

# PRESCHOOL ENRICHMENT

Children enrolled in Kids Only classes must be fully potty trained.



## Yoga Yeladim

*Ages 3-5 yrs*

The first part of the Yoga/Art combo stands alone in this class that incorporates yoga games, songs and activities, in an engaging, Jewish-infused environment. Children learn yoga poses, breathing practices, moral behavior, how to meditate, and so much more through this unique high energy class.

Instructor: Katie Reitman

Location: Yoga Studio

### SESSION I

**4 Mondays, Sep 9-Oct 7**

*No class: 9/30*

**1:00-1:45 PM**

MEM \$40 / PTRN \$20 / COMM \$60

### SESSION II

**8 Mondays, Oct 28-Dec 16**

*No class: 10/14, 10/21*

**1:00-1:45 PM**

MEM \$80 / PTRN \$40 / COMM \$120

## Yoga Yeladim / Art Combo

*Ages 3-5 yrs*

Children learn yoga poses, breathing practices, moral behaviors, how to meditate and so much more with this unique high energy class. Then, they'll continue their creativity with Print Making where they can become the next Picasso.

Instructors: Katie Reitman and Art Teacher

Location: Yoga Studio / 1J16 Art Studio

### SESSION I

**4 Mondays, Sep 9-Oct 7**

*No class: 9/30*

**1:00-2:30 PM**

MEM \$60 / PTRN \$30 / COMM \$80

### SESSION II

**8 Mondays, Oct 28-Dec 16**

*No class: 10/14, 10/21*

**1:00-2:30 PM**

MEM \$120 / PTRN \$60 / COMM \$160

## Print Making

*Ages 3-5 yrs*

Are you the next Warhol or Picasso? Print with marbles, teabags, Legos and more. In this class you will make and use your own homemade stamps.

Instructor: Art Teacher

Location: 1J16 Art Studio

### SESSION I

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*No class: 9/30*

**1:45-2:30 PM**

MEM \$40 / PTRN \$20 / COMM \$60

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## Sports Fun

### \*STARS Friendly

*Ages 4-5 yrs*

This gym glass has a lot of the basics. Throwing, catching, running, jumping all appear in a variety of fun active games.

Instructor: Lenny Kass

Location: 2W45 Family Gym

### SESSION I

**4 Tuesdays, Sep 10-Oct 8**

*No class: 10/1*

**1:00-1:45 PM**

MEM \$40 / COMM \$60

### SESSION II

**8 Tuesdays, Oct 29-Dec 17**

*No class: 10/15, 10/17*

**1:00-1:45 PM**

MEM \$80 / COMM \$120

## Sports Fun/Hockey Combo

### \*STARS Friendly

*Ages 3-5 yrs*

In this combo option, your child will stay with Lenny for a beginning hockey class that will foster an interest in the game and teach basic skills.

Instructor: Lenny Kass

Location: 2W45 Family Gym

### SESSION I

**4 Tuesdays, Sep 10-Oct 8**

*No class: 10/1*

**1:00-2:30 PM**

MEM \$60 / COMM \$80

### SESSION II

**8 Tuesdays, Oct 29-Dec 17**

*No class: 10/15, 10/17*

**1:00-2:30 PM**

MEM \$120 / COMM \$160

## Hockey

*Ages 3-5 yrs*

Are you ready to win the Stanley Cup? This class is a beginning Hockey class designed to teach the basics of stick and puck play.

Instructor: Lenny Kass

Location: 2W45 Family Gym

### SESSION I

**4 Tuesdays, Sep 10-Oct 8**

*No class: 10/1*

**1:45-2:30 PM**

MEM \$40 / COMM \$60

### SESSION II

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