Grow and Learn at Your J This Spring!
**SPRING 2022 CLASSES**

Patron Registration Opens Monday, March 21  
Member Registration Opens Monday, March 28  
Community Registration Opens Monday, April 4

**Spring Session**  
Sunday, April 24 - Saturday, June 4

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**HOW TO USE THIS GUIDE**

This online guide is digital and interactive! Look for videos and special links throughout that will lead you to learn more.

To register for programs, visit jccmilwaukee.org or click on registration icons in this document.

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**SPRING BUILDING HOURS**

**KARL COMMUNITY CAMPUS - WHITEFISH BAY**

Peck (North) Entrance Hours  
**Monday-Thursday 5:00 AM-10:00 PM**  
**Friday 5:00 AM-6:00 PM**  
**Saturday & Sunday 8:00 AM-7:00 PM**

Marcus (West) Entrance  
**Monday-Friday 7:00 AM-12:00 PM**  
Open additional hours for scheduled events in adjacent spaces.

Soref & Gan Ami (South) Entrances  
Drop-off and pick-up for Gan Ami & Kids Center only.

* Peck Aquatic Center will close half hour prior to closing time each day. Fridays Peck Aquatic Center closes at 4 PM. Habush Fitness Center and Marcus Gym will close 5 minutes prior to closing time each day.

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**SPRING 2022 CLASSES**

Patron Registration Opens Monday, March 21  
Member Registration Opens Monday, March 28  
Community Registration Opens Monday, April 4

**Spring Session**  
Sunday, April 24 - Saturday, June 4

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**FEE**

**MEM/PTRN/COMM**

Look for Member and Community pricing throughout this guide.  
**MEM** = JCC Member Value Fee  
**PTRN** = JCC Patron Member Fee  
**COMM** = Community Fee

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Call 414-964-4444 for Registration Support

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**SPRING HOLIDAY HOURS**

**PASSOVER** April 15-23  
Friday, April 15  
All facilities close at 4:00 PM (First Seder)  
Saturday, April 16  
All facilities closed  
Thursday, April 21  
All facilities close at 6:00 PM  
Friday, April 22  
All facilities closed

**YOM HASHOAH** Thursday, April 28  
**YOM HAZIKARON** Wednesday, May 4  
**YOM HAATZMA’UT** Thursday, May 5  
Facilities open regular hours on all Yamim

**LAG B’OMER** Thursday, May 19  
Facilities open regular hours

**MEMORIAL DAY** Monday, May 30  
WFB facility open 8:00 AM - 3:00 PM  
Education programs closed

**SHAVUOT**  
Saturday, June 4  
Facilities close at 6:00 PM  
Sunday, June 5  
All facilities closed
Celebrating Passover April 15–23

Taste & Tradition: Passover
Platform: Zoom
Instructor: Mark Shapiro

Taste & Tradition is celebrating Passover and this time you might want to use your goggles! Join JCC President and CEO, Mark Shapiro, as he shares his family recipe for chrain (homemade horseradish). Mark is famous for his unique flavors of chrain, so be prepared to try something new with your gefilte fish this year. Each participant will receive a key ingredient available to be picked up curbside at the JCC prior to the class.

Enjoy the video above and visit pjlibrary.org to find more holiday resources for your family.

Register

**DAY** | **DATE** | **TIME** | **FEE** | **MEM/PTRN/COMM**
---|---|---|---|---
MON  | APRIL 5 | 7:00 PM | $10/10/15

Yom HaShoah
Holocaust Remembrance Day
Wednesday, April 27 • 6 pm

Yom HaZikaron
Israel’s Day of Remembrance
Tuesday, May 3 • 6 pm

Yom HaAtzmaut
Israel’s Independence Day
Sunday, May 15 • 2 pm

All events take place at the Harry & Rose Samson Family Jewish Community Center

YAMIM 2022
DAYS of UNITY

Three special days—YAMIM—for our community to come together to honor the resilience and miraculous journey of the Jewish people.

Annual Yamim funds come from these generous endowment funds of the Jewish Community Foundation of the Milwaukee Jewish Federation:

- Arthur & Rose Christowski Yom HaShoah ICC Endowment Fund
- Raye & David David Yom HaShoah ICC Endowment Fund
- Sam & Edith Kopel Family Yom HaShoah ICC Endowment Fund
- Eva & Leon Lepold Family Yom HaShoah ICC Endowment Fund
- William & Franza Neufeld Holocaust Education Memorial ICC Endowment Fund
- Walter W. Peltz Memorial ICC Endowment for Furthering Holocaust Education
- Luba Szlosberg Memorial JCC Endowment Fund
- Pincus & Bluma Weinstock Yom HaShoah ICC Endowment Fund
- Yom HaAtzmaut/Walk for Israel - Schuster Metals/Atid Properties ICC Endowment Fund

This program is proudly supported by the Israel Engagement Fund: A JCC Association of North America Program Accelerator
Parent-Child

Mornings are a great time to connect with your little one and meet other parents with kids of similar age. Enjoy dance, art, and movement classes with a healthy dose of community-building fun!

Toddler Open Gym
Location: Family Gym
Facilitator: JCC Rec Staff

Looking for something to keep your little ones busy? Stop by the JCC on Sunday mornings and let your kids explore obstacles and gym activities in a structured environment. Each week they’ll play on a different course and explore different sensory objects while practicing their social skills. Registration is limited to 10 children per session and can be done on a week-by-week basis. Please register in advance to ensure there is space.

Ages 12-24 months with adult

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Ages 24-36 months with adult

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<td>10:00-11:00 AM</td>
<td>$3/0/5</td>
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Mini Gymnastics

Ages 1 - 2 yrs
Location: Family Gym
Instructor: Ronna Ruffin

This tumbling class is geared towards our newest walkers that are able to move around unassisted. They will have soft mats to move on and over, as well as age-appropriate toys to help develop their fine and gross motor skills. This class requires adult participation.

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Mighty Gymnastics

Ages 2 - 3 yrs
Location: Family Gym
Instructor: Ronna Ruffin

This tumbling class is for our seasoned walkers. We will explore the family gym space and learn to move our bodies while walking and balancing on a beam, rolling and moving over mats, and exploring the fun of jumping. This class requires adult participation.

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Infants • Toddlers • Twos • K3 • K4

At Gan Ami Early Childhood Education, we are on a journey, or masa in Hebrew. This journey is one we take in connection with one another – from the littlest infant to the most confident of K4 kiddos – from the newest and most nervous parent to the most experienced educators with decades of experience.

We know our most important job is cultivating relationships – between teachers and children, teachers and families, and the school and our community.

While these relationships may look different behind a mask or through the lens of a computer, this strong and beautifully intimate connection is deeply felt and treasured by us all.

Gan Ami is family, our mishpacha. We invite you to join our family and come on a journey of discovery!

Karen Faust
Director, Mequon

Mequon

Karen Faust
Linda & Fred Wein Family Center
10813 N. Port Washington Road
262-242-9871

Gan Ami is rated by the State of Wisconsin as a Youngstar 5-star provider and has earned national accreditation from the Association for Early Learning Leaders’ National Accreditation Commission (NAC).

Mequon

Karen Faust
Director, Mequon

LEARN MORE

Whitefish Bay

Karl Community Campus
6255 N Santa Monica Blvd
414-967-8241

LEARN MORE

Whitefish Bay

Heather Spencer
Director, Whitefish Bay

LEARN MORE
Parent-Child

Mornings are a great time to connect with your little one and meet other parents with kids of similar age. Enjoy dance, art, and movement classes with a healthy dose of community-building fun!

Baby Ballet
Location: Yeladim Playroom
Instructor: Sydney Bannach

Baby Ballet is the first step in a dancer’s journey. This class uses props like scarves, spots, and music to encourage children to learn concepts of music and dance in a warm and playful environment. The older class continues the basics of dance for older preschoolers and those who have completed the first class. We combine the use of a balance beam and basic ballet position with props and music to create a fun and warm dancing experience for little ones.

Ages 2 – 3 ½ years with adult

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Ages 3 ½ - 4 ½ yrs with adult

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Love & Logic Course
Location: Glazer Family Board Room
Instructor: Kristal Melbye

Gain the positive, loving tools you need to raise happy and well-behaved kids. The Love and Logic approach to parenting is built around the science of nurturing caring and respectful relationships and provides a variety of simple and effective strategies for parenting children from birth to adulthood.

This class will help parents learn to:
• Neutralize Arguing, Begging, Whining
• Keep the Parent Child Relationship Strong
• Use Empathy to Hold Children Responsible for their Mistakes without Losing their Love
• Give Lots of Little Choices within Healthy Boundaries
• Use Enforceable Statements to Always Follow Through
• Guide Kids to Own and Solve Their Problems
• Teach Kids to Complete Chores Without Reminders and Without Pay

PJ Library is so much more than books. Through family engagement programs, we make PJ Library come to life for Jewish and interfaith families. Learn more about PJ Library at jccmilwaukee.org/pjlibrary

PJ Baby Group
Connect, commiserate, and celebrate with other parents of newborns in Jewish households.
Contact Rachel Pressman, PJ Library Baby Coordinator

PJ Russian-speaking Families Group
For Russian-speaking families with children from 6 months to 8 years old.
Contact Anna Vilinskiy, PJ Library Parent Coordinator

PJ Western Suburb Group
For families looking to make Jewish connections in the Western Suburbs of Milwaukee.
Contact Danielle Romain, PJ Library Parent Connector

Shabbat Among Friends
A series of home-based Shabbat programs for families raising Jewish children in Milwaukee.
Contact Andrea Kitsis, PJ Library Shabbat Coordinator
Preschool Enrichment • Ages 3-5 yrs

Whether your child is no longer napping or fresh off the K4 bus, these Kids Only classes will fill their afternoon with fun. Children enrolled in Kids Only classes must be fully potty trained.

**Ninja Fun**
*Ages 3 - 5 yrs*

Location: Family Gym
Instructor: Michelle Tipton

In our JCC Mini Ninja program, kids will compete in all kinds of fun, physical challenges. There will be non-stop action from obstacle courses to progressive relays and team-based competitions.

**Movement & Games**
*Ages 3 - 5 yrs*

Location: Family Gym
Instructor: JCC Rec Staff

Movement & games is the perfect opportunity to burn off energy! Each week participants will be introduced to new activities and games focusing on teamwork.

**Sports Club**
*Ages 3 - 5 yrs*

Location: Family Gym
Instructor: Michelle Tipton

Join your friends and learn to play soccer, t-ball, tennis and more!! All classes will have detailed, age-appropriate instruction in both a wide variety of skills. Teamwork and sportsmanship will be taught during this fun format which includes plenty of games! Arrive ready to listen and learn great games!

**Ball Sports**
*Ages 3 - 5 yrs*

Location: Family Gym
Instructor: JCC Rec Staff

Our ball sports classes will include using a wide variety of balls in activities and games to improve gross motor skills such as catching, throwing, striking, balancing, bouncing, etc.
Youth Recreation • Sun-day Fun-day

Kick start a new week with an active Sunday afternoon!

T-Ball Basics
Ages 3 - 5 yrs
Location: Athletic Fields on Karl Campus
Instructors: JCC Rec Staff

Learn the fundamentals of our national pastime! Throwing, catching, hitting and much more will be practiced through age-appropriate activities. Skills and drills will help the child’s self-confidence, teamwork and knowledge of the game of baseball.

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Baseball Basics
Ages 5 - 7 yrs
Location: Athletic Fields on Karl Campus
Instructors: JCC Rec Staff

Learn the fundamentals of our national pastime! Throwing, catching, hitting and much more will be practiced through age-appropriate activities. Skills and drills will help the child’s self-confidence, teamwork and knowledge of the game of baseball.

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Sunday S.T.A.R.S.
Ages 5 - 15 yrs
Location: Family Gym
Instructor: Sarah McCutcheon & Elana Madlom

An active, inclusive program featuring different activities each month. The goal is to make all children feel welcome and to help them strive towards their own individual potential. This program strengthens social skills in a nurturing environment.

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Temkin Flag Football
Ages 7 - 10 yrs
Location: Athletic Fields on Karl Campus
Instructors: JCC Rec Staff

Looking to fine tune your football skills, come practice with the JCC staff. We will work on strengthening the fundamentals of the game to make you a better player while focusing on teamwork and sportsmanship.

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Youth Sports programs are made possible through a generous grant from the JCC Sherwood Temkin Youth Sports Endowment.

Ability Open Gym
Youth & Adults ages 10+
Location: Marcus Gym
Facilitators: Ability Center & Sarah McCutcheon

Wheelchair and adaptive sports can be scary — especially if it’s your first time. The Ability Center decided to remove the fear and offer our community an opportunity to play TOGETHER in an inclusive, non-competitive, friendly environment where your friends, family, peers and/or colleagues can join you to play in a “Different Pair of Shoes.” We hope you’ll join us to try something different — disability or not.

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Youth Recreation • After School

After school is a great time to burn off some energy, learn new skills, and just enjoy being a kid!

**Mini Ninjas * S.T.A.R.S. Friendly**
*Ages 4 - 6 yrs*
Location: Family Gym
Instructor: JCC Rec Staff

In our JCC Mini Ninja program, kids will compete in all kinds of fun, physical challenges. There will be non-stop action from obstacle courses to progressive relays and team-based competitions.

**Mighty Ninjas * S.T.A.R.S. Friendly**
*Ages 7 - 10 yrs*
Location: Family Gym
Instructor: JCC Rec Staff

The JCC Mighty Ninja program is created to give your kid a fun approach to fitness as they work on strength, conditioning, flexibility, problem solving, team work, and coordination as they overcome obstacles designed for their skill levels.

**Master Ninjas * S.T.A.R.S. Friendly**
*Ages 10 - 14 yrs*
Location: Family Gym/Marcus Gym
Instructor: Jake Klavens & Sarah McCutcheon

The JCC Master Ninja program is created to give your kid a fun approach to fitness as they work on strength, conditioning, flexibility, problem solving, team work, and coordination as they overcome obstacles designed for their skill levels.

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Begin to learn the basic fundamentals of basketball in this fun and relaxed environment. Participants will learn how to dribble, pass, shoot, and work together as a team!

**Basketball Basics**
*Ages 5- 7 yrs*
Location: Family Gym
Instructor: JCC Rec Staff

A skills-based class for kids looking to learn the game, develop the fundamentals, and discover a love for the game. Teamwork and sportsmanship will be taught during this fun format which includes plenty of game-like play!

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Looking to harness your true basketball potential? This class will help you focus on the fundamentals: dribbling, passing, shooting, and overall game strategy.

**Basketball Clinic**
*Ages 7 - 10 yrs*
Location: Family Gym
Instructor: JCC Rec Staff

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Youth Recreation • After School

After school is a great time to burn off some energy, learn new skills, and just enjoy being a kid!

**Volleyball Clinic**

* Ages 7 - 10 yrs
* Location: Marcus Gym
* Instructor: JCC Rec Staff

Throughout the clinic, participants will work on the fundamental skills and strategy of volleyball including bumping, setting, and spiking. They will learn team strategy and practice their skills through gameplay.

**Day & Dates** | **Time** | **Fee** | **# of Classes**
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Fri | Apr 29-Jun 3 | 4:15-5:15 PM | $72/0/96 | 6

**Middle School Basketball**

* Ages 10 - 14 yrs
* Location: Marcus Gym
* Instructor: JCC Rec Staff

Are you looking to hoop with your friends and kids your age through organized game-play? If so, this class is for you! In this 60 minute program, you will be fine-tuning your dribbling, passing, shooting, and rebounding skills through lots of running and interactive game-play.

**Day & Dates** | **Time** | **Fee** | **# of Classes**
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Wed | Apr 27-Jun 1 | 4:00-5:00 PM | $66/0/90 | 6

**GaGa**

* Ages 7 - 10 yrs
* Location: Marcus Gym/Courtyard
* Instructor: JCC Rec Staff

We are very excited to be offering Gaga at the JCC this Spring! Gaga is a very popular game that originated in Israel and has grown in popularity in the United States over the past few decades. Players start in a “pit”, an octagon shaped court, hitting and rolling the ball with their hand to eliminate other players.

**Day & Dates** | **Time** | **Fee** | **# of Classes**
--- | --- | --- | ---
Thu | Apr 28-Jun 2 | 4:00-4:30 PM | $66/0/90 | 6

**Kids Center**

**Before & After School Care for K4-5th grade with Transportation**

Come experience Kids Center! From the moment the kids arrive, either on the JCC mini-bus or walking with a staff member across the Karl Campus property, they will find they have lots of options.

This winter, Kids Center kids will enjoy scheduled activities rotating between organized gym classes, swimming, art with our art specialist, classroom fun, and exploring their theatrical side with Pink Umbrella Theater Company. Children’s theatre programming is made possible through a generous grant from the Robyn Temkin Theater and School Endowment Fund.

We partner with our students and families throughout the school year to build a safe environment full of values, friendship, and fun.

Before School Care 7:00 – 9:00 AM
After School Care 3:00 – 6:00 PM
(5:30 PM Fridays)

Currently serving Atwater, Bader Hillel Academy, Bayside Middle School, Cumberland, Glen Hills, Indian Hill, Lake Bluff, Maple Dale, Milwaukee Jewish Day School, Parkway, Richards, St. Monica, and Stormonth schools.

Ronna Ruffin
Director of Youth Programs
Shea Beilke
Youth Program Coordinator
After school is a great time to burn off some energy, learn new skills, and just enjoy being a kid!

**Intro to Jazz Dance**  
*Ages 4 - 6 yrs*  
Location: Yeladim Playroom  
Instructor: Sydney Bannach

Intro to Jazz introduces basic principles of Jazz dance with fun jumps, turns, and other technique while utilizing high energy and musical rhythms to create a dance together.

**Musical Theater Dance**  
*Ages 7 - 10 yrs*  
Location: Yeladim Playroom  
Instructor: Sydney Bannach

Experience the fun and energy of Broadway in this Musical Theatre Dance class. Kids will learn small portions of musical theatre style choreography to songs from Broadway shows like Matilda and Lion King.

**FOR PARENTS!**  
**Love & Logic Course**  
Location: Glazer Family Board Room  
Instructor: Kristal Melbye

Gain the positive, loving tools you need to raise happy and well-behaved kids. The Love and Logic approach to parenting is built around the science of nurturing caring and respectful relationships and provides a variety of simple and effective strategies for parenting children from birth to adulthood.

This class will help parents learn to:
- Neutralize Arguing, Begging, Whining
- Keep the Parent Child Relationship Strong
- Use Empathy to Hold Children Responsible for their Mistakes without Losing their Love
- Give Lots of Little Choices within Healthy Boundaries
- Use Enforceable Statements to Always Follow Through
- Guide Kids to Own and Solve Their Problems
- Teach Kids to Complete Chores Without Reminders and Without Pay

**Meet our new Recreation & Aquatics Coordinator, Kristen Schmalfeldt!**
Center for Inclusion & Special Needs

As an inclusive community center, we make our community stronger and offer opportunities for all of us to learn and grow together. The CISN provides important resources for individuals with special needs and their families.

S.T.A.R.S. Movement Madness
*Ages 5-15 yrs*
Location: Studio A
Instructor: Sarah McCutcheon & Elana Madlom

Do you have extra energy after school? Join us for Movement Madness. We'll learn simple dances to your favorite songs!

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S.T.A.R.S. Paint Outside the Lines
*Ages 5-18 yrs*
Location: Art Studio
Instructor: Sarah McCutcheon

Wrap up your day in a creative way. Learn about different artists and new techniques by creating fun art projects.

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S.T.A.R.S. Friendly
*Ages 10-14 yrs*
Location: Family Gym/Marcus Gym
Instructor: Jake Klavens & Sarah McCutcheon

The JCC Master Ninja program is created to give your kid a fun approach to fitness as they work on strength, conditioning, flexibility, problem solving, team work, and coordination as they overcome obstacles designed for their skill levels.

<table>
<thead>
<tr>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE PER DATE/PER CHILD</th>
<th>MEM/PTRN/COMM</th>
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<td>$40/0/60</td>
<td>MEM/PTRN/COMM</td>
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</table>

Available Services
Contact smccutcheon@jccmilwaukee.org to learn more.

Tutoring Center  *Ages 3-30 yrs*

Tutoring Center is for kids who need academic assistance in one or more subject areas. We specialize in organizational skills which is often the foundation to academic success. Staffed by qualified, experienced special educators and assistants. MEM $35/hr, COMM $45/hr

Personal Training  *Ages 12+*

Develop and increase gross motor skills. Kids will have fun while learning fundamental core skills. MEM $35/hr, COMM $45/hr

Meet our new Director of Inclusion & Special Needs, Renee Hundt!
Center for Inclusion & Special Needs

As an inclusive community center, we make our community stronger and offer opportunities for all of us to learn and grow together. The CISN provides important resources for individuals with special needs and their families.

All Kinds of Creative
Ages 18+ yrs
Location: Yeladim Playroom
Instructor: Sarah McCutcheon

Join us for this NEW art class! All Kinds of Creative is a great way to get creative in the afternoon. Learn about different artists and techniques.

<table>
<thead>
<tr>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
<th># OF CLASSES</th>
</tr>
</thead>
<tbody>
<tr>
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<td>4:45-5:30 PM</td>
<td>$87/0/96</td>
<td>6</td>
</tr>
</tbody>
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Chaverim Adult Social Group
Adults ages 18+
Facilitator: Sarah McCutcheon

Chaverim, which means Friends in Hebrew, is a diverse group of adults who represent a wide range of ages, interests, and abilities. We enjoy social, recreational, educational, and Judaic opportunities throughout the year while cultivating friendships and maintaining our involvement in the community. As a part of the rich fabric of the JCC, we bring visibility and awareness for adults living with disabilities.

<table>
<thead>
<tr>
<th>DAYS</th>
<th>DATES</th>
<th>TIME</th>
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<td>Annual Fee $50/50/50 Add'l fees for some programs.</td>
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Adaptive Aquatics
Ages 4 - 18 yrs
Location: Peck Aquatic Center

This program is designed for participants ages 4-18 who identify with having a disability. Lessons are one-on-one with the instructor and focus on building comfort and proficiency in the water. Participants must go through a referral process prior to scheduling. This program accepts waivers. All lessons are 1/2 hour sessions scheduled once a week. Due to pool space, we may not be able to accommodate lessons Monday-Thursday 4:00 PM-6:00 PM. Lessons are scheduled based on instructor availability.

Adaptive Lessons (1 swimmer)
1 lesson $25
3 lessons $73
6 lessons $143
12 lessons $270

Co-adaptive Lessons (2 swimmers, siblings only)
1 lesson $12.50 per participant
3 lessons $36 per participant
6 lessons $71 per participant
12 lessons $135 per participant

To schedule a lesson or learn more, contact Kristen Schmalfeldt, Recreation & Aquatics Coordinator at kschmalfeldt@jccmilwaukee.org or 414-967-8235.

Ability Open Gym
Youth & Adults ages 10+
Location: Marcus Gym
Facilitators: Ability Center & Sarah McCutcheon

Wheelchair and adaptive sports can be scary — especially if it’s your first time. The Ability Center decided to remove the fear and offer our community an opportunity to play TOGETHER in an inclusive, non-competitive, friendly environment where your friends, family, peers and/or colleagues can join you to play in a “Different Pair of Shoes.” We hope you’ll join us to try something different — disability or not.

<table>
<thead>
<tr>
<th>DAY</th>
<th>DATE</th>
<th>TIME</th>
<th>FEE</th>
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<tbody>
<tr>
<td>SUN</td>
<td>APRIL 3</td>
<td>1:00 - 3:00 PM</td>
<td>FREE</td>
</tr>
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</table>

Sarah McCutcheon
Special Needs Coordinator

Kristen Schmalfeldt
Recreation & Aquatics Coordinator
Camps
Summer is coming sooner than you think, and the JCC has summer camp options for children of all ages, abilities, and interests. Don’t delay in planning your child’s best summer ever!

Steve & Shari Sadek Family
Camp Interlaken JCC
For campers entering 3rd - 10th grades
106-acre residential camp on beautiful Lake Finley in Eagle River, Wisconsin.

2022 Session Dates
Session 1 (4 weeks)
June 22 – July 18
Mini Session 1 (2 weeks)
June 22 – July 6
Session 2 (4 weeks)
July 20 – August 15
Mini Session 2 (2 weeks)
July 20 – August 3

Albert & Ann Deshur
JCC Rainbow Day Camp
For campers entering K5 - 9th grade
Traditional day camp located on 110 adventurous acres in Fredonia with daily bus stops in North Shore Milwaukee

2022 Session Dates
Session 1:
June 20-July 1
Session 2:
July 5-19
no camp 7/4
Session 3:
July 18-29
Session 4:
August 1-12
Partial sessions also available

More Options
RDC Specialty Week: June 13-17
Trip to Interlaken: July 11-15
Upstream Arts: July 25-29

recreation
Morning Rec Camp at the JCC
For kids entering K5 - 3rd Grade
Spend your summer mornings at the JCC! Ride your bike over or get dropped off to meet your friends and add a little bit of structure to those lazy summer days.
Week-by-week • June 13 - August 12
Half Day 9:00 AM - 12:00 PM

JCC Specialty Week • August 15-19
Wrap-up your summer at the JCC in Whitefish Bay with these partnership specialty camps.
Full Day Programs 9:00 AM - 4:00 PM
Play Hard Hoops Basketball: Entering K5-8th Grade
Pink Umbrella Theater: Entering K5-8th Grade
Danceworks: Entering K5-5th Grade
Half Day Program Solar Rec Soccer
9:00-11:30 AM - K5-1st Grade / 1:00-4:00 PM - 2nd-5th Grade

LEARN MORE
Early Childhood Aquatics

Early childhood is an excellent time to introduce your child to water play and safety skills.

Parent-Tot Swim
*Ages 6 - 36 months w/ adult*
*Location: Peck Aquatic Center*

Enjoy this special time to bond with your little one as you introduce them to the water! We will explore water adjustment, body awareness, coordination and safety through use of games, songs and repetition. All infants and toddlers must wear swim diapers or secure plastic pants over a cloth diaper. No disposable diapers are allowed. There is a maximum of one child per parent.

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<tr>
<th>DAY</th>
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<th>TIME</th>
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<th># OF CLASSES</th>
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Parent-Child Swim Skills
*Ages 18 months - 3 years w/ adult*
*Location: Peck Aquatic Center*

Is your child too old or advanced for the Parent-Tot class but not quite ready to start Pre-school Level 1? This class is the perfect balance! The class is designed to work on all of the skills that are introduced and taught in our Pre-school Level 1 class. The difference is that parents join their participant in the water and help ease that transition in to independent lessons for the future. The instructor will teach the participants, and parents will assist their child in practicing the given skills.

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</table>

Discover the Peck Aquatic Center

Many of the JCC’s swimming and recreational activities take place in the Peck Aquatics Center which was provided through a generous grant from the Milton & Lillian Peck Foundation.

All JCC Member Families

Family Swim

Small Pool: The small pool is open for family swim times throughout the day. During programming and other activities, the small pool will be closed to open swim. Please refer to the pool schedule at jccmilwaukee.org for available open swim times.

Large Pool: The large pool will be open for family swim time on Sundays from 2:00-5:00 PM, Wednesdays 6:00-8:00 PM and Saturdays 1:00 – 6:30 PM. We will make every effort to ensure the diving board is open during this time. Swimmers wishing to use the diving board or swim independently in the large pool will need to complete a swim check upon arrival.

Pool Schedule

Many of the JCC’s swimming and recreational activities take place in the Peck Aquatics Center which was provided through a generous grant from the Milton & Lillian Peck Foundation.

Jess Lanke
Director of Recreation & Aquatics

Dave Wage
Aquatics Manager
American Red Cross Learn To Swim

The JCC’s aquatics programs are based on the principles and methods established by the American Red Cross which is progressive; each skill builds on the skills mastered in the previous level. It is important and necessary to successfully complete each level in progression. Progress reports are handed out at the end of every session informing parents which skills were accomplished, which need continued progress, and a recommendation for subsequent enrollment levels. All lessons are taught in the Peck Aquatic Center on the JCC campus in Whitefish Bay. We realize that there are schedule changes and situations arise that may cause you or your child to miss a class, but to ensure a quality experience for both your child and the other children in classes, the JCC does not allow make up lessons or provide credits or refunds for missed or cancelled classes.

Pre-school Age Aquatics • Ages 3 -5 yrs

Our pre-school age aquatic classes are structured with each 30 minutes lesson combining skill instruction and fun. To ensure a quality and safe lesson, there is a ratio of one instructor to a maximum of four students and the classes are taught in our teaching pool.

Pre-School Level 1
First independent swim lesson experience. Participants will learn to put their face in the water and become more comfortable in the water on their own. Activities include submerging mouth, nose & eyes, blowing bubbles, floating on front & back and exploring arm movements/swimming on front & back all with support.

Pre-School Level 2
Participants enrolled in this class must be able to put their head in the water independently and have a high comfort level of being in the water and participating in some skills on their own. Activities will include learning to float on front & back and front & back glides with minimal assistance with & without kicking, beginning arm movement of front & backstroke, jumping into shallow water, and retrieving a submerged object.

Pre-School Level 3
Participants enrolled in this class must be able to submerge their head, jump independently into shallow water, and float independently on their front/back. Activities will include front & backstroke (arm & leg action coordinated) independently across the training pool and participate in similar activities in the large pool.

Swim Evaluation Day
New to our program? Not sure what level to enroll your child? Reserve a spot during a swim evaluation block and meet our wonderful instructors. We will work with your child to do a swim evaluation and recommend a level to enroll in the American Red Cross Learn to Swim Program.

Peck Aquatic Center • Sunday, April 3 • 1:00 - 3:00 PM
FREE to Members and the Community

Contact Dave Wage, to reserve your spot! dwage@jccmilwaukee.org or 414-967-8191.

Can’t make this date? Contact Dave to discuss the best swim level fit for your child before registering.
American Red Cross Learn To Swim

The JCC's aquatics programs are based on the principles and methods established by the American Red Cross which is progressive; each skill builds on the skills mastered in the previous level. It is important and necessary to successfully complete each level in progression. Progress reports are handed out at the end of every session informing parents which skills were accomplished, which need continued progress, and a recommendation for subsequent enrollment levels. All lessons are taught in the Peck Aquatic Center on the JCC campus in Whitefish Bay. We realize that there are schedule changes and situations arise that may cause you or your child to miss a class, but to ensure a quality experience for both your child and the other children in classes, the JCC does not allow make up lessons or provide credits or refunds for missed or cancelled classes.

Youth Age Aquatics • Ages 6+ yrs

Our youth aquatic classes are structured for children 6 years old and up with each lesson 30 minutes in length combining skill instruction with fun. To ensure a quality and safe lesson, there is a ratio of one instructor to a maximum of five students depending on the level and the classes are taught in our big pool.

Youth Level 1
Beginner Level Class that combines the skills taught in Pre-School Level Program. Participants enrolled in this class will become familiar with all of the skills in the Pre-School Lesson Program. This level is designed for the older child to begin in an age appropriate lesson. This lesson will be taught in the large pool.

Youth Level 2
Next step after Pre-3
Participants enrolled in this class must be able to swim front & backstroke for ¼ length of the large pool (coordinated arm & leg action). Activities will include refining coordinated arm & leg action with an introduction to rotary breathing (breathing to the side while swimming on front), swimming on side and treading water. Participants will work towards independent swimming both front & backstroke ½ the length of the large pool.

Youth Level 3
Participants in this class must be able to complete the front crawl with rotary breathing & backstroke for ½ the length of the large pool. They must also be able to tread water/float for 15 seconds and get back to safety. Activities will include introduction to several new strokes: the butterfly stroke (kick and body motion), elementary backstroke arms and kick, jumping into deep water, and introduction to diving. Participants will work towards swimming one length of the pool front and backstroke as well as treading water for 30 seconds.

Youth Level 4
Participants in this class must be able to complete the front & backstroke for 25 yards (1 full length) and tread/float water for 30 seconds. Activities include introduction to underwater swimming, kneeling & standing dives, front & back turns and refinement of all strokes, including an introduction to breaststroke. Participants will work towards swimming front & backstroke 2 lengths of the large pool.

Youth Level 5
Participants in this class must be able to do the following activity (minimally) A) Dive into deep water, swim the front crawl for 50 yards and then swim backstroke for 50 yards. B) swim 25 yards breaststroke or butterfly. Activities will include refinement and endurance of all strokes, flip turns while swimming on front & back, surface dives, and an introduction to advanced safety skills.

Youth Level 6
Participants in this class must be able to do the following activity (minimally) A) Dive into deep water, swim the front crawl for 100 yards and then swim backstroke for 100 yards. B) Swim 25 yards breaststroke and butterfly and demonstrate feet first and headfirst surface dives. Participants must also demonstrate proper turns including flip turns. Activities will include swim race etiquette, such as proper starts, breakouts, turns, finishes, and use of the pace clock. Swimmers will also learn basic lifeguarding techniques and prerequisites as well as the fundamentals of swimming for fitness.
Specialized Aquatics

Discover the difference when you swim year-round in the indoor Peck Aquatic Center’s ozone-filtered, 6-lane, 25-yard lap pool and small teaching pool. The virtually chlorine free, odor free water is gentler on skin and eyes and a must for people with chlorine allergies.

**Female Only & Male Only Swim Times**

We respect the fact that there is a need to allow females & males swim in our pools at separate times either due to privacy or religious reasons.

- Female Only Swim: Sundays 5:30 – 6:30 PM
- Male Only Swim: Thursdays 8:30 – 9:30 PM

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**Indrvidualized Stroke Refinement**

*Teens & Adults ages 14+
Location: Peck Aquatic Center
Instructor: Mark Caballero*

Instructor Mark Caballero, M.S. works with triathletes and swimmers looking to make changes to their front crawl swim form. With his knowledge and experience he will be able to help prepare you for your next event or improve your lap swim efficiency. For those looking to be able to swim with less risk of injury or enjoy more speed for the same energy, Mark brings his technical background to break down the stoke to find your optimal swim form. Lesson packages expire after one calendar year and must be purchased prior to the first lesson. Lessons are scheduled on an individual basis. Due to other programming, lessons may be limited during certain times of the day. All packages must be purchased through the Aquatics office.

- Packages for JCC Members:
  - 1 session - $65
  - 4 session - $250
  - 8 sessions - $476
  - 12 sessions - $681

To schedule lessons, contact Dave Wage, Aquatics Manager at dwage@jccmilwaukee.org or 414-967-8235.

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**Triggerfish Swim Club**

*Ages 6 - 14 yrs
Location: Peck Aquatic Center
Head Coach: Dave Wage*

Participants in this program must have passed all requirements of Youth Level 3 to be successful. The program is designed to introduce your child to the concept of a swim team, team building, good sportsmanship, and how to use swimming as a form of exercise. Workouts focus on proper warm-up and refinement of strokes through drills and direct instruction. All swimmers will review the basic components of the four competitive swimming strokes, starts, turns and training tactics. Please contact Head Coach, Dave Wage, with any questions at dwage@jccmilwaukee.org or 414-967-8191.

**Adaptive Aquatics**

*Ages 4 - 18 yrs
Location: Peck Aquatic Center

This program is designed for participants ages 4-18 who identify with having a disability. Lessons are one-on-one with the instructor and focus on building comfort and proficiency in the water. Participants must go through a referral process prior to scheduling. This program accepts waivers. All lessons are ½ hour sessions scheduled once a week. Due to pool space, we may not be able to accommodate lessons Monday-Thursday 4:00 PM-6:00 PM. Lessons are scheduled based on instructor availability.

**Adaptive Lessons**

(1 swimmer)

- 1 lesson $25
- 3 lessons $73
- 6 lessons $143
- 12 lessons $270

**Co-adaptive Lessons**

(2 swimmers, siblings only)

- 1 lesson $12.50 per participant
- 3 lessons $36 per participant
- 6 lessons $71 per participant
- 12 lessons $135 per participant

To schedule a lesson or learn more, contact Kristen Schmalfeldt, Recreation & Aquatics Coordinator at kschmalfeldt@jccmilwaukee.org or 414-967-8235.
Lifeguard Training

Discover the difference when you swim year-round in the indoor Peck Aquatic Center’s ozone-filtered, 6-lane, 25-yard lap pool and small teaching pool. The virtually chlorine free, odor free water is gentler on skin and eyes and a must for people with chlorine allergies.

All JCC Members 14+

**Lap Swim**

We make every effort to ensure there are 2 lap lanes available at all times for lap swimmers, however; there may be times where there are more than two lanes available.

You can view our current pool schedule at ccmilwaukee.org or contact the Aquatic Office at (414) 967-8191.

**Lifeguard Recertification**

 Teens & Adults ages 15+
 Location: Peck Aquatic Center
 Instructor: Dave Wage

Interested in a great job or challenging career as a professional lifeguard? Through videos, group discussion and hands-on practice, you’ll learn teamwork, rescue and surveillance skills, First Aid and CPR/AED and other skills you need to work as a professional lifeguard. Successful completion results in a 2-year certification in Lifeguarding that includes first aid, professional-level CPR and AED in one certificate. Digital certificate from the American Red Cross available upon successful completion of course.

Prerequisites: Must be at least 15 years old and pass certain swimming requirements including a continuous 300 yard swim, retrieval of a 10lb object from 10-12ft of water, and treading water without the use of your hands for 2 min. Students who cannot pass the prerequisite swimming skills will be refunded the course fee minus a $25 swim test fee.

**Blended Learning** - Participants will need to complete an online portion prior to start of first class (Option A by 5/21, Option B by 5/23).

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<thead>
<tr>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
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<tbody>
<tr>
<td>A</td>
<td>SAT &amp; SUN</td>
<td>MAY 21 - 22 must attend both</td>
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<tr>
<td>B</td>
<td>MON-THU</td>
<td>MAY 23 - 26 must attend all</td>
<td>4:00 - 9:00 PM</td>
</tr>
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</table>

The JCC is Hiring Lifeguards for Summer 2022 at:

- JCC Water Park in Mequon
- Peck Aquatic Center in Whitefish Bay
- JCC Rainbow Day Camp in Fredonia

Did you know that all JCC staff, including lifeguards, receive full membership to the JCC as an employee benefit? Learn more about joining our staff family at jccmilwaukee.org/careers
Pilates Reformer is a comprehensive exercise and rehabilitation program that works to lengthen, strengthen, and balance the body using the Pilates reformer apparatus. Benefits include increased core strength, improved flexibility, better posture, improved joint mobility, and enhanced muscular endurance.

Contact Ally Denton to assess the class best for you - adenton@jccmilwaukee.org

**Intro to Reformer**
*Adults ages 18+
Location: Pilates Studio

Take that first step to a leaner, stronger you! Learn how to use the Pilates Reformer apparatus to lengthen, strengthen, and balance your body. Pilates is perfect for EVERY BODY!

<table>
<thead>
<tr>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>INST</th>
<th>FEE</th>
<th># OF CLASSES</th>
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**Mixed Level Reformer**
*Adults ages 18+
Location: Pilates Studio

This class is designed for beginner through intermediate level Pilates practitioners. Modifications and variations will be offered for safety and challenge.

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<thead>
<tr>
<th>DAY</th>
<th>DATES</th>
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**Intermediate Reformer**
*Adults ages 18+
Location: Pilates Studio

This class is designed for intermediate level Pilates practitioners. Modifications and variations will be offered for safety and challenge.

<table>
<thead>
<tr>
<th>DAY</th>
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<th>TIME</th>
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<th>FEE</th>
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**Intro to Classical Reformer**
*Adults ages 18+
Location: Pilates Studio

An introduction to classical Pilates that is based off of Joseph Pilates’ original series I-V.

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<tr>
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<th># OF CLASSES</th>
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**Intermediate Classical Reformer**
*Adults ages 18+
Location: Pilates Studio

Classical Reformer classes are based on Joseph Pilates’ original series I-V. Prior Reformer experience required.

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<tr>
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**Advanced Classical Reformer**
*Adults ages 18+
Location: Pilates Studio

Classical Reformer classes are based on Joseph Pilates’ original series I-V. Prior Reformer experience required.

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<td>6:00 PM</td>
<td>Sarah</td>
<td>$90/90/120</td>
<td>5</td>
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</table>

Wondering which Reformer class is best for you?
Watch this video and let our Fitness Director, Ally Denton, help you pick the right class!
Pilates Reformer

Pilates Reformer is a comprehensive exercise and rehabilitation program that works to lengthen, strengthen, and balance the body using the Pilates reformer apparatus. Benefits include increased core strength, improved flexibility, better posture, improved joint mobility, and enhanced muscular endurance.

Contact Ally Denton to assess the class best for you - adenton@jccmilwaukee.org

Pilates Tower

*Adults ages 18+

Location: Pilates Studio

Individuals will sit, stand or lie down on a mat and work with resistive springs that are attached to a Tower to build strength, flexibility and muscular endurance.

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<th>INST</th>
<th>FEE MEM/PTRN/COMM</th>
<th># OF CLASSES</th>
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</thead>
<tbody>
<tr>
<td>FRI</td>
<td>APR 29-JUN 3</td>
<td>8:00 AM</td>
<td>Stacey</td>
<td>$108/108/144</td>
<td>6</td>
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</table>

Mixed Prop Pilates

*Adults ages 18+

Location: Pilates Studio

Join us for a class that utilizes the Chair, Tower, and other props to expand your Pilates practice.

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<td>SAT</td>
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<td>Stacey</td>
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Personal Training & Pilates Training

FOR JCC MEMBERS

Our professional trainers have the knowledge and expertise to:

- Assess your current level of fitness
- Create an individualized workout plan based on your goals
- Teach you the proper way to perform each movement
- Keep you accountable and motivated
- Make the most of your workout time and increase your efficiency

Learn more about our new Level system for Trainers. Rates for JCC Personal Trainers are based on the level of training, certification, and experience that each trainer holds.

Private and semi-private lessons with our Pilates instructors can get you started on your Pilates journey or give seasoned enthusiasts the personal attention they deserve.

New to Personal Training at the JCC? Give it a try with our introductory rate of 3 one-hour sessions for only $99.
Group Training
Are you ready to challenge your body? Try one of the JCC’s group training classes. Each class is goal-specific, providing you with maximum results in a small group setting.

**Women on Weights**  
*Adults ages 18+*  
Location: Studio A  
Instructor: Denise Beckman

Building strength is the foundation to increasing your fitness level. Learn to properly lift using barbells, dumbbells and the cable machines under the supervision of a certified personal trainer specializing in strength training.

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<th>FEE MEM/PTRN/COMM</th>
<th># OF CLASSES</th>
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<tbody>
<tr>
<td>THU</td>
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<td>9:00 AM</td>
<td>$96/96/156</td>
<td>6</td>
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</tbody>
</table>

**Mat Pilates**  
*Adults ages 18+*  
Platform: Zoom  
Instructor: Terri Stevens

Mixed level Mat Pilates builds core strength and increases muscular endurance. Variations offered to challenge and modifications for injury and limitations.

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<th>DAY</th>
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<th>FEE MEM/PTRN/COMM</th>
<th># OF CLASSES</th>
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</thead>
<tbody>
<tr>
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<td>APR 29-JUN 3</td>
<td>11:00 AM</td>
<td>$72/72/132</td>
<td>6</td>
</tr>
</tbody>
</table>

**Yoga for Self-Care**  
*Adults ages 18+*  
Location: Yoga Studio  
Instructor: Steve White

This series offers an introduction to the deeper practices of yoga to manage conditions related to stress & anxiety. Over the course of six weeks, we explore the use of movement, breathing, and various meditation techniques to address the following areas: Basic Yoga Skills, Improving Focus, Reducing Anxiety, Addressing Sleeplessness, Chronic Stress, and Acute Stress. Each session is 60 minutes and is appropriate for people with little to no yoga or meditation experience. Each class will combine lecture, discussion, and both mat and seated practices.

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<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE MEM/PTRN/COMM</th>
<th># OF CLASSES</th>
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</thead>
<tbody>
<tr>
<td>TUE</td>
<td>APR 5 - MAY 10</td>
<td>10:30 AM</td>
<td>$18/18/28</td>
<td>6</td>
</tr>
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</table>

**Yoga Inversions Postures Workshop**  
*Adults ages 18+*  
Location: Yoga Studio  
Instructor: Steve White

This two-hour workshop will focus on four yoga postures under the category of “inversions,” generally defined as the heart being elevated above the head. These poses can have numerous physical, physiological, and psychological benefits. We use the “krama” or step-wise method of building postures to adapt for different bodies and different proficiencies of practice. Students should have at least two years of regular yoga practice. Class is limited to six participants. Please note that the instructor will be making respectful and appropriate hands-on adjustments to assist participants in maximizing their experience and understanding in these more challenging postures.

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<th>FEE MEM/PTRN/COMM</th>
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<tbody>
<tr>
<td>THU</td>
<td>MAR 31</td>
<td>10:30AM-12:30PM</td>
<td>$30/30/40</td>
</tr>
</tbody>
</table>

Meet our new Fitness Coordinator, Jess Pool!
FREE GROUP EXERCISE FOR JCC MEMBERS

There are many benefits to JCC Membership and access to personal training and free group exercise classes are just a few. Not yet a JCC Member? Membership is open to the whole community! See page 27 to learn more.

FREE GROUP EXERCISE CLASSES ARE OPEN TO JCC MEMBERS 14+

Cardio, Strength, Indoor Cycling, Yoga, and Aqua fitness classes are free to JCC Members and offered throughout the week. Class options include:

**CARDIO**
- Zumba
- Step Plus!
- Barre
- PiYO
- Fitness Intervals
- Fit ‘n’ Fun

**STRENGTH**
- Les Mills Bodypump
- Les Mills Core
- Bootcamp
- Body Blast
- Power Yoga

**CYCLE**
- Les Mills Sprint
- Freestyle Cycle

**WATER**
- Aquafit Shallow
- Aquafit Deep
- Splash

**BALANCE**
- Yoga Explorations
- Rise & Shine Yoga
- Unwind Yoga
- Slow Flow Yoga
- Tai Chi
- Nia

Join us for Spring Les Mills Launch Day!
Sunday, April 3 • 9:00 AM - 12:00 PM

Les Mills workouts combine cutting-edge exercise science with the hottest music to keep your motivation (and heart rate!) up.

We have a special schedule of Les Mills classes for the day:
- Sprint from 9:15 - 9:45 AM in Studio B
- Body Pump from 10:00 - 11:00 AM in Studio A
- Core from 11:15 - 11:45 AM in Studio A

Sign up for all three classes, or mix-and-match to design your perfect workout. Small prizes will be awarded between each class. One lucky winner will receive a Grand Prize at the end of the day! Light refreshments will be provided.

No registration required for Body Pump or Core classes.
Sprint class requires sign-up at the Peck Desk.

Not a JCC Member but want to try the classes? Visit jccmilwaukee.org/try to get a trial pass and join us.

Stay up-to-date with our online class schedule, drop-in, and try something new!
Want to bring a friend? Ask at the desk about getting a guest pass so you can introduce a friend to the JCC!
Adult & Teen Recreation

No matter your age, leading an active life is a lot more fun with friends. What better place than a community center to find your squad! Join a league or just drop-in to play in our Marcus Gym.

Open Basketball
*JCC Members ages 18+ or 30+ (as listed below)*
Location: Marcus Gym

Drop in basketball play for JCC Members only. No guests. Stop by and shoot some hoops! No registration required.

<table>
<thead>
<tr>
<th>AGES</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE MEMBERS ONLY</th>
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<tbody>
<tr>
<td>18+</td>
<td>SUN</td>
<td>APR 24-MAY 29</td>
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<td>$0</td>
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<tr>
<td>18+</td>
<td>TUE</td>
<td>APR 26-MAY 31</td>
<td>6:00 - 8:30 PM</td>
<td>$0</td>
</tr>
<tr>
<td>30+</td>
<td>WED</td>
<td>APR 27-JUN 1</td>
<td>6:30-8:30 PM</td>
<td>$0</td>
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</table>

Open Pickleball
*Teens & Adults ages 16+
Location: Marcus Gym

Pickleball is a fun and competitive sport that is a mash up of tennis, ping pong, wiffle ball, and badminton. It’s one of the fastest growing sports in America. Feel free to bring your own pickleball equipment, although equipment will also be provided on site. An electronic punch card system will be used. Punch cards are non-refundable but can be carried over for future use.

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<th>DAY</th>
<th>DATES</th>
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<th>FEE MEMBERS ONLY</th>
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<td>SUN</td>
<td>APR 24-MAY 29</td>
<td>1:00 - 3:00 PM</td>
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<tr>
<td>WED</td>
<td>APR 25-MAY 23</td>
<td>10:00 AM - 12:00 PM</td>
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<td>THU</td>
<td>APR 28-JUN 2</td>
<td>1:00 - 4:00 PM</td>
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<td>FRI</td>
<td>APR 29-JUN 3</td>
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<td>SAT</td>
<td>APR 30-JUN 4</td>
<td>9:00 AM - 12:00 PM</td>
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Open Volleyball
*Teens & Adults ages 16+
Location: Marcus Gym

Stop by the Marcus gym for open Volleyball. Open to any and all ability levels. Pre-registration not required.

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<th>DAY</th>
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<td>SAT</td>
<td>APR 30-JUN 4</td>
<td>1:00 - 3:00 PM</td>
<td>$5</td>
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</table>

Open Catchball
*Female-identifying teens & adults ages 16+
Location: Marcus Gym

Catchball is making a return to the JCC this spring! Catchball is an Israeli game played by women of all ages and athletic abilities. The game is similar to Volleyball, but players catch and throw the ball to one another. Come learn the basic rules and strategy in a fun and relaxed environment. This program is open to any and all ability levels. Pre-registration not required.

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<th>DATES</th>
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<tbody>
<tr>
<td>MON</td>
<td>APR 25-MAY 23</td>
<td>6:00 - 7:30PM</td>
<td>$5</td>
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JCC Maccabi Games 2022
San Diego, CA • July 31 – Aug 5

The JCC Maccabi Games are an Olympic-style sporting competition held each summer. Over 3,000 Jewish teens participate, making Maccabi Games one of the largest organized sports for Jewish teenagers in the world.

Join Team Milwaukee. We’re currently looking for Jewish teens ages 13-16 to join our team and compete in San Diego this summer.

Which sport interests your teen?
- **Team Sports:** Baseball, Basketball, Flag Football, Ice Hockey, Soccer, Volleyball
- **Individual Sports:** Dance, Golf, Swimming, Table Tennis, Tennis

Interested in JCC Maccabi Games?
Contact JCC Recreation Manager, Jake Klavens
jklavens@jccmilwaukee.org | 414-967-8174
Arts & Ideas

More than a fun night out, a beautiful painting on the wall, or a good read, arts and ideas is a connection – through generations, across geography, and beyond our differences. Our cornerstone program, Tapestry, is about celebration, exploration, and building a community through the arts.

Taste & Tradition: Passover
Platform: Zoom
Instructor: Mark Shapiro

Taste & Tradition is celebrating Passover and this time you might want to use your goggles! Join JCC President and CEO, Mark Shapiro, as he shares his family recipe for chrain (home-made horseradish). Mark is famous for his unique flavors of chrain, so be prepared to try something new with your gefilte fish this year. Each participant will receive a key ingredient available to be picked up curbside at the JCC prior to the class.

Register

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<tr>
<td>MON</td>
<td>APRIL 5</td>
<td>7:00 PM</td>
<td>$10/10/15</td>
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Back to the Sources:

Bible, Midrash, Art: The Richness of Bible Stories
Adults ages 18+
Location: Glazer Family Board Room
Platform: Zoom
Instructor: Jody Hirsh

So many Bible stories have captured our imaginations and have fascinated humanity throughout all the generations: Adam and Eve, Cain and Abel, Jacob’s Ladder, Joseph in Egypt, Moses on Mount Sinai, and more. This year we will study twelve stories, and dive into traditional Narrative Midrash (Rabbinic interpretations that are themselves stories) as well as examine how artists of all types (painters, writers, musicians, playwrights, sculptors, dancers, etc.) have interpreted these stories. Both traditional Judaism, and more modern art, have deepened the meaning of these deceptively simple tales. Class will be a hybrid of in-person (Spaces & Places) and virtual (Beyond a Building).

Register

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<td>THU</td>
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<td>10:30 AM</td>
<td>$72/0/94</td>
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Judaic Art & Mastery Class
Mosaic Ceramic Stepping Stones
Adults ages 18+
Location: Daniel M. Soref Community Hall
Instructor: Sarah McCutcheon

Get a head start on prepping your outdoor space for summer. We will guide you through the process of creating your own mosaic stepping stone. Explore colors & patterns and create something that is uniquely yours! All art supplies included with purchase of class.

Register

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<th>DAY</th>
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<td>TUE</td>
<td>APRIL 26</td>
<td>4:00-5:00 PM</td>
<td>$25/16/30</td>
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Save the Date to Join Us for KIDSshare 2022
Thursday, May 5
at the Pfister Hotel

It’s time to get back to celebrating as a community. Back to great food and even better company. Back to standing up for the work in front of us, and getting it done together.

Learn More

KIDSshare 2022 Chairs
Mark & Kaye Kass • Joe & Michele Ellner

Mark Shapiro
President & CEO

Reva Fox
Arts & Culture Director

Jody Hirsh
Instructor

Sarah McCutcheon
Special Needs Coordinator & Art Instructor
More than a fun night out, a beautiful painting on the wall, or a good read, arts and ideas is a connection – through generations, across geography, and beyond our differences. Our cornerstone program, Tapestry, is about celebration, exploration, and building a community through the arts.

Red Sea Diving Resort Wrap-around Programs

**Author Event: Rafi Berg**
Book: The Red Sea Diving Resort
Platform: Zoom

The complete, never-before-heard, gripping tale of a top-secret and often hazardous operation based at a luxury resort that saw the secret evacuation of thousands of Ethiopian Jews who had been languishing in refugee camps, and the spiriting of them to Israel. Offered in partnership with the Israel Center of the Milwaukee Jewish Federation.

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<td>TUE</td>
<td>MAY 17</td>
<td>12:00 PM</td>
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**Film Screening:**
Film: The Red Sea Diving Resort (2019)
Location: Daniel M. Soref Community Hall

A 2019 spy thriller film about an Israeli Mossad agent who runs a covert operation that attempts to rescue Ethiopian-Jewish refugees from Sudan to safe haven in Israel. The film is loosely based on the events of Israel’s Operation Moses and Operation Joshua in 1984-1985. Starring Chris Evans, Michael Kenneth Williams, Haley Bennett, Alessandro Nivola, Michiel Huisman, Chris Chalk, MIRTA Greg Kinnear, and Ben Kingsley.

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<tr>
<td>WED</td>
<td>MAY 18</td>
<td>2:00 PM</td>
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**Museum Morning Meanderings**
Meet at the JCC West Entrance

Join Tapestry Arts & Ideas for a Museum Morning. We will explore two museum exhibits that look at how the world changed during WWI and WWII, a time period that caused great change not only for the Jewish Community, but for other communities around the world. We will meet at the JCC for a bus ride downtown where we will start our morning at the Jewish Museum Milwaukee for a docent led tour of their current exhibit: *Then they Came for Me: Incarceration of Japanese Americans During WWII and the Demise of Civil Liberties*. We will then head up to the Charles Allis Museum for a very different exhibit, *Dressing the Abbey*, a costume exhibition that looks at the turbulence and changes of life in England during WWII and the period just after. We will return to the JCC in the early afternoon.

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<td>$20/15/26</td>
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**Lynden Sculpture Garden Tour**
Meet at the JCC West Entrance

Join Tapestry for a chance to see the Lynden Sculpture Garden as you’ve never seen it before. We will be guided by a knowledgeable docent through the Sculpture Garden’s collection of 20th century monumental outdoor sculpture, arrayed across 40 acres of park, lake and woodland. There is also the possibility of touring the house and gallery.

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<td>1:00-3:00PM</td>
<td>$14/10/18</td>
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**Riva Lehrer Author Event**
Golem Girl: A Memoir
Platform: Zoom

In 1958, Riva Lehrer was born with spina bifida. As an adult, she is invited to join a group of artists who are building Disability Culture. When Riva asks if she can paint their portraits, she invents an intimate and collaborative process that will transform the way she sees herself, others, and the world. Offered in partnership with the JCC Center for Inclusion & Special Needs.

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<tr>
<td>TUE</td>
<td>JUN 14</td>
<td>7:30 PM</td>
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Community

It’s a diverse community, so it stands to reason that we’re a diverse community center. The JCC is a destination for excellent programs and services, but it’s first and foremost a non-profit, social-services agency committed to serving the ever-changing needs of the entire community.

Open Mah Jongg
Adults ages 18+
Location: Daniel M. Soref Community Hall
Facilitator: Jackie Blumberg

Open Mah Jongg will be every Monday starting in May (still alternating Mondays in April). Come play and schmooze with new and old friends! Coordinate with your tablesmates to bring a mah jongg set. Light snack and water will be provided.

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<tr>
<td>MON</td>
<td>ONGOING</td>
<td>12:00-3:00 PM</td>
<td>$2/2/3 per session</td>
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KOACH
Adults ages 55+
Platform: Zoom
Facilitators: Rachel Pressman & Jackie Blumberg

The word “KOACH” means strength in Hebrew. This widely popular program brings together adults from throughout the community. KOACH reflects the vigor of the Jewish community and is a partnership between the JCC and 5 Milwaukee synagogues: Congregations Beth Israel Ner Tamid, Emanu-El Jeshurun, Shalom, Sinai, and Temple Menorah. When lunch is provided with the program, there is an $8 fee. When we are not able to offer lunch, the program will be free.

All times are 1:00 - 2:00 PM.

|| ENTERTAINMENT | DATE | LOCATION | FEE |
|---|---|---|---|
| | Fred Moyer | APR 25 | Cong. Emanu-El B’Ne Jeshurun | $8 |
| | Ada Trio | MAY 17 | Cong. Sinai | $8 |

The New Mahj Card
Adults ages 18+
Location: Daniel M. Soref Community Hall
Platform: Zoom

Karen Gooen, author of Searching for Bubbe Fischer: The Path to Mah Jongg Wisdom, presents The New Mahj Card: a lecture about the overall Mahj philosophy, “Luck favors the prepared mind.” The Mah Jongg Maven will explain the best ways to learn the new 2022 Mahj card, similarities and differences to the card, significant patterns, unique features, and shortcuts. There will be a Q&A session with Open Mahj following until 3:00 PM.

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<tr>
<td>MON</td>
<td>MAY 2</td>
<td>12:00-1:00 PM</td>
<td>$10/0/12</td>
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</table>

Men’s Club
Adults ages 55+
Location: Daniel M. Soref Community Hall
Platform: Zoom
Facilitator: Ken Stein

Think of the JCC Men’s Club as a talk show without cameras, microphones, or commercials. This vibrant and stimulating group designed for active semi-retired and retired men enjoys topics including political, religious, and current events. This fall we will be using a hybrid format with the option of coming in-person or joining us on Zoom.

Annual Membership: JCC Members $45 • Community $55

For more information about becoming a member of JCC Men’s Club, or to enjoy a trial visit, contact Ken Stein at mensclub@jccmilwaukee.org.

All programs are offered both in-person and via Zoom on Thursdays 12:45 - 2:00 PM.

<table>
<thead>
<tr>
<th>DATE</th>
<th>SPEAKER</th>
<th>TITLE</th>
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</thead>
<tbody>
<tr>
<td>APR 5</td>
<td>Rob Henken</td>
<td>President of Wisconsin Policy Forum</td>
</tr>
<tr>
<td>APR 12</td>
<td>Dr. Dan Haumschild</td>
<td>Education Director Jewish Museum Milwaukee</td>
</tr>
<tr>
<td>APR 19</td>
<td>Marc Magliari</td>
<td>Public Relations Manager at Amtrak</td>
</tr>
<tr>
<td>MAY 3</td>
<td>Mark Kass</td>
<td>Editor-in Chief, Milwaukee Business Journal</td>
</tr>
<tr>
<td>MAY 10</td>
<td>Justin Carlisle</td>
<td>Chef/Owner Ardent’s Restaurant</td>
</tr>
<tr>
<td>JUN 7</td>
<td>Jeffrey B. Norman</td>
<td>Milwaukee Police Chief</td>
</tr>
</tbody>
</table>
Not only do JCC Members receive priority registration and discounted pricing for the classes and programs found in this guide, but they also enjoy member access to our state-of-the-art fitness & aquatics facilities, the Hy & Richard Smith JCC Water Park in Mequon, Gan Ami Early Childhood Education, and a full schedule of free group exercise classes.

Join the JCC in April
Last chance to get your Registration Fee waived before the JCC Water Park opens for Summer 2022!

Open mid-June to Labor Day
JCC Members enjoy summers lounging by the pool at the Hy & Richard Smith JCC Water Park. There is something here for everyone. Be sure to take advantage of this very unique feature of JCC membership this summer.

Fun in the Water
• Zero-entry splash pad
• Water play structure with slides & fountains
• Aqua basketball hoops
• Lily pad activity area
• Aqua climbing wall
• Diving board
• Swim lanes with time dedicated to adult lap swim

Fun on Dry Land
• Full-sized basketball court
• Sand volleyball court
• Tetherball
• Ga-ga pit
• Sand play structure
• Plenty of grass for open play

Amenities
• Shade structures
• Family locker rooms
• Showers

Some restrictions may apply. See Membership Team for details. Offer expires 4/30/22.

Questions about JCC Membership?
• Visit jccmilwaukee.org/join
• Call 414-964-4444
• Contact Matthew Bazelon mbazelon@jccmilwaukee.org
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