


**S\*T\*A\*R\*S**

Students That Are Really Special

### STARS Family Resource Center

Provides academic guidance and support to parents who are seeking help with their child. The goal is to enable parents to advocate for their child by having a thorough understanding of their child's individual situation and the resources available in the community.

To schedule an appointment contact Jody Margolis [jmargolis@jccmilwaukee.org](mailto:jmargolis@jccmilwaukee.org) or 414-967-8206.

### Tutoring Center

*Ages 3-21 Yrs*

Tutoring Center is for kids pre k-8 grade who need academic assistance in one or more subject areas. We specialize in organizational skills which is often the foundation to academic success. Staffed by qualified, experience special educators and assistants.

Instructor: Sarah McCutcheon

**Monday-Thursday, Sep 9-Dec 20**

**10:00 AM-6:00 PM**

MEM \$35 / COMM \$45

To schedule a session contact Jody Margolis, 414-967-8206 or [jmargolis@jccmilwaukee.org](mailto:jmargolis@jccmilwaukee.org)

### STARS Personal Training for Kids

*Ages 5-12 yrs*

Develop and increase gross motor skills. Kids will have fun while learning fundamental core skills.

Instructor: Sarah McCutcheon

Location: Gym and Track

**Monday-Thursday Sep 9-Dec 20**

Per Hour: MEM \$35 / COMM \$45

To schedule an appointment contact Jody Margolis, [jmargolis@jccmilwaukee.org](mailto:jmargolis@jccmilwaukee.org) or 414-967-8206.

### STARS Personal Training for Young Adults

*Ages 13-40 yrs*

Teens will learn how to use the fitness equipment, develop a training plan and work with a qualified instructor to build a tailor-made program.

Instructor: Sarah McCutcheon

Location: Gym and Track

**Monday-Thursday, Sep 9-Dec 20**

Per Hour: MEM \$35 / COMM \$45

To schedule an appointment contact Jody Margolis, [jmargolis@jccmilwaukee.org](mailto:jmargolis@jccmilwaukee.org) or 414-967-8206.

### Adaptive Swim Lessons

*1st-12th Grades*

**See page 25**

### Cooking Creations

*Ages 8-18 yrs*

This class will help your child learn about making healthy choices, while having fun preparing take home dishes, snacks and other goodies. Our classes are fun, safe and teach kids how to make healthy food choices. Our goal is to make your kids more independent in the kitchen and help prep meals with you.

Instructors: Jody Margolis & Sarah McCutcheon

Location: Yeladim Room

**6 Mondays, Sep 9-Nov 4**

No class: 9/30, 10/14, 10/21

**4:30-5:15 PM**

MEM \$96 / COMM \$108

### STARS Move to the Beat

*Ages 8-21 yrs*

Build coordination and gross motor skills while having the opportunity to play fun instruments. This class will include a multisensory framework focusing on dance, music and movement.

Instructors: Lauren Schell and Sarah McCutcheon

Location: Studio A

**8 Tuesdays, Oct 29-Dec 17**

**4:15-5:00 PM**

MEM \$112 / COMM \$128

### STARS Paint Outside the Lines

*Ages 10-40 yrs*

This class will allow all students to become artists. Using music, multisensory integration, and individualized instruction, we will engage each student in developing positive self-esteem and expression. Individualized education will also allow our continuing artist to flourish in their arts education.

Instructor: Sarah McCutcheon

Location: Art Room 1J16

**8 Thursdays, Oct 3-Nov 21**

**4:30-5:30 PM**

MEM \$112 / COMM \$128

### Upstream Arts

Join us for two classes with Upstream Arts that highlight the art of social skills. Participants will gain hands-on experience using the arts as a tool for positive self expression in everyday life. The Sunday class includes a component of STARS specialty classes by offering a movement, drumming or music class.

Instructor: Jody Margolis

**AGES 12 YRS & UP**

Location: Community Hall B

**Wednesday, Oct 30**

**4:30-6:00 PM**

MEM \$30 / COMM \$35

**AGES 6 YRS & UP**

Location: 2J30

**Sunday, Nov 3**

**1:00-2:45 PM**

MEM \$30 / COMM \$35

## An Inclusive Community for All

### SPECIAL NEEDS CHAVERIM

The Special Needs Chaverim Club offers social, recreational, educational and Judaic programs for adults with developmental disabilities throughout the year. Programs are designed to provide members an opportunity to make friends and develop both physically and socially in a warm, caring environment. For more information, contact Sarah McCutcheon, 414-967-8198, [smccutcheon@jccmilwaukee.org](mailto:smccutcheon@jccmilwaukee.org).

### SPECIAL NEEDS MEMBERSHIP

JCC fitness membership may be purchased by special needs individuals. The member must be accompanied by a caregiver when participating in JCC activities. Caregiver admission will be included at no additional fee. For more information, please contact our Membership Team at 414-964-4444.

### STARS FAMILY RESOURCE CENTER

The STARS Family Resource Center provides academic guidance and support to parents who are seeking help with their child in public and private schools. The goal for this center is to enable parents to advocate for their child by having a thorough understanding of their child's individual situation and the resources that are available in the community.

### JCC offers an inclusive environment for children with special needs.

We welcome the opportunity for children with special needs to participate in the variety of children's classes listed throughout this program guide.

**For more information, and to sign up for Sunday STARS, STARS friendly classes and the Tutoring Center, contact JCC Special Needs Director, Jody Margolis [jmargolis@jccmilwaukee.org](mailto:jmargolis@jccmilwaukee.org) or 414-967-8206**