

# PARENT-CHILD CLASSES

Morning parent child classes are inclusive for children of all abilities (S.T.A.R.S. friendly).

## Baby Ballet

*Adults and children 2 yrs-3 1/2 yrs*

Baby Ballet is a first step in a dancer's journey. The curriculum includes props such as scarves, spots and music which encourage the children to learn music and dance concepts in a warm and playful environment.  
Instructor: Hannah Marquardt  
Location: 1M50 - Yeladim Playroom

### SESSION I

**4 Mondays, Sep 9-Oct 7**

No class: 9/30

**9:30-10:15 AM**

MEM \$44 / COMM \$64

### SESSION II

**8 Mondays, Oct 28-Dec 16**

No class: 10/14, 10/21

**9:30-10:15 AM**

MEM \$88 / COMM \$128

**There will be an open house on 12/9 at 5:00 PM**

## Baby Ballet 2

*Adults and children 3 1/2 yrs-4 1/2 yrs*

Baby Ballet 2 continues the basics of dance with a target of older preschooler's and those who have completed Baby Ballet 1. Walking on the balance beam and basic ballet positions will combine with props and music to make the dancing experience one of fun and warmth.

Instructor: Hannah Marquardt

Location: 1M50 - Yeladim Playroom

### SESSION I

**4 Mondays, Sep 9-Oct 7**

No class: 9/30

**10:20-11:05 AM**

MEM \$44 / COMM \$64

### SESSION II

**8 Mondays, Oct 28-Dec 16**

No class: 10/14, 10/21

**10:20-11:05 AM**

MEM \$88 / COMM \$128

**There will be an open house on 12/9 at 5:00 PM**



## Art for Lil Ones

*Adults and children 18 mos-4 yrs*

What can you create together? This parent/child art class facilitates creativity and play. In this art class you'll have the chance to explore different kinds of art, projects and styles.

Instructor: Art teacher

Location: 1J16 Art Studio

### SESSION I

**4 Tuesdays, Sep 10-Oct 8**

No class: 10/1

**9:30-10:15 AM**

MEM \$44 / PTRN \$22 / COMM \$64

### SESSION II

**8 Tuesdays, Oct 29-Dec 17**

**9:30-10:15 AM**

MEM \$88 / PTRN \$44 / COMM \$128

## Intro to Gymnastics

*Adults and children 2 yrs-4 yrs*

We are excited to partner with Flips4All to offer Intro to Gymnastics. Is your child a climber? Do they love to run and jump and roll? This first gymnastics class incorporates songs, games and movement to teach basic gymnastics skills.

Instructor: Flips 4 All

Location: Yoga Studio

### SESSION I

**4 Tuesdays, Sep 10-Oct 8**

No class: 10/1

**10:20-11:00 AM**

MEM \$48 / PTRN \$24 / COMM \$68

### SESSION II

**8 Tuesdays, Oct 29-Dec 17**

**10:20-11:00 AM**

MEM \$96 / PTRN \$48 / COMM \$136

## Movers and Shakers Yoga

*Adults and children ages 3 mos-18 mos*

What happens when Yoga combines with movers and shakers? You get a class that encourages parents/caregivers to focus on themselves and their kids. Learn breathing, stretching and how to incorporate yoga for little ones. There will also be songs and props to establish a class that allows children to have a feeling of familiarity and continuity each class. Please come ready to move!

Instructor: Hannah Marquardt

Location: 1M50-Yeladim Playroom

### SESSION I

**6 Wednesdays, Sep 11-Oct 23**

No class: 10/9

**9:30-10:15 AM**

MEM \$66 / COMM \$96

### SESSION II

**7 Wednesdays, Oct 30-Dec 18**

No class: 11/27

**9:30-10:15 AM**

MEM \$77 / COMM \$112

## Active Kids

*Adults and children ages 2-4 1/2 yrs*

This class is all about play! It's structured play that reinforces large and small motor growth and development. Through games, songs, dances and more children get to do what they do best... move, play and have fun!

Instructor: Hannah Marquardt

Location: 1M50-Yeladim Playroom

### SESSION I

**6 Wednesdays, Sep 11-Oct 23**

No class: 10/9

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MEM \$66 / COMM \$96

### SESSION II

**7 Wednesdays, Oct 30-Dec 18**

No class: 11/27

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MEM \$77 / COMM \$112