

LARGE Pool Schedule

September 2nd, 2025 - December 20th, 2025



Contact Zachary Altman, Aquatics Director
for more information.

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KEY						
Adult Swim Lanes	=	Lap swim and water ex 14 years+		Open/Water Walking	=	Open area to be shared by water walkers and free swim (all ages)
Swim Lessons	=	Aquatics programming only	=	Family Open Swim	=	Free swim with diving board open (under 14 must pass swim check)

Schedule subject to change without notice

	SUNDAY	MONDAY		TUESDAY	WEDNESDAY	THURSDAY		FRIDAY	SATURDAY	
5:00-5:30			5:00-5:30				5:00-5:30			5:00-5:30
5:30-6:00			5:30-6:00				5:30-6:00			5:30-6:00
6:00-6:30			6:00-6:30				6:00-6:30			6:00-6:30
6:30-7:00			6:30-7:00				6:30-7:00			6:30-7:00
7:00-7:30			7:00-7:30				7:00-7:30			7:00-7:30
7:30-8:00			7:30-8:00				7:30-8:00			7:30-8:00
8:00-8:30	Adult swim lanes (4-5 lanes) Swim Lessons (1-2 lanes)		8:00-8:30			Adult swim lanes (3 lanes) MASTERS SWIM (3 lanes)	8:00-8:30	Adult swim lanes (3 lanes) MASTERS SWIM (3 lanes)		8:00-8:30
8:30-9:00		Adult swim lanes (3 lanes) Aqua Shallow (3 lanes)	8:30-9:00	Adult swim lanes (6 lanes)	Adult swim lanes (3 lanes) Aqua Shallow (3 lanes)	Adult swim lanes (3 lanes) Aqua Shallow (3 lanes)	8:30-9:00	Adult swim lanes (3 lanes) Aqua Shallow (3 lanes)		8:30-9:00
9:00-9:30		Adult swim lanes (3 lanes) Aqua Deep (3 lanes)	9:00-9:30				9:00-9:30			9:00-9:30
9:30-10:00	Adult swim lanes (3 lanes) Swim Lessons (3 lanes)		9:30-10:00		Adult swim lanes (3 lanes) Aqua Deep (3 lanes)		9:30-10:00	Adult swim lanes (3 lanes) Aqua Deep (3 lanes)	Adult swim lanes (3 lanes) Swim Lessons (3 lanes)	9:30-10:00
10:00-10:30			10:00-10:30				10:00-10:30			10:00-10:30
10:30-11:00			10:30-11:00				10:30-11:00			10:30-11:00
11:00-11:30			11:00-11:30	Adult swim lanes (4 lanes)	Adult swim lanes (4 lanes)	Adult swim lanes (4 lanes)	11:00-11:30			11:00-11:30
11:30-12:00			11:30-12:00			Open/Water Walking (2 lanes)	11:30-12:00			11:30-12:00
12:00-12:30		Adult swim lanes (4 lanes) Open/Water Walking (2)	12:00-12:30	Open/Water Walking/Physical Therapy (2 lanes)	Open/Water Walking/Physical Therapy (2 lane)		12:00-12:30	Adult swim lanes (4 lanes) Open/Water Walking (2)	Adult swim lanes (4 lanes) Open/Water Walking (2 lanes)	12:00-12:30
12:30-1:00	Adult swim lanes (4 lanes) Open/Water Walking/Lessons		12:30-1:00				12:30-1:00			12:30-1:00
1:00-1:30			1:00-1:30				1:00-1:30			1:00-1:30
1:30-2:00			1:30-2:00				1:30-2:00			1:30-2:00
2:00-2:30	Adult swim lanes (4 lanes) Family Open Swim (2 lanes)		2:00-2:30				2:00-2:30			2:00-2:30
2:30-3:00			2:30-3:00				2:30-3:00			2:30-3:00
3:00-3:30		Drop in Lanes (4 lanes) Road to Rainbow (2 lanes)	3:00-3:30			Drop in Lanes (4 lanes) Road to Rainbow (2 lanes)	3:00-3:30			3:00-3:30
3:30-4:00			3:30-4:00				3:30-4:00			3:30-4:00
4:00-4:30	Adult swim lanes (4 lanes)/ Open/Water Walking (2 lanes)	Adult swim lanes (3 lanes) Swim Lessons (3 lanes)	4:00-4:30	Adult swim lanes (3 lanes) Swim Lessons (3 lanes)	Adult swim lanes (3 lanes) Swim Lessons (3 lanes)	Adult swim lanes (3 lanes) Swim Lessons (3 lanes)	4:00-4:30		Adult swim lanes (4 lanes) Family Open Swim (2 lanes)	4:00-4:30
4:30-5:00			4:30-5:00				4:30-5:00			4:30-5:00
5:00-5:30			5:00-5:30	Triggerfish Swim Team (6 lanes)	Swim Lessons (3 lanes)	Triggerfish Swim Team (6 lanes)	5:00-5:30			5:00-5:30
5:30-6:00	Tzani'ut Modesty Women's Swim		5:30-6:00				5:30-6:00			5:30-6:00
6:00-6:30			6:00-6:30	Adult swim lanes (5 lanes) Swim Lessons (1 lane)		Adult swim lanes (5 lanes) Swim Lessons (1 lane)	6:00-6:30			6:00-6:30
6:30-7:00			6:30-7:00				6:30-7:00			6:30-7:00
7:00-7:30		Adult swim lanes (4 lanes) Open/Water Walking (2)	7:00-7:30	Adult swim lanes (4 lanes) Open/Water Walking (2)	Family Open Swim (2 lanes)	Adult swim lanes (4 lanes) Open/Water Walking (2 lanes)	7:00-7:30			7:00-7:30
7:30-8:00			7:30-8:00				7:30-8:00			7:30-8:00
8:30-9:00			8:30-9:00			Adult swim lanes (4 lanes) Open/Water Walking (2)	8:30-9:00			8:30-9:00
9:00-9:30			9:00-9:30			Tzani'ut Modesty Men's Swim	9:00-9:30			9:00-9:30

Adult swim lanes are for lap swimming and water excersize by members 14+ Only

****Swim lessons will begin the week of 9/7/25****

****Swim lessons on Tuesdays and Wednesdays will begin the week of 10/19/25****