Family Gym  
Instructor: Michelle Tipton

Join your friends and learn to play the world’s game! All classes will have detailed, age-appropriate instruction in both offensive and defensive skills. Teamwork and sportsmanship will be taught during this fun format which includes plenty of games. Arrive ready to listen and learn a great game!

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Gan Ami Early Childhood Education

Infants • Toddlers • Twos • K3 • K4

At Gan Ami Early Childhood Education, we are on a journey, or *masa* in Hebrew. This journey is one we take in connection with one another – from the littlest infant to the most confident of K4 kiddos – from the newest and most nervous parent to the most experienced educators with decades of experience.

We know our most important job is cultivating relationships – between teachers and children, teachers and families, and the school and our community.

While these relationships may look different behind a mask or through the lens of a computer, this strong and beautifully intimate connection is deeply felt and treasured by us all.

Gan Ami is family, our mishpacha. We invite you to join our family and come on a journey of discovery!

Karen Faust  
Director, Mequon

Mequon  
Linda & Fred Wein Family Center  
10813 N. Port Washington Road  
262-242-9871

Karen Faust  
Director, Mequon

Heather Spencer  
Director, Whitefish Bay

Gan Ami is rated by the State of Wisconsin as a Youngstar 5-star provider and has earned national accreditation from the Association for Early Learning Leaders’ National Accreditation Commission (NAC).
Whether your child is no longer napping or fresh off the K4 bus, these Kids Only classes will fill their afternoon with fun. Children enrolled in Kids Only classes must be fully potty trained.

### Intro to Floor Hockey
**Ages 3 - 5 yrs**

Location: Family Gym  
Instructor: JCC Rec Staff

Get introduced to Hockey without ice! This class will introduce participants to coordination, balance, and endurance while playing this popular indoor game. Participants will build skill through drills and game play and focus on teamwork!

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### Legos
**Ages 3 - 5 yrs**

Location: Yeladim Playroom  
Instructor: Tami Kent

Get your building skills ready. This lego class not only teaches patterns, counting, shapes, and numbers but will also harness your child’s inner master builder.

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### Winter Wonderland Art
**Ages 3 - 5 yrs**

Location: Art Studio  
Instructor: Andres Hernandez

The snow is falling which means it’s time to make some wonderful winter art. Create your own magical snow globes, decorate snowflakes, and more!

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### Musical Theater Dance
**Ages 3 - 5 yrs**

Location: Yeladim Playroom  
Instructor: Sydney Bannach

Experience the fun and energy of Broadway in this Musical Theatre Dance class. Kids will learn small portions of musical theatre style choreography to songs from Broadway shows like Matilda and Lion King.

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Youth Recreation • Winter Basketball

Hit the boards and get ready to enjoy skillbuilding and fun with friends in the Marcus Gym this winter. Youth Sports programs are made possible through a generous grant from the JCC Sherwood Temkin Youth Sports Endowment.

Youth Recreation • Winter Basketball

Temkin Youth Basketball League
10 Sundays, January 9 - March 13

Kindergarten K4/K5    12:30-2:30PM
1st & 2nd Graders     2:30-4:30PM
3rd-5th Graders       3:30-5:30PM

Join us for a Winter full of basketball fun! Our Temkin Youth Basketball League focuses on skill development, game play, and teamwork. The League is set up with the first 2 weeks running as practices and the following 8 weeks of full game play.

Participants receive on-court instruction from our officials in a game setting as well as a team t-shirt. Teams are assigned at random and volunteer coaches are assigned to each team. All games and practices are 50 minutes in length and be held in the JCC Marcus Gym.

This program has limited space and may sell out early so register today!

JCC Members $110 / Community Participants $150

Contact JCC Recreation Manager, Jake Klavens at jklavens@jccmilwaukee.org if you are interested in being a volunteer coach or for any team requests.

Basketball Skills for Teens
Ages 14 - 17 yrs
Location: Marcus Gym
Instructor: Jake Klavens

Are you looking to hoop with your friends and kids your age through organized game-play? If so, this is the class for you! In this weekly class, you will be fine-tuning your dribbling, passing, shooting, and rebounding skills through lots of running and interactive game play.

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REGISTER
Youth Recreation • Ages 4-14 yrs

After school is a great time to burn off some energy, learn new skills, and just enjoy being a kid!

Ball Sports
Ages 4 - 6 yrs
Location: Family Gym
Instructor: JCC Rec Staff
Our ball sports classes will include using a wide variety of balls in activities and games to improve gross motor skills such as catching, throwing, striking, balancing, bouncing, and more.

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Mini Ninjas
Ages 4 - 6 yrs
Location: Family Gym
Instructor: JCC Rec Staff
In our JCC Mini Ninja program, kids will compete in all kinds of fun, physical challenges. There will be non-stop action from obstacle courses to progressive relays and team-based competitions.

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Water Art
Ages 7 - 11 yrs
Location: Art Studio
Instructor: Andres Hernandez
Have you ever wondered how many different ways you can make art with liquids? Your students will get to experiment with different forms of art that deal with liquid. From simple water color to more extreme mediums like papier-mache.

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KIDS CENTER
Before & After School Care for K4-5th grade with Transportation

Come experience Kids Center! From the moment the kids arrive, either on the JCC mini-bus or walking with a staff member across the Karl Campus property, they will find they have lots of options.

This winter, Kids Center kids will enjoy scheduled activities rotating between organized gym classes, swimming, art with our art specialist, classroom fun, and exploring their theatrical side with Pink Umbrella Theater Company. Children’s theater programming is made possible through a generous grant from the Robyn Temkin Theater and School Endowment Fund.

We partner with our students and families throughout the school year to build a safe environment full of values, friendship, and fun.

Before School Care 7:00 – 9:00 AM
After School Care 3:00 – 6:00 PM (5:30 PM Fridays)
Currently serving Atwater, Bader Hillel Academy, Bayside Middle School, Cumberland, Indian Hill, Lake Bluff, Maple Dale, Maryland Ave. Montessori, Milwaukee Jewish Day School, New World Montessori, North Shore Montessori, Parkway, Richards, St. Monica, and Stormonth schools.

Ronna Ruffin
Director of Youth Programs
Shea Beilke
Youth Program Coordinator
Youth Recreation • Ages 7-14 yrs

After school is a great time to burn off some energy, learn new skills, and just enjoy being a kid!

**Mighty Ninjas**  
*Ages 7 - 10 yrs*  
Location: Family Gym  
Instructor: JCC Rec Staff

The JCC Mighty Ninja program is created to give your kid a fun approach to fitness as they work on strength, conditioning, flexibility, problem solving, team work, and coordination as they overcome obstacles designed for their skill levels.

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<td>$55/0/75</td>
</tr>
</tbody>
</table>

**Dodgeball Games**  
*Ages 7 - 10 yrs*  
Location: Family Gym  
Instructor: JCC Rec Staff

Get ready for the 5 D’s of Dodgeball: dodge, dip, drive, duck, and dodge. Participants will receive direct instruction and focus on strategy through various forms of game play!

<table>
<thead>
<tr>
<th>SESSION</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE MEM/PTRN/COMM</th>
</tr>
</thead>
<tbody>
<tr>
<td>01</td>
<td>WED</td>
<td>JAN 5- FEB 16</td>
<td>5:30 - 6:00 PM</td>
<td>$77/0/105</td>
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<tr>
<td>02</td>
<td>WED</td>
<td>FEB 23 - MAR 30</td>
<td>5:30 - 6:00 PM</td>
<td>$55/0/75</td>
</tr>
</tbody>
</table>

**Indoor Track Running**  
*Ages 7-10 yrs*  
Location: Marcus Gym  
Instructor: Jake Klavens

Love to run? Looking to utilize the track? This class is designed to introduce your child to indoor track running. Participants will work on a combination of running skills such as sprints, distance running, and relays as well as learn how to correctly stretch, warm up, and cool down!

<table>
<thead>
<tr>
<th>SESSION</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE MEM/PTRN/COMM</th>
</tr>
</thead>
<tbody>
<tr>
<td>01</td>
<td>WED</td>
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<td>4:00-4:30 PM</td>
<td>$77/0/105</td>
</tr>
<tr>
<td>02</td>
<td>WED</td>
<td>FEB 23 - MAR 30</td>
<td>4:00-4:30 PM</td>
<td>$55/0/75</td>
</tr>
</tbody>
</table>

**Master Ninjas *STARS friendly**  
*Ages 10-14 yrs*  
Location: Family Gym/Marcus Gym  
Instructor: Jake Klavens & Sarah McCutcheon

The JCC Master Ninja program is created to give your kid a fun approach to fitness as they work on strength, conditioning, flexibility, problem solving, team work, and coordination as they overcome obstacles designed for their skill levels.

<table>
<thead>
<tr>
<th>SESSION</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE MEM/PTRN/COMM</th>
</tr>
</thead>
<tbody>
<tr>
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<td>4:45-5:15 PM</td>
<td>$77/0/105</td>
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<td>MON</td>
<td>FEB 21 - MAR 28</td>
<td>4:45-5:15 PM</td>
<td>$55/0/75</td>
</tr>
</tbody>
</table>

**Ability Open Gym *STARS friendly**  
Youth & Adults ages 10+  
Location: Marcus Gym  
Facilitators: Ability Center & Sarah McCutcheon

Wheelchair and adaptive sports can be scary — especially if it’s your first time. The Ability Center decided to remove the fear and offer our community an opportunity to play TOGETHER in an inclusive, non-competitive, friendly environment where your friends, family, peers and/or colleagues can join you to play in a “Different Pair of Shoes.” Everybody plays at TAC: Open Gym, we hope you’ll join us to try something different — disability or not Open Gym invites you to get in the game.

<table>
<thead>
<tr>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE MEM/PTRN/COMM</th>
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<td>SUN</td>
<td>APRIL 3</td>
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**Intro to Chess**  
*Ages 10-14 yrs*  
Location: CJL/JCC Reading Room  
Instructor: JCC Rec Staff

Our instructors will lead participants in developing chess strategy. They will introduce a new chess skill each week on and allow participants to test out their skills in active gameplay.

<table>
<thead>
<tr>
<th>SESSION</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE MEM/PTRN/COMM</th>
</tr>
</thead>
<tbody>
<tr>
<td>01</td>
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<td>JAN 5- FEB 16</td>
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<td>02</td>
<td>WED</td>
<td>FEB 23 - MAR 30</td>
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</table>
Dance • Ages 3-6 yrs

We are proud to partner with Danceworks, a local nonprofit with a mission of enhancing joy, health and creativity by engaging the community through dance. Dancework’s philosophy is to nurture and develop the spirit and the body through creative movement, physical discipline and self-expression. Their instructors are experienced professional dancers who have the knowledge necessary to teach varying ages and ability levels. Enjoyment, encouragement, enrichment and excitement are the tools used to carefully instruct all students—no matter their level.

To register visit danceworksmke.org • Questions? Call (414) 277-8480 ext. 6007 or contact abrinkman@danceworksmke.org

Creative Dance
Ages 3-4 yrs
Location: Studio B
Instructor: Danceworks Faculty
Fun and games that explore creativity and self-expression and develop dance skills that prepare students to move into other movement disciplines. Focuses on coordination, rhythm and creativity.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 yrs</td>
<td>MON</td>
<td>JAN 10 - MAY 23 No class 4/11, 5/30</td>
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<td>$247/228/265</td>
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<tr>
<td>4 yrs</td>
<td>TUE</td>
<td>JAN 11 - MAY 31 No class 4/12</td>
<td>4:15-5:00 PM</td>
<td>$260/240/280</td>
</tr>
</tbody>
</table>

Tiny Dancer
Ages 2½ - 3 yrs
Location: Studio B
Instructor: Danceworks Faculty
This class focuses on creativity in motion, imagination and motor skill development. Our faculty will guide students in a way that makes exploring movement and learning fun! Tiny Dancer is a great introduction to an independent dance class.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
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<td>11:00-11:45 AM</td>
<td>$247/228/265</td>
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</table>

Tap & Pre-Ballet
Ages 4-6
Location: Studio B
Instructor: Danceworks Faculty
This combination class will cover the basics of ballet and tap, with an emphasis on correct technique and terminology.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>4 yrs</td>
<td>MON</td>
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</tr>
<tr>
<td>5-6 yrs</td>
<td>TUE</td>
<td>JAN 11 - MAY 31 No class 4/12</td>
<td>5:00-6:00 PM</td>
<td>$260/240/280</td>
</tr>
</tbody>
</table>

Tap & Creative Dance
Ages 3-4 yrs
Location: Studio B
Instructor: Danceworks Faculty
This class focuses on coordination, rhythm and creativity, all while having fun and cultivating a love for dance in a nurturing and fun-filled environment. Combined with basic tap to instill rhythm, this is a great first dance class for any young dancer.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-4 yrs</td>
<td>FRI</td>
<td>JAN 14 - JUN 3 No class 4/15, 4/22</td>
<td>12:00-12:45 AM</td>
<td>$247/228/265</td>
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</table>

Dress Code for all Pre-Ballet, Ballet, Creative Dance and Tap & Pre-Ballet Combination Classes
Girls: Black leotard, pink or flesh-tone tights, appropriate shoes for style of class. Dance skirt is optional with permission from instructor.

Boys: Solid white t-shirt, black jazz pants or close-fitting sweat pants and appropriate shoes.

Dance Apparel and Shoes Are Sold at Danceworks • 1661 N. Water Street, Milwaukee
Student leotards, tights, demi-skirts and tap, ballet and jazz shoes are available at Danceworks! You can stop by to get fitted for shoes or dance attire anytime during our regular office hour M-F 3:30-7:00 PM or Saturday 9:00 AM-3:00 PM or call (414) 277-8480 if you have any questions.
This combination class will cover the basics of jazz and tap, with an emphasis on correct technique and terminology. Each class will incorporate fun, upbeat choreography.

### Tap & Jazz
**Ages 7-9 yrs**

- **Location:** Studio B
- **Instructor:** Danceworks Faculty

This class will focus on coordination and rhythm, and will teach hip hop dance basics in an energetic and fun-filled class environment. Each class is sure to get you on your feet and keep you on the beat!

### Intro to Hip Hop
**Ages 7-8 yrs**

- **Location:** Studio B
- **Instructor:** Danceworks Faculty

This high-energy dance class will use the latest music mixed with movements that are influenced by some of today’s top video choreographers. Hip Hop is a broad collection of urban street dance styles including breaking, popping and locking and often incorporates elements of freestyling. Classes will provide a structured method of learning various styles of movement in a fun and vibrant environment. Each class will incorporate dance combinations and routines, and will encourage individual expression and personal style.

### Hip Hop I
**Ages 9-13 yrs**

- **Location:** Studio B
- **Instructor:** Danceworks Faculty

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**Dress Code for Tap, Jazz & Contemporary**

- **Girls** – Black jazz pants or leggings, solid colored close-fitting top and jazz and/or tap shoes.
- **Boy** – Solid colored t-shirt, black dance pants or sweat pants, jazz and/or tap shoes.
- Tap shoes must have sub-sunk screws or attachments to prevent damage to the wood floor

**Dress Code for Hip Hop**

Comfortable non-restricting clothing. Dance sneakers or street sneakers can be worn for all hip hop classes. All sneakers must be carried in and cannot be worn directly from the street. Wearing oversized clothing can be dangerous while dancing and should not be worn in any class.

---

**Save the Date!**

**Danceworks Showcase Performance**

At South Milwaukee Performance Center, Saturday June 11
As an inclusive community center, we make our community stronger and offer opportunities for all of us to learn and grow together. The CISN provides important resources for individuals with special needs and their families.

**Available Services**
Contact smccutcheon@jccmilwaukee.org to learn more.

**Tutoring Center**  
*Ages 3-30 yrs*  
Tutoring Center is for kids who need academic assistance in one or more subject areas. We specialize in organizational skills which is often the foundation to academic success. Staffed by qualified, experienced special educators and assistants.

**Personal Training**  
*Ages 12+*  
Develop and increase gross motor skills. Kids will have fun while learning fundamental core skills.

---

**S.T.A.R.S. Paint Outside the Lines**  
*Ages 5-18 yrs*  
Location: Art Studio  
Instructor: Sarah McCutcheon

Wrap up your day in a creative way. Learn about different artists and new techniques by creating fun art projects.

**Session**

<table>
<thead>
<tr>
<th>Day</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
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<td>Thu, Jan 6 - Mar 10</td>
<td>4:45-5:30 PM</td>
<td>$145/145/160</td>
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</table>

**Master Ninjas *STARS friendly**  
*Ages 10-14 yrs*  
Location: Family Gym/Marcus Gym  
Instructor: Jake Klavens & Sarah McCutcheon

The JCC Master Ninja program is created to give your kid a fun approach to fitness as they work on strength, conditioning, flexibility, problem solving, team work, and coordination as they overcome obstacles designed for their skill levels.

**Session**

<table>
<thead>
<tr>
<th>Day</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>01</td>
<td>Mon, Jan 3 - Feb 14</td>
<td>4:45-5:15 PM</td>
<td>$77/0/105</td>
</tr>
<tr>
<td>02</td>
<td>Mon, Feb 21 - Mar 28 No class 3/21</td>
<td>4:45-5:15 PM</td>
<td>$55/0/75</td>
</tr>
</tbody>
</table>

**Ability Open Gym**  
*Youth & Adults ages 10+*  
Location: Marcus Gym  
Facilitators: Ability Center & Sarah McCutcheon

Wheelchair and adaptive sports can be scary — especially if it’s your first time. The Ability Center decided to remove the fear and offer our community an opportunity to play TOGETHER in an inclusive, non-competitive, friendly environment where your friends, family, peers and/or colleagues can join you to play in a “Different Pair of Shoes.” We hope you’ll join us to try something different — disability or not.

**Session**

<table>
<thead>
<tr>
<th>Day</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sun</td>
<td>April 3</td>
<td>1:00-3:00 PM</td>
<td>FREE</td>
</tr>
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</table>

**Upstream Arts**  
*Teens & Adults ages 14+*  
Location: TBD  
Facilitators: Upstream Arts & Sarah McCutcheon

Join us as we partner with Upstream Arts to build our winter community IN PERSON in this 5 session, interactive program. Participants will work on social skills and communication using play, dance, theater, music, visual arts, and poetry.

**Session**

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
</table>
| Week 1: Feb 1 - 3  
Week 2: Feb 7 - 8 | 6:00-7:00 PM | $200/200/225 |

**Chaverim Adult Social Group**  
*Adults ages 18+*  
Facilitator: Sarah McCutcheon

Chaverim, which means Friends in Hebrew, is a diverse group of adults who represent a wide range of ages, interests, and abilities. We enjoy social, recreational, educational, and Judaic opportunities throughout the year while cultivating friendships and maintaining our involvement in the community. As a part of the rich fabric of the JCC, we bring visibility and awareness for adults living with disabilities.

**Session**

<table>
<thead>
<tr>
<th>Days</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tue &amp; Thu</td>
<td>Monthly calendar available</td>
<td>6:00 PM</td>
<td>Annual Fee $50/50/50 Add'l fees for some programs.</td>
</tr>
</tbody>
</table>

**Adaptive Aquatics**  
*Ages 4 - 18 yrs*  
Location: Peck Aquatic Center

This program designed for participants ages 4-18 who identify with having a disability. Lessons are one-on-one with the instructor and focus on building comfort and proficiency in the water.

Go to page 16 to learn more and find lesson rates.
Early Childhood Aquatics

Early childhood is an excellent time to introduce your child to water play and safety skills.

Parent-Tot Swim
Ages 6 months - 3 years w/ adult
Location: Peck Aquatic Center

This program is specially designed for infants and toddlers 6 months – 36 months. Parent participation allows you to share this experience with your child. We explore water adjustment, body awareness, coordination and safety through use of games, songs and repetition. All infants and toddlers must wear swim diapers or secure plastic pants over a cloth diaper. No disposable diapers are allowed. There is a maximum of one child per parent.

Parent-Child Swim Skills
Ages 18 months - 3 years w/ adult
Location: Peck Aquatic Center

Is your child too old or advanced for the Parent-Tot class but not quite ready to start Pre-school Level 1? This class is the perfect balance! The class is designed to work on all of the skills that are introduced and taught in our Pre-school Level 1 class. The difference is that parents join their participant in the water and help ease that transition in to independent lessons for the future. The instructor will teach the participants, and parents will assist their child in practicing the given skills.

Discover the Peck Aquatic Center

All JCC Member Families

Family Swim

Small Pool: The small pool is open for family swim times throughout the day. During programming and other activities, the small pool will be closed to open swim. Please refer to the pool schedule at jccmilwaukee.org for available open swim times.

Large Pool: The large pool will be open for family swim time on Sundays from 2:00-5:00 PM and Wednesdays 6:00-8:00 PM. We will make every effort to ensure the diving board is open during this time. Swimmers wishing to use the diving board or swim independently in the large pool will need to complete a swim check upon arrival.
American Red Cross Learn To Swim

The JCC’s aquatics programs are based on the principles and methods established by the American Red Cross which is progressive; each skill builds on the skills mastered in the previous level. It is important and necessary to successfully complete each level in progression. Progress reports are handed out at the end of every session informing parents which skills were accomplished, which need continued progress, and a recommendation for subsequent enrollment levels. All lessons are taught in the Peck Aquatic Center on the JCC campus in Whitefish Bay.

Pre-school Age Aquatics • Ages 3 - 5 yrs

Our pre-school age aquatic classes are structured with each 30 minutes lesson combining skill instruction and fun. To ensure a quality and safe lesson, there is a ratio of one instructor to a maximum of four students and the classes are taught in our teaching pool.

Pre-School Level 1
First independent swim lesson experience. Participants will learn to put their face in the water and become more comfortable in the water on their own. Activities include submerging mouth, nose & eyes, blowing bubbles, floating on front & back and exploring arm movements/swimming on front & back all with support.

Pre-School Level 2
Participants enrolled in this class must be able to put their head in the water independently and have a high comfort level of being in the water and participating in some skills on their own. Activities will include learning to float on front & back and front & back glides with minimal assistance with & without kicking, beginning arm movement of front & back-stroke, jumping into shallow water, and retrieving a submerged object.

Pre-School Level 3
Participants enrolled in this class must be able to submerge their head, jump independently into shallow water, and float independently on their front/back. Activities will include front & backstroke (arm & leg action coordinated) independently across the training pool and participate in similar activities in the large pool.

Swim Evaluation Day
New to our program? Not sure what level to enroll your child? Reserve a spot during a swim evaluation block and meet our wonderful instructors. We will work with your child to do a swim evaluation and recommend a level to enroll in the American Red Cross Learn to Swim Program.

Peck Aquatic Center • Sunday, December 5 • 1:00 - 3:00 PM
FREE to Members and the Community

Contact Director of Recreation & Aquatics, Jess Lanke, to reserve your spot! jlanke@jccmilwaukee.org or 414-967-8194.

Can’t make this date? Contact Jess to discuss the best swim level fit for your child before registering.
American Red Cross Learn To Swim

The JCC’s aquatics programs are based on the principles and methods established by the American Red Cross which is progressive; each skill builds on the skills mastered in the previous level. It is important and necessary to successfully complete each level in progression. Progress reports are handed out at the end of every session informing parents which skills were accomplished, which need continued progress, and a recommendation for subsequent enrollment levels. All lessons are taught in the Peck Aquatic Center on the JCC campus in Whitefish Bay.

Youth Age Aquatics • Ages 6+ yrs

Our youth aquatic classes are structured for children 6 years old and up with each lesson 30 minutes in length combining skill instruction with fun. To ensure a quality and safe lesson, there is a ratio of one instructor to a maximum of five students depending on the level and the classes are taught in our big pool.

**Youth Level 1**
Participants enrolled in this class will become familiar with all of the skills in the Pre-School Lesson Program. This level is designed for the older child to begin in an age appropriate lesson. This lesson will be taught in the large pool.

**Youth Level 2**
Next step after Pre-3
Participants enrolled in this class must be able to swim front & backstroke for ¼ length of the large pool (coordinated arm & leg action). Activities will include refining coordinated arm & leg action with an introduction to rotary breathing (breathing to the side while swimming on front), swimming on side and treading water. Participants will work towards independent swimming both front & backstroke ½ the length of the large pool.

**Youth Level 3**
Participants in this class must be able to complete the front crawl with rotary breathing & backstroke for ½ the length of the large pool. They must also be able to tread water/float for 15 seconds and get back to safety. Activities will include introduction to several new strokes: the butterfly stroke (kick and body motion), elementary backstroke arms and kick, jumping into deep water, and introduction to diving. Participants will work toward swimming one length of the pool front and backstroke as well as treading water for 30 seconds.

**Youth Level 4**
Participants in this class must be able to complete the front & backstroke for 25 yards (1 full length) and tread/float water for 30 seconds. Activities include introduction to underwater swimming, kneeling & standing dives, front & back turns and refinement of all strokes, including an introduction to breaststroke. Participants will work towards swimming front & backstroke 2 lengths of the large pool.

**Youth Level 5**
Participants in this class must be able to do the following activity (minimally)
A) Dive into deep water, swim the front crawl for 50 yards and then swim backstroke for 50 yards. B) Swim 25 yards breaststroke or butterfly. Activities will include refinement and endurance of all strokes, flip turns while swimming on front & back, surface dives, and an introduction to advanced safety skills.

**Youth Level 6**
Participants in this class must be able to do the following activity (minimally)
A) Dive into deep water, swim the front crawl for 100 yards and then swim backstroke for 100 yards. B) Swim 25 yards breaststroke and butterfly and demonstrate feet first and headfirst surface dives. Participants must also demonstrate proper turns including flip turns. Activities will include swim race etiquette, such as proper starts, breakouts, turns, finishes, and use of the pace clock. Swimmers will also learn basic lifeguarding techniques and prerequisites as well as the fundamentals of swimming for fitness.
Specialized Youth Aquatics

Discover the difference when you swim year-round in the indoor Peck Aquatic Center’s ozone-filtered, 6-lane, 25-yard lap pool and small teaching pool. The virtually chlorine free, odor free water is gentler on skin and eyes and a must for people with chlorine allergies.

Adaptive Aquatics
Ages 4 - 18 yrs
Location: Peck Aquatic Center

This program is designed for participants ages 4-18 who identify with having a disability. Lessons are one-on-one with the instructor and focus on building comfort and proficiency in the water. Participants must go through a referral process prior to scheduling. This program accepts waivers. All lessons are ½ hour sessions scheduled once a week. Due to pool space, we may not be able to accommodate lessons Monday-Thursday 4:00 PM-6:00 PM. Lessons are scheduled based on instructor availability.

Adaptive Lessons (1 swimmer)
1 lesson $25
3 lessons $73
6 lessons $143
12 lessons $270

Co-adaptive Lessons (2 swimmers, siblings only)
1 lesson $12.50 per participant
3 lessons $36 per participant
6 lessons $71 per participant
12 lessons $135 per participant

To schedule a lesson or learn more, contact Jess Lanke at jlanke@jccmilwaukee.org or call 414-967-8194.

Triggerfish Swim Club
Ages 6 - 14 yrs
Location: Peck Aquatic Center
Head Coach: Dave Wage

Participants in this program must have passed all requirements of Youth Level 3 to be successful. The program is designed to introduce your child to the concept of a swim team, team building, good sportsmanship, and how to use swimming as a form of exercise. Workouts focus on proper warm-up and refinement of strokes through drills and direct instruction. All swimmers will review the basic components of the four competitive swimming strokes, starts, turns and training tactics.

Please contact Head Coach, Dave Wage, with any questions at dwage@jccmilwaukee.org or 414-967-8191.

<table>
<thead>
<tr>
<th>WEEKS</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
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<tr>
<td>13</td>
<td>TUE &amp; THU</td>
<td>JAN 4 - MAR 31</td>
<td>5:00-6:00 PM</td>
<td>$260/0/336</td>
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Adaptive Lessons
(1 swimmer)
1 lesson $25
3 lessons $73
6 lessons $143
12 lessons $270

Co-adaptive Lessons
(2 swimmers, siblings only)
1 lesson $12.50 per participant
3 lessons $36 per participant
6 lessons $71 per participant
12 lessons $135 per participant

Interested in a great job or challenging career as a professional lifeguard but need your certification renewed? Join us for this one-day recertification clinic. Must hold a Current American Red Cross Lifeguard Certification

American Red Cross
Lifeguard Recertification
Teens & Adults ages 15+
Location: Peck Aquatic Center
Instructor: Dave Wage

<table>
<thead>
<tr>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>WED</td>
<td>JAN 5</td>
<td>9:00 AM-3:00 PM</td>
<td>$150</td>
</tr>
</tbody>
</table>

Did you know that all JCC staff, including lifeguards, receive full membership to the JCC as an employee benefit? Learn more about joining our staff family at jccmilwaukee.org/careers
Adult Aquatics

Discover the difference when you swim year-round in the indoor Peck Aquatic Center’s ozone-filtered, 6-lane, 25-yard lap pool and small teaching pool. The virtually chlorine free, odor free water is gentler on skin and eyes and a must for people with chlorine allergies.

**Individualized Stroke Refinement**
*Teens & Adults ages 14+*
Location: Peck Aquatic Center
Instructor: Mark Caballero

Instructor Mark Caballero, M.S. works with triathletes and swimmers looking to make changes to their front crawl swim form. With his knowledge and experience he will be able to help prepare you for your next event or improve your lap swim efficiency. For those looking to be able to swim with less risk of injury or enjoy more speed for the same energy, Mark brings his technical background to break down the stoke to find your optimal swim form. Lesson packages expire after one calendar year and must be purchased prior to the first lesson. Lessons are scheduled on an individual basis. Due to other programming, lessons may be limited during certain times of the day. All packages must be purchased through the Aquatics office.

Packages for JCC Members:
1 session - $65  
4 session - $250  
8 sessions - $476  
12 sessions - $681  

To schedule lessons, contact Jess Lanke, Director of Recreation and Aquatics at jlanke@jccmilwaukee.org or 414-967-8194.

**Arthritis Aquatics**
*Adults ages 18+*
Location: Peck Aquatic Center, Small pool
Instructor: Sandy Ingram

Alleviate pain from arthritis with a gentle exercise routine conducted in our heated small pool by a nationally certified arthritis instructor.

<table>
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<tr>
<th>SESSION</th>
<th>DAY</th>
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<tbody>
<tr>
<td>01</td>
<td>MON</td>
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<td>10:30 AM</td>
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<td>02</td>
<td>MON</td>
<td>FEB 21-APR 11</td>
<td>10:30 AM</td>
<td>$XX/XX/XX</td>
</tr>
</tbody>
</table>

**Female Only & Male Only Swim Times for JCC Members**

We respect the fact that there is a need to allow females & males swim in our pools at separate times either due to privacy or religion reasons.  
Female Only Swim: Sundays 5:30 – 6:30 PM  
Male Only Swim: Thursdays 8:30 – 9:30 PM

---

**Lap Swim**

We make every effort to ensure there are 2 lap lanes available at all times for lap swimmers, however; there may be times where there are more than two lanes available.

You can view our current pool schedule at cc milwaukee.org or contact the Aquatic Office at (414) 967-8191.
Pilates Reformer is a comprehensive exercise and rehabilitation program that works to lengthen, strengthen, and balance the body using the Pilates reformer apparatus. Benefits include increased core strength, improved flexibility, better posture, improved joint mobility, and enhanced muscular endurance.

Contact Ally Denton to assess the class best for you - adenton@jccmilwaukee.org

### Intro to Reformer
**Adults ages 18+**

Location: Pilates Studio

Take that first step to a leaner, stronger you! Learn how to use the Pilates Reformer apparatus to lengthen, strengthen, and balance your body. Pilates is perfect for EVERY BODY!

<table>
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<tr>
<th>SESSION</th>
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<th>FEE MEM/PTRN/COMM</th>
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<tr>
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<td>9:00 AM</td>
<td>Joanie</td>
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<tr>
<td>01</td>
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<tr>
<td>02</td>
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<td>FEB 25-APR 15</td>
<td>10:00 AM</td>
<td>Jill</td>
<td>$108/108/144</td>
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</tbody>
</table>

### Intermediate Reformer
**Adults ages 18+**

Location: Pilates Studio

This class is designed for intermediate level Pilates practitioners. Modifications and variations will be offered for safety and challenge.

<table>
<thead>
<tr>
<th>SESSION</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>INST.</th>
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</table>

### Mixed Level Pilates Reformer
**Adults ages 18+**

Location: Pilates Studio

This class is designed for beginner through intermediate level Pilates practitioners. Modifications and variations will be offered for safety and challenge.

<table>
<thead>
<tr>
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<th>DAY</th>
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<tr>
<td>01</td>
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<td>FEB 25-APR 15</td>
<td>9:00 AM</td>
<td>Ally</td>
<td>$108/108/144</td>
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</tbody>
</table>
Pilates Reformer

Pilates Reformer is a comprehensive exercise and rehabilitation program that works to lengthen, strengthen, and balance the body using the Pilates reformer apparatus. Benefits include increased core strength, improved flexibility, better posture, improved joint mobility, and enhanced muscular endurance.

Contact Ally Denton to assess the class best for you - adenton@jccmilwaukee.org

Intermediate Classical Reformer
Adults ages 18+
Location: Pilates Studio

Classical Reformer classes are based on Joseph Pilates' original series I-V. Prior Reformer experience required.

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<th>SESSION</th>
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<tr>
<td>02</td>
<td>MON</td>
<td>FEB 21-APR 11</td>
<td>5:00 PM</td>
<td>Sarah</td>
<td>$108/108/144</td>
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Pilates Tower
Adults ages 18+
Location: Pilates Studio

Individuals will sit, stand or lie down on a mat and work with resistive springs that are attached to a Tower to build strength, flexibility and muscular endurance.

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<td>FEB 26-APR 9</td>
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Advanced Classical Reformer
Adults ages 18+
Location: Pilates Studio

Classical Reformer classes are based on Joseph Pilates’ original series I-V. Prior Reformer experience required.

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<td>FEB 21-APR 11</td>
<td>6:00 PM</td>
<td>Sarah</td>
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Pilates Chair
Adults ages 18+
Location: Pilates Studio

The Pilates Chair focuses on developing more strength, better balance, and joint mobility, while creating an engaging and full body workout.

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<tr>
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<td>FEB 25-APR 15</td>
<td>8:00 AM</td>
<td>Stacey</td>
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Personal Training & Pilates Training FOR JCC MEMBERS

Our professional trainers have the knowledge and expertise to:
• Assess your current level of fitness
• Create an individualized workout plan based on your goals
• Teach you the proper way to perform each movement
• Keep you accountable and motivated
• Make the most of your workout time and increase your efficiency

Learn more about our new Level system for Trainers. Rates for JCC Personal Trainers are based on the level of training, certification, and experience that each trainer holds.

Private and semi-private lessons with our Pilates instructors can get you started on your Pilates journey or give seasoned enthusiasts the personal attention they deserve.

New to Personal Training at the JCC? Give it a try with our introductory rate of 3 one-hour sessions for only $99.
Building strength is the foundation to increasing your fitness level. Learn to properly lift using barbells, dumbbells and the cable machines under the supervision of a certified personal trainer specializing in strength training.

**Women on Weights**

*Adults ages 18+*

Location: Studio A

Building strength is the foundation to increasing your fitness level. Learn to properly lift using barbells, dumbbells and the cable machines under the supervision of a certified personal trainer specializing in strength training.

**Burn**

*Adults ages 18+

Location: Marcus Gym

Burn is a high-intensity interval training (HIIT) workout that alternates between intense bursts of activity and fixed periods of less-intense activity or rest for maximum fat burning.

60 minute class / 40 second exercise / 20 second rest per interval

**Commit to Be Fit**

*Adults ages 18+

Location: Marcus Gym

Commit to Be Fit is the JCC’s 12 week healthy habits and weight loss training program.

Each week participants receive:
- 1 in-person workout
- 1 on-demand workout
- 1 written strength, cardio and core/restorative workout
- Weekly nutrition letter

You will also participate in a fitness assessment, In-Body Scans (3 total), and receive the Commit to be Fit tracking guide.

**Mat Pilates**

*Adults ages 18+

Platform: Zoom

Mixed level Mat Pilates builds core strength and increases muscular endurance. Variations offered to challenge and modifications for injury and limitations.
There are many benefits to JCC Membership and access to personal training and free group exercise classes are just a few. Not yet a JCC Member? Membership is open to the whole community! See page 27 to learn more.

FREE GROUP EXERCISE CLASSES ARE OPEN TO JCC MEMBERS 14+

Cardio, Strength, Indoor Cycling, Yoga, and Aqua fitness classes are free to JCC Members and offered throughout the week. Some favorites include:

- Les Mills Body Pump
- Boot Camp
- Zumba
- Slow Flow Yoga
- Freestyle Cycling
- Fitness Intervals
- Aquafit Deep
- and many more!

Stay up-to-date with our online class schedule, drop-in, and try something new! Want to bring a friend? Ask at the desk about getting a guest pass so you can introduce a friend to the JCC!
Open Basketball
*JCC Members ages 18+ or 30+ (as listed below)*
Location: Marcus Gym

Drop in basketball play for JCC Members only. No guests. Stop by and shoot some hoops! No registration required.

<table>
<thead>
<tr>
<th>AGES</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE MEMBERS ONLY</th>
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<tr>
<td>18+</td>
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<td>JAN 6 - APR 14</td>
<td>11:00-1:00 PM</td>
<td>$0</td>
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<tr>
<td>30+</td>
<td>WED</td>
<td>JAN 5 - APR 13</td>
<td>6:30-8:30 PM</td>
<td>$0</td>
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Open Pickleball
*Teens & Adults ages 16+*
Location: Marcus Gym

Pickleball is a fun and competitive sport that is a mash up of tennis, ping pong, wiffle ball, and badminton. It’s one of the fastest growing sports in America. Feel free to bring your own pickleball equipment, although equipment will also be provided on site.

An electronic punch card system will be used. Punch cards are non-refundable but can be carried over for future use.

1-pack $4/7  
5-pack $20/35  
10-pack $36/60  
20-pack $70/$130

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<td>THU</td>
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<tr>
<td>SAT</td>
<td>JAN 8- APR 9</td>
<td>9:00 AM-12:00 PM</td>
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</table>

Want to learn more about Pickleball? Learn more about the sport and see if you are ready to give it a try!
Arts & Ideas
More than a fun night out, a beautiful painting on the wall, or a good read, arts and ideas is a connection – through generations, across geography, and beyond our differences. Our cornerstone program, Tapestry, is about celebration, exploration, and building a community through the arts.

Arts & Ideas: Signature Events

**FLAMENCO**
Thursday, February 3
7:30 PM at the JCC
MEM $18 / COMM $24

Join us for internationally acclaimed Flamenco artists Marija Temo and Kerensa DeMars for an evening of music and dance. Flamenco is a Spanish art form made up of three parts: guitar playing (“guitarra”), song (“cante”), and dance (“baile”). Flamenco originated in the southern regions of Spain, but it’s thought to be influenced by many world cultures, including Latin American, Cuban, and Jewish traditions. We will explore the Jewish history and connections to this complex and beautiful art form.

*Sponsored by Maureen, David, & Noah Luddy in honor of Mort & Claire Komisar*

**Indecent** by Paula Vogel
Location: Milwaukee Chamber Theater

A sensation from its 1906 premiere onward, Sholem Asch’s *THE GOD OF VENGEANCE* became the first play to be translated from Yiddish and professionally staged across Europe. Hailed on the continent for its rebuttal of religious hypocrisy and its honest, joyous depiction of a same-sex relationship, the play was shut down upon its Broadway debut. Following Asch’s play through the first five decades of the 20th Century, Pulitzer Prize-winner Paula Vogel’s celebration of love and art, featuring an onstage klezmer band, honors those who brought *THE GOD OF VENGEANCE* to the stage.

*Featuring: Jonathan Gillard Daly, Elyse Edelman, Angela Iannone, James Ridge, Eric Schabla, Eric Damon Smith, Rachael Zientek*

**Reading of The God of Vengeance**
Location: Daniel M. Soref Community Hall

Join us for a staged reading of this script, which was the inspiration behind Paula Vogel’s *INDECENT*. The play, a mainstay of Yiddish theater since its debut in 1907, is widely known for its frank depictions of sexuality, religious hypocrisy, and prostitution. Examining the ideas of purity and corruption and the ramifications of both, this play was brought up on obscenity charges in the 1920s.

**Yiddish Theater Exhibit**
March - May
Location: Surlow Promenade
Available to view during JCC open facility hours

For almost a half century, Yiddish theater was the predominant cultural expression of Jews in America. Milwaukee had its own dynamic Yiddish theater for much of the 20th century. This exhibit will showcase scripts/photographs/ and memorabilia from the Milwaukee Yiddish Theater.
Arts & Ideas

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Arts & Ideas: Visual Arts

Mirta Kupferminc Exhibit
Location: Surlow Promenade
Available to view during JCC open facility hours

Born in Buenos Aires to Auschwitz survivors, Kupferminc is an internationally recognized contemporary Argentine Jewish artist. She interrogates her Jewish and Argentine roots to deal with themes of universal relevance that cross her entire oeuvre. This exhibit is inspired by our participation in JCCA Global Arts and Culture program.

Judaic Art & Mastery Class
Mosaic Ceramic Stepping Stones
Adults ages 18+
Location: Daniel M. Soref Community Hall
Instructor: Andres Hernandez

With Tu Bishvat just around the corner, we will be making beautiful mosaic ceramic stepping stones for your spring garden. Join Andres in person as we create ceramic stepping stones and decorate them with mosaics. Explore pattern and color and create something uniquely yours.

Arts & Ideas: Performance

The Diary of Anne Frank
by Frances Goodrich & Albert Hackett, newly adapted by Wendy Kesselman
Directed by Reva Fox for Milwaukee Entertainment Group
Location: Brumder Mansion, 3046 W. Wisconsin Ave.

In this transcendentally powerful new adaptation, Anne Frank emerges from history a living, lyrical, intensely gifted young girl, who confronts her rapidly changing life and the increasing horror of her time with astonishing honesty, wit, and determination. An impassioned drama about the lives of eight people hiding from the Nazis in a concealed storage attic, THE DIARY OF ANNE FRANK captures the claustrophobic realities of their daily existence. This is a new adaptation for a new generation.

Arts & Ideas: Culinary Arts

Taste & Tradition Cooking Class
Beyond a Building Platform: Zoom

Taste & Tradition is back with a TWIST! Join for this cooking series led by Chef Michael Solovey, owner of Sage Harvest Cooking School. Chef Michael’s pedagogy implements approachable science to help his students understand why different cooking techniques render a variety of results in the kitchen. He will lead us through various cuisines all with Jewish relevance. Each class is 1 hour long and will provide thorough instruction and expertise with Chef in the comfort of your home so you will be sure to learn a lot and eat some newly created meals! Each participant will also receive a key ingredient available to be picked up curbside at the JCC prior to the class.

## Arts & Ideas: Visual Arts

### Mirta Kupferminc Exhibit
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- **Available to view during JCC open facility hours**

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---

**Dish**
- **Ukrainian Beetroot Borscht**
- **Shakshuka**
- **Jeweled Quinoa Acorn Squash Bowl**

**Date**
- **JAN 20**
- **FEB 10**
- **MAR 8**

**Time**
- **5:00 PM**
- **5:00 PM**
- **5:00 PM**

**Fee**
- **$18/14/23**
- **$18/14/23**
- **$18/14/23**

---

**Register**
Arts & Ideas: Author Events

**Brad Aronson Author Event**
Beyond a Building Platform: Zoom

Online discussion with Author Brad Aronson about his book, *HumanKind*. Brad Aronson’s life changed in an instant when his wife was diagnosed with leukemia. He began writing about the people who rescued his family from that dark time. *HumanKind* provides dozens of ways you can make a difference through the simplest words and deeds.

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<th>DAY</th>
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<tr>
<td>TUE</td>
<td>FEB 8</td>
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**Tzippi Moss Author Event**
Beyond a Building Platform: Zoom

Online discussion with Author Tzippi Moss about her book, *Angels & Tahina*. Tzippi Moss backpacked the 1000-kilometer Israel Trail to raise funds to find a cure for ALS. The people and landscapes taught her lessons for both body and soul.

*Offered in partnership with the Coalition for Jewish Learning & the Israel Center of the Milwaukee Jewish Federation.*

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<th>TIME</th>
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<tbody>
<tr>
<td>THU</td>
<td>MAR 31</td>
<td>12:00 PM</td>
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Arts & Ideas: Ideas

**Modern Lessons from Tanakh**
*Adults ages 18+*
Location: Glazer Family Board Room
Instructors: Rabbi Shari Shamah & Rabbi Hillel Brody

Building on the use of stories from the Bible as our background, we’ll use stories from across our tradition to examine how they offer us guidelines and modern-day lessons. Examples will include women in Torah, sibling relationships, family sagas, work, interpersonal relationships and understanding ourselves. This new course will offer multiple different perspectives and will be co-taught in alternating sessions by an Orthodox rabbi, Rabbi Hillel Brody of YES Connections, and a Reform rabbi, Rabbi Shari Shamah of the JCC.

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<td>THU</td>
<td>JAN 6 - MAR 10</td>
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</table>
Open Mah Jongg
Adults ages 18+
Location: JCC Courtyard or Community Hall
Facilitator: Jackie Blumberg

Monday Open Mah Jongg is back every other week at the JCC! Come play and schmooze with new and old friends! Coordinate with your tablemates to bring a mah jongg set. Light snack and water will be provided.

KOACH
Adults ages 55+
Beyond a Building Platform: Zoom
Facilitators: Rachel Pressman & Jackie Blumberg

The word “KOACH” means strength in Hebrew. This widely popular program brings together adults from throughout the community. KOACH reflects the vigor of the Jewish community and is a partnership between the JCC and 5 Milwaukee synagogues: Congregations Beth Israel Ner Tamid, Emanu-El Jeshurun, Shalom, Sinai, and Temple Menorah. When lunch is provided with the program, there is an $8 fee. When we are not able to offer lunch, the program will be free.

All times are 1:00 - 2:00 PM.

ENTERTAINMENT | DATE | LOCATION | FEE
--- | --- | --- | ---
Yuri & Daniel Beliavsky | JAN 13 | Cong. Sinai | FREE
Frogwater | FEB 24 | TBD | $8

Men’s Club
Adults ages 55+
Spaces & Places Location: Daniel M. Soref Community Hall
Beyond a Building Platform: Zoom
Facilitator: Ken Stein

Think of the JCC Men’s Club as a talk show without cameras, microphones, or commercials. This vibrant and stimulating group designed for active semi-retired and retired men enjoys topics including political, religious, and current events. This fall we will be using a hybrid format with the option of coming in-person or joining us on Zoom.

Annual Membership:
JCC Members $35 • Community $45

For more information about becoming a member of JCC Men’s Club, or to enjoy a trial visit, contact Ken Stein at mensclub@jccmilwaukee.org.

All programs are offered both in-person and via Zoom on Thursdays 12:45 - 2:00 PM.

DATE | SPEAKER | TITLE
--- | --- | ---
JAN 4 | Kai Gardner Mishlove | Director of JCRC
FEB 1 | Aaron D. Lipski | New MKE Fire Chief
FEB 15 | Edward Fallone | Chairman MKE Fire & Police Commission
MAR 8 | Peter Feigin | President Milwaukee Bucks

Rachel Pressman
Community Programs Coordinator

Jackie Blumberg
Instructor

Ken Stein
Men’s Club Coordinator

It’s a diverse community, so it stands to reason that we’re a diverse community center. The JCC is a destination for excellent programs and services, but it’s first and foremost a non-profit, social-services agency committed to serving the ever-changing needs of the entire community.
Give your family the gift of community!
Join the JCC in December & pay no registration fee
PLUS choose 1 free gift!
CHOOSE FROM: Free January • Free Week of Day Camp
Free Winter Session Class or Program • 10 Guest Passes
Upgraded Locker Room • 3 Personal Training Sessions • and more!

Already a Member? THANK YOU!
Refer a Friend to join in December and choose a gift for yourself.

Questions about JCC Membership? Contact Jamie Seitz at jseitz@jccmilwaukee.org

Some restrictions may apply. See Membership Team for details. Offer expires 12/31/21.
We are grateful for the support we receive from all of our donors, partners, and lay leaders. In addition, many programs throughout this guide are made possible by a generous grant from the MJF/Fund for Jewish Milwaukee of the Jewish Community Foundation which has allowed us to continue to serve our community Beyond a Building.

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