

# INDEX OF THE JCC'S CLASSES & PROGRAMS

CLASS NAME	PAGE	CLASS NAME	PAGE	CLASS NAME	PAGE
100 Workout Challenge	31	Group Exercise	35, 36	Restorative Stretch	30
Active Kids	10	Gym Games	15	Soccer Basics	16
Adaptive Swim Lessons	25	Gym with Lenny "T'nuah"	11	Soccer Clinic	17
Adult Lap Swim	28	Hip Hop	20	Special Needs Chaverim	19, 46
Adult Pick-Up Basketball	29	Hockey	12	Special Needs Membership	19
Advanced Art	18	Home School Physical Education and Swim	16	Special Personal Training Packages	30
Advanced Gym with Lenny "T'nuah"	11	Hourly Childcare	31, 35	Sports Fun	12
Afterburner is now BURN!	32	Indoor Track Running	16	Sports Fun/Hockey Combo	12
All Things Paper	18	Introduction to Judaism	41	Sports Variety	16
American Red Cross Lifeguard Training	28	Intro to Gymnastics	10	STARS Family Resource Center	19
Art Exhibit	39	Intro to Hip Hop	20	STARS Move to the Beat	19
Art for Lil Ones	10	JCC Men's Club	36	STARS Paint Outside the Lines	19
Arthritis Aquatics	28	JCC Triggerfish Swim Team	28	STARS Personal Training for Young Adults	19
AZA & BBC	21	KOACH	46	STEM Challenge	17
Baby Ballet	10	KOACH Birthday Klub	46	Swimming Lessons	7
Baby Ballet 2	10	LEGO Builders	13	Tap & Creative Dance	21
Back to the Sources: Following Elijah the Prophet	41	Mah Jongg Open Games	46	Tap & Pre-Ballet	20, 21
Ballet	13	Make the Team!	15	The Art of the Jewish Short Story: The Family Markowitz by Allegra Goodman	41
Ballet / Art Combo	13	Master Ninjas	17	Theatre Dance	21
Barre/Mat Pilates Fusion	33	Mat Pilates and Wine	33	The Cohort	39
Basketball Basics	16	Men's Basketball Open League	29	The Exhibit	39
Basketball Clinic	17	Men's Only Yoga	34	The Milwaukee Jewish Artists Laboratory	39
BBYO Connect	21	Milwaukee Women's Dialogue	46	The Parkinson's Dance Class	29
BURN	32	Mindfulness and Well-Being Training, Part I	34	The Secrets of Magic	18
Challah and Community	6, 11	Mindfulness and Well-Being Training, Part II	34	Tiny Dancer	20, 21
Challah Studio	39	Mini Ninjas	15	Toddlin Tykes Jr.	11
Classical Mat Pilates	33	Mixed Mat Pilates	33	Toddlin Tykes Sr.	11
Clay Creations	18	Movers and Shakers Yoga	10	Tumbling / LEGO Combo	13
Commit to be Fit - Kickstart	31	Moving Munchkins	13	Tumbling Titans	13
Cooking Creations	19	Moving Munchkins / Art Combo	13	Tutoring Center	19
Creative Dance	20	Open Israeli Dance	29	Upstream Arts	19
Disney's Winnie The Pooh Kids	18	Open Volleyball	29	UWM College for Kids	17
DIY Mini Sukkah Making	6	Painting	13	Volleyball Basics	15
ECO Art	13	Parent-Child Swim Skills	27	Volleyball Skills	17
Exploring Innovation	39	Parent-Tot	27	Wednesday Early Release Rainbow Day Camp Going Strong	17
Female Only & Male Only Swim Times	28	Personal Training	30	Women On Weights	31
Flag Football Basics	16	Pilates Personal Training	33	Women's Basketball Open League	29
Flag Football Clinic	17	Ping Pong	16	Yoga	36
Free Jewish Film Classes	42	Print Making	12	Yoga Yeladim	12
Full STEAM Ahead	17	Private Sport Lessons	15	Yoga Yeladim / Art Combo	12
Get WIRED	32	Private Swim Lessons	25	Young Jewish Adults of Milwaukee	46
Girl Scouts of Wisconsin	21	Reformer Pilates Basics	33		