# OURNAL

Harry & Rose Samson Family Jewish Community Center

Creating Spaces. Building Opportunities. Inspiring Jewish Moments for Diverse Communities.



**STAY CONNECTED** 

jccmilwaukee.org @JCCMilwaukee









### **SUMMER 2022 CLASSES**

Member Registration Opens Monday, May 16

Community Registration Opens Monday, May 23

Please note: Many Summer Rec classes opened registration in February with Day Camp registration.

### **Summer Session**

Sunday, June 12 - Saturday, August 20

### **HOW TO USE THIS GUIDE**

This online guide is digital and interactive! Look for videos and special links throughout that will lead you to learn more.

To register for programs, visit jccmilwaukee.org or click on registration icons in this document.



Watch Video demo of our online registration site



Call 414-964-4444 for Registration Support

# **FEE**MEM/PTRN/COMM

Look for Member and Community pricing throughout this guide.

MEM = JCC Member Value Fee PTRN = JCC Patron Member Fee COMM = Community Fee



### **SUMMER FACILITY HOURS**

### WHITEFISH BAY

Peck (North) Entrance

Monday-Thursday 5:00 AM-10:00 PM

Friday 5:00 AM-6:00 PM

Saturday & Sunday 8:00 AM-7:00 PM

Marcus (West) Entrance
Monday-Friday 7:00 AM-3:00 PM

Open additional hours for scheduled events in adjacent spaces.

Soref & Gan Ami (South) Entrances

Drop-off and pick-up for Gan Ami & Kids Center only.

\* Peck Aquatic Center will close half hour prior to closing time each day. Fridays Peck Aquatic Center closes at 4 PM. Habush Fitness Center and Marcus Gym will close 5 minutes prior to closing time each day.

### **MEQUON**

Hy & Richard Smith JCC Water Park
Tuesday-Sunday 10:30-6:30 PM
Closed 2:00-3:00 PM Daily
Closed Mondays

(Open Independence Day & Labor Day)

### **SUMMER HOLIDAY HOURS**

### **SHAVUOT**

Saturday, June 4 Facilities close at 6:00 PM

> Sunday, June 5 All facilities closed

INDEPENDENCE DAY

Monday, July 4

WFB Facility open 8:00 AM - 3:00 PM

Water Park open regular hours

Gan Ami & Day Camps closed



### JCC Community Carnival Tuesday, June 7 4:30 - 6:30 PM

Harry & Rose Samson Family Jewish Community Center

Carnival Rides • Activities • Entertainment • Food Trucks
Free and Open to the Community

Start your summer with our community-wide celebration with fun for all ages. Bust a move with DJ Kid Boogie Down, try one of the family-friendly activities from Betty Brinn Children's Museum and PJ Library, and sample delicious treats from one (or more!) of the food trucks: Falafel Guys, Mr. P's Grilled Cheese, Pete's Pops, and Hannah's Kitchen.



REGISTER

JCC Color Run Sunday, July 10 9:00-11:00 AM

Harry & Rose Samson Family Jewish Community Center

This fun community event welcomes all ages and abilities to participate in a fun run that celebrates the friends and families that make up our vibrant community.

Entry fee includes registration packet, race shirt, race number, and after race snacks. \$18/child • \$36/adult • Max \$72/household



### JCC Member Appreciation Corn Roast Sunday, August 14 11:30 AM - 1:30 PM

Hy & Richard Smith JCC Water Park in Mequon

We love our members, and once a year, we show it with... CORN!

Join the JCC staff and your fellow members for fresh roasted

corn, games, water park fun, and more!

Free for all JCC Members



# Parent-Child

Connect with your little one and meet other parents with kids of similar age. Enjoy dance, art, music, and movement classes with a healthy dose of community-building fun!

### Rhythm 'n Ruach

Ages 6 mos - 3 yrs with adult

Location: Family Gym on Karl Campus

Instructor: Mara Kleiman

We are excited to be offering the Rhythm 'n Ruach program at the JCC in partnership with MJDS. Rhythm n' Ruach is a program that integrates music theory, rhythm and movement with Jewish values and the Hebrew language. Every class consists of learning new Hebrew words, finger-play, experiencing a variety of musical instruments, as well as play with movement scarves and parachute. We often integrate yoga as well. We will follow a Shabbat-themed curriculum for this 5 week session.

REGISTER

SESS	ION	DAY	DATES	TIME	FEE MEM/COMM
2	<u>-</u>	THU	JUL 21 - AUG 18	3:00-3:45 PM	\$80/95

### Challah & Community Friday, July 15 • 10:30 - 11:00 AM

For ages 6 mos-9 yrs with an adult

Hy & Richard Smith JCC Water Park 11015 N. Market Street, Mequon

Join PJ Library for challah braiding and swimming. Free and open to the community!

RSVP to Rachel Pressman 414-967-8258 • rpressman@jccmilwaukee.org

### **Baby Ninjas**

Ages  $1^{1}/_{2}$  - 3 yrs with adult

Location: Family Gym on Karl Campus

Instructor: JCC Rec Staff

Baby Ninjas is designed to let your little one explore obstacles and gym activities in a structured environment. Each week they will be able to play on a different course while working on teambuilding and social skills!

REGISTER

REGISTER

SESSION	DAY	DATES	TIME	FEE MEM/COMM
1	FRI	JUN 17 - JUL 15	10:00-10:30 AM	\$55/75

### **Snack-tivity Time**

Ages  $1^{1/2}$  - 3 yrs with adult

Location: Peck Aquatic Center Patio on Karl Campus

Instructor: JCC Rec Staff

This fun new class is centered around snack time! Each week will be a different fun activity that participants will be able to enjoy as a snack at the end of the class.

SESSION	DAY	DATES	TIME	FEE MEM/COMM
2	FRI	JUL 22 - AUG 12	10:00-10:30 AM	\$44/60

Looking to spend some time with your little one in our ozone-treated aquatic center? Scroll to Page 11 for...

### **Early Childhood Aquatics**

- Parent-Tot Swim
- Parent-Child Swim Skills



PJ Library is so much more than books. Through family engagement programs, we make PJ Library come to life for Jewish and interfaith families. Learn more about PJ Library at <a href="mailto:iccmilwaukee.org/pilibrary">iccmilwaukee.org/pilibrary</a>

### PJ Baby Group

Connect, commiserate, and celebrate with other parents of newborns in Jewish households.

Contact Rachel Pressman. PJ Library Baby Coordinator



### PJ Russian-speaking Families Group

For Russian-speaking families with children from 6 months to 8 years old.

Contact Anna Vilinskiy, PJ Library Parent Coordinator

CONTACT

### PJ Western Suburb Group

For families looking to make Jewish connections in the Western Suburbs of Milwaukee.

Contact Danielle Romain, PJ Library Parent Connector

CONTACT

### Shabbat Among Friends

A series of home-based Shabbat programs for families raising Jewish children in Milwaukee.

Contact Andrea Kitsis, PJ Library Shabbat Coordinator



Summer is a great time to meet up with friends, learn new skills, and just enjoy being a kid!

REGISTER

REGISTER

**REGISTER** 

### **Basketball Basics**

Ages 4 - 6 yrs

Location: Family Gym on Karl Campus

Instructor: JCC Rec Staff

Learn the game on a court sized just for you! This skill-based class is for kids looking to learn the game, develop the fundamentals, and discover a love for this lifetime sport. Teamwork and sportsmanship will be taught in a fun format which includes plenty of game-like play!

SESSION	DAY	DATES	TIME	FEE MEM/COMM
1	WED	JUN 15 - JUL 13	5:30-6:00 PM	\$55/75

### **Soccer Basics**

Ages 4 - 6 yrs

Location: Family Gym on Karl Campus

Instructor: JCC Rec Staff

Join your friends and learn to play the world's game! All classes will have detailed, age-appropriate instruction in both offensive and defensive skills. Teamwork and sportsmanship will be taught during this fun format which includes plenty of games!

REGISTER

REGISTER

SESSION	DAY	DATES	TIME	FEE MEM/COMM
2	WED	JUL 20 - AUG 10	5:30-6:00 PM	\$44/60

### **Basketball Skills**

Ages 7-12 yrs

Location: Marcus Gym on Karl Campus

Instructor: Jake Klavens

Are you looking to hoop with your friends and kids your age through organized game-play? If so, this is the class for you! In this 90 minute weekly class, you will be fine-tuning your dribbling, passing, shooting, and rebounding skills through lots of running and interactive game play.

SESSION	DAY	DATES	TIME	FEE MEM/COMM
1	WED	JUN 15 - JUL 13	1:00-2:30 PM	\$75/100
2	WED	JUL 20 - AUG 10	1:00-2:30 PM	\$60/80

### Youth Pickleball

Ages 11-15 yrs

Location: Marcus Gym on Karl Campus

Instructor: JCC Rec Staff

Now is the chance to learn the game of pickleball with other kids your age! Pickleball is a fun and competitive sport that is a mash up of tennis, ping pong, wiffle ball, and badminton. In this class you will learn the basic rules, scoring, serving, and strategies of Pickleball through fun and interactive game play.

SESSION	DAY	DATES	TIME	FEE MEM/COMM
1	MON	JUN 13 - JUL 11 No class 7/4	4:00-4:30 PM	\$44/60
2	MON	JUL 18 - AUG 8	4:00-4:30 PM	\$44/60

### High School 3 v 3 Basketball

Ages 13-18 yrs

Location: Marcus Gym on Karl Campus

Coordinator: Jake Klavens

The JCC is thrilled to offer organized basketball opportunities to our teenagers! Come play some great 3v3 basketball. Enjoy a good sweat and a work out while also improving your basketball skills in this 2-hour program each week.

SESSION	DAY	DATES	TIME	FEE MEM/COMM
1+2	WED	JUN 15 - AUG 10	3:00-5:00 PM	\$90/108



Recreaton Manager



Recreation & Aquatics Coordinator

Summer is a great time to meet up with friends, learn new skills, and just enjoy being a kid!

REGISTER

### Intro to Piano

Ages 6-12 yrs

Location: Yeladim Playroom on Karl Campus

Instructor: Egan B.

Want your kids to further stimulate their brain and learn the basics on how to play the piano? This class is for brand new learners only with very little to preferably no prior experience.

Offered the following weeks:

June 13-16 • Jun 20-23 • Jun 27-30

Jul 11-14 • Jul 18-21 • Jul 25-28

TIME SLOT	4 DAYS/WEEK	<b>TIME</b> 1 person per time slot	FEE PER WEEK MEM/COMM
1	MON - THURS	1:00-1:30 PM	\$60/80
2	MON - THURS	1:30-2:00 PM	\$60/80
3	MON - THURS	2:00-2:30 PM	\$60/80
4	MON - THURS	2:30-3:00 PM	\$60/80

### Rhythm 'n Ruach

Ages 4 - 6 yrs

Location: Family Gym on Karl Campus

Instructor: JCC Rec Staff

We are excited to be offering the Rhythm 'n Ruach program at the JCC in partnership with MJDS. Rhythm n' Ruach is a program that integrates music theory, rhythm and movement with Jewish values and the Hebrew language. Every class consists of learning new Hebrew words, finger-play, experiencing a variety of musical instruments, as well as play with movement scarves and parachute. We often integrate yoga as well. We will follow a Shabbat-themed curriculum for this 5 week session.

REGISTER

REGISTER

SESSION	DAY	DATES	TIME	FEE MEM/COMM
2	THU	JUL 21 - AUG 18	4:00-4:45 PM	\$80/95

### Sizzling Summer Art

Ages 7-10 yrs

Location: 1J16 Art Studio on Karl Campus

Instructor: JCC Rec Staff

Participants are introduced to modern and contemporary artists using a wide variety of media and techniques including: paint, specialty pencils, pastels, charcoal, blending tools, clay, wood, plaster, wire, fabric, photography, and more.

SE	ESSION	DAY	DATES	TIME	FEE MEM/COMM
	1	MON	JUN 13 - JUL 11 No class 7/4	4:45-5:30 PM	\$48/64
	2	MON	JUL 18 - AUG 8	4:45-5:30 PM	\$48/64

### **NOW REGISTERING FOR FALL 2022**

# Before & After School Care for K4-5th grade with Transportation

LEARN MORE

From the moment the kids arrive, either on the JCC mini-bus or walking with a staff member across the Karl Campus property, they will enjoy scheduled activities rotating between organized gym classes, swimming, art and so much more!

We partner with our students and families throughoout the school year to build a safe environment full of values, friendship, and fun.

### When school is out, Kids Center is in!

JCC Vacation Days plan field trips and activities for Winter Break, Spring Break, and other full and half days off at the local schools we serve.

Before School Care 7:00 – 9:00 AM After School Care 3:00 – 6:00 PM (5:30 PM Fridays)

Currently serving Atwater, Bader Hillel Academy, Bayside Middle School, Cumberland, Glen Hills, Indian Hill, Lake Bluff, Maple Dale, Milwaukee Jewish Day School, Parkway, Richards, St. Monica, and Stormonth schools.



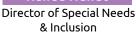
Director of Youth Programs



# Center for Inclusion & Special Needs

As an inclusive community center, we make our community stronger and offer opportunities for all of us to learn and grow together. The CISN provides important resources for individuals with special needs and their families.







Special Needs Coordinator

REGISTER

**REGISTER** 

### S.T.A.R.S. Paint Outside the Lines

Ages 5-17 yrs

Location: Art Studio

Instructor: Sarah McCutcheon

Wrap up your day in a creative way. Learn about different artists and new techniques by creating fun art projects.

DAY	DATES	TIME	FEE MEM/COMM
WED	JUN 15 - AUG 10 No class 7/6	1:00-2:00 PM	\$160/190



### **Upstream Arts Camp**

For campers entering 6th grade & older Location: JCC Rainbow Day Camp

Upstream Arts provides programming for youth and adults with mild to severe cognitive, developmental, and physical disabilities. In this one-week specialty camp, campers develop interactive social skills and strengthen communication using play, dance, theater, music, visual arts and poetry. Bus transportation to camp is provided.

DAYS	WEEK OF	TIME	<b>FEE</b> MEM/COMM
M-F	JUL 25 - 29	9:00 AM-4:00 PM	\$360/410

### Sunday S.T.A.R.S.

Ages 5-15 yrs

Location: Family Gym

Instructor: Sarah McCutcheon & Elana Madlom



An active, inclusive program featuring different activities each month. The goal is to make all children feel welcome and to help them strive towards their own individual potential. This program strengthens social skills in a nurturing environment.

DAY	DATES	TIME	FEE PER CHILD MEM/COMM
SUN	JUN 26	1:00-3:00 PM	\$20/25
SUN	JUL 31	1:00-3:00 PM	\$20/25
SUN	AUG 28	1:00-3:00 PM	\$20/25

### All Kinds of Creative

Ages 18+

Location: Yeladim Playroom Instructor: Sarah McCutcheon



Join us for this NEW art class! All Kinds of Creative is a great way to get creative in the afternoon. Learn about different artists and techniques.

DAY	DATES	TIME	<b>FEE</b> MEM/COMM
WED	JUN 15 - AUG 10 No class 7/6	11:00AM-12:00PM	\$160/190

### **Available Services**

Contact <a href="mailto:smccutcheon@jccmilwaukee.org">smccutcheon@jccmilwaukee.org</a> to learn more

### **Tutoring Center** Ages 3-30 yrs

Tutoring Center is for kids who need academic assistance in one or more subject areas. We specialize in organizational skills which is often the foundation to academic success. Staffed by qualifed, experienced special eduactors and assistants.

MEM \$35/hr, COMM \$45/hr





# Center for Inclusion & Special Needs

As an inclusive community center, we make our community stronger and offer opportunities for all of us to learn and grow together. The CISN provides important resources for individuals with special needs and their families.

### Chaverim Adult Social Group

Adults ages 18+

Facilitator: Sarah McCutcheon



Chaverim, which means Friends in Hebrew, is a diverse group of adults who represent a wide range of ages, interests, and abilities. We enjoy social, recreational, educational, and Judaic opportunities throughout the year while cultivating friendships and maintaining our involvement in the community. As a part of the rich fabric of the JCC, we bring visibility and awareness for adults living with disabilities.

DAYS	DATES	TIME	<b>FEE</b> MEM/PTRN/COMM
TUE & THU	Monthly calendar available	6:00 PM	Annual Fee \$50/50/50 Add'l fees for some programs.

### **Available Services**

Contact <a href="mailto:smccutcheon@jccmilwaukee.org">smccutcheon@jccmilwaukee.org</a> to learn more

### Personal Training Ages 12+

Develop and increase gross motor skills. Kids and young adults will have fun while learning fundamental core skills.

MEM \$35/hr, COMM \$45/hr





# Look for Fresh Produce from Bonim Farms This Summer!

Bonim Farms is a year-round program of the Albert & Ann Deshur JCC Rainbow Day Camp that employs 12 Farm Fellows who are adults in the community living with different disabilities.

Farm Fellows are responsible for the planting, harvesting, and donating of these crops year-round to individuals who do not normally have fresh produce, including clients of the Jewish Community Pantry.

In addition, Farm Fellows operate a pop-up farmstand at the JCC to sell herbs, lettuce, and other produce from the garden. Follow @jccmilwaukee this summer to find out when and where Bonim Farms will be setting up their farmstand.

Questions? Contact selias@jccmilwaukee.org

### **Adaptive Aquatics**

Ages 4 - 18 yrs

Location: Peck Aquatic Center



This program is designed for participants ages 4-18 who identify with having a disability. Lessons are one-on-one with the instructor and focus on building comfort and proficiency in the water. Participants must go through a referral process prior to scheduling. This program accepts waivers. All lessons are ½ hour sessions scheduled once a week. Due to pool space, we may not be able to accommodate lessons Monday-Thursday 4:00 PM-6:00 PM. Lessons are scheduled based on instructor availability.

### Adaptive Lessons (1 swimmer)

1 lesson \$25

2 lessons \$270

3 lessons \$73

6 lessons \$143

### Co-adaptive Lessons (2 swimmers, siblings only)

1 lesson \$12.50 per participant

3 lessons \$36 per participant

6 lessons \$71 per participant

12 lessons \$135 per participant

To schedule a lesson or learn more, contact Kristen Schmalfeldt, Recreation & Aquatics Coordinator at kschmalfeldt@jccmilwaukee.org or 414-967-8325.



Summer is here, and the JCC has summer camp options for children of all ages, abilities, and interests. Space is limited!

### recreation



### Morning Rec Camp at the JCC

For kids entering K5 - 3rd Grade

Spend your summer mornings at the JCC! Ride your bike over or get dropped off to meet your friends and add a little bit of structure to those lazy summer days.

Week-by-week • June 13 - August 12 Half Day 9:00 AM - 12:00 PM











### JCC Specialty Week • August 15-19

Wrap-up your summer at the JCC in Whitefish Bay with these partnership specialty camps.

Full Day Programs 9:00 AM - 4:00 PM

Play Hard Hoops Basketball: Entering K5-8th Grade

Pink Umbrella Theater: Entering K5-8th Grade

Danceworks: Entering K5-5th Grade

Half Day Program Solar Rec Soccer

9:00-11:30 AM - K5-1st Grade / 1:00-4:00 PM - 2nd-5th Grade



# Albert & Ann Deshur JCC Rainbow Day Camp

For campers entering K5 - 9th grade

Traditional day camp located on 110 adventurous acres in Fredonia with daily bus stops in North Shore Milwaukee

Albert & Ann Deshur

JCC Rainbow Day Camp



### 2022 Session Dates

Session 1: June 20-July 1

Session 2: July 5- 19

no camp 7/4

Session 3: July 18- 29
Session 4: August 1- 12

Partial sessions also available

**More Options** 

RDC Specialty Week: June 13- 17
Trip to Interlaken: July 11-15
Upstream Arts: July 25-29



# Steve & Shari Sadek Family Camp Interlaken JCC

For campers entering 3rd - 10th grades 106-acre residential camp on beautiful Lake Finley in Eagle River, Wisconsin.



### 2022 Session Dates

Session 1 (4 weeks)

June 22 – July 18

Mini Session 1 (2 weeks)

June 22 – July 6

Session 2 (4 weeks)

July 20 – August 15

Mini Session 2 (2 weeks)

July 20 – August 3



Not only do JCC Members receive priority registration and discounted pricing for the classes and programs found in this guide, but they also enjoy member access to our state-of-the-art fitness & aquatics facilities, Gan Ami Early Childhood Education, a full schedule of free group exercise classes, and the Hy & Richard Smith JCC Water Park in Mequon.

# J jccwaterpark

Opening Day June 10

11015 N. Market Street, Mequon

Open mid-June to Labor Day • Tuesday-Sunday 10:30-6:30 PM

Closed 2:00-3:00 PM Daily • Closed Mondays (Open Independence Day & Labor Day)

JCC Members enjoy summers lounging by the pool at the Hy & Richard Smith JCC Water Park. There is something here for everyone. Be sure to take advantage of this very unique feature of JCC membership this summer.

Learn more at jccmilwaukee.org/waterpark
Water Park Director | Dave Wage | dwage@jccmilwaukee.org | 414-967-8191



### Fun in the Water

- Zero-entry splash pad
- Water play structure with slides & fountains
- Aqua basketball hoops
- Lily pad activity area
- Aqua climbing wall
- Diving board
- Swim lanes with time dedicated to adult lap swim

### Fun on Dry Land

- Full-sized basketball court
- Sand volleyball court
- Tetherball
- Ga-ga pit
- Sand play structure
- Plenty of grass for open play

### **Amenities**

- Shade structures
- Family locker rooms
- Showers



General Manager Membership & Fitness



Member Services Manager

### **Questions about JCC Membership?**

- Visit <u>jccmilwaukee.org/join</u>
- Call 414-964-4444
- Contact Jamie Seitz at jseitz@jccmilwaukee.org



# Early Childhood Aquatics

Early childhood is an excellent time to introduce your child to water play and safety skills.

### Parent-Tot Swim

Ages 6 - 36 months w/ adult Location: Peck Aquatic Center



Enjoy this special time to bond with your little one as you introduce them to the water! We will explore water adjustment, body awareness, coordination and safety through use of games, songs and repetition. All infants and toddlers must wear swim diapers or secure plastic pants over a cloth diaper. No disposable diapers are allowed. There is a maximum of one child per parent.

SESSION	DAY	DATES	TIME	FEE MEM/COMM
1	SUN	JUN 12-JUL 10	9:00-9:30 AM	\$60/80
2	SUN	JUL 17-AUG 7	9:00-9:30 AM	\$48/64
1	SUN	JUN 12-JUL 10	9:45-10:15 AM	\$60/80
2	SUN	JUL 17-AUG 7	9:45-10:15 AM	\$48/64
1	WED	JUN 15-JUL 13	9:00-9:30 AM	\$60/80
2	WED	JUL 20-AUG 10	9:00-9:30 AM	\$48/64

### Parent-Child Swim Skills

Ages 18 months - 3 years w/ adult Location: Peck Aquatic Center



Is your child too old or advanced for the Parent-Tot class but not quite ready to start Pre-school Level 1? This class is the perfect balance! The class is designed to work on all of the skills that are introduced and taught in our Pre-school Level 1 class. The difference is that parents join their participant in the water and help ease that transition in to independent lessons for the future. The instructor will teach the participants, and parents will assist their child in practicing the given skills.

SESSION	DAY	DATES	TIME	FEE MEM/COMM
1	SUN	JUN 12-JUL 10	10:30-11:00 AM	\$60/80
2	SUN	JUL 17-AUG 7	10:30-11:00 AM	\$48/64
1	SUN	JUN 12-JUL 10	11:15-11:45 AM	\$60/80
2	SUN	JUL 17-AUG 7	IL 17-AUG 7 11:15-11:45 AM	
1	WED	JUN 15-JUL 13	10:30-11:00 AM	\$60/80
2	WED	JUL 20-AUG 10	10:30-11:00 AM	\$48/64

### **Discover the Peck Aquatic Center**

Many of the JCC's swimming and recreational activities take place in the Peck Aquatics Center, located on the Karl Community Campus in Whitefish Bay, which was provided through a generous grant from the Milton & Lillian Peck Foundation.

# Family Swim

**Small Pool:** The small pool is open for family swim times throughout the day. During programming and other activities, the small pool will be closed to open swim. Please refer to the pool schedule at jccmilwaukee.org for avaiable open swim times.

**Large Pool:** The large pool will be open for family swim time on Sundays from 3:00-5:00 PM, Wednesdays 6:00-8:00 PM and Saturdays 1:00-6:30 PM. We will make every effort to ensure the diving board is open during this time. Swimmers wishing to use the diving board or swim independently in the large pool will need to complete a swim check upon arrival.

# Lap Swim JCC Members 14+

We make every effort to ensure there are 2 lap lanes available in the Peck Aqauatic Center at all times for lap swimmers, however; there may be times where there are more than two lanes available.

You can view current pool schedule at jccmilwaukee.org or contact the Aquatic Office at (414) 967-8191.





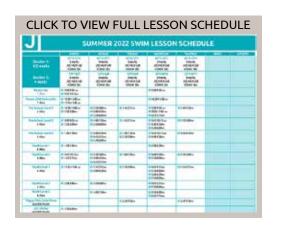
Director of Recreation & Aquatics



# American Red Cross Learn To Swim

The JCC's aquatics programs are based on the principles and methods established by the American Red Cross which is progressive; each skill builds on the skills mastered in the previous level. It is important and necessary to successfully complete each level in progression. Progress reports are handed out at the end of every session informing parents which skills were accomplished, which need continued progress, and a recommendation for subsequent enrollment levels. All lessons are taught in the Peck Aquatic Center on the JCC campus in Whitefish Bay. We realize that there are schedule changes and situations arise that may cause you or your child to miss a class, but to ensure a quality experience for both your child and the other children in classes, the JCC does not allow make up lessons or provide credits or refunds for missed or cancelled classes.





### Pre-school Age Aquatics • Ages 3 -5 yrs

Our pre-school age aquatic classes are structured with each 30 minutes lesson combining skill instruction and fun. To ensure a quality and safe lesson, there is a ratio of one instructor to a maximum of four students and the classes are taught in our teaching pool.

### Pre-School Level 1

First independent swim lesson experience. Participants will learn to put their face in the water and become more comfortable in the water on their own. Activities include submerging mouth, nose & eyes, blowing bubbles, floating on front & back and exploring arm movements/swimming on front & back all with support.

### Pre-School Level 2

Participants enrolled in this class must be able to put their head in the water independently and have a high comfort level of being in the water and participating in some skills on their own. Activities will include learning to float on front & back and front & back glides with minimal assistance with & without kicking, beginning arm movement of front & backstroke, jumping into shallow water, and retrieving a submerged object.

### **Pre-School Level 3**

Participants enrolled in this class must be able to submerge their head, jump independently into shallow water, and float independently on their front/back. Activities will include front & backstroke (arm & leg action coordinated) independently across the training pool and participate in similar activities in the large pool.



### **Swim Evaluations**

New to our program? Not sure what level to enroll your child? Contact Jess to discuss the best swim level fit for your child before registering.

Jess Lanke, Director of Recreation & Aquatics 414-967-8194

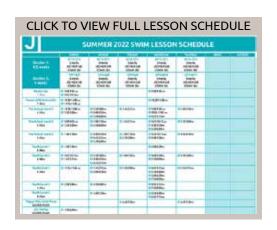
jlanke@jccmilwaukee.org



# American Red Cross Learn To Swim

The JCC's aquatics programs are based on the principles and methods established by the American Red Cross which is progressive; each skill builds on the skills mastered in the previous level. It is important and necessary to successfully complete each level in progression. Progress reports are handed out at the end of every session informing parents which skills were accomplished, which need continued progress, and a recommendation for subsequent enrollment levels. All lessons are taught in the Peck Aquatic Center on the JCC campus in Whitefish Bay. We realize that there are schedule changes and situations arise that may cause you or your child to miss a class, but to ensure a quality experience for both your child and the other children in classes, the JCC does not allow make up lessons or provide credits or refunds for missed or cancelled classes.





### Youth Age Aquatics • Ages 6+ yrs

Our youth aquatic classes are structured for children 6 years old and up with each lesson 30 minutes in length combining skill instruction with fun. To ensure a quality and safe lesson, there is a ratio of one instructor to a maximum of four students depending on the level and the classes are taught in our big pool.

### Youth Level 1

Beginner Level Class that combines the skills taught in Pre-School Level Program. Participants enrolled in this class will become familiar with all of the skills in the Pre-School Lesson Program. This level is designed for the older child to begin in an age appropriate lesson. This lesson will be taught in the large pool.

### Youth Level 2

Next step after Pre-3

Participants enrolled in this class must be able to swim front & backstroke for ¼ length of the large pool (coordinated arm & leg action). Activities will include refining coordinated arm & leg action with an introduction to rotary breathing (breathing to the side while swimming on front), swimming on side and treading water. Participants will work towards independent swimming both front & backstroke ½ the length of the large pool.

### Youth Level 3

Participants in this class must be able to complete the front crawl with rotary breathing & backstroke for ½ the length of the large pool. They must also be able to tread water/float for 15 seconds and get back to safety. Activities will include introduction to several new strokes: the butterfly stroke (kick and body motion), elementary backstroke arms and kick, jumping into deep water, and introduction to diving. Participants will work toward swimming one length of the pool front and backstroke as well as treading water for 30 seconds.

### Youth Level 4

Participants in this class must be able to complete the front & backstroke for 25 yards (1 full length) and tread/float water for 30 seconds. Activities include introduction to underwater swimming, kneeling & standing dives, front & back turns and refinement of all strokes, including an introduction to breaststroke. Participants will work towards swimming front & backstroke 2 lengths of the large pool.

### Youth Level 5

Participants in this class must be able to do the following activity (minimally) A) Dive into deep water, swim the front crawl for 50 yards and then swim backstroke for 50 yards. B) swim 25 yards breaststroke or butterfly. Activities will include refinement and endurance of all strokes, flip turns while swimming on front & back, surface dives, and an introduction to advanced safety skills.

### Youth Level 6

Participants in this class must be able to do the following activity (minimally) A) Dive into deep water, swim the front crawl for 100 yards and then swim backstroke for 100 yards. B) Swim 25 yards breaststroke and butterfly and demonstrate feet first and headfirst surface dives. Participants must also demonstrate proper turns including flip turns. Activities will include swim race etiquette, such as proper starts, breakouts, turns, finishes, and use of the pace clock. Swimmers will also learn basic lifeguarding techniques and prerequisites as well as the fundamentals of swimming for fitness.



# **Youth Aquatics**

Discover the difference when you swim year-round in the indoor Peck Aquatic Center's ozone-filtered, 6-lane, 25-yard lap pool and small teaching pool. The virtually chlorine free, odor free water is gentler on skin and eyes and a must for people with chlorine allergies.





REGISTER

Aquatics Manager

### Triggerfish Swim Club

Ages 6 - 14 yrs

Location: Hy & Richard Smith JCC Water Park in Mequon

Head Coach: Dave Wage

Participants in this program must have passed all requirements of Youth Level 3 to be successful. The program is designed to introduce your child to the concept of a swim team, team building, good sportsmanship, and how to use swimming as a form of exercise. Workouts focus on proper warm-up and refinement of strokes through drills and direct instruction. All swimmers will review the basic components of the four competitive swimming strokes, starts, turns and training tactics. Please contact Head Coach, Dave Wage, with any questions at dwage@jccmilwaukee.org or 414-967-8191.

DAY	DATES	TIME	FEE MEM/COMM
TUE & THU	JUN 14-AUG 11	6:30-7:30 PM	\$198/270

### Youth Diving

Ages 6 - 13 yrs

Location: Hy & Richard Smith JCC Water Park in Mequon

**REGISTER** 

Instructor: Aquatics Staff

The Youth Diving Program will be an introduction to springboard diving. . It is an individual activity where young athletes (ages 6-13) learn about board safety, balance, and the basics of diving. This will include a lot of jumping feet first off the board and depending on skill and comfort, we will learn how to fall in head first. The last week of the session, we will have a "Diving Meet" where all the new skills can be showcased to friends and family! Spaces are limited, so be sure to sign up today!

SESSION	DAY	DATES	TIME	FEE MEM/COMM
1	SUN	JUN 12-JUL 10	5:30-6:30 PM	\$80/100
2	SUN	JUL 17-AUG 7	5:30-6:30 PM	\$64/80

### **Adaptive Aquatics**

Ages 4 - 18 yrs

Location: Peck Aquatic Center



This program is designed for participants ages 4-18 who identify with having a disability. Lessons are one-on-one with the instructor and focus on building comfort and proficiency in the water. Participants must go through a referral process prior to scheduling. This program accepts waivers. All lessons are ½ hour sessions scheduled once a week. Due to pool space, we may not be able to accommodate lessons Monday-Thursday 4:00 PM-6:00 PM. Lessons are scheduled based on instructor availability.

### Adaptive Lessons (1 swimmer)

1 lesson \$25

3 lessons \$73

6 lessons \$143

12 lessons \$270

### **Co-adaptive Lessons** (2 swimmers, siblings only)

1 lesson \$12.50 per participant

3 lessons \$36 per participant

6 lessons \$71 per participant

12 lessons \$135 per participant

To schedule a lesson or learn more, contact Kristen Schmalfeldt, Recreation & Aquatics Coordinator kschmalfeldt@jccmilwaukee.org or 414-967-8325.

### **NEW!**

# Teen Shuttle

### to the JCC Water Park in Mequon

This summer, JCC Members ages 12+ can access free transportation to the Hy & Richard Smith JCC Water Park in Mequon from our Whitefish Bay campus.

### Tuesdays & Thursdays Only

- Bus departs from the West Entrance at 10:00 AM
- Bus returns to the West Entrance at 2:30 PM
- Bring your swimsuit, towel, and JCC keyfob

Teens must be JCC Members ages 12+ to ride the bus.



# Teen & Adult Aquatics

REGISTER

Discover the difference when you swim year-round in the indoor Peck Aquatic Center's ozone-filtered, 6-lane, 25-yard lap pool and small teaching pool. The virtually chlorine free, odor free water is gentler on skin and eyes and a must for people with chlorine allergies.

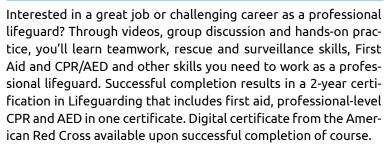


### **Lifeguard Certification**

Teens & Adults ages 15+

Location: Hy & Richard Smith JCC Water Park in Mequon

Instructor: Dave Wage



Prerequisites: Must be at least 15 years old and pass certain swimming requirements including a continuous 300 yard swim, retrieval of a 10lb object from 10-12ft of water, and treading water without the use of your hands for 2 min. Students who cannot pass the prerequisite swimming skills will be refunded the course fee minus a \$25 swim test fee.

**Blended Learning** - Participants will need to complete an online portion prior to start of first class.

DAYS	DATES	TIME	FEE MEM/COMM
MON-THU	AUG 15-18 must attend all	10:00AM-3:00PM	\$225/300

### Introduction to Lifeguarding

REGISTER

Ages 11-15

Location: Hy & Richard Smith JCC Water Park in Mequon

Instructor: Dave Wage

This class is designed to prepare swimmers to take the American Red Cross Lifeguard Course when they become eligible at age 15. In this class, they will practice the pre-requisites skills for the lifeguarding course and begin learning about basic water safety and rescues.

This class does not certify participants as lifeguards.

DAY	DATES	TIME	<b>FEE</b> MEM/COMM
TUE	JUL 19-AUG 16	10:00AM-12:00PM	\$140/180



Instructor

### **Adult Stroke Refinement**

Teens & Adults ages 16+
Location: Peck Aquatic Center
Instructor: Mark Caballero



Instructor Mark Caballero, M.S. works with triathletes and swimmers looking to make changes to their front crawl swim form. With his knowledge and experience he will be able to help prepare you for your next event or improve your lap swim efficiency. For those looking to be able to swim with less risk of injury or enjoy more speed for the same energy, Mark brings his technical background to break down the stoke to find your optimal swim form. Lesson packages expire after one calendar year and must be purchased prior to the first lesson. Lessons are scheduled on an induvial basis. Due to other programming, lessons may be limited during certain times of the day. All packages must be purchased through the Aquatics office.

Packages for JCC Members:

1 session - \$65

4 session - \$250

8 sessions - \$476

12 sessions - \$681

To schedule lessons, contact Dave Wage, Aquatics Manager at dwage@jccmilwaukee.org or 414-967-8235.

### **Tzni'ut Modesty Swim Times**

To provide an inclusive swim experience for our entire community, weekly time is set aside for women's only and men's only swim in our pools for those who follow Halakha or Jewish law regarding the laws of modesty.

Tzni'ut Modesty Women's Only Swim Sundays 5:30-6:30 PM Tzni'ut Modesty Men's Only Swim Thursdays 8:30-9:30 PM



# Pilates Reformer

Pilates Reformer is a comprehensive exercise and rehabiliatation program that works to lengthen, strengthen, and balance the body using the Pilates reformer apparatus. Benefits include increased core strength, improved flexibility, better posture, improved joint mobility, and enhanced muscular endurance.

Contact Ally Denton to asses the class best for you - adenton@jccmilwaukee.org

### Intro to Classical Reformer

Adults ages 18+

Location: Pilates Studio



### **Advanced Classical Reformer**

Adults ages 18+

Location: Pilates Studio



An introduction to classical Pilates that is based off of Joseph Pilates' original series I-V.

SESSION	DAY	DATES	TIME	INST	FEE MEM/COMM
1	MON	JUN 13-JUL 11 no class 7/4	8:00 AM	Joanie	\$72/112
2	MON	JUL 18-AUG 8	8:00 AM	Joanie	\$72/112

Classical Reformer classes are based on Joseph Pilates' orginal series I-V. Prior Reformer experience required.

SESSION	DAY	DATES	TIME	INST	<b>FEE</b> MEM/COMM
1	MON	JUN 13-JUL 11	6:00 PM	Sarah	\$72/112
2	MON	JUL 18-AUG 8	6:00 PM	Sarah	\$72/112

### Intermediate Classical Reformer

Adults ages 18+

Location: Pilates Studio

REGISTER

Location: Pilates Studio

Adults ages 18+

Intermediate Reformer

REGISTER

Classical Reformer classes are based on Joseph Pilates' orginal series I-V. Prior Reformer experience required.

SESSION	DAY	DATES	TIME	INST	FEE MEM/COMM
1	MON	JUN 13-JUL 11 no class 7/4	9:00 AM	Joanie	\$72/112
2	MON	JUL 18-AUG 8 no class 7/4	9:00 AM	Joanie	\$72/112
1	MON	JUN 13-JUL 11 no class 7/4	5:00 PM	Sarah	\$72/112
2	MON	JUL 18-AUG 8 no class 7/4	5:00 PM	Sarah	\$72/112
1	WED	JUN 15-JUL 13	9:00 AM	Joanie	\$90/140
2	WED	JUL 20-AUG 10	9:00 AM	Joanie	\$72/112
1	WED	JUN 15-JUL 13	5:00 PM	Joanie	\$90/140
2	WED	JUL 20-AUG 10	5:00 PM	Joanie	\$72/112

This class is designed for intermediate level Pilates practitioners. Modifications and variations will be offered for safety and challenge.

SESSION	DAY	DATES	TIME	INST	FEE MEM/COMM
1	TUE	JUN 14-JUL 12	8:15 AM	Ally	\$90/140
2	TUE	JUL 19-AUG 9	8:15 AM	Ally	\$72/112
1	THU	JUN 16-JUL 14	8:15 AM	Ally	\$90/140
2	THU	JUL 21-AUG 11	8:15 AM	Ally	\$72/112
1	FRI	JUN 17-JUL 15	9:00 AM	Katie	\$90/140
2	FRI	JUL 22-AUG 12	9:00 AM	Katie	\$72/112

Wondering which Reformer class is best for you? Watch this video and let our Fitness Director, Ally Denton, help you pick the right class!





# Pilates Reformer

Pilates Reformer is a comprehensive exercise and rehabiliatation program that works to lengthen, strengthen, and balance the body using the Pilates reformer apparatus. Benefits include increased core strength, improved flexibility, better posture, improved joint mobility, and enhanced muscular endurance.

Contact Ally Denton to asses the class best for you - adenton@jccmilwaukee.org

### **Pilates Tower**

Adults ages 18+

Location: Pilates Studio



Individuals will sit, stand or lie down on a mat and work with resistive springs that are attached to a Tower to build strength, flexibility and muscular endurance

SESSION	DAY	DATES	TIME	INST	FEE MEM/COMM
1	FRI	JUN 17-JUL 15	8:00 AM	Stacey	\$90/140
2	FRI	JUL 22-AUG 12	8:00 AM	Stacey	\$72/112

### **Mixed Prop Pilates**

Adults ages 18+

Location: Pilates Studio



Join us for a this class that utilizes the Chair, Tower, and other props to expand your Pilates practice.

SESSION	DAY	DATES	TIME	INST	FEE MEM/COMM
1	SAT	JUN 18-JUL 16	8:00 AM	Stacey	\$90/140
2	SAT	JUL 23-AUG 13	8:00 AM	Stacey	\$72/112



Fitness Director



Instructor



Instructor



Instructor

LEARN MORE



Instructor

## Personal Training & Pilates Training FOR JCC MEMBERS

Our professional trainers have the knowledge and expertise to:

- Assess your current level of fitness
- Create an individualized workout plan based on your goals
- Teach you the proper way to perform each movement
- Keep you accountable and motivated
- Make the most of your workout time and increase your efficiency

Learn more about our new Level system for Trainers. Rates for JCC Personal Trainers are based on the level of training, certification, and experience that each trainer holds.

**Private and semi-private lessons** with our Pilates instructors can get you started on your Pilates journey or give seasoned enthusiasts the personal attention they deserve.

**New to Personal Training at the JCC?** Give it a try with our introductory rate of 3 one-hour sessions for only \$99.



Are you ready to challenge your body? Try one of the JCC's group training classes. Each class is goal-specific, providing you with maximum results in a small group setting.

### **Mat Pilates**

Adults ages 18+ Platform: Zoom

Instructor: Terri Stevens



REGISTER

Mixed level Mat Pilates builds core strength and increases muscular endurance. Variations offered to challenge and modifications for injury and limitations.

DAY	DATES	TIME	INST	FEE MEM/COMM
FRI	JUN 17-AUG 12 No class 6/24, 7/22	10:00 AM	Теггі	\$96/176

### Women on Weights

Adults ages 18+

Location: Studio A

Instructor: Denise Beckman

Building strength is the foundation to increasing your fitness level. Learn to properly lift using barbells, dumbbells and the cable machines under the supervision of a certified personal trainer specializing in strength training.

SESSION	DAY	DATES	TIME	INST	FEE MEM/COMM
1	THU	JUN 16-JUL 14	9:00 AM	Denise	\$80/130
2	THU	JUL 21-AUG 11	9:00 AM	Denise	\$80/130

### Summer Solstice Yoga Workshop

Adults ages 14+

Location: Studio B

Instructor: Steve White & Jess Pool



Join us as we lead you through the meditative ritual of 108 Sun Salutations at the JCC's first 108 Sun Salutations event. We will be connecting the body and mind with meditative repetition. Leave feeling fresh, renewed, grounded, and inspired. The ritual can run up to two hours, so come hydrated and ready for this challenging but cleansing ceremony.

DAY	DATE	TIME	<b>FEE</b> MEM/COMM
TUE	JUN 21	8:30 AM	FREE

### **Summer Muscle Building**

Adults ages 18+

Location: Personal Training Studio

Instructor: Sam Brink



Build muscle this summer in a specialty strength training program designed to teach you hypertophy training fundamentals and build your long term confidence in the gym. Train with a partner and Sam Brink, the JCC's full time trainer with a Bachelor's in Kinesiology - Exercise and Movement Science from UW-Madison. Class runs for 10 weeks, two days per week, one hour per day. Maximum of 2 participants per class.

DAY	DATES	# OF CLASSES	TIME	FEE MEM/COMM
TUE+THU	JUN 14-AUG 11	10	11:00 AM	\$570/770
TUE+THU	JUN 14-AUG 11	10	12:00 PM	\$570/770













# FREE GROUP EXERCISE FOR JCC MEMBERS

There are many benefits to JCC Membership and access to personal training and free group exercsie classes are just a few. Not yet a JCC Member? Membership is open to the whole community! See page 27 to learn more.



### Get More with Les

Les Mills workouts combine cutting-edge exercise science with the hottest music to keep your motivation (and heart rate!) up.

### Les Mills Body Pump™

High-energy class from Les Mill International that gives you a total body workout using light to moderate weights with lots of repetition and great music.

### Les Mills Sprint™

30-minute High-Intensity Interval Training (HIIT) workout using an indoor bike that is scientifically proven to return rapid results.

### Les Mills Core ™

A scientific core workout for incredible core tone and sports performance. Build strength, stability and endurance in the muscles that support your core, improve balance, assist injury prevention, and become better at everything you do.

Not a JCC Member but want to try the classes? Visit <u>iccmilwaukee.org/try</u> to get a trial pass.

### FREE GROUP EXERCISE CLASSES ARE OPEN TO JCC MEMBERS 14+

Cardio, Strength, Indoor Cycling, Yoga, and Aqua fitness classes are free to JCC Members and offered throughout the week. Class options include:

### **CARDIO**

Zumba Step Plus! Barre PiYO Fitness Intervals Fit 'n' Fun

### **STRENGTH**

Les Mills Bodypump Les Mills Core Bootcamp Body Blast Power Yoga

### **CYCLE**

Les Mills Sprint Freestyle Cycle

### **WATER**

Aquafit Shallow Aquafit Deep Splash

### **BALANCE**

Yoga Explorations Rise & Shine Yoga Unwind Yoga Slow Flow Yoga Tai Chi Nia



Stay up-to-date with our online class schedule, drop-in, and try something new!

Want to bring a friend? Ask at the desk about getting a guest pass

so you can introduce a friend to the JCC!



# Adult & Teen Recreation

No matter your age, leading an active life is a lot more fun with friends. What better place than a community center to find your squad! Join a league or just drop-in to play in our Marcus Gym.



### Open Basketball

JCC Members ages 18+ or 30+ (as listed below)

Location: Marcus Gym

Drop in basketball play for JCC Members only. No guests. Stop by and shoot some hoops! No registration required.

AGES	DAY	DATES	TIME	FEE MEMBERS ONLY
18+	SUN	JUN - AUG	8:00-10:00 AM	\$0
18+	TUE	JUN - AUG	6:30-8:30 PM	\$0
30+	WED	JUN - AUG	6:30-8:30 PM	\$0

### **Open Pickleball**

Teens & Adults ages 16+

Location: Marcus Gym

Pickleball is a fun and competitive sport that is a mash up of tennis, ping pong, wiffle ball, and badminton. It's one of the fastest growing sports in America. Feel free to bring your own pickleball equipment, although equipment will also be provided on site. An electronic punch card system will be used. Punch cards are non-refundable but can be carried over for future use.

1-pack MEM \$4 / COMM \$7 5-pack MEM \$20 / COMM \$35 10-pack MEM \$36 / COMM \$60 20-pack MEM \$70 / COMM \$130

DAY	DATES	TIME
MON	JUN - AUG	5:00 - 7:00 PM
THU	JUN - AUG	1:00 - 3:00 PM



### Summer Adult Basketball League

JCC Members ages 18+

Location: Marcus Gym

Summer JBL is back in action! Come out and play in this 10 week, 6 team league. Three game times each Sunday (10:30, 11:45, 1:00).

Only taking the first 36 players to register, so don't hesitate to sign up!

DAY	DATES	TIME	<b>FEE</b> MEMBERS ONLY
SUN	JUN 12 - AUG 14	10:30AM-2:00PM	\$60

JCC Color Run Sunday, July 10 9:00-11:00 AM



This fun community event welcomes all ages and abilities to participate in a fun run/walk that celebrates the friends and families that make up our vibrant community.

\$18/child \$36/adult Max \$72/household

Entry fee includes registration packet, race shirt, race number, and after race snacks



# Arts & Ideas

More than a fun night out, a beautiful painting on the wall, or a good read, arts and ideas is a connection – through generations, across geography, and beyond our differences. Our cornerstone program, Tapestry, is about celebration, exploration, and building a community through the arts.

# An Evening of Mozart: with the Fine Arts Quartet



Adults 18+

Location: Daniel M. Soref Community Hall

The world-famous Fine Arts Quartet, formerly at UWM, returns to Milwaukee for a four-event Festival, closing with this concert at the JCC. We will enjoy the complex and beautiful music of Wolfgang Amadeus Mozart. Featuring Ralph Evans, Efim Boico, Gil Sharon, and Niklas Schmidt along with Alon Goldstein, piano and Andrew Raciti, double bass. This Festival is sponsored by The Friends of the Fine Arts Quartet supported by community donations.

DAY	DATE	TIME	<b>FEE</b> MEM/COMM
MON	JUL 18	7:00 PM	FREE

We also look forward to hosting Yaniv Dinur & the Philomusica Quartet for a concert this summer. Follow us @jccmilwaukee for details.



Arts & Culture Director



Community Programs Coordinator

### Ravinia Field Trip

String Masters: Mendelssohn and Mussorsky with Itzhak Perlman



Adults 18+

Join us as we take a bus trip to the beautiful Ravinia outdoor amphitheater departing from the JCC. Once at Ravinia, we will have a private lecture with Maestro George Stelluto and then dinner and the concert with world renowned violinist, Itzhak Perlman. No need to drive and park! We take all the stress out for you.

### Fee includes:

- Bus to Ravinia
- Boxed Dinner
- Private pre-concert lecture
- Reserved seating on Pavilion

Stay tuned for more information about a Summer Music Lecture with Maestro George Stelluto here at the JCC prior to the concert as well where he will discuss the influence of Jewish composers in music history. Date TBD.

DAY	DATE	TIME	FEE MEM/COMM
THU	AUG 18	4:00-11:00 PM	\$165/185

### Stay in touch with Arts & Ideas at the JCC

Subscribe to the Tapestry newsletter



Follow @jccmilwaukee



Join our Facebook Group



JCC Milwaukee Arts & Ideas Community



# Community

It's a diverse community, so it stands to reason that we're a diverse community center. The JCC is a destination for excellent programs and services, but it's first and foremost a non-profit, social-services agency committed to serving the ever-changing needs of the entire community.

### Open Mah Jongg

LEARN MORE

LEARN MORE

Adults ages 18+

Location: Daniel M. Soref Community Hall

Facilitator: Jackie Blumberg

Open Mah Jongg is back every Monday. Come play and schmooze with new and old friends! Coordinate with your tablesmates to bring a mah jongg set. Light snacks and water will be provided.

DAY	DATES	TIME	FEE MEM/COMM
MON	ONGOING	12:00-3:00 PM	\$2/3 per session

### **KOACH**

Adults ages 65+ Platform: Zoom

Facilitators: Rachel Pressman & Jackie Blumberg

The word "KOACH" means strength in Hebrew. This widely popular program brings together adults from throughout the community. KOACH reflects the vigor of the Jewish community and is a partnership between the JCC and 5 Milwaukee synagogues: Congregations Beth Israel Ner Tamid, Emanu-El Jeshurun, Shalom, Sinai, and Temple Menorah. When lunch is provided with the program, there is an \$8 fee. When we are not able to offer lunch, the program will be free.

### All times are 12:00 - 2:00 PM.

DATE	ENTERTAINMENT	LOCATION	FEE
JUN 30	Jeff and Janis	Cong. Emanu-El B'Ne Jeshurun	\$8
JUL 28	Charlie & Anna Rasmussen	TBD	\$8
AUG 11	Maxwell Street Klezmer Band Trio	Bayshore Town Center, The Yard	\$8

### Men's Club

Adults ages 65+

Location: Daniel M. Soref Community Hall

Platform: Zoom Facilitator: Ken Stein

Think of the JCC Men's Club as a talk show without cameras, microphones, or commercials. This vibrant and stimulating group designed for active semi-retired and retired men enjoys topics including political, religious, and current events. This fall we will be using a hybrid format with the option of coming in-person or joining us on Zoom.

**LEARN MORE** 

Annual Membership: JCC Members \$45 • Community \$55

For more information about becoming a member of JCC Men's Club, or to enjoy a trial visit, contact Ken Stein at mensclub@jccmilwaukee.org.

# All programs are offered both in-person and via Zoom on Tuesdays 12:45 - 2:00 PM.

DATE	SPEAKER	TITLE
JUN 14	Dennis McBride	Mayor of Wauwatosa
JUN 21	Rachel N. Baum, Ph.D.	Deputy Director, Sam & Helen Stahl Center for Jewish Studies at UWM
JUL 5	TBA	
JUL 12	ТВА	
JUL 19	Justin Carlisle	Chef/Owner Ardent's Restaurant
AUG 2	Brian Dranzik	Director, Mitchell International Airport



Community Programs
Coordinator



Instructor



Men's Club Coordinator

### HARRY & ROSE SAMSON FAMILY JEWISH COMMUNITY CENTER

**Karl Jewish Community Campus** 6255 N. Santa Monica Blvd., Whitefish Bay

**Gan Ami Early Childhood Education Karl Campus** 6255 N. Santa Monica Blvd., Whitefish Bay

**Linda & Fred Wein Family Center for Gan Ami Early Childhood** 10813 N. Port Washington Rd., Mequon

> Hy & Richard Smith JCC Water Park 11015 N. Market St., Mequon

Albert & Ann Deshur JCC Rainbow Day Camp W3985 Trails End Rd., Fredonia

**Daniel M. Soref Education & Retreat Center** W3985 Trails End Rd., Fredonia

Steve & Shari Sadek Family Camp Interlaken JCC 7050 Old Highway 70, Eagle River

> **Jewish Community Pantry** 2900 W. Center St., Milwaukee



Chair, Board of Directors



President & CEO

### **BOARD OF DIRECTORS**

### STAFF DIRECTORY

The JCC is a partner in serving the community with the Milwaukee Jewish Federation, is affiliated with the JCC Association of North America and is a beneficiary agency of The United Way of Greater Milwaukee and Waukesha County.



of North America



jccmilwaukee.org









@jccmilwaukee

We are grateful for the support we receive from all of our donors, partners, and lay leaders. In addition, many programs throughout this guide are made possible by a generous a grant from the MJF/Fund for Jewish Milwaukee of the Jewish Community Foundation which has allowed us to continue to serve our community *Beyond a Building*.

### **DONATE NOW**

RECENT TRIBUTE DONORS FEB 26 - APR 30 ENDOWMENTS
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