



### Soups (cup/bowl)

Chicken Soup \$5/\$7

Carrot Ginger Soup \$4/\$6

### Salads

Harvest Salad \$14

mixed greens, beets, pumpkin seeds, dried cranberry, red onions, and balsamic vinaigrette  
GF and Vegan

Equinox Salad \$16

baby kale, poached pear, toasted almonds, roasted grape tomatoes, and maple vinaigrette  
GF and Vegan

Caesar Salad \$12

green leaf lettuce, homemade croutons with caesar dressing\*\*

Garden Salad \$12

spring mix with cucumbers, tomatoes, shredded carrots and lemon vinaigrette

Add protein for additional cost  
chicken, hard boiled eggs, salmon

### Sandwiches

comes with a pickle  
(GF bread +\$2)  
side salad +\$3  
cup of soup +\$3

Veggie Sandwich \$10

french roll with cucumber slices, shredded carrots, red onion, red peppers, tomato slices, shredded green leaf lettuce, vegan ranch dressing

Tuna Sandwich \$11

Tuna Salad on a french roll with mayo, lettuce, tomato and red onion

Egg Salad \$14.50

Sliced Bread with egg salad, lettuce and mayo

### Kid Menu

(10 and under)  
Choose:

1/2 Deli Sandwich

Choose Vegetable:  
cucumber slices or baby carrots

Fruit Cup

\$8-12

### Build a Deli Sandwich

comes with a pickle  
side salad +\$3  
cup of soup +\$3

Choose a bread

French Roll, Rye Bread, Challah, Wheat or GF Bread (+\$2)

Choose Protein

Salami, Turkey, Corned Beef, Pastrami, Turkey Pastrami, Beef Bacon, Chopped Liver

Choose Vegetables

lettuce, tomato, onion, cucumber, carrots, peppers, pickles  
avocado (+\$2)

Choose condiments:

yellow mustard, spicy brown mustard, mayonnaise, ketchup

\$11-\$15

### Drinks:

Perrier \$2

Dr Brown's Dark Cherry \$1.50

Dr Brown's Cream Soda 1.50

Dr Brown Celery \$1.50

San Pellegrino \$2.00

Tea \$1.50

Coffee \$2.00

### Snacks

Bamba \$1.50

Bissli \$1.25

\*\*raw or undercooked, or contains, or may contain, raw or undercooked ingredients.

