Basketball Basics

Ages 4-6 vrs

A skill based class for kids looking to learn the game, develop the fundamentals, and discover the love for the game! Teamwork and sportsmanship will be taught during this fun format which includes plenty of game like play!

Instructors: Youth Sports Staff **Location**: Marcus Gym

SESSION I

6 Wednesdays, Sep 11-Oct 23

No class: 10/9 5:15-6:00 PM MEM \$54 / COMM \$66

SESSION II 7 Wednesdays, Oct 30-Dec 18

No class: 11/27 5:15-6:00 PM MEM \$63 / COMM \$77

Soccer Basics

Ages 4-6 yrs

Join your friends and learn to play the worlds game! All classes will have detailed, age-appropriate instruction in both offensive and defensive skills. Teamwork and sportsmanship will be taught during this fun format which includes plenty of games! Arrive ready to listen and learn a great game! Instructors: Youth Sports Staff

Location: Marcus Gym

SESSION I 7 Thursdays, Sep 12-Oct 24

4:15-5:00 PM

MEM \$63 / COMM \$77

SESSION II

7 Thursdays, Oct 31-Dec 19

No class: 11/28 4:15-5:00 PM MEM \$63 / COMM \$77

Flag Football Basics

Ages 4-6 yrs

Practice time includes offensive and defensive skills and positions; as well as, teamwork, cooperation and sportsmanship. Indoor games will be included.

Instructors: Youth Sports Staff Location: Athletic Fields / Marcus Gym

SESSION I

7 Thursdays, Sep 12-Oct 24 5:15-6:00 PM

MEM \$63 / COMM \$77

SESSION II

7 Thursdays, Oct 31-Dec 19

No class: 11/28 5:15-6:00 PM MEM \$63 / COMM \$77



Ping Pong

Table tennis, also known as ping-pong, is a sport in which two or four players hit a lightweight ball back and forth across a table using small rackets. Will Focus on hand-eye coordination, Teamwork, and different strokes techniques.

Instructors: Youth Sports Staff

Location: Marcus Gym

AGES 4-6 YRS

SESSION I

4 Mondays, Sep 9-Oct 7

No class: 9/30 **5:15-6:00 PM**

MEM \$36 / COMM \$44

SESSION II

8 Mondays, Oct 28-Dec 16

No class: 10/14, 10/21

5:15-6:00 PM

MEM \$72 / COMM \$88

AGES 7-12 YRS

SESSION I

4 Mondays, Sep 9-Oct 7

No class: 9/30

4:15-5:00 PM

MEM \$36 / COMM \$44

SESSION II

8 Mondays, Oct 28-Dec 16

No class: 10/14, 10/21

4:15-5:00 PM

MEM \$72 / COMM \$88

Home School Physical Education and Swim

Ages 4-15 yrs

Every child needs more physical education and every child should learn how to swim. Join our Home School Physical Education program and you will receive both! Participants will separated up into three age groups; 4-7, 8-11, and 12-15 with age specific curriculum for each group.

Instructors: Youth Sports Staff

Location: Marcus Gym & Peck Aquatic Center

13 Wednesdays, Sep 11-Dec 18

No class: 10/9, 11/27 1:00-3:00 PM

1st Child: MEM \$110 / COMM \$143 **2nd and 3rd Child:** MEM \$55 / COMM \$72

4th Child or More: Free

Indoor Track Running

Love to run? Looking to utilize the track? This class is designed to introduce your child to indoor track running. Participants will work on a combination of running skills such as sprints, distance running, and relays as well as learn how to correctly stretch, warm up, and cool down! *Upon completion of this class, participants will become part of our youth track stars and will be allowed access to the track access at all times!

Instructors: Youth Sport Coaches
Location: Marcus Track

AGES 4-6 YRS

SESSION I 6 Wednesdays, Sep 11-Oct 23 No class: 10/9

4:15-5:00 PM

MEM \$54 / COMM \$66

SESSION II

7 Wednesdays, Oct 30-Dec 18

No class: 11/27 4:15-5:00 PM

MEM \$63 / COMM \$77

AGES 7-10 YRS

SESSION I

6 Wednesdays, Sep 11-Oct 23

No class: 10/9

5:15-6:00 PM

MEM \$54 / COMM \$66

SESSION II

7 Wednesdays, Oct 30-Dec 18

No class: 11/27 5:15-6:00 PM

MEM \$63 / COMM \$77

Sports Variety

Ages 7-10 yrs

Not sure what sport to play? How about a different sport or game each class? Sports of all Sorts will introduce a new sport to the class each week. Team sports and other recreational games are included in this exciting program. Be ready for something new and challenging each week! Classes may use either the gym or sports fields depending on the weather.

SESSION I 4 Mondays, Sep 9-Oct 7 No class: 9/30 5:15-6:00 PM MEM \$36 / COMM \$44

SESSION II

8 Mondays, Oct 28-Dec 16

No class: 10/14, 10/21

5:15-6:00 PM

MEM \$72 / COMM \$88